

*Create Awareness - Build Connections - Improve Services*



# INTERAGENCY YELLOW PAGES

A Directory of Programs and Services for Residents of  
Saratoga, Warren & Washington Counties

**2016**

Provided by the *Saratoga County Economic Opportunity Council, Inc.*



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**A PEACEFUL PLACE WELLNESS CENTER**  
1733 Route 9 D & G Village, Clifton Park, NY12065  
(518) 371-2225  
(518) 371-2583 Fax  
[www.apeacefulplace.co](http://www.apeacefulplace.com)  
[m.aplace@aol.com](mailto:m.aplace@aol.com)

#### **AROMATHERAPY**

**Objectives:** Aromatherapy uses plant oils and essences. These are massaged into the skin, inhaled or placed in baths to promote relaxation and a general sense of well-being.

**Intake Procedure:** Call for an appointment

**Fees/Payment Source:** Cash, Visa, MasterCard and personal checks accepted. \$25.00 returned check fee. All sales are final, no cash refunds. 24-hour cancellation notice is required or you will be charged for the scheduled service. Gift certificates are void without required notice.

**Hours:** By appointment, 7 days a week, 8:00 a.m. - 8:00 p.m. Reception/Retail: Tues - Sat 10:00 a.m. - 5:00 p.m.

#### **CRANIOSACRAL THERAPY**

**Objectives:** Craniosacral therapy is a gentle, effective method of easing away restrictions, blockages and discomfort.

It relieves chronic pain and restores physical and emotional harmony. Attention is given to soft tissue, connective tissue and musculature, as well as to the cranial bone to help alleviate a range of illness, pain and dysfunction.

**Intake Procedure:** Call for appointment

**Fees/Payment Source:** Cash, Visa, MasterCard and personal checks accepted. 24-hour cancellation notice is required.

**Hours:** Tues - Sat 10:00 a.m. - 5:00 p.m.

#### **ENERGY HEALING**

**Objectives:** Energy is transferred to the recipient restoring balance and initiating healing via therapies including healing touch, Reiki and therapeutic touch.

**Intake Procedure:** Call or walk-in for an appointment

**Fees/Payment Source:** Cash, Visa, MasterCard and personal checks accepted. \$25.00 returned check fee. All sales are final, no cash refunds. 24-hour cancellation notice is required or you will be charged for the scheduled service. Gift certificates are void without required notice.

**Hours:** By appointment, 7 days a week, 8:00 a.m. - 8:00 p.m. Reception/Retail: Tues - Sat 10:00 a.m. - 5:00 p.m.

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#### **ACCES-VR (NYS Adult Career and Continuing Education Services – Vocational)**

**Rehabilitation) 80 Wolf Road Suite 200, Albany, NY12205**

**(800)272-5448**

**(518)485-7748**

**(518)457-4562 Fax**

[www.acces.nysed.gov](http://www.acces.nysed.gov)

**Services:** ACCES-VR provides services to assist eligible individuals with disabilities to obtain employment.

Services that may be provided as appropriate include:

- Assessment to help identify skills, abilities, interests and limitations
- Career counseling and guidance
- Rehabilitation and assistive technology
- Training at a vocational school, community college or on the job
- Supported Employment



- Job placement and retention
- Other services necessary to achieve the employment goal

**Objectives:** Assist eligible individuals with disabilities to obtain employment

**Target Population:** Individuals with disabilities seeking employment from Albany, Columbia, Greene, Rensselaer, Saratoga, Schenectady, Schoharie, Warren and Washington Counties.

**Intake Procedures:** Individuals can apply for ACCES-VR services themselves, be referred by their physicians and/or treatment providers or be referred by their schools if they are students. ACCES-VR offers orientation sessions where individuals can learn about the types of services available. For more information or to schedule an orientation session, contact the Albany District Office at (518)473-8097 or 1-800-272-5448.

**Fees/Payment:** ACCES-VR can pay for services depending on the financial need of the individual and family. ACCES-VR must consider other benefits and services that are available to individuals. Certain services have reasonable spending or time limits.

**Hours:** Monday – Friday 8:30 am – 5:00 pm

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**ADIRONDACK HEALTH INSTITUTE  
(AHI) 101 RIDGE ST., GLENS FALLS,  
NY 12801 (518) 480-0111 EXT 501  
(518) 793-5356 Fax  
[www.ahihealth.org/ease](http://www.ahihealth.org/ease)**

**Services:** Free in-person assistance to those who need health insurance or need to renew their coverage with the NY State of Health Marketplace, i.e. Child Health Plus, Medicaid, Essential Plan and Qualified Health Plans.

**Objectives:** To ensure that all New Yorkers living in Adirondack Region (Clinton, Essex, Franklin, Hamilton, Warren, Washington and Saratoga)

**Target Population:** Ages 0 - 65

**Intake Procedures:** Call 1-866-872-3740 to schedule an appointment with a NYS Certified Navigator

**Fees/Payment:** All Services are Free

**Hours:** Monday – Friday 8:00 am – 5:00 pm

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**ADIRONDACK HEALTH INSTITUTE ENROLLMENT SERVICES  
9 Carey Road, Queensbury, NY 12804  
(518) 761-0300  
(518) 480-0100 Fax  
[www.adirondackhealthinstitute.org](http://www.adirondackhealthinstitute.org)**

**Services:**

**Objectives:** To enroll individual/families in NYS Health Insurance Programs

**Services Provided:** Facilitate enrollment for Child Health Plus, Family Health Plus and Medicaid in Warren, Washington, Hamilton, Clinton, Essex and Franklin Counties.

**Intake Procedure:** Call 1-866-872-3740 for screening and appointments.

**Hours:** Mon - Fri 8:00 a.m. - 5:00 p.m.

**Target Population:** Uninsured/Underinsured children and adults

**Eligibility Criteria:** Dependent on income

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**ADIRONDACK TRUST COMPANY (ATC)**  
473 Broadway, Saratoga Springs, NY 12866  
(518) 584-5844

<https://www.adirondacktrust.com/>

**Services:** Personal Banking, Savings Accounts, Online Banking, Checking Accounts, Home Mortgages, Personal Loans, Insurance, Trust & Investments; including checking and savings accounts, and commercial mortgages

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**ADIRONDACK REGIONAL CHAMBERS OF COMMERCE**

136 Glen St., P.O. Box 158, Glens Falls, NY 12801

(518) 798-1761

(518) 792-4147 Fax

[www.adirondackchamber.org](http://www.adirondackchamber.org)

**Services:**

**Services Provided:** The ARCC is the voice of the Businesses in the Greater Glens Falls Area for more than 100 years. The ARCC provides businesses with opportunities to highlight their services, offering tools, education and advocacy among many membership benefits.

**Objectives:** The ARCC is committed to the development of the region, retaining and expanding businesses, and fostering an environment that makes our region a dynamic place to live, work and play.

**Intake Procedure:** Contact Pam Fisher at [atpfisher@adirondackchamber.org](mailto:atpfisher@adirondackchamber.org)

**Target Population/Eligibility:** Businesses within Warren, Washington and Northern Saratoga Counties

**Hours:**

**Fees/Payment Source:** Membership Fee

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**ADIRONDACK SAMARITAN COUNSELING CENTER**

15 Boulevard, Hudson Falls, NY 12839

(518) 747-2994

(518) 747-2996 Fax

[www.adirondacksamaritan.org](http://www.adirondacksamaritan.org)

**Services:**

**ANGER MANAGEMENT PROJECT, Anger Management**

**Objectives:** Samaritan Counseling offers a psycho-education program for men and women who have difficulty controlling their anger.

**Intake Procedure:** Appointment only. Call for appointment.

**Fees/Payment Source:** Sliding fee scale, Medicaid, Medicare, private pay.

**ALTERNATIVES TO VIOLENCE, Anger Management \*Youth**

**Objectives:** A psycho-education program for adolescents who have difficulty controlling their anger.

**Eligibility:** call for details

**Intake procedure:** telephone, appointment only.

**Fees/Payment Source:** sliding fee scale, cash, check, credit/debit card, donation accepted, insurance, Medicaid, Medicare

**COUNSELING, PSYCHOTHERAPY, Bereavement Counseling, Death and Dying Issues, Family**

**Violence Counseling, General Counseling Services, Stress Management**

**Objectives:** Counseling and Crisis Intervention Services include individual therapy for adults, adolescents and children, family therapy, couples therapy, group therapy, and consultations for clergy and congregations.

**Intake Procedure:** Appointment only. Call for appointment.

**Fees/Payment Source:** Sliding fee scale, insurance, private pay.

**Hours:** Mon.-Thurs. 8 am-8 pm Fri. 8 am -4 pm

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**AIM SERVICES**

4227 Route 50, Saratoga Springs, NY 12866

(518) 587-3208

(518) 587-7236 Fax

[www.aimservicesinc.org](http://www.aimservicesinc.org)

[aim@aimservicesinc.org](mailto:aim@aimservicesinc.org)

**Services:**

**Objectives:** AIM Services, Inc. is a private, not for profit organization providing residential and community based services to individuals with developmental disabilities, traumatic brain injuries and nursing home eligibility. AIM provides high quality services to individuals served and a positive environment for employees.

**Services Provided:** Service Coordination, Community Habilitation, Waiver Respite (individual and community recreation) Individual Support Services, Family Support Services, Family Care, Traumatic Brain Injury Waiver Program, Nursing Home Transition Diversion Waiver, Independent Living Skills Trainer, Family and Education Training, Individualized Residential Alternative (IRA) and Intermediate Care Facilities (ICF), Family Care and Friday Night Out Respite Program, Consolidated support services, supportive apartments, teen & young adult recreation program, summer recreation program.

**Target Population's:** Individuals with Developmental Disabilities, Traumatic Brain Injuries, Nursing Home eligible.

**Eligibility:** OPWDD/DOH Eligible

**Intake Procedure:** Contact Danielle Wiltsie, Director of Community Service, Monday through Friday 8:30 am - 4:30pm

**Hours:** 24/7

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**ALCOHOLICS ANONYMOUS—DISTRICT 5**

PO Box 111, Saratoga Springs,

NY 12866 (518) 587-0407

[www.aahmbny.org](http://www.aahmbny.org)

**Objectives:** Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is NOT allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses or opposes any causes. Our primary purpose is to stay sober and to help other alcoholics to achieve sobriety.

**Services:** 24-Hour manned hot line. Morning, afternoon and evening meetings throughout

Saratoga, Warren and Washington counties. Times available on-line and in printed schedules. Peer support, coffee and conversations.

**Intake Procedure:** Anyone who thinks they have a problem with alcohol. A desire to stop drinking - One day at a time. Just one day.

**Fees/Payment Source:** None.

**Hours:** Call the Hot Line or simply attend a meeting.

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**ALLIANCE FOR POSITIVE HEALTH**  
927 Broadway, Albany, NY 12207  
(800) 201-2437 Hotline - HIV/AIDS Information  
(518) 445-2437

Hotline (518) 427-  
8184 Fax (518) 434-  
4686 Service/Intake  
[www.aidsCouncil.org](http://www.aidsCouncil.org)  
[info@alliancefph.org](mailto:info@alliancefph.org)

*Public transportation accessible.*

**Sites:**

**1. ALLIANCE FOR POSITIVE HEALTH NEW YORK GLENS FALLS** 10 Lacrosse Street, Suite 12, Hudson Falls, NY 12839

(518) 434-4686  
(518) 743-0838 Fax  
(518) 743-0703 Service/Intake (800) 201-2437 Hotline

[www.councilforprevention.org](http://www.councilforprevention.org)  
[info@alliancefph.org](mailto:info@alliancefph.org)

*Public transportation accessible.*

**2. ALLIANCE FOR POSITIVE HEALTH NEW YORK HUDSON** 160 Fairview Avenue, Hudson, NY 12534

(518) 828-0757 Fax  
(518) 434-4686 ext. 2226 Service/Intake  
(518) 828-3624 Service/Intake  
(518) 342-2437 Toll

Free

**Services:** HIV PREVENTION PROGRAMMING AIDS/HIV Prevention Counseling Outreach Programs\* AIDS/HIV

**Objectives:** The AIDS Council of Northeastern New York provides a full range of HIV prevention

interventions including community outreach; series based prevention trainings to high risk

individuals, trainings for human service provider staff and clients, case management for at-risk individuals of unknown HIV status, HIV, STD and Hepatitis C testing and an HIV information hotline. The purpose of the service is to decrease behaviors which place individuals at risk for

HIV, increase awareness of HIV infection status and increase integration of HIV prevention messages into counseling and treatment of clients and students in human service programs and educational institutions.

**Eligibility:** Individuals at risk for HIV including substance users, adolescents, men who have sex with men, people of color, and incarcerated individuals.

**Intake Procedure:** Call or walk in. Walk-in HIV/STD testing Mon.-Thurs. 9:30am-4pm at Albany location, with some walk- in HIV testing in Schenectady.

**Fees/Payment Source:** No Cost

**Hours:** 9 am-5 pm, 7 days a week. Evening hours as needed.

***CLIENT SERVICES, Case/Care Management Referrals \* AIDS/HIV General Addictions/Dependencies Support Groups \* AIDS/HIV Helplines/Warmlines \* AIDS/HIV Testing Substance Abuse Counseling \*AIDS/HIV***

**Objectives:** The AIDS Council of Northeastern New York provides assessment and coordination of care and facilitates access to services for HIV infected individuals; and offers support services for enrolled clients including transportation, counseling, rent and utility assistance, food pantries and food vouchers as well as social/recreational programming and support groups.

**Eligibility:** individuals at-risk for HIV including substance users, adolescents, men who have sex with men, people of color, incarcerated individuals

**Intake Procedure:** Call for an appointment at the site nearest to home with the case management intake worker, then come to the office for the appointment (arrangements can be made for the severely disabled) and provide proof of HIV positive status.

**Documents:** Physician's statement required.

**Fees/Payment Source:** No cost, Medicaid.

**Hours:** 9 am-5 pm, 7 days a week. Evening as needed

***HEALTH INSURANCE ACCESS PROGRAM (HIAP) AIDS Drug Assistance Programs Health Insurance Information/Counseling \*AIDS/HIV***

**Objectives:** The Health Insurance Access Program (HIAP) can assist with completing ADAP (Aids Drug Assistance Program), ADAP Plus, Home Care, APIC (Association for Practitioners in Infection Control), and other health insurance applications; and evaluate current health care plans to ensure HIV+ people are in the plan that best fits their needs. Outreach Specialists will assist in finding comprehensive health insurance which includes medical and prescription coverage.

**Eligibility:** Could be eligible if uninsured or underinsured, are HIV+ or don't know HIV status, are a New York State resident, and meet asset and income requirements. Call for details.

**Intake Procedure:** Call to apply.

**Hours:** Mon.-Fri. 9 am-5 pm

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**ALL-METRO HEALTH CARE**  
**650 Franklin St Schenectady, NY 12303**  
**(518) 374-2117**  
**(518) 374-2426 Fax**  
[www.all-metro.com](http://www.all-metro.com)

**Services:**

**Objectives:** Since 1955 All Metro Health Care has provided quality in home care services to thousands of people in NY, NJ, and Florida. We are a Licensed Home Care Services Agency whose goal is to help people transition home or remain in their home with the most appropriate services that will ensure their health and welfare.

**Services Provided:** Home and Community Support Services (HCSS) and Service Coordination through the TBI and NHTD Waivers; Personal Care Aides; Home Health Aides; Private Pay home care, and more  
**Hours:** 8:00 am - 5:00 pm, On-call 24 hours/7 days.  
**Target Population:** Aging, disabled, and/or those in need of personal care  
**Eligibility Criteria:** Varies based on service requested  
**Intake Procedure:** Call for Service

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#### **ALPHA PREGNANCY CARE CENTER**

51 Moe Road, Clifton Park,  
NY 12065 (518) 462-2188

(518) 462-2895 Fax

[www.alphacare.org](http://www.alphacare.org)

#### **Services:**

**Objectives:** It is our desire to help individuals and families with an unplanned pregnancy or families with young children.

**Services Provided:** Free self-administered pregnancy tests, parenting classes, childbirth preparation classes taught by nurses, peer and professional counseling and diapers, baby supplies and equipment

**Hours:** Tuesday evenings 6:30 - 8:00pm or by appointment.

**Target Population:** Teens or adults who think they may be pregnant or who have children under the age of six.

**Eligibility Criteria:** Available to everyone free of charge

**Intake Procedure:** Stop in or call to enroll in our program. 518-462-2188 or [emailinfo@alphacare.org](mailto:emailinfo@alphacare.org)

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#### **ALZHEIMER'S ASSOCIATION OF NORTHEASTERN NEW YORK**

4 Pine West Plaza Suite 405, Washington Avenue Extension, Albany, NY 12206

(518) 867-4999

(800) 272-3900 Service/Intake

(518) 867-4997 Fax

[www.alz.org/northeasternny](http://www.alz.org/northeasternny)

[aileen.sternfeld@alz.org](mailto:aileen.sternfeld@alz.org)

*Public transportation accessible.*

#### **Services:**

#### **SUPPORT**

#### **GROUPS**

**Objectives:** The NENY Alzheimer's Association offers more than 30 support groups throughout our region for people in the early stages of Alzheimer's disease as well as family members, friends, and caregivers of those diagnosed with Alzheimer's disease and related dementias. Group members learn more about the disease, share experiences and strategies to face daily challenges and provide support and encouragement.

**Intake Procedure:** Walk in or call for information

**Hours:** Mon.-Fri. 8:30am-5pm

#### **EDUCATION PROGRAMS**

**Objectives:** Educational programs, professional trainings and caregiver conferences are offered throughout the year to provide knowledge and practical tips for understanding and caring for persons with Alzheimer's disease. Programs are listed in our newsletter and on our website,

www.alz.org/northeasternny.

**Professional Training:** For further information on professional trainings, please contact Gretchen Moore Simmons at 518-867-4999 ext. 208 or via email at [Gretchen.moore-simmons@alz.org](mailto:Gretchen.moore-simmons@alz.org)

**Community Presentations:** For further information on community presentations, please contact Jamie Mott at 518-867-4999 ext. 209 or via email at [Jamie.mott@alz.org](mailto:Jamie.mott@alz.org)

### **CARE CONSULTATIONS**

**Objectives:** Personalized sessions for individuals and families with Alzheimer's Association staff to help them better understand the Alzheimer's disease process and develop an action plan for the future.

**Intake Procedure:** Call for information

**Hours:** Mon.-Fri. 8:30am-5pm

### **24/7 HELP LINE**

**Objectives:** Families are only a phone call away from getting information, education and support related to Alzheimer's disease, care giving and community resources throughout 24 hours/day, 7 days/week Helpline. To reach a Helpline specialist, call 1-800-272-3900

**Intake Procedure:** Call for information.

**Hours:** 24 Hours. 7 Days.

### **MEDIC ALERT/SAFE RETURN PROGRAM**

**Objectives:** This program is a 24-hour nationwide emergency response service for individuals with Alzheimer's or a related dementia that wander or who have a medical emergency.

**Intake Procedure:** Call for information.

**Hours:** Mon.-Fri. 8:30 am-5 pm

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### **AMERICAN CANCER SOCIETY**

260 Osborne Road, Albany, NY 12211

(518) 454-4000 Event Information

(518) 454-4005 Patient Services

(518) 454-4010 Prevention/Screening Information

(518) 438-7841 Administrative

(518) 438-9608

Service/Intake (800) 227-

2345 Toll Free

[www.cancer.org](http://www.cancer.org)

Available 24 hours a day; 7 days a week for information

*Public transportation accessible.*

### **Sites:**

1. AMERICAN CANCER SOCIETY CAPITAL NY REGION -  
LOUDONVILLE 260 Osborne Road, Albany, NY 12211

(518) 454-4000 Event Information

(518) 454-4005 Patient Services

(518) 454-4010 Prevention/Screening Information

(518) 438-7841 Administrative

(518) 438-9608

Service/Intake (800) 227-

2345 Toll Free

[www.cancer.org](http://www.cancer.org)

*Public transportation accessible.*

**2. AMERICAN CANCER SOCIETY CAPITAL NY REGION -  
QUEENSBURY 959 State Route 9 Mount Royal Plaza,  
Queensbury, NY 12804 (518) 792-5358  
(518) 792-9204 Fax**

**Services:**

***TLC TENDER LOVING CARE, Appearance Enhancement Consultation Programs \* Cancer***

**Objectives:** TLC Tender Loving Care is a not-for-profit patient service intended to make coping easier for women who have experienced hair loss due to chemotherapy, radiation treatment or surgery. In addition to helpful editorial advice from the experts at the American Cancer Society, TLC offers a large selection of hair loss products for cancer patients as well as special products for breast cancer patients and survivors.

**Intake Procedure:** Call for information

**Hours:** Mon.-Fri. 8:30am-4:30pm

***REACH TO RECOVERY, Health Related Support Groups \* Breast Cancer***

**Objectives:** Through face-to-face visits or by phone, Reach to Recovery volunteers, all of whom are breast cancer survivors give support and information to current breast cancer patients and their families.

**Eligibility:** Call for details

**Intake Procedure:** Call for information

***ROAD TO RECOVERY, Medical Transportation***

**Objectives:** The Road to Recovery program provides transportation for cancer patients to and from treatment for people who have cancer who do not have a ride or are unable to drive themselves.

**Eligibility:** Patients with Medicaid are required to use the transportation provided by Medicaid, patients must be ambulatory. Please allow a minimum of 3 business days' notice to arrange for transportation.

**Intake Procedure:** Call for information

***MAN TO MAN PROSTATE EDUCATION AND SUPPORT GROUP, Men's Support Groups \* Prostate Cancer***

**Objectives:** The Man to Man program helps men cope with prostate cancer by providing community-based education and support to patients and their family members. In addition, Man to Man plays an important role in community education about prostate cancer.

**Intake Procedure:** Call for information

***Specialized Information and Referral \* Cancer***

**Objectives:** The American Cancer Society provides information and referral regarding support programs and services for people with cancer.

**Intake Procedure:** Call for information



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**AMERICAN DIABETES ASSOCIATION**  
2 Pine West Plaza, Suite 204, Albany, NY 12205  
(518) 218-1755  
(518) 218-0114 FAX  
[www.diabetes.org/albany](http://www.diabetes.org/albany)  
Justin Hladik, Manager of Mission  
Delivery [jhladik@diabetes.org](mailto:jhladik@diabetes.org)  
*Public transportation accessible.*

**Services:**

**1-800-DIABETES, Information Lines, Diabetes**

**Objectives:** American Diabetes Association maintains toll free numbers where people can call in and request information on Diabetes. This center is open Monday - Friday 8:00 am to 8:30 pm.

**Intake Procedure:** Call for information.

**Hours:** 8:30 a.m. – 5:00 p.m. Monday - Friday

**Fees/Payment Source:** No cost

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**AMERICAN FOUNDATION FOR SUICIDE PREVENTION-CAPITAL REGION, NY**  
PO Box 486, East Greenbush,  
NY 12061 (518) 791-1544  
[www.afsp.org/capitalregionny](http://www.afsp.org/capitalregionny)

**Services:** Suicide prevention through educational programs, training, suicide loss support and advocacy.

**Objectives:** AFSP is the leading national non-profit exclusively dedicated to understanding and preventing suicide through research education and advocacy and to reaching out to people with mental illness and those impacted by suicide.

**Eligibility:** Open to anyone in the community

**Intake Procedure:** For more information: 518-791-1544 or [orlmarx@afsp.org](mailto:orlmarx@afsp.org)

**Hours:** Monday through Friday, 9:00 am - 5:00 pm

**Fees/Payment Source:** No Cost

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**AMERICAN RED CROSS**  
33 Everett Road, Albany, NY 12205  
(518) 792-6545 Glens Falls  
(518) 792-6545 Emergency  
(518) 694-5103 Albany  
(518) 792-8586 Fax Glens Falls  
(518) 459-8268 Fax Albany  
[www.redcrossadironacksaratoga.org/  
murphyc@usa.redcross.org](http://www.redcrossadironacksaratoga.org/murphyc@usa.redcross.org)  
[www.redcross.org/eny](http://www.redcross.org/eny)  
*Public transportation accessible.*

## Services

### **COMMUNITY SERVICES, Friendly Visiting**

**Objectives:** Through the Friendly Visiting Televisiting program, volunteers are matched with senior citizens from Warren County who would like someone to either visit with them or talk to them on the telephone on a weekly basis. This contact eases some of the loneliness of the winter months for the homebound, provides companionship for seniors who have no family in the area, and support for those who may simply need someone to talk to. Many wonderful friendships have been fostered through this program. Friend Visiting Televisiting is funded through a contract with the Warren County Office for the Aging.

**Eligibility:** Call for details

**Intake Procedure:** Telephone, Volunteer Connection

**Hours:** Mon.-Fri. 8:30 am-4:30 pm

### **HEALTH & SAFETY, Babysitting Instruction, CPR Instruction, General First Aid Instruction**

**Objectives:** The Adirondack Saratoga Chapter of the American Red Cross offers a wide range of Health and Safety classes at locations throughout Warren, Washington, Saratoga, Hamilton and Southern Essex Counties.

**Eligibility:** Call for details

**Intake Procedure:** Call for application and information

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## **ANY-TIME HOME CARE CORPORATE OFFICE**

127 South Broadway, Nyack, NY 10960

(518) 353-8280

(518) 353-8275 FAX

[www.anytimehomecare.com](http://www.anytimehomecare.com)

[info@anytimehomecare.com](mailto:info@anytimehomecare.com)

### **Sites:**

#### **1. ANY-TIME HOME CARE**

1272 Central Avenue Albany, NY 12205

(518) 454-9433

(518) 454-9436 Fax

[www.anytimehomecare.com](http://www.anytimehomecare.com)

[info@anytimehomecare.com](mailto:info@anytimehomecare.com)

**Services:** Home Care, Home Health Aide Services

**Objectives:** Home Health aides provide personal care in the client's place of living including assistance with bathing, dressing, transferring, meal preparation, laundry, light housekeeping, errands and accompaniment to appointments.

**Eligibility:** An individual who has a physician's order for home care services including TBI & NHTD  
Waiver participants

**Intake Procedure:** Application Procedure, Walk-in

**Documents:** Physician order required, Utility bill with address

**Hours:** 24 hours. 7 days.



**ASSOCIATION FOR THE HEARING IMPAIRED**  
71 Glenwood Avenue, Queensbury, NY 12804  
(518) 761-0554  
(518) 745-4127 Fax  
<http://www.afthi.org/>  
[hearingimpaired@hotmail.com](mailto:hearingimpaired@hotmail.com)

**Services:**

**ADVOCACY FOR PEOPLE WITH HEARING LOSS Advocacy \* Hearing Loss**

**Objectives:** The Association for the Hearing Impaired provides advocacy, support, and services for deaf and hard of hearing persons in most of the Capital Region.

**Eligibility:** Deaf and hard of hearing people

**Hours:** Mon.-Fri. 9am-4pm

**ASSISTIVE TECHNOLOGY LOAN-OUT CENTER, Assistive Technology Equipment Loan**

**Objectives:** The Assistive Technology Loan-Out Center offers a variety of devices that people with hearing loss may borrow to try on a short-term basis.

**Eligibility:** Call for details

**Intake Procedure:** Call for information

**SIGN LANGUAGE INSTRUCTION, Sign Language Instruction**

**Objectives:** The Association for the Hearing Impaired offers instruction in American Sign Language for the deaf and the hearing impaired.

**Eligibility:** No requirements

**Hours:** Our sign language cafe continues to meet on the first Friday of each month from 7pm to 9pm in the foyer of the Independent Living Center, 71 Glenwood Avenue, Queensbury. The Wilton group meets on the third Friday of the month at the Barnes and Noble Bookstore at 7pm.

**INFORMATION AND REFERRAL, Specialized Information and Referral \* Hearing Loss**

**Objectives:** The Association for the Hearing Impaired offers information and referral services to the deaf and the hearing impaired.

**Eligibly:** No requirements

**Hours:** Mon.-Fri. 9am-4pm,

**LIP READING CLASS, Speech Reading Instruction**

**Objectives:** The Association for the Hearing Impaired offers speech reading lessons to the deaf and the hearing impaired.

**Eligibly:** No requirements

**Hours:** The Wilton group meets on the third Friday of the month at the Barnes and Noble Bookstore at 7pm

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**ATTENTIVE CARE OF ALBANY, INC.**

5 Computer Drive West, Albany, NY 12205

(518) 738-6271

(518) 438-8217 Fax

[www.attentivecareservices.com](http://www.attentivecareservices.com)

**Mission:** It is the mission of Attentive Care to provide high quality, trusted and ethical home health Caregivers and service which respects the rights and dignity of our clients and their families enabling them to achieve their personal, family and community goals and needs.

**Services Provided:** Home Health Care and Staff Services for hospitals, nursing homes, health related facilities, clinics, emergency rooms and physician's offices.

**Intake Procedure:** Call for more information.

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**AUTISM SOCIETY, GREATER CAPITAL REGION**

**101 STATE STREET, SCHENECTADY, NY 12305**

**(518) 355-2191**

**(518) 374-2972 Fax**

[www.albanyautism.org](http://www.albanyautism.org)

**Mission:** The Autism Society of the Greater Capital Region, New York is a not-for-profit organization that serves people living with Autism in the Greater Capital District and their families. Our mission is to promote lifelong access and opportunities for people on the autism spectrum and their families so they can be fully participating, included members of their communities. We do this through advocacy, public awareness, education and compassionate support.

**Services Provided:** Information and Referral, Resource Center, Advocacy, Swim Days, Scholarships and Grants, Friday Knights, Camp Spectacular, Family Fun Events, Conferences and Support

**Target Population:** Individuals diagnosed with the autism spectrum and their families.

**Intake Procedure:** Call for information

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**AUTUMN RUN STABLES A HORSE ADVENTURE EQUINE ASSISTED PSYCHOTHERAPY PROGRAM AND THE**

**HOMESTEAD AT AUTUMN RUN STABLES SPECIALTY FOSTER CARE HOME FOR PRE-TEENS/TEEN GIRLS**

**804 north Road, Amsterdam, NY 12010**

**(518) 384-0925**

[Nanette.AHA@gmail.com](mailto:Nanette.AHA@gmail.com)

**Objectives:** Equine Assisted Mental Health Counseling—We exist to teach kids and families in tough spots how to form healthy relationships, thrive in their environment, express themselves in positive ways, and re-engage with their families, friends, school, and develop new skills to help them be the difference they want to see in the world. The Homestead at Autumn Run Stables Nanette Foster's horse farm, specializing in Equine Assisted Counseling, provides a stable, loving, Christ-Centered home where 5 pre-teen/tee foster care girls (core 7 - 18) can live, learn, and participate in life-giving activities - healing hearts and empowering them through life skill development.

***EQUINE ASSISTED COUNSELING, Equine counseling***

For individuals, groups, and families dealing with mental health issues, addictions, self-harm, sexual abuse/physical abuse, conflict management, communication skill development, and life skill development.

***A SPECIALTY HOME FOR FOSTER CARE GIRLS (7 - 18 years)***

A space for hope and growth in a family-style home instead of a group home residential care environment.

**Target Population:** Women 18+, Families, Girls 7 - 18

**Intake Procedure:** Call for more information 518-229-7701

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**BACKSTRETCH EMPLOYEES SERVICE TEAM (B.E.S.T.)**

267 Union Ave, Saratoga Springs, NY 12866

(518) 791-8704

[www.bestbackstretch.com](http://www.bestbackstretch.com)

**Services:**

**Objectives:** BEST is a health and human service agency (501c3) serving the needs of the backstretch community at the Saratoga Racecourse.

**Services Provided:** BEST operates an on-site medical clinic, dental clinic and referrals to local health care providers and specialists. We have a free breakfast program, communication center, free stove, translation and transportation services to other agencies and offices in the community. We also have an office to secure health benefits and other support services.

**Hours:** 8:00 am - 4:00 pm daily during the week

**Eligibility:** Workers who live and work on backstretch; employment with trainers at the Saratoga Racetrack.

**Intake Procedure:** Come to the office or call (518)587-3720

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**BALANCE RECOVERY CONSULTATION**

63 Putman Street, Suite 202, Saratoga Springs, NY 12866

(518)222-4870

(518)583-8900 Fax

[www.tknorr12@gmail.com](mailto:www.tknorr12@gmail.com)

**Services:**

**Services Provided:** Workshops & presentations on stress management & work/life balance, human service agency consultation, private recovery case management services & "TAI CHI for Recovery" instruction in Chi Gong & TAI CHI.

**Objectives:** Seeking to restore balance for staff of human service agencies, the Recovery Community and the general public. "We're all in recovery from something."  
Wellness for the mind, body and soul.

**Target Population/Eligibility:** Health & Human Service Agencies, the Recovery Community and General Public

**Intake Procedure:** Call to schedule appointment

**Fees/Payment Source:** \$80.00 per hour consultation fee, packages & sliding scale availability.

**Hours:** Monday – Friday 9:00 am – 5:00 pm (some weekend appointments available)

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**BALLSTON AREA COMMUNITY CENTER**

20 Malta Avenue, Ballston Spa, NY 12020

(518) 884-2572

(518) 885-3261

(518) 884-0259 Fax

[ballstonareacc.org](http://ballstonareacc.org)

*Public transportation accessible.*

**Services:****DAY CAMPS, EXTENDED DAY CARE, RECREATIONAL ACTIVITIES/SPORTS**

**Objectives:** Services include before and after-school child care for ages 5-13, an all-day summer program for ages 5- 13 for 8 weeks, and an all-day summer travel program for ages 10-15 for nine weeks. Also offered are a universal pre-kindergarten for 4-year olds, an evening teen open gym

and social recreation program for ages 13-16, and a morning toddlerym.

**Eligibility:** Before and after school care, and summer program:

ages 5-13 Summer travel program: ages 10-15

Pre-kindergarten: 4-year olds

Teen open gym and social recreation: ages 13-16

**Intake Procedure:** Visit [www.ballstonareacc.org](http://www.ballstonareacc.org)

**Documents:** Physician order required, Proof of age

**Fees/Payment Source:** Low Cost, Application/registration fee, Scholarship/Financial Aid

**Hours:** Before and after school childcare Mon - Fri 6:30 am - 6pm

Summer Program Mon - Fri 6:30 am - 5:30 pm for 8 weeks

Summer travel program Mon - Fri 6:30 am - 9 pm for 9 weeks,

Teen open gym and social recreation Mon, Wed, Fri 6pm - 9pm,

Toddler gym Tues, Thurs 9:30 am - 11am November to April.

Weekend hours based on scheduled events and programs.

### ***SUMMER CAMP, Day Camps***

**Objectives:** The Ballston Area Community Center's summer program provides school-age children with a structured program that allows parents to work. The program provides a wide range of activities including discovery, arts and crafts, and recreational sports. Swimming lessons are provided at the Village pool and field trips are conducted weekly to area parks and attractions.

This program is eight weeks long.

**Eligibility:** School age children in the Ballston Spa School District

**Intake Procedure:** Application Procedure

**Documents:** Physician statement, Proof of age.

**Fees/Payment Source:** Low cost, Application/registration fee, Scholarship/Financial Aid

**Hours:** 6:30 a.m. to 5:30 p.m. Monday through Friday for 8 weeks during the summer.

### ***TEEN PROGRAM, Recreation Centers***

**Objectives:** Providing area teens with physical and recreational activities in a safe and supervised environment makes them less likely to be involved in negative activities. These are the only free services in the area.

As money is an issue for most teenagers, it does not interfere with their involvement in this program. The staff is dedicated to the youth and listens to what they have to say. The teens themselves have a vital role in sculpting the program to fit their needs. Implemented changes and program design are intrinsically tied to teen input. Staff regularly interacts with youth, and are not only good role models but can also recognize if referral services are necessary and have access to resources for outreach programs.

**Eligibility:** Children between the ages of 12 and 19

**Intake Procedure:** Via the web/Internet, walk in all program members are required to fill out and hand in a membership form that contains age, general personal information, emergency contact information, understanding of facility policies, Internet policy, and parental signature. Teens get their name on the required sign-in sheet by turning in their membership forms.

**Fees/Payment Source:** None/Not applicable,

**Hours:** Mon.-Fri. 6am-9pm

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## **BERKSHIRE FARM CENTER & SERVICES FOR YOUTH**

**500 New Karner Road, 3rd Floor, Albany, NY 12205**

**(518) 456-1969**

**(518) 456-8686 Fax**

[www.berkshirefarm.org](http://www.berkshirefarm.org)

### **Sites:**

**1. BERKSHIRE FARM CENTER AND SERVICES FOR YOUTH - WARREN, WASHINGTON & SARATOGA COUNTY  
For Foster Care in Warren, Washington, & Saratoga Counties contact TaraBooth**

**(518) 390-0878**

**(518) 480-3034**

**2. For All other Services contact the main office in Albany**

**500 New Karner Rd., 3rd floor Albany NY**

**12205 (518) 456-1969**

**(518) 456-8686**

### **Services:**

**Objectives:** The mission of Berkshire Farm Center & Services for Youth is "to strengthen children and families so they can live safely, independently, and productively within their home communities." By forming strong community partnerships and collaborating with other service agencies and educational organizations, we empower children and families while building healthier and stronger communities.

**Services:** We are a statewide community based non-profit child welfare organization. Many of Berkshire's programs and services are community-, home-, and school-based and include foster care, group homes, family preservation and reunification, truancy and crisis prevention, and counseling (individual, group, family).

Each day, Berkshire serves more than 3,000 children throughout New York State. Your support can help us to change a child's life and create a better future for them, their family, and their community.

In addition to community-based programs, Berkshire's Residential Treatment Center (RTC), located on our 2,000 acre campus amid the beautiful Berkshire Mountains, provides specialized services to adolescent boys and their families, including an accredited curriculum in an on-site junior/senior high school. Berkshire creates a caring, structured, and stable environment that provides adolescent boys and their families with an opportunity to learn how to lead healthy, productive lives together.

**Eligibility:** Children and families in need

**Intake Procedure:** Contact your local Department of Social Services office or our Albany Office for assistance

**Hours:** We offer 24-hour support



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**BIG BROTHERS BIG SISTERS OF THE CAPITAL REGION**

1698 Central Avenue, Albany, NY 12205

(518) 862-1250

(518) 862-1256 Fax

[www.bbbscr.org](http://www.bbbscr.org)

[info@bbbscr.org](mailto:info@bbbscr.org)

Public transportation accessible.

**Services:**

***YOUTH MENTORING PROGRAM, Adult/Child Mentoring Programs***

**Objectives:** Adult volunteers are matched with children between the ages of 6 and 18 who want and need a Big Brother or Big Sister. "Bigs" and "Littles" spend time together in the community, building friendships and enjoying everyday fun and activities. Volunteers and families receive support and guidance from our professional staff to ensure a positive experience for all involved.

**Target Population/Eligibility:** School-age youth living in Albany, Schenectady, Saratoga, or Rensselaer Counties. Enrollment is open to youth 6-14 and services are provided to youth ages 6-18.

**Intake Procedure:** Call for application procedure or apply via Internet. (bbbscr.org)

**Fees/Payment Source:** No cost.

**Hours:** Hours vary

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**BIG BROTHERS/BIG SISTERS OF THE SOUTHERN ADIRONDACKS**

14 W. Notre Dame St., Glens Falls, NY

12801 (518) 798-1010

(518) 798-1517 Fax

[www.mentoringinfo.org](http://www.mentoringinfo.org)

[info@bbbsadk.org](mailto:info@bbbsadk.org)

**Services:**

***YOUTH MENTORING, Adult/Child Mentoring Programs***

**Objectives:** Big Brothers, Big Sisters helps vulnerable school-age children succeed at home, in school and in their communities by matching them with adult or teenaged volunteers who serve as friends and mentors.

**Eligibility:** Children and Youth living in Washington County and Warren County, enrollment ages 6-14, services ages 6-18.

**Intake Procedure:** Internet, Application Procedure, telephone

**Fees/Payment Source:** No cost.

**Hours:** Variable

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**BIRTHRIGHT**

40 Front Street, PO Box 661, Ballston Spa, NY 12020

(518) 885-4117

<http://birthright.org/en/landingpage/lp-ballstonspa>

**Services:**

**Objectives:** Provides caring, non-judgmental support to girls or women who are distressed by an unplanned pregnancy.  
**Services:** FREE AND CONFIDENTIAL pregnancy tests, referrals to medical, mental health, social services and adoption providers; diapers, formula, layettes and essential baby items.  
**Target Population/Eligibility:** Pregnant women having a need for support during an unplanned pregnancy and after giving birth  
**How to apply:** Stop by Birthright office during office hours or call for an appointment  
**Hours:** Monday 11:00 am - 5:00 pm, Tuesday - Friday, 11:00 am - 3:00 pm or anytime by appointment

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**BURNT HILLS-BALLSTON LAKE CENTRAL SCHOOLDISTRICT**  
50 Cypress Drive, Glenville, NY 12302  
(518) 399-9141 Ext. 5002  
[www.bhbl.org](http://www.bhbl.org)

**Services:**  
**School Districts** Burnt Hills-Ballston Lake Central School District serves students K through 12

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**CANCER SERVICES PROGRAM OF SARATOGA COUNTY**  
59D Myrtle Street, Saratoga Springs, NY 12866  
(Physical Address) 211 Church Street, Saratoga Springs,  
NY 12866 (Mailing Address)  
(518) 580-2078  
(518) 580-2203 Fax  
[www.cancerservicesofsaratoga.org](http://www.cancerservicesofsaratoga.org)  
*Public transportation accessible.*

**Services:**  
**CANCER SERVICES PROGRAM, Colorectal Cancer Detection, Mammograms, Pap Tests**  
**Objectives:** The Cancer Services Program offers NO COST cancer screenings for men and women **without** health insurance. We provide colon, breast and cervical cancer screenings for women 40 to 64 years of age and men 50 to 64 years of age. \*Breast - Women under 50 with a history or a finding may be eligible.  
\* Colorectal - men and women under 50 with a history may be eligible.  
**Eligibility:** Uninsured or Underinsured  
**Intake Procedure:** Call 518-580-2132  
**Fees/Payment Source:** No cost  
**Hours:** Mon - Fri 8:00 am - 4:00 pm

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**CAPITAL DISTRICT CHILD CARE COUNCIL**  
91 Broadway, Menands, NY 12204  
(518) 426-7181  
Service/Intake (518) 426-  
9649 Fax [www.cdcccc.org](http://www.cdcccc.org)  
[akovacik@cdcccc.org](mailto:akovacik@cdcccc.org)  
*Public transportation accessible.*

**Services:**

***CHILD CARE FOOD PROGRAM, Child and Adult Care Food Programs***

**Objectives:** The Child Care Food Program is a federally funded program (run by The Department of Health) which gives child care providers in Albany, Fulton, Montgomery, Saratoga, Schenectady and Rensselaer Counties money to help with their child care food expenses. Participating providers supply meals that meet USDA meal patterns.

**Eligibility:** Licensed/registered or legally exempt Child Care providers

**Intake Procedure:** Application procedure or application by authorized provider. Call for an appointment and a home visit.

**Documents:** Proof of license or registration needed to be on program. Proof of enrollment for legally-exempt providers.

Federally funded, runs on state level of the Department of Health.

**Target Population:** Albany, Fulton, Montgomery, Rensselaer, Saratoga, and Schenectady

**Fees/Payment Source:** Free

**Hours:** Mon.-Fri. 9am-5pm

***CHILD CARE REFERRALS, Child Care Provider Referrals***

**Objectives:** Child care referrals are provided to assist families who are looking for child care in Albany, Fulton, Montgomery, Rensselaer, Schenectady and Saratoga Counties. Information is also given to parents about subsidy programs and quality indicators for choosing child care.

**Eligibility:** Families with children who need child care

**Intake Procedure:** Childcare referrals are given to anyone who calls or visits the office, or contacts the office via web/internet.

**Fees:** No cost

**Hours:** Mon.-Fri. 9am-5pm Messages left on voicemail after hours will be returned within one business day.

***TRAINING AND TECHNICAL ASSISTANCE, Child Care Provider Training***

**Objectives:** Training and Technical Assistance is provided for current and prospective Child Care Professionals in Albany, Fulton, Montgomery, Saratoga, Schenectady, and Rensselaer Counties on how to provide quality care in their Child Care Programs. Technical assistance and information on starting a home based child care business is provided.

**Eligibility:** New and current family child care providers

**Target Population:** Albany, Fulton, Montgomery, Rensselaer, Saratoga, and Schenectady

**Intake Procedure:** Application procedure. Call for information.

**Fees:** Application/registration fee, scholarship/financial aid available to qualified participant, no cost or low cost. Reimbursement through New York State Educational Incentive Plan available to qualified participants.

**Hours:** Mon.-Sat. hours vary

***CHILD CARE HEALTH CONSULTANTS, Managed Health Care Information \* Child Care Workers***

**Objectives:** Child Care Health Consultants assist child care programs with medication training, offer training about health related issues, develop policies and procedures to help keep children and adults safe and healthy and assist with finding health care plans. Child Care Health Consultants are registered nurses that partner with child care centers, group and family child care homes, and school-age programs to foster a safe and healthy environment for children.

**Eligibility:** Licensed/registered child care providers and legally exempt providers

**Target Population:** Albany, Fulton, Montgomery, Rensselaer, Saratoga, and Schenectady

**Intake Procedure:** Application Procedure, Call and register for training classes

**Fees:** Application/registration fee, Scholarship/financial aid available to qualified participants, No cost or low cost, Cash, check, and Credit/Debit Card, Reimbursement through New York State Educational Incentive Plan available to qualified participants.

**Hours:** Mon.-Sat. hours vary

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**CAPITAL DISTRICT DEVELOPMENTAL DISABILITIES SERVICES OFFICE**  
**500 Balltown Road, Bldg. 10, Schenectady, NY 12304**  
**(518) 370-7331**

*Public transportation accessible.*

**Sites**

**1. CAPITAL DISTRICT DDSO SARATOGA**  
**3 Care Lane Suite 200, Saratoga Springs, NY 12866**  
**(518) 583-2810**

*Public transportation accessible.*

**Services:**

***SERVICE COORDINATION, Case/Care Management Referrals***

**Objectives:** Service Coordination professionals help individuals with developmental disabilities develop, plan, implements and monitor their own plan of services and support.

**Eligibility:** Persons who are eligible for OMRDD services.

**Intake Procedure:** Application procedure. Call for information.

**Fees/Payment Source:** Medicaid

**Hours:** Mon - Fri 8:30 a.m. - 5:00 p.m. with flexible hours based on individual needs.

***FAMILY SUPPORT, Case/Care Management, Developmental Disabilities***

**Objectives:** Family Support offers comprehensive services which help families provide in-home care to family members with a developmental disability.

**Eligibility:** Families whose family member with a development disability resides at home with them.

**Intake Procedure:** Referral required. Call for information.

**RESIDENTIAL SERVICE OPTIONS, Group homes for Children and Youth with Disabilities, Group residences for Adults with Disabilities, Semi-Independent Living Residences for Adults with Disabilities**

**Objectives:** The Capital District Developmental Disabilities Services Office offers group homes and individual residential alternatives or family certified homes that provide room, board and individualized service options for persons eligible for OMRDD services.

**Eligibility:** OMRDD eligibility

**Documents:** Physician's statement

**Fees/Payment Source:** Fees vary. Medicaid and reimbursement through SSI accepted.

**Hours:** Mon - Fri 8:00 a.m. - 5:00 p.m.

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**CAPITAL DISTRICT EDUCATIONAL OPPORTUNITY CENTER (EOC)**  
**145 Congress Street, Troy, NY 12180**  
**(518) 273-1900**  
**(518) 273-1919 Fax**  
[www.hvcc.edu/eoc](http://www.hvcc.edu/eoc)

**Services:**

**Objectives:** The EOC is an educational enterprise that serves eligible adult learners. The EOC delivers comprehensive, community based training.

**Services Provided:** Academic and workforce development training including: Building Trades GED Preparation College Preparation Medical Office Admin. Cosmetology Nursing Assistant Culinary Arts Security Guard Training English as a Second Language Welding Facilities Maintenance Welding Certification Upgrade

**Hours:** Monday - Friday

**Eligibility Criteria:** Individuals must meet economic and academic eligibility. Call for details.

**Intake Procedure:** Admissions takes place every Tuesday at 8:15 a.m. in Troy and every Friday at 8:15 a.m. at the Albany facility at 30 N. Russell Road. Individuals should plan to stay until noon. Visit [www.hvcc.edu/eoc](http://www.hvcc.edu/eoc) and click apply now.

**CAPITAL DISTRICT PHYSICIANS' HEALTH PLAN**

500 Patroon Creek Boulevard, Albany, NY

12206 (518) 641-3000

(518) 641-4605 Fax

[www.cdphp.com](http://www.cdphp.com)

**Services**

**HEALTH INSURANCE, Adult State/Local Health Insurance Programs, Children's State/Local Health Insurance Programs**

**Objectives:** CDPHP provides health care for all subscribers. CDPHP uses the IPA model for the delivery, financing, and administration of health care services. CDPHP also offers health insurance through Family Health Plus, Child Health Plus, Medicaid, and Medicare.

**Eligibility:** Most low income persons, especially older adults, youth, persons with disabilities and veterans.

**Intake Procedure:** Call or walk in.

**Documents:** Call for details.

**Fees/Payment Source:** Low cost, fees vary. **Hours:** Mon.-Fri. 8:30am-5pm

**CAPITAL DISTRICT TRANSPORTATION AUTHORITY**

110 Watervliet Avenue, Albany, NY 12206

(518) 459-8747 Access Transit

(518) 482-2022 Star Service for the Disabled (518) 437-8300

(518) 482-8822 Customer Information Center

(518) 437-8349 Fax

[www.cdfa.org](http://www.cdfa.org)

*Public transportation accessible.*

**Services:**

**CAPITAL DISTRICT TRANSIT AUTHORITY, Public Transit Authorities**

**Objectives:** The Capital District Transportation Authority (CDTA) provides for the continuance, further development and improvement of transportation and other related services within the Capital

Region Transportation District by railroad, omnibus, marine and air. The CDTA provides regular route buses, shuttle buses and paratransit service.

**Eligibility:** No requirements

**Intake Procedure:** Get on the bus or call for information.

**Hours:** Mon.-Fri. 8am-5pm

### ***SWIPER DISCOUNT TRANSIT PASSES Discount Transit Passes***

**Objectives:** The Swiper card offers unlimited bus rides, all the time. Swiper offers an affordable way to move around the Capital Region.

**Fees/Payment Source:** Swiper cards can be purchased online, over the phone, by mail and in person at CDTA and at select Hannaford, Bank of America and Key Bank locations. Two kinds of Swipers are available, the 5- Day costs \$36 per month and the 7-Day costs \$44 per month. Swiper users receive at least a 10% discount on the cash fare. Swiper users whose employers participate in CDTA's Corporate Swiper program may enjoy even greater savings.

### ***CORPORATE SWIPER GUARANTEED RIDE PROGRAM, Emergency Transportation for Commuters***

**Objectives:** The Corporate Swiper Guaranteed Ride Home Program allows employers to arrange for alternative transportation for their employees in emergency or special situations. In addition, the Corporate Swiper Program allows employers to help their employees obtain a discount on their regular cash bus fares.

**Eligibility:** Any employer

**Intake Procedure:** Call for information

**Fees/Payment Source:** Call for

information **Hours:** Mon.-Fri. Sat. Sun.

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## **CAPTAIN YOUTH AND FAMILY SERVICES**

**5 Municipal Plaza Clifton Park, NY 12065**

**(518) 371-1185**

**(518) 383-7997 Fax**

**(518) 369-9928 Emergency-Youth Shelter**

**(518) 584-6042 Referral/Intake Youth Shelter**

**(518) 469-7897 Street Outreach**

[www.captaincares.org](http://www.captaincares.org)

[info@captiancares.org](mailto:info@captiancares.org)

### **Sites:**

#### **1. CAPTAIN Youth and Family Services**

**5 Municipal Plaza Clifton Park, NY 12065**

**(518) 371-1185 Administrative and General Contact (518) 383-7997 Fax (800)**

**924-4636 Emergency-Youth Shelter**

[www.captaincares.org](http://www.captaincares.org)

[info@captiancares.org](mailto:info@captiancares.org)

#### **2. CAPTAIN Runaway and Homeless Youth Shelter**

**Malta, NY 12020**

**(518) 584-6042 Referral / Intake**

**(518) 369-9928 24-hour Emergency Hotline answered by On-call Supervisor**

### 3. CAPTAIN's Treasures

1705 Route 9 Clifton Park, NY 12065

(518) 383-1788

[www.captaincares.org](http://www.captaincares.org)

### 4. Cheryl's Lodge

25 Fern Lane Clifton Park, NY 12065

(518) 373-8873

#### Services:

**COMMUNITY WORK SERVICE, *Community Work Service Program* - (518)371-1185**

**Description of Service:** The Community Work Service Program is an alternative sentence program for first-time Offenders under the age of 21, charged with a misdemeanor. A judge will offer the person charged an opportunity to do community service in lieu of a fine and will be monitored by a program site coordinator.

**Eligibility:** Call for details

**Intake Procedure:** Call for information

**OUTREACH CENTER AT CHERYL'S LODGE, *Family Support Center/Outreach* - (518) 373-8873**

**Description of Service:** The Outreach Center at Cheryl's Lodge offers drop-in center based for low-income families with young children in southern Saratoga County. Homework support, Head Start, senior programs, summer camps, summer meal programs, GED, employment services, and so much more.

**Eligibility:** Call for Details

**Intake Procedure:** Call for information

**HOMEWORK HELP, *After School Educational Enrichment and Homework Help Services* - (518)373-8873**

**Description of Service:** During the school year, a four-day-a-week Homework Help program for grades K-12 is made possible through the efforts of 35 dedicated volunteers, who provide after-school tutoring and homework support.

**Eligibility:** Students who attend Shenendehowa School District.

**Intake Procedure:** Call or walk in to apply

**Hours:** Monday – Thursday 2:45 to 6:30 pm

**PEACE CAMP, *Summer Day Camp* - (518)373-8873**

**Description of Service:** Peace Camp provides a day camp experience for elementary children focusing on conflict resolution and problem solving through peaceful means.

**Eligibility:** Call for details.

**Intake Procedure:** Call for information.

**SUMMER LUNCH PROGRAM, *Summer Meal Programs* - (518)373-8873**

**Description of Service:** The Summer Feeding program offers free breakfast and lunch to low-income children ages 1- 18 throughout the summer when school is not in session.

**Eligibility:** Children ages 1-18 who receive free or reduced-price lunch during the school year.

**Intake Procedure:** Call to find out information regarding walk-in enrollment.

**Fees:** No cost.

**Hours:** June 25 – August 29, Mon – Fri 7:30 am to 1:30 pm

**SCHOOL SUPPLIES, *Back to School Supplies* - (518)373-8873**

**Description Of Service:** CAPTAIN will provide school supplies to children of low-income families.

**Eligibility:** Call for details.  
**Intake Procedure:** Call for information.  
**Fees:** No cost.  
**Hours:** Mon. – Fri., 9 am – 5 pm

**CAPTAIN’s TREASURES, *Next to New Store - (518)383-1788***

**Description Of Service:** CAPTAIN’s Treasures offers gently used clothing and household goods at very reasonable prices. CAPTAIN also provides vouchers to the store for victims of catastrophes, fire, domestic violence and other emergency situations.

**Eligibility:** No requirements.  
**Intake Procedure:** Walk-in.  
**Fees:** Low cost.  
**Hours:** Mon – Wed, 9 – 5 pm, Thursday, 9 – 7 pm, Friday, 9 – 5 pm, Saturday, 10 – 3 pm, Sunday, 12 – 3 pm

**CAPTAIN RUNAWAY AND HOMELESS YOUTH SHELTER, *Youth Shelter and Home for Youth in Housing Crisis - (518) 584-6042 or (518)369-9928***

**Description Of Service:** The CAPTAIN Youth Shelter is a temporary shelter certified by the Office of Children and Family Services, where young people can live in a safe, crisis-free, and comfortable residential home setting. It is designed to help youth between the ages of 13 – 17 years who are homeless, in a runaway situation, at- risk of becoming homeless, are facing a housing crisis, or need respite. Considerations for children under 13 years are rare, but are made on a case-by- case basis. Youth are involved in the daily activities of a home, go to school, and receive support services from trained and caring staff. During their stay all efforts are made to address the individual issues that led to their homelessness and reunite them with their family, when it is safe and appropriate.

**Eligibility:** Call for details.  
**Area Served:** Albany, Columbia, Fulton, Greene, Hamilton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, Washington Counties  
**Intake Procedure:** Call For Information.  
**Hours:** 24 hours a day (please see emergency number)

**STREET OUTREACH PROJECT, *Outreach program to Capital District to help homeless, runaway, and street- involved youth safely exit the streets - (518) 584-6042 or (518) 469-7897***

**Description Of Service:** CAPTAIN operates the Street Outreach Project to find runaway, homeless and disenfranchised youth on the streets and provide immediate aid by meeting their basic needs (food, clothing, shelter, etc.), provide crisis intervention, access to emergency shelter as needed, help them escape exploitation and abuse, and provide support services. This project will serve all youth regardless of gender, race, religion or gender identity, ages 13 – 21 throughout Saratoga, Fulton, Rensselaer and Montgomery Counties.

**Eligibility:** Ages 13-21 years, residents of Saratoga, Fulton, Rensselaer, and Montgomery Counties.  
**Intake Procedure:** Call for information.  
**Hours:** 24 Hours.

**EMPLOYMENT READINESS PROGRAM, *Workforce Investment Employment Program - (518)371-1185***

**Description Of Service:** CAPTAIN operates an work readiness program to help young adults 16-21 years find employment, increase their literacy, earn GED and/or industry recognized certificates, and increase their employability. CAPTAIN serves youth from throughout Saratoga County and are looking to enroll youth who have become disconnected from the workforce.

**Eligibility:** Ages 16-21 years, resident of Saratoga County, and certain income requirements.  
**Intake Procedure:** Call for information.  
**Hours:** Monday – Friday, 9 am – 5 pm.



**FAMILY ASSISTANCE, - Clothing Vouchers, Household Goods Vouchers, Rent Payment Assistance, Utility Service Payment Assistance, Thanksgiving Baskets, Adopt-a-Family, Holiday Toy Shop, Solutions to End Homelessness Program (STEHP) - (518)371-1185**

**Description Of Service:** CAPTAIN's Family Assistance program offers advocacy and assistance in accessing emergency funds for basic needs to families within the Shenendehowa School District and southern Saratoga County. Vouchers for clothing and necessary household items are available to all Saratoga County residents. Saratoga County residents who are homeless or at risk of homelessness may apply for STEHP (Solutions to End Homeless Program), a state funded program to find housing for individuals and families who are truly homeless or facing eviction.

**Eligibility:** Family Assistance – Residents of southern Saratoga County, including single adults or couples without children. Vouchers and STEHP – Saratoga County.

**Intake Procedure:** Call or walk

in. **Fees/Payment Source:** No

cost. **HOURS:** Mon-Fri 9-5

**FAMILY DEVELOPMENT, Adult Mentoring Program - (518) 371-1185**

**Description Of Service:** Trained volunteer mentors are matched with families in crisis to provide support, resources and guidance. Mentors have up to date resources regarding employment, child care, health insurance, transportation, food stamps, and housing.

**Eligibility:** Low-income families in southern Saratoga County.

**Intake Procedure:** Families are referred through their use of other CAPTAIN services including Family Assistance and the Emergency Food Pantry. Families are considered based on need, interest, and availability.

**Fees/Payment Source:** No cost

**Hours:** Mon-Fri 9-5

**EMERGENCY FOOD PANTRY, Food Pantry, Diapers/Baby Care Items, Personal Care Items - (518)371-1185**

**Description Of Service:** The Emergency Food Pantry provides families and individuals with a three-day supply of food, diapers, paper and hygiene products. The pantry may be visited once every 30 days. Open Monday, Tuesday, and Thursday 10 am – 4 pm.

**Eligibility:** Residents of southern Saratoga County

**Intake Procedure:** Walk in.

**Documents:** Any form of valid photo ID, proof of address and proof of income.

**Fees/Payment Source:** No cost. Non-perishable donations accepted.

**CAPTEENS, Youth Development Program - (518)371-1185**

**Description Of Service:** CAPteens promotes youth development through leadership, community service, and character building opportunities. Students have the opportunity to grow across a wide range of community service and development experiences.

**Eligibility:** Shenendehowa sophomores, juniors and seniors

**Intake Procedure:** Call for information

**Fees/Payment Source:** no cost

**TEEN TALK HOTLINE, Helplines / Crisis Call Center (Adolescents) - (518)383-4680**

**Description Of Service:** Teen Talk is a peer-staffed confidential helpline for teens. Trained students staff the phone lines to provide emotional support, address teen issues, and provide referrals when necessary. They also provide homework help for students from elementary school through high school.

**Eligibility:** students in the Capital District  
**Intake Procedure:** Call for information  
**Fees/Payment Source:** no cost  
**Hours:** 3 pm-8 pm when school is in session

**JOB ASSIST, Job Search / Placement (Youth) - (518)371-1185**

**Description Of Service:** Job Assist offers teens from 13-19 employment training and placement services. Job Assist recruits employers and individuals who are looking to fill a variety of jobs and matches them with teens.

**Eligibility:** Local teens and employers  
**Intake Procedure:** Call or walk in to apply, or apply via [www.cliftonpark.org/jobassist](http://www.cliftonpark.org/jobassist)  
**Fees/Payment Source:** No cost.  
**Hours:** Mon-Fri 9 am-5 pm

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**CATHOLIC CHARITIES OF SARATOGA, WARREN AND WASHINGTON COUNTIES**  
142 Regent Street, Saratoga Springs, NY 12866  
(518) 587-5000  
(518) 587-3127 Fax

*Public transportation accessible.*

**Sites:**

1. **CATHOLIC CHARITIES OF SARATOGA, WARREN AND WASHINGTON COUNTIES 142 Regent Street Saratoga Springs, NY 12866**  
(518) 587-5000  
(518) 587-3127 Fax

*Public transportation accessible.*

2. **DONOVAN HOUSE**  
30 East High Street Ballston Spa, NY 12020

(518) 885-8220  
[cocommins@spa.net](mailto:cocommins@spa.net)

*Public transportation accessible.*

3. **GLENS FALLS OFFICE OF CATHOLIC CHARITIES 35 Broad Street**

Glens Falls, NY 12801  
(518) 793-6212

**Service/Intake**  
[ccdvp@spa.net](mailto:ccdvp@spa.net)

*Public transportation accessible.*

4. **MARY'S HAVEN - COMMUNITY FOR THE DYING 35 New Street Saratoga Springs, NY 12866**

(518) 584-9397

**Service/Intake**

[marys.haven@jspa.net](mailto:marys.haven@jspa.net)

Public transportation accessible.

## 5. SARATOGA MENTORING PROGRAM OF CATHOLIC CHARITIES 368

Broadway

Saratoga Springs, NY 12866

(518) 580-0415 Fax

(518) 581-1487

Service/Intake

[www.saratogamentoring.org](http://www.saratogamentoring.org)

[info@saratogamentoring.org](mailto:info@saratogamentoring.org) Public

transportation accessible.

**Services:**

**MENTORING PROGRAM, Adult/Child Mentoring Programs \* At Risk Youth**

**Objectives:** This program is a community-based prevention/diversion program that recruits, screens, trains and supports community members who are matched with identified at-risk youth for at least one year. Through these matches, volunteers and participating youth make a significant commitment of time and energy to develop relationships devoted to personal, academic or career development, and social, athletic or artistic growth. Comprehensive services are provided to the families as well.

**Eligibility:** Children ages 6 to 14, and their families

**Intake Procedure:** Call for information. Referrals come from schools, families, public agencies, word of mouth, etc. Once referred, the child and the parents/caretakers are interviewed. A home visit is made; interests and concerns are explored. Mentors are thoroughly screened. They must undergo a face-to-face interview, fill out an application and provide references. They must agree to undergo a criminal background check, the child abuse registry screening, and participate in sexual abuse training on the signs of abuse and the characteristic of abusers, etc. Staff also makes a home visit to the potential mentor's home or apartment. When all is checked out, the child is matched with the most suitable mentor.

**Fees/Payment Source:** None/Not applicable,

**Hours:** Mon.-Fri. 9 am-5 pm Activities some evenings and weekends

## **CASE MANAGEMENT FOR HOUSING AUTHORITY RESIDENTS, Case/Care Management \* Public Housing Residents**

**Objectives:** Catholic Charities provides case management and counseling to the elderly and disabled residing in the Stonequist Apartments and the senior housing in Jefferson Terrace in Saratoga Springs.

**Eligibility:** Residents of the Saratoga Springs Housing Authority buildings.

**Intake Procedure:** In-person intake and assessment with program staff. Call for information.

**Fees/Payment Source:** No cost.

**Hours:** Mon.-Fri. 9 am-5 pm

## **DOMESTIC VIOLENCE PROJECT, Domestic Violence Hotlines, Domestic Violence Shelters Domestic Violence Support Groups, General Crime Victim Assistance**

**Objectives:** The Domestic Violence Project provides a 24-hour hotline, emergency shelter, supportive counseling, advocacy, crime victim assistance, support groups, community education and outreach. Staff will assess their situation and describe services available. They may access

services non-residentially or be admitted to the safe dwelling when needed and appropriate. Those seeking emergency shelter must be a resident of Warren or Washington County. If they are not, they must contact the Domestic Violence Program in their county or be directly referred by the Program. Residential placement requires a face to face interview. Alcohol and drug use are prohibited in the shelter and serious mental health issues cannot be accommodated since there is not 24 hour staff presence on premises. The Domestic Violence project does provide services to men who are victims but is not able to accommodate them in the safe dwelling. Referrals to other options will besought.

**Eligibility:** Victims of domestic violence in Warren and Washington Counties.

**Intake Procedure:** Call or walk in.

**Fees/Payment Source:** Person in safe dwelling must apply for public assistance.

**Hours:** 9 am-5 pm every day. On call availability 24 hours a day, 7 days a week

#### ***FAMILY COUNSELING PROGRAM, General Counseling Services***

**Objectives:** The Family Counseling Program provides individual, couple, and family counseling.

**Intake Procedure:** Telephone, Walk in.

**Documents:** Proof of income

**Fees/Payment Source:** Insurance, Medicaid, Medicare, private insurance, private pay, reimbursement through public agency, sliding fee scale.

**Hours:** Mon.-Fri. 9am-5pm Alternate Location Times: Evening by appointment in all sites.

#### ***GROUP HOME FOR BOYS ADJUDICATED BY THE COURTS, Group Homes for Dependent Children \*Males***

**Objectives:** The group home provides comprehensive childcare, social work and educational services in a residential setting. Individual, group and family counseling is available. The goal of the program is to return youth to their familial setting when appropriate or to prepare them for independent living if necessary. The young men have to be able to function in the public school setting and the local community.

**Eligibility:** Adolescent boys adjudicated by the courts.

**Intake Procedure:** Referral from home county, face to face interview with youth and his family.

**Fees/Payment Source:** Reimbursement through Public Agency (County DSS)

**Hours:** 24 Hours. 7 Days.

#### ***MARY'S HAVEN - COMMUNITY HOME FOR THE DYING, Hospice Facilities***

**Objectives:** Mary's haven is a community home for the dying, a two-bed residence serving persons with irreversible illness who are within the last three months of their lives and who can no longer safely remain at home. It is an alternative for those who do not want to spend their final days in a hospital or nursing home setting. The focus is on quality of life rather than quantity. Holistic hospice care will be provided addressing the resident's physical, spiritual, emotional, and social needs.

**Eligibility:** Any terminally ill person in the last three months of his/her life.

**Intake Procedure:** Appointment only. Call for appointment, referral required

**Documents:** Proof of income, Physician's statement

**Fees/Payment Source:** None, Donation accepted

**Hours:** 24 Hours. 7 Days.

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**CATHOLIC CHARITIES OF THE DIOCESE OF ALBANY**

**40 North Main Avenue, Albany, NY 12203**

**(518) 453-6650**

**(518) 453-6792 Fax**

[www.ccrda.org](http://www.ccrda.org)

[Catholic.Charities@rcda.org](mailto:Catholic.Charities@rcda.org)

*Public transportation accessible.*

**Sites**

**1. MCCAULEY RESIDENCE 308 South Manning Boulevard Albany, NY 12208**

**(518) 437-8410**

**(518) 437-8418 Fax**

[www.rcda.org](http://www.rcda.org)

**Services:**

***ASSISTED LIVING, Assisted Living Facilities***

**Objectives:** McAuley Residence is a 48-bed assisted living facility. Services include meals, personal care, case management, medication administration, an active recreation program and daily prayer services.

Memorial services are held for persons who die at the residence. Religious activities offered include Bible study, communal reconciliation, communion services, communion visits as needed, liturgy, pastoral visits, and rosary.

**INTAKE PROCEDURE:** Call for information

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**CCI GREENHEART - FOREIGN EXCHANGE ORGANIZATION**

**524 Victory Circle, Ballston Spa, NY 12020**

**(518) 885-3439**

**(518) 527-5186**

[www.ccigreenheart.org](http://www.ccigreenheart.org)

**Services:**

**Objectives:** To promote cultural understanding, academic development, environmental consciousness and world peace.

**Services Provided:** Host an exchange student - private and public school placement, language schools, teach abroad, volunteer, work, intern, or train abroad, high school abroad, FLEX & Yes Grant Programs, ESL & American Culture Program.

**Intake Procedures:** Contact Jill Miller or apply online

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**CENTER FOR DISABILITY SERVICES**

314 South Manning Boulevard, Albany, NY 12208

(518) 437-5716 Service/Intake Behavioral Health Services

(518) 437-5963 Service/Intake - Neurology Services

(518) 437-5970 Service/Intake - Primary Care Services

(518) 453-2273 Service/Intake

[www.cfdsny.org](http://www.cfdsny.org)

[collins@cfdsny.org](mailto:collins@cfdsny.org)

Public transportation accessible.

**Sites:**

**1. CENTER FOR DISABILITY SERVICES**

55 Helping Hand Lane Glenville, NY 12302 (518) 384-3000

(518) 384-3001 Fax

(518) 384-3017

Service/Intake

[www.cfdsny.org](http://www.cfdsny.org)

**2. CENTER FOR DISABILITY SERVICES**

3 Cedar Street Ext., Cohoes, NY 12047

(518) 437-5562 Service/Intake

[www.cfdsny.org](http://www.cfdsny.org)

**3. HEALTHCARE AND ASSISTIVE TECHNOLOGY CENTER**

939 Route 146, Suite 300, Clifton Park, NY 12065

(518) 738-0020

(518) 371-6214

(518) 738-0021 Fax

(518) 371-6981 Fax

[www.cfdsny.org](http://www.cfdsny.org)

**4. PROSPECT CENTER**

133 Aviation Road, Queensbury, NY 12804

(518) 798-0170

(518) 798-0533 Fax

[www.prospectcenter.com](http://www.prospectcenter.com)

[pcfcent@prospectcenter.com](mailto:pcfcent@prospectcenter.com)

**Services:**

**ADULT DAY SERVICES, Developmental Disabilities Day Habilitation Programs \* Adults**

**Objectives:** Adult Day Services include day habilitation and vocational services, both on site and within the community for individuals with developmental disabilities or traumatic brain injuries. Clinical services are available at most sites based on need.

**Eligibility:** Call for details

**Intake Procedure:** Call for application. The application will be mailed out with a list of support documentation needed. Once the paperwork is received, a committee process reviews the information submitted and a determination is made as to whether or not the applicant is appropriate for program admission.

**Documents:** Physician's statement, social security card, ISP addendum for day hab, advanced directives, notice of decision for MSC, insurance information, psychological evaluation, physical

documentation, neurological evaluation, Hepatitis B screen documentation, tetanus documentation, PPD, clinical screen, etc.

**Fees/Payment Source:** No cost, fixed cost. Medicaid, Medicare, private insurance. Donations accepted. Financial donations should be directed to: Linda Durocher in our Foundation Department: 518-944-2120. Product donations should be directed to the Purchasing Department: Debra Duclaw at 518-427-2219.

**Hours:** Mon.-Fri. 9am-3pm

### ***WHEELED MOBILITY EVALUATION, Evaluation for Assistive Technology***

**Objectives:** Programs that assess the current ability to function of people who have disabilities and prescribe or recommend the most appropriate assistive technology product to meet their individual needs including communication/learning aids, control and signaling aids, daily living aids, hearing augmentation aids, mobility aids, prosthetic/orthotic/seating devices, recreational aids, speech aids and/or visual/reading aids.

**Hours:** Mon.-Fri. 8am-4:30pm

### ***CENTER HEALTH CARE, General Medical Care \*Diseases/Disabilities***

**Objectives:** Center Health Care provides a variety of health and medical services for individuals with disabilities. Services include psychiatry, multiple sclerosis services, neurology, physical rehabilitation medicine, optometry, podiatry, primary care, assistive technology, counseling, physical therapy, speech therapy, and occupational therapy.

**Eligibility:** Individuals with special needs. Call for details.

**Intake Procedure:** Enrollment staff talk to potential patients to determine their need. Staff collect demographic, contact and insurance information and sometimes supporting documentation such as IEP's or recent medical records. Staff check the client's funding on the relevant insurance websites and request a referral be sent if it is an insurance requirement. An initial appointment with the provider is then scheduled. Call for an appointment and information.

**Documents:** Insurance referrals or prescriptions from the primary care physician if required by the patient's insurance company.

**Fees/Payment Source:** Costs vary. Medicaid, Medicare, private insurance, private pay.

**Hours:** Mon.-Fri. 8:30am-4:30pm

### ***NEUROLOGY, Neurology \* Adults***

**Objectives:** Board certified adult neurology services. Specialized Epilepsy Services offered for individuals struggling with poorly controlled seizures. Comprehensive Multiple Sclerosis Care Clinic. A team approach including neurological, physical therapy, occupational therapy, speech therapy, neuropsychology and social work services.

**Eligibility:** Call for details

**Hours:** Mon.-Fri. 8am-4:30pm

### ***OCCUPATIONAL THERAPY, Occupational Therapy***

**Objectives:** The Center for Disability Services offers occupational therapy for the disabled.

**Intake Procedure:** Call for information.

**Hours:** Mon.-Fri. 8am-4:30pm

### ***ORTHOTICS, Orthopedic/Orthotic Devices***

**Objectives:** The Center for Disability Services will fit people for orthopedic devices as needed.

**Hours:** Mon.-Fri. 8am-4:30pm

### ***PEDIATRIC NEUROLOGY, Pediatric Neurology***

**Objectives:** Board certified pediatric neurology services. Specialized Epilepsy Services offered for individuals struggling with poorly controlled seizures. Comprehensive Multiple Sclerosis Care Clinic. A team approach including neurological, physical therapy, occupational therapy, speech therapy, neuropsychology and social workservices.

**Hours:** 518-437-9963

### ***RESIDENTIAL SERVICES, Supported Living Services for Adults with Disabilities***

**Objectives:** The Center for Disability Services provides supported and supervised apartments for adolescents and adults with disabilities, as well as individual residential alternatives, and community residences.

**Eligibility:** Adolescents and adults with a developmental disability and an IQ testing score less than 70.

**Intake Procedure:** Apply via web/internet or via an authorized provider. Call for information and application. The Enrollment Department will send out an application and a list of paperwork requirements. Once the information is returned, the paperwork is submitted to an internal committee to determine eligibility. If deemed eligible to receive residential services, the potential resident will be notified and placed on a waiting list until an appropriate opening occurs.

**Documents:** Physician's statement, proof of residency. Completed application, current program plan, ISP or IEP, medical history/physical, neurological evaluation if applicable, psychological evaluation dated within 5 years of program entry, adaptive behavior scale, advanced directives, behavior plan, psycho-social evaluation, documentation validating age of onset of developmental disability, documentation verifying that applicant is current recipient of or eligible for SSI benefits, DDP-r form, NYS Cares priority form, hepatitis B screen, tetanus documentation within the past 10 years, and PPD within the past year.

### ***PROSPECT CHILD AND FAMILY CENTER; PROSPECT SCHOOL, Developmental Disabilities Day Habilitation Programs***

**Objectives:** The Prospect Child and Family Center offers services including education, rehabilitation and support services to children and adults with disabilities and their families. Services include advocacy and referral, evaluation, early intervention, preschool and school age education, diagnosis and treatment for health related issues, family support, respite, day habilitation, and residential and community educational services. These programs are an alternative to institutionalization and allow the individual to remain within their family neighborhood and community.

**Eligibility:** Residents of Warren, Washington and Saratoga Counties.

**Intake Procedure:** Call to apply, or for service, assistance or information. Appointment preferred.

**Documents:** Call for details

**Fees/Payment Source:** Medicare, Medicaid, and private insurance accepted. Monetary donations accepted.

**Hours:** Mon.-Fri. 8am-5pm

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### **THE CHARLTON SCHOOL**

**322 Lakehill Road, P.O. Box 47, Burnt Hills, NY 12027-0047**

**(518) 399-8182**

**(518) 399-8195 Fax**

### **Services:**

**Objectives:** The Charlton School provides therapeutic, residential educational and aftercare services to young women who have encountered significant problems in their lives, and their families.



Services include a 35-bed residential program, a NYSED approved school for grades 8-12, individual therapy, family therapy, group therapy, and therapeutic animal care.

**Eligibility:** Females age 13-18 years.

**Intake Procedure:** Call for information

**Hours:** 24 hours daily - 7 days per week.

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### **CLEARPOINT CREDIT COUNSELING SOLUTIONS**

**5794 Widewaters Parkway, Syracuse, NY 13214**

**(877) 877-1995 Service/Intake**

[www. Clearpointccs.org](http://www.Clearpointccs.org) [cccs@CreditHelpNY.org](mailto:cccs@CreditHelpNY.org)

*Public transportation accessible.*

#### **Services:**

***BANKRUPTCY COUNSELING, Bankruptcy Assistance***

**Objectives:** The consumer will be asked to provide information about income, household expenses and debts so a full budget analysis can be made. Alternatives to bankruptcy will be explained along with any options that may help the financial situation. A complete overview of the bankruptcy process including advantages and disadvantages of bankruptcy will be provided. Clients that complete this counseling will be issued a certificate, which is required for filing a bankruptcy.

**Eligibility:** No requirements

**Intake Procedure:** Call for an appointment with a Certified Credit Counselor, which is a 90-minute long session. If more time is needed, a second appointment can be scheduled for a later date.

**Documents:** Proof of income, driver's license, monthly living expenses, debt information (credit cards, loans, medical bills, statements/bills from creditors) and photo ID.

**Fees/Payment Source:** \$50 fee. Donations accepted.

**Hours:** Mon.-Thurs. 8 am-7 pm Fri. 8 am-5 pm Saturday appointments available

#### ***CREDIT REPORT REVIEW COUNSELING, Credit Counseling***

**Objectives:** Consumer Credit Counseling will help clients understand their credit report, explain their credit rights, show the client how to dispute errors and help develop a plan to improve the client's credit history.

**Intake Procedure:** Call for an appointment with a Certified Credit Counselor to review the credit report or reports. This is an hour-long session. If more time is needed, a second appointment can be scheduled.

**Documents:** Driver's license or other form of photo ID and a credit report dated within the last 30 days.

**Fees/Payment Source:** No cost. Donations accepted.

**Hours:** Mon.-Thurs. 8 am-7 pm Fri. 8 am-5 pm Saturday appointments available.

#### ***DEBT MANAGEMENT COUNSELING, Debt Consolidation Services***

**Objectives:** One of the options that clients may want to use to pay off their debts is the Debt Management Program (DMP). All major creditors participate in the Debt Management Program. Most will offer lower interest rates and an end to additional late and over-limit fees, so that clients are able to pay off their debts in a reasonable amount of time. If the client and counselor agree that the DMP is the best option, the client will make one monthly payment to CCCS that will be disbursed to their creditors. Most creditors will bring past due accounts current after they receive three consecutive payments through CCCS. There is a nominal servicing fee; 100% of payments are disbursed to their creditors.

**Eligibility:** No requirements

**Intake Procedure:** Call for an appointment with a Certified Credit Counselor. This is an hour-long session. If

more time is needed, a second appointment can be scheduled.

**Documents:** Proof of income, monthly living expenses, and debt information (credit cards, loans, medical bills, statements/bills from the creditor.)

***HUD APPROVED HOUSING COUNSELING, Homebuyer/Home Purchase Counseling***

**Objectives:** Certified housing counselors help clients understand the home-buying process and help them decide on a mortgage amount that is affordable without sacrificing their lifestyle. Fees may apply if a certificate for first-time homebuyer programs is needed. Housing counselors also help clients if they are having difficulty and have fallen behind on their mortgage, or their HUD assisted rent. We can help clients work with their lender or landlord to save the clients home from foreclosure or eviction from their apartment and help understand what their options are. If the client is a senior citizen who wants to stay in the home, but is finding it harder to afford repairs or taxes, reverse equity mortgage counselors can help clients understand reverse mortgages and how they can help.

**Eligibility:** No requirements

**Intake Procedure:** Call for an appointment with a Certified Housing Counselor. This is a one-to-two hour session. If more time is needed, a second appointment may be scheduled.

**Documents:** Proof of income, monthly living expenses, debt information (credit cards, loans, medical bills, statements/bills from creditors) and any documents relating to mortgage.

**Fees/Payment Source:** No cost. Donations accepted.

**Hours:** Mon.-Thurs. 8 am-7 pm Fri. 8 am-5 pm Saturday appointments available.

***BUDGET COUNSELING, Personal Finances/Budget Counseling***

**Objectives:** With a certified counselor, the client will review their income, expenses and debt, and create a plan to achieve their financial goals. The client will receive tips on managing their money, and their counselor will develop an Action Plan that will guide the client toward their goals, in a way that reflects their values and priorities.

**Eligibility:** No requirements

**Intake Procedure:** Call for appointment with a Certified Credit Counselor, which will be an hour-long session. If more time is needed, a second appointment would be scheduled for a later date.

**Documents:** Proof of income, monthly living expenses, and debt information.

**Fees/payment Source:** No cost. Donations accepted.

**Hours:** Mon.-Thurs. 8 am-7 pm Fri. 8 am-7 pm Saturday appointments available

**CLOVER PATCH SUMMER CAMP FOR PEOPLE WITH DISABILITIES, Therapeutic Camps**

**(518) 384-3081** off season

**(518) 399-4759** summer

**(518) 384-3001** Fax

[cloverpatchcamp@cdfsny.org](mailto:cloverpatchcamp@cdfsny.org)

[www.cloverpatchcamp.org](http://www.cloverpatchcamp.org)

[www.cfdsny.org](http://www.cfdsny.org)

Services: Overnight Camp

Clover Patch Camp is open to children and adults with developmental disabilities who seek an overnight camping experience. The program provides families and caregivers a period of reprieve while at the same time providing campers with a challenging, educational and fun outdoor living experience in a fully accessible, natural setting.

**Day Camp**

Clover Patch Camp offers a day camp experience to children who may not be ready for the

overnight experience or who have special twenty-four hour medical needs that would preclude them from an overnight stay. The day camp participants join in all the daily activities of the overnight campers, thus providing a well-rounded camp experience.

### **Camp Spectacular**

Camp SPECTACULAR is specialized program offering a traditional day camp experience for children with autism spectrum disorders including those with high functioning autism, Asperger's Syndrome, and PDD-NOS. Our unique camp has social workers, special education teachers and counselors ready to meet each camper's individual needs. The program provides campers with a challenging, educational and fun outdoor experience in a natural setting. As a team, staff work together to give their campers a week full of fun, laughter and new friends.

**Eligibility:** 5-100 years old, coed

**Intake Procedure:** Call for information

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### **COMMISSION ON ECONOMIC OPPORTUNITY FOR THE GREATER CAPITAL REGION (CEO)**

2331 Fifth Avenue, Troy, NY 12180

(518) 272-6012

(518) 272-0658 Fax

[www.ceo-cap.org](http://www.ceo-cap.org)

*Public transportation accessible.*

#### **Sites:**

#### **1. JOSEPH L BRUNO FAMILY RESOURCE CENTER 2. CEO-Foster Grandparent Program**

2330 5th Avenue, Troy, NY 12180 2328 5th Avenue, Troy, NY 12180

(518) 272-6012

(518) 272-1006

(518) 272-6020 Fax

[www.ceo-cap.org](http://www.ceo-cap.org)

[www.ceo-](http://www.ceo-cap.org/seniors/)

[cap.org/seniors/](http://www.ceo-cap.org/seniors/)

*Public transportation accessible.*

#### **Services:**

#### **FOSTER GRANDPARENT PROGRAM, Foster Grandparent Program**

**Objectives:** The program matches elderly with children in order to benefit both by training elderly in providing services to children (educational, social, emotional) and giving children the opportunity to work with the elderly.

**Services:** Placement of elderly with low income in educational setting providing educational services and social/emotional services to children, referral services, training services. Also, a tax free stipend with partial travel reimbursement; holiday and recognition parties.

**Eligibility:** Over age 55, income eligible, and means of transportation

**Intake Procedure:** Call (518) 272-1006 or [www.ceo-cap.org/seniors/](http://www.ceo-cap.org/seniors/); web: [community services/foster grandparents](http://communityservices/fostergrandparents)

**Hours:** Mon.-Fri. 8 am-4 pm,

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### **COMMUNITY HEALTH CENTER OF ST. MARY'S HEALTHCARE & NATHAN LITTAUER HOSPITAL**

2-8 West Main St. Johnstown, NY 12095

(518)762-8215

(518)762-6921 Fax

**Services:**

**Services Provided:** CHC offers a full range of in-home health care services. Competent, professional staff is dedicated to bring quality, compassionate, and patient-centered home health care to residents of Fulton, Montgomery, Hamilton, Herkimer, Saratoga, Schoharie, and Warren Counties.

**Objectives:** You can get a great sense of CHC's values as an agency by watching one of our caregivers enter a patient's home. There is always a polite knock at the door, then a smile, a warm greeting, and a respectful dialogue about how the resident is doing as a patient – and as a person. Our nurses, therapists, home health aides, housekeepers and other caregivers are first rate, and our entire business culture is focused on one simple thing: Patient Care.

**Target Population/Eligibility:** Through our Certified Home Health Agency (CHHA), CHC can help patients with more short-term needs. Registered Professional Nurse case managers directly supervise services provided and coordinate other services based on physician's orders, patient needs, and risk assessment. Services Provided: Nursing, Home Health Aide, Personal Care, Medical Social Services, Physical, Occupational, Respiratory Therapies, Speech and Language Pathology, Nutritional Services, Medical Supplies and Equipment.

**Intake Procedures:** A home care referral can be started as easily as calling CHC's Intake Department at **518-762-8215 Extension 1411**. A staff member of the intake team will be happy to answer all your questions. Our intake RN is available Monday thru Friday 8am to 4:30pm to accept referrals and answer any questions you might have

**Fees/Payment Source:** Medicare, Medicaid, Third Party Payor (Co-pay might apply), Self-pay

**Hours:** Office Hours are Monday- Friday 8am-4:30pm. RN and Supervisor available on call 24 hours a day, 7 days a week.

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**THE COMMUNITY HOSPICE**

295 Valley View Boulevard, Rensselaer, NY 12144

(518) 285-8150

(518) 724-0242 Service/Intake

(800) 678-0711 Toll Free

[www.communityhospice.org](http://www.communityhospice.org)

**Sites:**

**1. COMMUNITY HOSPICE OF SARATOGA**

179 Lawrence Street, Saratoga Springs, NY 12866

(518) 724-0242 Service/Intake

(518) 581-0800

(518) 581-9460 Fax

[www.communityhospice.org](http://www.communityhospice.org)

**Services:**

**GRIEF CENTERS, Bereavement Counseling, Bereavement Support Groups**

**Objectives:** Provides professional support, education, information and resources to bereaved in the community via support groups for adults, children and teens. Memorial services, referrals, community education counseling and community crisis intervention are also provided.

**Eligibility:** The bereaved in the community

**Intake Procedure:** Call for information

**Documents:** Proof of residency

**Fees/Payment Source:** Free of charge

**Hours:** Mon.-Fri. 8am-5pm, weekend and evening hours vary depending on program and site.

### ***HOSPICE CARE, Hospice Care***

**Objectives:** Services include nursing, social work, medical consultation, home health aides, volunteers, spiritual care, 24 hour on-call nursing, oxygen, medical equipment, prescription medicine, physical therapy, nutritional counseling, palliative home care program, respite care, bereavement care and counseling, bereavement support groups for adults, teens and children.

**Eligibility:** Call for information

**Intake Procedure:** Call for information

**Documents:** Call for details,

**Fees/Payment Source:** Medicaid, Medicare, most insurance and HMO's. Coverage for uninsured; no one is refused care because of inability to pay. Call for more information.

**Hours:** Mon.-Fri. 8am-5pm, on call 7 Days/24 Hours.

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### **COMMUNITY HUMAN SERVICES BURNT HILLS/BALLSTON LAKE**

543 Saratoga Road, Glenville, NY 12302

(518) 399-4624

(518) 399-8663 Fax

[www.chsny.org](http://www.chsny.org)

#### **Services:**

#### ***CARE LINKS COMMUNITY CAREGIVERS***

**Objectives:** The goal of this program is for volunteers to provide services to seniors in order to help them stay in their homes as long as possible. It provides free-of-charge friendly visiting, transportation, respite, shopping, errands, light housekeeping, handy-helping, telephone assurance, and information referral.

**Services:** Errand running/shopping assistance, friendly visiting, respite, home maintenance and minor repair services, homemaker assistance, senior ride programs, telephone reassurance.

**Eligibility:** Residents of Clifton Park, Halfmoon, Malta, Mechanicville aged 60 and over

**Intake Procedure:** Application Procedure, Telephone, Walk-in, email

**Fees/Payment Source:** None/Not applicable, Donations accepted

**Hours:** Office Hours 9 am-3 pm M-F, Service Hours: Sun - Sat no time limit

#### ***YOUTH EMPLOYMENT SERVICES, Job Training Formats \* High School Students Youth Job Development***

**Objectives:** The Youth Services Program provides employment skills development which includes how to write a resume, prepare for an interview, time management and conflict resolution. This program also includes a job match service that provides information about jobs available in the local community and support services for the students and adults who care for (and about) them.

**Eligibility:** High School students in the Burnt Hills-Ballston Lake High School

**Intake Procedure:** Application Procedure, Walk-in,

**Documents:** Proof of age,

**Fees/Payment Source:** None/Not applicable,

**Hours:** Mon.-Fri. 9 am-4 pm

#### ***YOUTH SERVICES***

**Objectives:** The Youth Services has a winter camp that is available to all students ages 6-9 years during the week of February break. Summer camp runs for 3 weeks of the summer and is available to

students ages 6-12 yearsold.  
**Eligibility:** 6-12 years of age  
**Intake Procedure:** Camp Application  
**Documents:** Application, Medical update  
**Fees/Payment Source:** Per week attending  
**Hours:** Ages 6-8: 9 am-12 pm, Ages 9-12 12:30pm-3:30 pm

***WELLNESS EXPRESS, Medical Transportation***

**Objectives:** The Wellness Services Program provides transportation to medical appointments for people living in the Village of Ballston Spa and the Towns of Ballston and Milton.  
**Eligibility:** People living in the Village of Ballston Spa and the Towns of Ballston, Milton, Charlton, Galway and Malta  
**Intake Procedure:** Application Procedure, Telephone, Appointment Only,  
**Documents:** Proof of residency,  
**Fees/Payment Source:** None/Not applicable  
**Hours:** Tues., Weds, Fri. 8 am-3 pm

***FAMILY SUPPORT SERVICES PROGRAM, Parenting/Family Support Groups \* Asperger's Syndrome Parenting/Family Support Groups \* Children and Youth with Emotional Disturbance Specialized Information and Referral \* Asperger's Syndrome Specialized Information and Referral \* Children and Youth with Emotional Disturbance***

**Objectives:** The Family Support Services Program provides a number of options for families with school aged children who have social or emotional challenges. Advocacy to help parents access, navigate, and learn about their child's rights relating to service providers, school systems, and the community. Support groups for parents of children with particular disabilities and general parenting groups are available. Information and referral to assist families in finding the appropriate help for their child as well as connecting the family to valuable resources in the community, proactive intervention to help parents develop skills to cope with challenging behaviors, and parent workshops are provided.  
**Eligibility:** Families with children age 5 to 21 who have special needs and reside in Saratoga County.  
**Intake Procedure:** The intake procedure starts when contact is made with the Program Coordinator by e-mail, phone, or regular mail. The Coordinator will schedule an initial meeting to determine if the program is appropriate.  
**Fees/Payment Source:** No cost  
**Hours:** Mon.-Fri. 7am-4pm  
WEEKLY GROUPS: Caretakers of children with Asperger's, ages 2-14:  
Second Tuesday of the month 7 pm - 8:30 pm Caretakers of children with Asperger's, ages 15+: First Monday of the month 7 pm- 8:30 pm  
Parents of children with any disability:  
First Thursday of the month 10 am-11:30 am - Child care available

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**COMMUNITY LOAN FUND OF THE CAPITAL REGION**  
255 Orange Street, Albany, NY 12210  
920 Albany Street, Schenectady 12307  
(518) 436-8586  
(518) 689-0086 Fax  
[www.mycommunityloanfund.org](http://www.mycommunityloanfund.org)

**Services:**

**Objectives:** The Community Loan Fund is a community based nonprofit financial institution that promotes sustainable community development efforts for economically under-served people and communities. Incorporated in 1985, we serve 11 counties, including Albany, Columbia, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schoharie, Schenectady, Warren & Washington.

**Services:** The Community Loan Fund provides access to affordable loans by pooling investments and donations from socially concerned individuals and organizations, and re-lending it to non-profit organizations for housing and community improvement, to start-up micro-enterprises and expanding small businesses for business development, and to individuals for home ownership and repair. In addition to our lending programs, we provide training and technical assistance, offering free one-on-one business counseling, workshops and legal clinics (with The Legal Project). We also offer an affordable 8 week business training class in partnership with the Huether School of Business at The College of Saint Rose. Finally, the Community Loan Fund offers socially concerned investors an opportunity to pool money with other community-minded individuals and organizations. Individuals and organizations can loan or donate money, providing the capital for the revolving loan fund. The Community Loan Fund has a 100% repayment rate to investors and a 29 year track record of accomplishments.

**Hours:** 8:30 am to 5:00 pm Monday through Friday

**Target Populations:** Women, minorities and/or people with low-income; inner-city neighborhoods and rural communities.

**Intake Procedure** Call us at (518) 436-8586.

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**COMMUNITY, WORK, AND INDEPENDENCE (CWI)**

**37 Everts Avenue, PO Box 303, Glens Falls, NY 12801 (518) 793-4700**

**(518) 748-0227 Emergency**

**(518) 793-6325 Fax**

**(518) 745-8084 Service/Intake**

[www.cwinc.org](http://www.cwinc.org)

[hr@cwinc.org](mailto:hr@cwinc.org)

*Public transportation accessible.*

**Services:**

***MEDICAID SERVICE COORDINATION, Case/Care Management \* Medicaid Recipients***

**Objectives:** Medicaid Service Coordination exists to assist individuals and their families through advocacy to negotiate access to county, state and federal programs. Medical Service Coordination will help families obtain Medicaid and/or Social Security as well as identify other appropriate supports and services.

**Eligibility:** All individuals declared eligible through OPWDD

**Intake Procedure:** Individuals must have OPWDD eligibility and Medicaid. In absence of OPWDD eligibility, the Director and the MSC can assist with facilitating getting the eligibility. The individual would also require Medicaid prior to the start of services. Referrals can come through phone call or email to the Director of MSC.

**Documents:** OPWDD Eligibility and Medicaid/Medicaid eligibility

**Fees/Payment Source:** Fixed Cost, Medicaid. Donations accepted.

**Hours:** Mon.-Fri. 8 am-4 pm

***CLINICAL SERVICES - FOOTHILLS CLINIC, Community Clinics \* Developmental Disabilities***



**Objectives:** The Foothills Clinic offers speech, occupational and physical therapy; rehabilitation counseling; and psychiatric and psychological services to the people with developmental disabilities.

Diagnostic evaluations include those specializing in Autism Spectrum.

**Eligibility:** Individuals with developmental disabilities age 5 and older.

**Intake Procedure:** A referral is required. Call for information.

**Documents:** Proof of eligibility for OPWDD services, insurance information (Medicaid, Medicare, private insurance), psychological assessment, and a physical and social development history.

**Fees/Payment Source:** Fixed cost. Medicaid, Medicare, private insurance accepted. County may pay for one-time assessments for the uninsured.

**Hours:** Mon.-Fri. 8 am-4:30 pm

### ***TRANSPORTATION, Disability Related Transportation***

**Objectives:** CWI's Transit Connection is a distinct transit business that provides fixed-route and demand-response transportation services and special charter trips to transit-disabled individuals traveling to destinations throughout Warren, Washington and northern Saratoga counties. Transit Connection also operates a large garage, specializing in DOT-approved inspections and repairs. Our maintenance staff provides in-house repairs to all CWI-owned vehicles, as well as fleet management and repair services to over 50 vehicles from other not-for-profit entities.

### ***IN-HOME COMMUNITY HABILITATION SERVICES, In Home Developmental Disabilities Habilitation Programs***

**Objectives:** In-Home Services are supports designed to assist a person with disabilities to learn the skills and get the necessary supports to pursue personal interests and aspirations. Community habilitation is usually provided where the individual lives and interacts in their community. Able to be self-directed to the individual and/or their family.

**Eligibility:** OPWDD eligible individuals enrolled in Medicaid Waiver.

**Fees/Payment Source:** None/Not applicable

### ***INDIVIDUAL SUPPORT SERVICES (ISS), Rent Payment Assistance \* Developmental Disabilities***

**Objectives:** Individual Support Services (ISS) offers financial rental assistance to individuals with disabilities as a support service for independent living.

**Eligibility:** Individuals declared eligible through OPWDD who live independently in the community (not with family.)

**Intake Procedure:** The Medicaid Service Coordinator completes the ISS packet and submits it to the local DDRO/OPWDD for approval. A referral is required. Call for information.

**Documents:** OPWDD eligibility and Medicaid

**Fees/Payment Source:** Fixed Cost, Medicaid

**Hours:** Mon.-Fri. 8 am-4 pm

### **ADDITIONAL CWI SERVICES:**

- **Transition Services** – Guiding individuals from adolescence to adulthood, CWI assists high school students with disabilities and their families to understand and explore realistic prospects for future employment, day program or residential services, vocational or volunteer training or further education. Services are contracted directly with school districts and are provided to individuals primarily in the school-based setting.
- **Consumer Directed Personal Assistance Program** - Offers a unique approach to empower individuals with differing abilities to customize the personal care services they need with their own personal assistants and to choose how and when care is provided. CWI acts as a guide and fiscal intermediary in conjunction with Warren, Washington and Essex County Departments of Social Services.
- **Day Service Programs** - Day programming nurtures independence, meaningful bonds, shared activity



and self-esteem, and integrates individuals with barriers into the community. CWI operates 21 community sites in Warren, Washington and Saratoga counties where well-matched people are assisted in basic-skills education, recreation and arts-based activities as well as aspects of employment proficiencies and life-enhancing skills. The Life Unlimited Program on the SUNY Adirondack campus supports people who are registered for college coursework.

- **Family Support Services** - Offering customized solutions as follows:
  - Help families access funding for services, supplies or equipment for a loved one with a disability and individual challenges.
  - Respite is a service offering participation in community activities and recreational programs for small groups.
  - Skill building groups.
  - Psychological service to address behavioral difficulties in the family home.
  
- **Respite Services** – This is a service provided to primary family caregivers of individuals with a developmental disability who reside at home. Respite provides relief for the family members while ensuring the individual’s needs are met. This service is available to be **self-directed** to the individual and/or their family.
  
- **Employment Services** - Employment services at CWI are designed to provide support and guidance from the beginning of the journey – career discovery – to job placement, often with on-going supports for the duration of employment. CWI partners with various state agencies and local businesses to provide services for individuals with a cross section of disabling conditions including:
  - ✓ **Pathway to Employment** – A short-term comprehensive career/vocational employment planning and support service to ready individuals to begin the process of obtaining competitive employment.
  
  - ✓ **Community-Based Prevocational Services** – A longer-term approach to assist individuals who are interested in obtaining competitive employment, but are not expected to be ready within the next year. Prevocational services are focused on the development of soft skills, understanding the employment relationship, exploring the individual’s strengths, areas of need and interests related to employment and local employment opportunities.
  
  - ✓ **Competitive Edge – Supported Employment** – A full-service employment program that matches individuals with jobs that are compatible with their skills, abilities and preferences. Staff assists individuals with career exploration, job exploration and the application and interviewing process. Following a job placement, Competitive Edge offers job coaching, employment counseling, soft-skills training and support, a safe forum for workplace concerns and guidance to manage employment benefits. Competitive Edge works to ensure satisfaction for both the individual and the employer with each job placement. Group employment options are also available through contracted work opportunities.

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**CONIFER PARK**  
79 Glenridge Road, Glenville, NY 12302  
(800) 989-6446  
(518) 399-6842 Fax  
(518) 399-6446  
Service/Intake (800) 926-

## 9433 Service/Intake

[www.coniferpark.com](http://www.coniferpark.com)

*Public transportation accessible.*

### Sites:

#### 1. CONIFER PARK

79 Glenridge Road, Glenville, NY 12302

(800) 989-6446

(518) 399-6842 Fax

(800) 926-9433 Service/Intake

(518) 399-6446 Service/Intake

[www.coniferpark.com](http://www.coniferpark.com)

*Public transportation accessible.*

#### 2. CONIFER PARK GLENS FALLS

55 Elm Street, Glens Falls, NY 12801

(518) 793-7273

*Public transportation accessible.*

### Services:

#### **DETOXIFICATION SERVICES, Alcohol Detoxification, Drug Detoxification**

**Objectives:** Conifer Park offers alcohol and drug detoxification services.

**Eligibility:** Call for details

**Intake Procedure:** Call for information

**Hours:** 24-hour services.

#### **OUTPATIENT SUBSTANCE ABUSE TREATMENT, Comprehensive Outpatient Substance Abuse Treatment**

**Objectives:** Conifer Park offers outpatient substance abuse treatment for adults and adolescents. Gender specific, early recovery, DWI offender, family, anger management, early intervention, and criminal justice programs are available.

**Eligibility:** Call for details

**Intake Procedure:** Call for information

**Hours:** 8am-8pm 7 days per week.

#### **INPATIENT REHABILITATION, Residential Substance Abuse Treatment Facilities**

**Objectives:** Conifer Park is a private inpatient rehabilitation program for adults and adolescents who suffer from alcohol and substance abuse. Detoxification services are also offered.

**Eligibility:** Call for details

**Intake Procedure:** Call for information

**Hours:** 8am-8pm 7 days per week.

### CONSUMER DIRECTED CHOICES

7 Washington Square, Albany, NY 12205

(518) 464-0810

(866) 335-7153 Toll Free

(518) 690-0481 Fax

[www.cdchoices.org](http://www.cdchoices.org)

### Services:

#### **CONSUMER DIRECTED PERSONAL ASSISTANCE PROGRAM (CDPAP)**

**Objectives:** Our mission is to provide and advance community based supports to promote self-determination for seniors and people with disabilities and their families. We do this by performing fiscal intermediary services for Consumers who use Consumer Directed Personal Assistance for their

home care needs. Our Consumers recruit hire, train, supervise and if necessary, terminate their home care workers. If you would like to try Consumer Direction, Contact your local county Department of Social Services or Managed Medicaid Long Term Care Plan

**Services Provided:** Consumer Directed Personal Assistance for seniors and people with disabilities that require long term care at home.

**Intake Procedure:** Contact DSS or Medicaid Managed Long Term Care Plan

**Target Population:** Medicaid eligible seniors and people with disabilities who require long term care

**Hours:** Office is open Monday – Friday 9:00 a.m. – 5:00 pm

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#### **CORINTH CENTRAL SCHOOL DISTRICT**

105 Oak Street, Corinth, NY 12822

(518)654-9005 - Main Office Phone**Services:**

**Objectives:** The Corinth Central School District educates students grades K through 12.

**Fees/Payment Source:** No Cost

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#### **CORNELL COOPERATIVE EXTENSION OF SARATOGA COUNTY**

50 West High Street, Ballston Spa, NY 12020

(518) 885-8995

(518) 885-9078 Fax

[Saratoga@cornell.edu](mailto:Saratoga@cornell.edu)

[www.ccesaratoga.org](http://www.ccesaratoga.org)

#### **Services:**

***HOUSING/FINANCIAL COUNSELING, Homebuyer/Home Purchase Counseling***

**Objectives:** Cornell Cooperative Extension assists individuals and families to achieve greater economic security through a number of programs. Programs range from one-on-one financial counseling utilizing trained volunteers to workshops and seminars conducted by staff and outside professionals. Seminars and classes address home buying, credit management, debt reduction, retirement planning, saving and investing. Services provided include reverse mortgage certification and education and first-time homebuyer classes.

**Eligibility:** No requirements

**Intake Procedure:** Call for information or apply via website.

**Hours:** Mon.-Fri. 8 am-5 pm

#### ***EAT SMART NEW YORK, Nutrition Education \* Food Stamp Recipients***

**Objectives:** The Eat Smart New York nutrition education program helps limited-income individuals and families to acquire the knowledge, skills, attitudes and changed behavior necessary to improve their diets and make the best use of available food dollars. Nutrition Program Educators work individually with families or in small group settings, providing a series of 6-8 nutrition lessons.

**Eligibility:** Food stamp recipients or eligible limited-income individuals and families

**Intake Procedure:** Call 518-885-8995 and ask for Mary Fairley or mail a referral form to her at Cornell Cooperative Extension.

**Hours:** Mon.-Fri. 8 am-5 pm

#### ***4-H YOUTH DEVELOPMENT, Youth Development***

**Objectives:** The 4-H Program is the youth development component of Cornell Cooperative Extension. There are formal programs for youth age 5-7 who are called Cloverbuds, and for youth 8-19 who

participate in community clubs. 4-H offers School Enrichment Programs in all public and private schools and out-of-school outreach efforts. Classroom teachers select from a variety of programs that support their classrooms teachings and help satisfy New York State curriculum learning standard requirements.

**Intake Procedure:** Call for information

**Fees/Payment Source:** 4-H School Outreach: Fixed Fee. 4-H Clubs: Membership Fee.

**Hours:** Mon.-Fri. 8 am-5 pm

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### **CORNELL COOPERATIVE EXTENSION OF WASHINGTON COUNTY**

**415 Lower Main Street, Hudson Falls NY 12839**

**(518) 746-2560**

**(518) 746-2419 Fax**

**Services:**

**EAT SMART NEW YORK, Nutrition Education**

**Objectives:** The Eat Smart New York is a Food stamp Nutrition Education Program that helps limited-income individuals and families to acquire the knowledge, skills, attitudes and changed behavior necessary to improve their diets and make the best use of available food dollars. Eat smart New York offers free sessions to help individuals and families improve their diet within the limits of a food budget. Nutrition Program Educators work individually with families or in small group settings, providing a series of 6 to 8 nutrition lessons.

**Eligibility:** Those currently receiving food stamps or eligible limited-income individuals and families, including seniors and pregnant and parenting teens.

**Hours:** 8:00 a.m. – 4:30 p.m. Monday – Friday

**4-H YOUTH DEVELOPMENT, Youth Development**

**Objectives:** The 4-H program is the youth development component of Cornell Cooperative Extension.

There are formal programs for youth age 5-7 that are called Cloverbuds, and for youth age 8-19 who participate in community clubs.

**Eligibility:** Ages 5 - 19

**Intake Procedure:** Call for information

**Fees/Payment Source:** Membership fee.

**Hours:** Mon - Fri 8 am - 4:30 pm

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### **COUNCIL FOR PREVENTION OF ALCOHOL AND SUBSTANCE ABUSE INC.**

**10 La Crosse St., Hudson Falls NY**

**12839 (518) 746-1527**

**(518) 746-1779 Fax**

[www.councilforprevention.org](http://www.councilforprevention.org)

**Services:**

**SUBSTANCE ABUSE EDUCATION/PREVENTION/GAMBLING ADDICTION PREVENTION**

**Objectives:** The Council offers substance abuse prevention education for alcohol and drugs and also offers compulsive gambling prevention education.

**Services Provided:** Education and Community Mobilization

**Intake Procedure:** Call, walk-in or check website for information

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**DAUGHTERS OF SARAH SENIOR COMMUNITY**  
180 Washington Avenue Extension, Albany, NY 12203  
(518) 724-3380 Director of Communications  
(518) 456-7831  
(518) 456-7597 Fax  
[www.daughtersofsarah.org](http://www.daughtersofsarah.org)  
*Public transportation accessible.*

**Sites:**

**1. MASSRY RESIDENCE AT DAUGHTERS OF SARAH** 182 Washington Avenue, Albany, NY 12203  
(518) 456-7831  
(518) 689-0454 Fax  
(518) 724-3400  
Service/Intake  
[www.massryresidence.org](http://www.massryresidence.org)  
[info@daughtersofsarao.org](mailto:info@daughtersofsarao.org)  
*Public transportation accessible.*

**Services:**

**MASSRY RESIDENCE, Assisted Living Facilities**

**Objectives:** The Massry Residence is a two-story assisted living facility with 56 apartments that can accommodate 70 individuals. On-site health professionals, elevators, three kosher meals per day; transportation to scheduled medical appointments, assistance with activities of daily living (ADLS), laundry, housekeeping, and scheduled activities are offered. These are apartments with walk-in closets and kitchenettes that include full-size refrigerators and microwave ovens.

**Intake Procedure:** Call for information

**Fees/Payment Source:** Private pay, long-term care insurance.

**Hours:** 24 hours a day, 7 days a week.

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**ECS PSYCHOLOGICAL SERVICES, P.C.**  
210 CHURCH ST., SARATOGA SPRINGS, NY 12866  
(518) 580-0520 ext. 101  
(518) 580-9975 Fax

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**EARLY CHILDHOOD EDUCATION CENTER**  
230 Washington Avenue Extension, Albany, NY 12205  
(518) 456-3268  
(518) 464-1469 Fax  
(518) 426-7181 Ext. 315 Service/Intake  
Capital District Child Care Coordinating Council  
[www.earlychildhoodeducationcenter.org](http://www.earlychildhoodeducationcenter.org)  
[eachedctr@aol.com](mailto:eachedctr@aol.com)

**Services:**

**EARLY CHILDHOOD EDUCATION CENTER, Preschools \* Children and Youth with Disabilities**

**Objectives:** ECEC is a preschool for children with disabilities serving children and their families throughout the capital region. All sites have access to a large gym and/or gross motor area, an adapted playground and outdoor play areas. Early intervention services, multidisciplinary evaluations, supplemental evaluations and family support services are provided along with an itinerant special education teacher and both integrated and self-contained classrooms. Related services, such as occupational therapy, physical therapy, and counseling may be provided in the child's home or child care location.

**Eligibility:** Any child with a disability from birth to age 5.

**Intake Procedure:** Professional referral required from school districts or County Department of Health

**Fees:** No cost.

**Hours:** 8:00 a.m. - 4:00 p.m.

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**EDDY DAYBREAK ADULT DAY SERVICES**

2256 Burdett Avenue, Troy, NY 12180

Multiple Sites: Clifton Park, Cohoes, Troy, Rensselaer, Queensbury

(518) 729-6523

(518) 271-5906 Fax

[www.nehealth.com/daybreak](http://www.nehealth.com/daybreak)

**Services:**

**Objectives:** Eddy DayBreak offers a stimulating and enriching program for adults living at home who due to illness, injury or age need a safe and secure daytime environment. DayBreak gives family caregivers the chance to fulfill work and personal obligations, or just have some time off from the demands of caregiving.

**Services Provided:** Skilled nursing, hot lunch, rehab therapies, lab services, podiatry services, social work services, hairdresser services, preventative medical care, supervision, socialization, educational & recreational activities, assistance with personal care, referral support

**Target Population/Eligibility:** Adults/Seniors

**Intake Procedures:** Call for information

**Fees/Payment Source:** Medicaid, Private Pay, some Long Term Health Care Insurance, Medicaid waiver, certain MLTCs, certain MMCs

**Hours:** Hours vary by site, all Monday through Friday

**THE EDDY VISITING NURSE ASSOCIATION**

433 River Street, Suite 3000, Troy, NY 12180

(518) 270-1347

(518) 274-2908 Fax

[www.nehealth.com/home\\_care](http://www.nehealth.com/home_care)

**Services:**

**Objectives:** Eddy Visiting Nurse Association provides comprehensive healthcare services to help individuals remain independent and in their own homes.

**Services:** visiting nurses, physical, occupational and speech therapists, certified home health aides and personal care aides, medical social workers, nutritionists. Our specialty nursing programs include wound care, home infusion therapy and care for individuals with HIV/AIDS. We are proud to offer anodyne therapy for the treatment of peripheral neuropathy, lymphedema and

non-healing wounds, as well as state-of-the-art tele-homecare technology.  
**Hours:** 24 hours – 7 days a week.  
**Eligibility:** Medicare, Medicaid, Private Pay, Commercial Insurance, Sliding Scale and Charity Care.  
**Intake Procedure:** Call 274-6200 or 800-606-1436

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**ELDER NETWORK OF THE CAPITAL REGION**  
**University at Albany—Richardson Hall Room**  
**321 Albany NY 12222**  
**(518) 596-8787**

**Services:**

**Objectives:** To build an aging-prepared community throughout the Capital Region and reduce costly nursing home and hospitalization admissions among elders.

**Services:** Information, training, technical, assistance, community outreach and organized collaborations.

**Hours:** 9:00am—5:00pm

**Intake Procedure:** Non-service Provider

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[WWW.ELDERNETWORKNY.ORG](http://WWW.ELDERNETWORKNY.ORG)  
**137 Western Ave, Albany NY 12222**  
**(518) 591-8704**  
**(518) 442-5380 Fax**

**Services:**

**Objectives:** To inform seniors, people with disabilities, families, caregivers, and care managers about the array of community services, providers and resources in New York’s Capital Region counties of Albany, Rensselaer, Saratoga, and Schenectady.

**Services:** A web-based information service with; a searchable database to help service users and providers connect; a topical library to “Learn About” subjects important to you; community events calendar, discussion forums, chats; electronic service applications are in development.

**Hours:** 24 hour web information service.

**Eligibility:** Available to all on the web.

**Intake Procedure:** E-mail: [pmaxon@uamail.albany.edu](mailto:pmaxon@uamail.albany.edu)

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**ELDERCARE RESOURCES CAPITAL**  
**REGION PO BOX 185, Troy, NY 12182**  
**(518)763-6012**

[www.ECRcapitalRegion.com](http://www.ECRcapitalRegion.com)

**Services:**

**Objectives:** Serves seniors and caregivers in nine counties throughout the Capital Region. Local services and programs are listed for each individual county. Website visitors can find hundreds of informative articles, watch videos, download helpful guides, check for Medicare alerts. Learn from national and local experts, read interesting blogs and connect with local providers of products & services for senior, their families and caregivers. A web-based information services with 24- hour services is available to all on the web.

**Services:** Serve seniors and caregivers in nine counties through the Capital Region.

**Hours:** 24 hours -7 days a week

**Eligibility:** Seniors/Caregivers/Available to all  
**Intake Procedure:**  
info@ECRCapitalRegion.com

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#### **EMPIRE BLUE CROSS**

**11 Corporate Woods Blvd., Loudonville, NY 12211**

**(518) 817-6145**

**(518) 432-1862 Fax**

**Services:**

**Objectives:** Educate Medicare eligible and disabled individuals about their health insurance options and explain the prescription drug coverage known as Medicare Part D.

**Services:** Education, Information, Seminars, and Home visits all in an effort to thoroughly explain health insurance and Medicare Part D to Medicare beneficiary, dual eligible (Medicare and Medicaid) and to people who are under age 65 looking for health insurance options. Also, Empire Blue Cross servers as the administrator for all Medicare advantage plan benefits provided.

**Hours:** Empire Member Services 1-800-499-9554 Monday-Friday 8 AM—5 PM

**Eligibility:** Reside in one of the 28 counties we serve in New York and have Medicare Part A & B

**Intake Procedure:** Call Sonya Chandler at (518)-817-6145

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#### **EMPIRE STATE COLLEGE**

**3 Union Avenue, Saratoga Springs, NY 12866 (518) 587-2100 Ext. 404**

**(518) 587-5404 Fax**

**Services:**

**Objectives:** To increase competence of participants so they can effectively compete in the labor market. This is accomplished by:

1. Raising reading, writing, and math levels so that each student passes the GED exam
2. Learning work maturity skills
3. Getting practical hands-on work experience.

**Services Provided:** Small, informal, self-paced classes for GED study and job readiness skills training and subsidized work experience.

**Hours:** 9:00 a.m. – 5:00 p.m.

**Target Population:** Adolescent high school dropouts.

**Eligibility:** 16-21 years old, low-income Saratoga County residents who have not completed school.

**Intake Procedure:** Call JPTA office, 885-8991

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#### **EPIC - NYS SENIOR PRESCRIPTION**

**PLAN PO Box 15018, Albany, NY**

**15018**

**(518) 220-3830**

**(518) 220-3830 Fax**

**Services:**

**Objectives:** EPIC is a free New York State program that helps more than 280,000 income-eligible seniors aged 65 and older to supplement their out-of-pocket Medicare Part D drug plan costs. Seniors can apply for EPIC at any time of the year and must be enrolled or eligible to be enrolled in a Medicare Part D drug plan to receive EPIC benefits and maintain coverage. EPIC



helps pay the Medicare Part D drug plan premiums for low to moderate income members. EPIC also provides supplementary drug coverage for Part D covered drugs and Part D excluded drugs purchased while in the Medicare Part D coverage gap.

**Eligibility:** Must be a New York State resident age 65 or older, have an annual income below \$35,000 if single or \$50,000 if married be enrolled or eligible to be enrolled in a Medicare Part D plan (no exceptions), and not be receiving full Medicaid benefits.

**Intake Procedure:** Complete the application and mail or Fax it to EPIC.

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### **EPILEPSY FOUNDATION OF NORTHEASTERN NEWYORK**

**3 Washington Square, Albany, NY 12205**

**(518) 456-7501**

**(518) 452-1282 Fax**

**(800) 894-3223 Toll Free**

[www.epilepsyfoundation.org](http://www.epilepsyfoundation.org)

#### **Services:**

***EDUCATIONAL PROGRAMS, Disease/Disability Information \*Epilepsy***

**Objectives:** Educational programs are available for students, school employees and community groups. The purpose is to provide seizure recognition and information about appropriate first aid and information in order to foster acceptance of those living with the disorder.

**Eligibility:** Individuals with DD and epilepsy

**Intake Procedure:** Call foundation at 518-456-7501. Epilepsy must be part of the diagnosis.

**Fees/Payment Source:** Medicaid/Grants. Donations

**Hours:** Monday – Friday 8:30 a.m. – 4:00 p.m.

#### ***INFORMATION AND REFERRAL, Specialized Information and Referral \*Epilepsy***

**Objectives:** The Epilepsy Foundation provides accessible and current information about epilepsy/seizure disorders to individuals, parents, family members, friends and members of the community. We also provide referrals to physicians, medical centers, legal counsels and community resources.

**Eligibility:** Individuals with DD and epilepsy.

**Intake Procedure:** Call for information or walk-in Fees/Payment Source: No cost. Donations accepted.

**Hours:** Monday – Friday 8:30 a.m. – 4:00 p.m.

### **EXPERIENCE WORKS**

**175 Central Avenue Albany, NY 12205**

**(518) 462-7600 ext. 155**

**(607) 756-2211 Fax**

[www.experienceworks.org](http://www.experienceworks.org)

*Public transportation accessible.*

#### **Services:**

**Employment & training assistance for low-income residents age 55+**

Serving Saratoga, Schenectady, Albany and Greene Counties

**Objectives:** Experience Works offers employment and training for low-income unemployed or underemployed people age 55 and older. Experience Works improves the lives of older workers through training, community service, and employment. Eligible participants are matched with a community service training assignment, for approximately 18 hours per week for which they will be paid a subsidized training wage. Participants age 50 to 62 may also qualify for training funding for courses, college, certifications, and licenses.

**Eligibility:** Unemployed, low-income, 55+  
**Intake Procedure:** Application  
**Documents:** Multiple.  
**Fees/Payment Source:** USDOL  
**Hours:** Mon.-Fri. 8:30am-5pm

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**FAMILY AND CHILDREN'S SERVICE OF THE CAPITAL REGION**

650 Warren Street, Albany, NY 12208

(518) 694-8900 2-1-1 Administrative

(518) 462-6531

(518) 393-5775

(571) 447-6632

Call 2-1-1 Service/Intake - 2-1-1

(518) 689-4673 Service/Intake

Contact Lifeline (518) 689- HOPE

(518) 462-0181 Fax

[www.fcscapitalregion.org](http://www.fcscapitalregion.org) Public

transportation accessible.

**Sites:**

**1. FAMILY AND CHILDREN'S SERVICE OF THE CAPITAL REGION**

650 Warren Street, Albany, NY 12208

(518) 694-8900 2-1-1 Administrative

(518) 462-6531

(518) 689-4673

Service/Intake Contact

Lifeline (518) 689-HOPE (518)

462-0181 Fax

[www.fcscapitalregion.org](http://www.fcscapitalregion.org)

Public transportation accessible.

**2. FAMILY AND CHILDREN'S SERVICE OF THE CAPITAL REGION - CLIFTON PARK OFFICE**

100 Sitterly Road, Clifton Park, NY 12065

(518) 688-2673 Secondary line - Not for Client use

(518) 462-6531

(518) 383-2241 Fax

[www.fcscapitalregion.org](http://www.fcscapitalregion.org)

**3. FAMILY AND CHILDREN'S SERVICE OF THE CAPITAL REGION - SARATOGA OFFICE**

178 Elm Street, Saratoga Springs, NY 12866

(518) 462-6531

(518) 450-0265

(518) 450-0268 Fax

[www.fcscapitalregion.org](http://www.fcscapitalregion.org)

**Services:**

**Objectives:** Family and Children's Service of the Capital Region is the oldest counseling and family service not-for-profit in the country. Today, the organization provides thousands of families and individuals with the counseling, programs, and information resources they need to maintain satisfying and healthy lives. Currently, we have a strong focus on disaster survivors in New York State.

**Services:** Capital EAP, Capital Counseling, Center for Problem Gambling, Disaster Case Management, Contact Lifeline, SSTARS.  
**Eligibility:** Program specific.  
**Hours:** 9 AM to 5 PM, but varies by program.

**Services:**

**2-1-1 NORTHEAST REGION NEW YORK, Comprehensive Information and Referral**

**Objectives:** The United Way 2-1-1 Northeast Region is a free confidential information and referral line dedicated to providing health and human service information to any individual in Albany, Columbia, Fulton, Greene, Hamilton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Washington and Warren Counties.

**Intake Procedure:** Call for information

**Fees/Payment Source:** No cost

**Hours:** Mon.-Fri. 9am-5pm

**THE RIGHT WAY, Driving Safety Education, Substance Abuse Screening**

**Objectives:** The Right Way program provides drug and alcohol assessments when the Department of Transportation (D.O.T.) Drug and Alcohol Regulations are violated. In addition, a Qualified Substance Abuse Professional (SAP) conducts Reasonable Suspicion Training for supervisors. D.O.T. consultations are available upon request. The Right Way is available to non-D.O.T. companies to meet their drug and alcohol policy needs.

**Eligibility:** Call for details

**Intake Procedure:** Call for appointment.

**Fees/Payment Source:** Cash, cashier's check, or money order. Payment is due one week before scheduled appointment.

**Hours:** Mon.-Fri. 9am-5pm

**EMPLOYEE ASSISTANCE PROGRAMS (EAP), Employee Assistance Programs**

**Objectives:** Employee Assistance Programs provide education, counseling, and support to employees of contract companies and their immediate family. These services are designed to assess individual and family concerns, emotional needs, addiction issues, financial, and legal concerns and direct employees to appropriate care providers. Often, brief therapy is included as a component of these services.

**Eligibility:** Recipients of EAP services must be employees or family members of employees of contract companies and organizations.

**Intake Procedure:** Appointment only. Call for appointment.

**Fees/Payment Source:** No cost.

**Hours:** Mon.-Thurs 9am-9pm Fri. 9am-5pm,

**THE CENTER FOR PROBLEM GAMBLING**

**Objectives:** The Center for Problem Gambling provides specialized counseling treatment to problem gamblers and their family members through individual, group, family and marital counseling. The Center for Problem Gambling also provides community presentations to increase awareness about the problems of compulsive gambling.

**Eligibility:** Participants need to meet the criteria for problem gambling or to be at risk of problem gambling as determined through assessment and screening tools.

**Intake Procedure:** Call for appointment.

**Fees/Payment Source:** Sliding fee scale, insurance, cash, check

**Hours:** Mon., Wed. Fri. 9am-5pm Tues. and Thurs. 9am-7pm,  
Saratoga Location: Mon and Fri 9am - 5pm

**FAMILY COUNSELING, General Counseling Services**

**Objectives:** Family Counseling counselors help people with such concerns as depression, anxiety, too much anger, relationship difficulties, parenting challenges, drug use and more.

**Intake Procedure:** Call for appointment.

**Fees/Payment Source:** Private insurance, public insurance, Medicare or private pay.

**Hours:** Mon.-Thurs. 9am-9pm Fri. 9am-5pm

**CONTACT LIFELINE, General Crisis Intervention Hotlines, Suicide Prevention Hotlines**

**Objectives:** Contact Lifeline aims to reduce the risk of suicide in the Capital District through services that offer emotional support to those in crisis. A crisis helpline is available at 689-4673, from 9 a.m. to 10 p.m. daily for anyone who is in crisis or needs to talk. In addition, Contact Lifeline offers an annual Hope and Remembrance Ceremony for Suicide Survivors.

**Hours:** 9am-10pm seven days a week

**FAMILY SERVICE ASSOCIATION OF GLENS**

**FALLS 150 WARREN ST, GLENS FALLS, NY**

**12801**

**(518) 793-0797**

**(518) 793-4203 Fax**

[www.fsaglensfalls.org](http://www.fsaglensfalls.org)

[150warren@albany.twcbc.com](mailto:150warren@albany.twcbc.com)

**Services:** Crisis intervention and prevention, providing services for homelessness, food insecurity, transportation, medical and RX assistance.

**Eligibility:** Low resource children, families and individuals.

**Hours:** 9 AM to 5 PM, but varies by program.

**Intake Procedure:** Interview with documentation to support need.

**Fees/Payment:** N/A

**Hours:** Monday – Friday 8:30 am – 4:30 pm, Food Pantry Monday – Thursday 9:00 a, - 3:00pm

---

**FIDELIS CARE**

**8 Southwoods Boulevard, Albany, NY 12211**

**(518) 427-0481**

**(518) 427-9584 Fax**

[www.fideliscare.org](http://www.fideliscare.org)

[chays@fideliscare.o](mailto:chays@fideliscare.org)

[rg](http://www.fideliscare.org)

**Services**

**FIDELIS CARE, Adult State/Local Health Insurance Programs, Children's State/Local Health Insurance Programs, CHIP Programs, Medicaid Applications, Medicare Information/Counseling**

**Objectives:** Fidelis Care provides free and low-cost health insurance to New York State residents through Child Health Plus, Family Health Plus, Medicaid and Medicare. Fidelis Care provides facilitated enrollment services to remove the barriers to obtaining health insurance.

**Eligibility:** The uninsured. Call for details.

**Intake Procedure:** Call for information, apply via internet, or send in a Fax referral form. Once Fidelis receives the Fax referral form a marketing representative will contact the client. In

Schenectady, there are two representatives who will go to a person's home to assist with the application process. They are: Mary 518-878-0162 and Viola 518-210-7386.

**Documents:** Proof of income, birth certificate, proof of age, and proof of residency.

**Fees/Payment Source:** No cost.

**Hours:** Mon.-Fri. 8:30am-5pm., After-hours appointments arranged as needed.

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#### **FITNESS PROFESSIONALS ON DEMAND**

7 Locust Lane, Clifton Park, NY

12065 (518) 505-2669

[www.fitnessprofessionalsondemand.com](http://www.fitnessprofessionalsondemand.com)

[m.cox@nycap.rr.com](mailto:m.cox@nycap.rr.com)

#### **Services**

***Fitness, Weight Management, Wellness, Stress Management***

**Fees/Payment Source:** Varies for different classes.

**Hours:** Call for class schedules.

#### **FORT HUDSON HOME & COMMUNITY SERVICES**

319 Broadway, Fort Edward, NY 12828

Service/Intake (518) 747-9019

(518) 681-3071 Fax

[www.forthudson.com](http://www.forthudson.com)

[info@forthudson.com](mailto:info@forthudson.com)

*Public transportation accessible.*

#### **Sites**

##### **1. FORT HUDSON HEALTH SYSTEM**

319 Broadway, Fort Edward, NY 12828

(518) 747-2811

(518) 681-3071 Fax

(518) 747-9019

Service/Intake

[www.forthudson.com](http://www.forthudson.com)

[info@forthudson.com](mailto:info@forthudson.com)

*Public transportation accessible.*

##### **2. THE OAKS AT FORT HUDSON**

325 Broadway, Fort Edward, NY 12828

(518) 747-2800

Service/Intake

[www.forthudson.com](http://www.forthudson.com)

[info@forthudson.com](mailto:info@forthudson.com)

*Public transportation accessible.*

#### **Services**

***ADULT DAY CARE PROGRAM, Adult Day Health Programs***

**Objectives:** Fort Hudson Adult Day Care Program is a medical day care program for adults.

**ELIGIBILITY:** adults age 18 and over, primarily seniors **INTAKE**

**PROCEDURE:** Application Procedure **DOCUMENTS:** Physician order required, PRI application

**Fees/Payment Source:** Fixed Cost, Insurance, Cash, check

**Hours:** Mon.-Fri. 8am-4pm, Monday-Friday full day program for individuals requiring supervision, medical treatment or monitoring, safety, etc.

***FORT HUDSON HOME CARE, Case/Care Management \* Older Adults***

**Objectives:** Fort Hudson provides case management, comprehensive assessment and care referral services.

**Eligibility:** Open to all adults

**Intake Procedure:** Call for information or walk in.

**Fees/Payment Source:** Cash, check

**Hours:** Mon.-Fri. 8am-4pm

***FORT HUDSON COMMUNITY COMPANIONS, Friendly Visiting, Personal Care***

**Objectives:** Fort Hudson Community Companions is a non-medical companion service for individuals in the community requiring or requesting a continuous or intermittent companion for safety, socialization, etc. Services include transportation, meal preparation, shopping, medication reminders, etc.

**Eligibility:** Open to all adults

**Intake Procedure:** Call for

application **Documents:** Contract

**Fees/Payment Source:** Cash, check, insurance, or reimbursement through the Office for Aging

**Hours:** Mon.-Fri. 8am-4pm

***RETIREMENT LIVING, Independent Living Communities/Complexes for Older Adults***

**Objectives:** The Oaks at Fort Hudson are market rate rental apartments with secured entry. This is a senior only complex. There are 1 and 2 bedroom units, all ground level and ADA compliant. There is an on-site housing manager, a la carte services including meals, housekeeping, maintenance, transportation, etc.

**Eligibility:** 65 years and older

**Intake Procedure:** Contact program director for tour, 12 month lease required.

**Documents:** Proof of age

**Fees/Payment Source:** Fixed Cost

**Hours:** Mon.-Fri. 8am-4pm

***THE REHABILITATION CENTER AT FORT HUDSON, Inpatient Rehabilitation***

**Objectives:** The Rehabilitation Center at Fort Hudson offers short term rehabilitation, including physical, occupational and speech therapy.

**Eligibility:** adults age 18 and over, primarily seniors

**Intake Procedure:** Application Procedure

**Documents:** PRI, application

**Fees/Payment Source:** Vary, Medicaid, Medicare, Cash, check, Private Insurance

**Hours:** Mon.-Fri. 8am-4pm

***FORT HUDSON DEMENTIA CARE PROGRAM, Special Care Inpatient Units \* Alzheimer's Disease***

**Objectives:** The Fort Hudson Dementia Care Program provides in-patient specialized dementia/Alzheimer's care units.

**Eligibility:** adults age 18 and over, primarily seniors

**Intake Procedure:** Application Procedure

**Documents:** Physician order required, RPI application

**Hours:** Mon.-Fri. 8am-4pm

**FOUR WINDS HOSPITAL SARATOGA**

**30 Crescent Avenue, Saratoga Springs, NY 12866**

**(518) 584-3600**

(518) 583-2265 Fax

(800) 959-1287 Service/Intake

[www.fourwindshospital.com](http://www.fourwindshospital.com)

**Services:**

**ADOLESCENT INPATIENT TREATMENT SERVICES, Adolescent Psychiatric Inpatient Treatment Services**

**Objectives:** Adolescents are served in three individual home-like cottages. Treatment integrates individual, group, and family therapy with a full complement of educational, expressive, and recreational therapies. Services are provided in collaboration with schools, referring clinicians, agencies, and families.

**Eligibility:** Patients must have a psychiatric diagnosis and be in need of an acute care hospitalization.

**Intake Procedure:** Appointment only. Call for appointment.

**Fees/Payment Source:** Medicaid, Medicare, cash, credit cards, private insurance, personal check

**Hours:** 24 hours a day, 7 days a week.

**ADULT INPATIENT TREATMENT SERVICES, Adult Psychiatric Inpatient Units**

**Objectives:** This program provides medically supervised comprehensive evaluations, acute treatment, and rapid stabilization in an intensive milieu for individuals 18 years and older. Services are provided in collaboration with referring clinicians, agencies, and families in two individual home-like cottages.

**Eligibility:** Patients must have a psychiatric diagnosis and be in need of an acute care hospitalization.

**Intake Procedure:** Call for appointment.

**Fees/Payment Source:** Medicaid, Medicare, Cash, Credit cards, Private insurance

**Hours:** 24 Hours. 7 Days.

**CHILD INPATIENT TREATMENT SERVICES, Children's Psychiatric Inpatient Units**

**Objectives:** This program serves children in three individual home-like cottages. Treatment integrates individual, group, and family therapy with a full complement of educational, expressive, and recreational therapies. Services are provided in collaboration with schools, referring clinicians, agencies and families.

**Eligibility:** Patients must have a psychiatric diagnosis and be in need of an acute care hospitalization.

**Intake Procedure:** Call for appointment.

**Fees/Payment Source:** Medicaid, Medicare, private insurance, private pay.

**Hours:** 24 hours a day, 7 days a week.

**ADOLESCENT AFTER-SCHOOL INTENSIVE, OUTPATIENT PROGRAM (AIOP)**

**Psychiatric Day Treatment \*Adolescents**

**Objectives:** AIOP is a short-term intensive, medically supervised outpatient treatment program for adolescents ages 13 through 17. The AIOP operates 3 days a week. The program can be an appropriate alternative to inpatient treatment or can provide a transition from inpatient care to outpatient care.

**Eligibility:** Adolescents who exhibit psychiatric symptoms of sufficient severity to bring about significant impairment in day-to-day educational, social, and interpersonal functioning.

**Intake Procedure:** Call for appointment.

**Fees/Payment Source:** Medicare, private insurance, private pay.

**Hours:** Mon, Tues, Thurs. 4 pm-7 pm

**ADULT INTENSIVE OUTPATIENT PROGRAM (IOP), Psychiatric Day Treatment \*Adults**

**Objectives:** IOP is a short-term intensive, medically supervised outpatient treatment program for adults 18 years of age and older. The IOP operates five days a week. Most participants attend on a 3-4 visits per week basis. A morning group schedule is available for those individuals who are unable to attend an afternoon schedule.

**Eligibility:** Adults who need a brief, comprehensive reassessment of their outpatient treatment, including a possible change in their medication regimen will find this program beneficial. Substance

abuse issues are also addressed in this program. IOP provides opportunity for more intensive treatment than can be provided in a traditional setting.

**Intake Procedure:** Appointment only. Call for appointment.

**Fees/Payment Source:** Medicare, private insurance, private

pay. **Hours:** Mon.-Fri. 12 noon-5 pm

### **ADULT PARTIAL HOSPITAL PROGRAM (PHP), Transitional Mental Health Services \* Adults**

**Objectives:** This program offers a short term, intensive alternative to inpatient care providing a flexible program for patients 18 years and older. This medically managed program features individual case management, group and family psychotherapy, medication education and therapeutic activities addressing four major areas: psychological, psychopharmacological, psychosocial, and vocational. The PHP can be an appropriate alternative to inpatient treatment, but can also be a benefit to patients transitioning from inpatient to outpatient care.

**Eligibility:** This program is for adults who need a brief, comprehensive reassessment of their outpatient treatment, and/or who are in need of increased structure and support including a possible change in their medication regimen.

**Intake Procedure:** Call for appointment.

**Fees/Payment Source:** Medicaid, Medicare, private insurance, private pay.

**Hours:** Mon.-Fri. 9 am-5 pm

**FRANKLIN COMMUNITY CENTER**  
10 Franklin Street, Saratoga Springs, NY  
12866 (518) 587-9826  
(518) 587-5293 Fax  
[www.franklincommunitycenter.org](http://www.franklincommunitycenter.org)  
[info@franklincommunitycenter.org](mailto:info@franklincommunitycenter.org)

*Public transportation accessible.*

#### **Sites:**

**1. FRANKLIN COMMUNITY CENTER**  
10 Franklin Street, Saratoga Springs, NY  
12866 (518) 587-9826  
(518) 587-5293 Fax  
[www.franklincommunitycenter.org](http://www.franklincommunitycenter.org)  
[info@franklincommunitycenter.org](mailto:info@franklincommunitycenter.org)

*Public transportation accessible.*

**2. FRANKLIN COMMUNITY DISTRIBUTION CENTER**  
101 Washington Avenue, Saratoga Springs, NY  
12866 (518) 587-9826  
[www.franklincommunitycenter.org](http://www.franklincommunitycenter.org)  
[info@franklincommunitycenter.org](mailto:info@franklincommunitycenter.org)

*Public transportation accessible.*

**3. FRANKLIN COMMUNITY MANOR**  
95 Congress Street, Saratoga Springs, NY  
12866 (518) 587-9826



*Public transportation accessible*

**Services:**

***PRESENT SERVICES PROGRAM, Food Pantry, General Clothing Provision***

**Objectives:** The Franklin Community Center has a food pantry available to help meet the needs of low-income families and individuals. It also distributes gently used clothing to those in need.

**Intake Procedure:** Call for information. First time clients will be asked to complete a client information form and show proof of residency, income and children. Residents are able to access the pantry every 30 days.

**Fees/Payment Source:** No cost

**Hours:** Mon. – Wed. 9:00 am – 2:00  
Thursday 2:00 pm – 7:00  
Friday CLOSED

***FURNITURE DISTRIBUTION, General Furniture Provision***

**Objectives:** The Franklin Community Center distributes furniture to those in need.

**Eligibility:** Anyone in need of furniture.

**Intake Procedure:** First-time clients walk in to fill out a client information sheet. After that, they just need to sign in to obtain services.

**Fees/Payment Source:** No cost

**Hours:** Monday, Wednesday-Friday from 9 am - 4 pm and Tuesdays from 9 am - 3 pm.

***PRESENT SERVICES PROGRAM, Holiday Gifts/Toys***

**Objectives:** The Franklin Community Center provides assistance at holidays to those in need.

**Eligibility:** Anyone in need

**Intake Procedure:** First-time clients walk in to fill out a client information sheet. After that, they just need to sign in for whatever services they need.

**Fees/Payment Source:** No cost

**Hours:** Monday, Wednesday-Friday from 9 am - 4 pm and Tuesdays from 9 am - 3 pm.

***PRESENT SERVICES PROGRAM, School Supplies***

**Objectives:** The Franklin Community Center provides school supplies for children who need them.

**Intake Procedure:** First-time clients must fill out a client information sheet. After that they just need to sign in for whatever services they need.

**Fees/Payment Source:** None/Not applicable

**Hours:** Mon.-Fri. 8 am-4 pm

***INFORMATION AND REFERRAL, Specialized Information and Referral \* Low Income***

**Objectives:** Franklin Community Center provides information and referrals for low-income children and families to assist them to achieve healthier lifestyles and make positive changes.

**Eligibility:** Anyone in need of services.

**Intake Procedure:** Call for information. First time clients walk in to fill out a client information sheet. After that, they just need to sign in for whatever services they need.

**Fees/Payment Source:** No Cost

**Hours:** Monday, Wednesday-Friday From 9 Am - 4 Pm And Tuesdays From 9 Am - 3Pm.

***PROJECT LIFT, Youth Enrichment Programs \* At Risk Youth***

**Objectives:** Project Lift is a free after-school prevention program for youth in grades 1-5 in the Saratoga Springs City School District. The program places emphasis on positive youth development activities, raising self-esteem and development of refusal, decision-making, problem-solving and communication skills. Research-based, science-backed curricula are used to equip the children with information so they may make healthy decisions on their own.

**Eligibility:** Children in grades 1 through 5.  
**Intake Procedure:** Referral through Elementary School  
**Fees/Payment Source:** No cost  
**Hours:** After School

#### **GATEWAY HOUSE OF PEACE**

**479 Rowland Street, Ballston Spa, NY 12020**

**(518) 450-1273**

**(518) 871-1034 Fax**

[www.gatewayhouseofpeace.org](http://www.gatewayhouseofpeace.org)

[info@gatewayhouseofpeace.org](mailto:info@gatewayhouseofpeace.org)

#### **Services:**

**Services Provided:** Gateway House is a 501(c) 3 charitable organization dedicated to providing a safe, comfortable and caring home free of charge for terminally ill patients under the medical care of Hospice. Located in Ballston Spa, NY, Gateway House is a donor driven community organization, which receives no insurance reimbursements, state or government funding. The home is staffed primarily with volunteers and relies on community support.

Gateway House of Peace is not a medical facility and is run independently, collaborates with Community Hospice of Saratoga who provides the medical management for the patients as they do for anyone receiving hospice care in their own home environment. The volunteers and staff of Gateway House become extended family for our community residents who can no longer remain safe in their own home.

**Target Population/Eligibility:** Saratoga County residents that are terminally ill who can no longer remain safe in their own home.

**Intake Procedure:** Referrals come from the hospital, hospice, patient's doctors, family members or friends

**Fees/Payment Source:** No charge. We are a donor driven community organization, which receives no insurance reimbursements, state or government funding.

**Hours:** 24 hours a day, 7 days a week

#### **GENERAL HEARING/HEARING HEALTH USA**

**417 NEW KARNER ROAD, ALBANY, NY**

**12205 (518) 456-3081**

**(518) 456-3084 Fax**

[www.hearinghealthusa.com/location/ny-albany/](http://www.hearinghealthusa.com/location/ny-albany/)

#### **Services:**

**Services Provided:** Hearing testing, medical assessment, communicate with primary care and specialists, hearing instruments and/or med referrals, certain cerumen management and counseling of families. Community awareness: presentation, clinics, in-services, community screening and to educate and motivate to improve.

**Objective:** With nearly 50 million in US with hearing loss, but only ¼ treating it, hearing problems holding millions back from better opportunities. We want to help as many as possible.

**Target Population/Eligibility:** Male/Female 45+

**Intake Procedure:** Paperwork on arrival

**Documents:** Insurance information if applicable

**Fees/Payment Source:** Testing is free, treatment programs-variety sources

**Hours:** Mon, Tues, Fri: 9:00 am – 5:00 pm; Wed, Thurs: 9:00 am – 1:00 pm

**GIRLS INCORPORATED OF THE GREATER CAPITAL REGION**

962 Albany Street, Schenectady, NY 12307

(518) 374-9800

(518) 347-1009 Fax

[www.girlsincapitalregion.org](http://www.girlsincapitalregion.org)

[info.gcr@girls-inc.org](mailto:info.gcr@girls-inc.org)

*Public transportation accessible.*

**Services:**

***STRONG SISTERS TOGETHER, Leadership Development, Life Skills Education, Teen Pregnancy Prevention***

**Objectives:** This innovative program for teen girls in middle school offers a variety of activities to energize and motivate girls mentally, physically and emotionally so they have the opportunity to grow and become responsible young women. Programs are offered in leadership and community action, career and life planning, sports and adventure, self-reliance and life skills, culture and heritage and health and sexuality to prevent adolescent pregnancy.

**Eligibility:** Girls ages 5 - 18 years of age.

**Intake Procedure:** Call or walk in for an application. A parent or guardian needs to fill out registration for each girl attending the program.

**Fees/Payment Source:** None/Not applicable

**Hours:** Mon - Fri 2:30 - 5:30 p.m. Saturday varies.

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**GIRL SCOUTS OF NORTHEASTERN NEW YORK**

8 Mountain View Avenue, Albany, NY 12205

(518) 489-8110

(518) 489-8065 Fax

(888) 447-6369 Toll Free

[www.gsneny.org](http://www.gsneny.org)

*Public transportation accessible.*

**Sites:**

**1. QUEENSBURY SERVICE CENTER**

213 Meadowbrook Road, Queensbury, NY 12804

(518) 792-0947

(518) 792-4310 Fax

**Services:**

***GIRL SCOUTING, Scouting Programs \****

***Girls***

**Objectives:** Girl scouting provides girls with a quality leadership experience through many pathways: traditional troop, camp, special interest and virtual programming, etc.

**Eligibility:** Girls in grades kindergarten through 12 and adults of all ages.

**Intake Procedure:** Apply via internet. Call for information

**Fees/Payment Source:** No cost or low cost. Membership fee, registration fee.

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**GLENMONT JOB CORPS CENTER**  
822 River Road, Glenmont, NY 12077  
(518) 767-2295  
(518) 767-3736 Fax  
[www.glenmont.jobcorps.gov](http://www.glenmont.jobcorps.gov)

**Services:**

**Objectives:** Job Corps is America's leading career skills training program for youth ages 16 - 24. The Job Corps mission is to attract eligible young people, teach them skills they need to become employable and independent and place them in meaningful jobs or further their education.

**Services:** Education and Job Training. Trades include Certified Nursing Assistant, Medical Office Support, Security/MilCap, Automotive, Construction/Facilities/Maintenance and Culinary. Educational training includes: High Diploma and TASC.

**Eligibility:** Income tested, ages 16 - 24

**Intake Procedure:** Contact Admissions at (518) 431-8036 or (518) 767-2295

**Fees/Payment Source:**

**Hours:** We are a 365 day, 24 hour facility

**GLENS FALLS ASSOCIATION FOR THE BLIND & VISUALLY IMPAIRED, INC.**

144 Ridge Street, Glens Falls, NY

12801 (518) 792-3421

(518) 792-3430 Fax

[gfab@mybluelight.com](mailto:gfab@mybluelight.com)

*Public transportation accessible*

**Services:**

**ADAPTIVE LIVING PROGRAM FOR THE BLIND, Independent Living Skills Instruction, Blindness**

**Objectives:** The Glens Falls Association for the Blind's Adaptive Living Program provides education, rehabilitation teaching and orientation and mobility training for the blind.

**Eligibility:** Anyone meeting the standards for legal blindness

**Intake Procedure:** A referral is required, which can be made by a physician or agency via phone or fax

**Fees/Payment Source:** No cost.

**Hours:** 8:00 a.m. - 4:00 p.m. Monday – Friday.

**MEDICAL TRANSPORTATION, Medical Transportation, Blindness**

**Objectives:** The Glens Falls Association for the Blind and Visually Impaired will provide transportation for medical purposes.

**Eligibility:** Anyone meeting the standards for legal blindness

**Intake Procedure:** A referral is required, which can be made by a physician or agency via phone or fax

**Documents:** A verbal statement of date of birth and social security number with a simple signed application.

**Fees/Payment Source:** No cost.

**Hours:** 8:00 a.m. - 4:00 p.m. Monday – Friday.

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**GLENS FALLS HOSPITAL**

100 Park Street, Glens Falls, NY 12801

(518) 538-1470

[www.glensfallshospital.org](http://www.glensfallshospital.org)

[mail@glensfallshosp.org](mailto:mail@glensfallshosp.org)

*Public transportation accessible.*

**Sites:****1. GLENS FALLS HOSPITAL**

100 Park Street, Glens Falls, NY 12801

(518) 538-1470

*Public transportation accessible*

**2. GLENS FALLS HOSPITAL CENTER FOR RECOVERY**

101 Ridge Street. Glens Falls, NY 12801

(518) 926-7200

[www.glensfallshospital.org](http://www.glensfallshospital.org)

**Services:**

***GLENS FALLS HOSPITAL, General Acute Care Hospitals***

**Objectives:** Glens Falls Hospital is a 410-bed acute care community hospital serving six-county region of Northeastern New York. Glens Falls Hospital provides inpatient services that include medicine/surgery, intensive care, coronary care, obstetrics, gynecology, pediatrics, psychiatric care and medical rehabilitation. Outpatient services include ambulatory surgery, an emergency care center, cardiac catheterization, an integrated cancer center, a chronic renal dialysis maintenance and training program, school-based health, primary care centers, and a continuum of behavioral health services including outpatient substance abuse treatment rehabilitation.

**Eligibility:** No requirements

**Intake Procedure:** Call for information, walk in.

**Hours:** 24 hours, 7 days a week.

***CANCER SERVICES PROGRAM, Colorectal Cancer Detection, Mammograms, Pap Tests***

**Objectives:** The Cancer Services Program, formerly known as the Healthy Living Partnership, offers free breast, cervical and colorectal screening for uninsured men and women.

**Eligibility:** Uninsured women 40 years and older. Uninsured men 50 years and older.

**Intake Procedure:** Call for information

**Documents:** Monthly income amount and demographic information must be provided. No documentation required.

**Fees/Payment Source:** No cost.

**Hours:** Mon.-Fri. 8am-4pm

***SUBSTANCE ABUSE TREATMENT, Comprehensive Outpatient Substance Abuse Treatment***

**Objectives:** The Glens Falls Hospital Center for Recovery provides comprehensive outpatient substance abuse treatment.

**Eligibility:** Call for Details

**Intake Procedure:** Call for Information.

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**GREATER ADIRONDACK HOME AIDES, INC.**  
5 Warren Street, PO Box 678, Glens Falls, NY 12801  
(518) 926-7070  
(518) 636-0460 Fax  
[www.greateradironackhomeaides.org](http://www.greateradironackhomeaides.org)  
[gaha@glensfallshosp.org](mailto:gaha@glensfallshosp.org)  
Public transportation accessible.

**HOME HEALTH CARE, Home Health Aide Services, Personal Care, Respite Care**

**Objectives:** The Greater Adirondack Home Aides provides home-based care for individuals who are ill, elderly or convalescing. These duties can include light housekeeping, assistance with activities of daily living such as bathing, dressing and toileting and health-related care, including monitoring vital signs and changing bandages. Shopping, laundry, and meal preparation can also be provided.

**Eligibility:** Serves all

**Intake Procedure:** Call for a consultation.

**Documents:** Proof of income, physician statement

**Fees/Payment Source:** Sliding fee scale, Medicaid, Medicare, cash, credit cards, private insurance, or personal check. Donations accepted.

**Hours:** Mon.-Fri. 7 am-6 pm, Sat.-Sun. priority only

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**GREATER GLENS FALLS SENIOR CENTER**  
380 Glen Street, Glens Falls, NY 12801  
(518) 793-2189  
[www.tcuwny.org](http://www.tcuwny.org)  
[agreaterglensf@nycap.rr.com](mailto:agreaterglensf@nycap.rr.com)

**Services**

**SENIOR CENTER, Senior Centers**

**Objectives:** The Greater Glens Falls Senior Citizens Center offers numerous services and activities for older adults

**Eligibility:** Age 55 and older.

**Fees/Payment Source:** No cost.

**Hours:** September through June: Mon.-Fri. 9 am-4 pm, July and August: Mon.-Thurs. 9 am-4 pm, Fri. 9 am-3 pm

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**GREATER SCHUYLerville COMMUNITY RELIEF FUND**  
PO Box 265, Victory Mills, NY 12884  
(518) 695-4195 Treasurer

**Services**

**COMMUNITY RELIEF FUND, Undesignated Temporary Financial Assistance**

**Objectives:** The Greater Schuylerville Community Relief Fund offers emergency financial assistance (e.g. rent, security deposits, gas transportation, fuel assistance, baby formula, medicine, utility bills, food temporary shelter or after the fire assistance.)

**Intake Procedure:** Call for information.

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**GREATER SCHUYLERVILLE YOUTH PROGRAM**

Fort Hardy Park, Schuylerville, NY 12871

(518) 695-6100

[schuylervillyouthprogram@hotmail.com](mailto:schuylervillyouthprogram@hotmail.com)

**Services**

**YOUTH EMPLOYMENT SERVICE, Job Search/Placement \*Youth**

**Objectives:** The Youth Employment Service matches youth looking for work at odd jobs for community residents requesting assistance.

**Eligibility:** Call for details

**Intake Procedure:** Walk in

**Fees/Payment Source:** No cost

**Hours:** Mon, Tues, Thurs. 2:30pm-5:30pm Wed, Fri. 6pm-9pm

**SCHUYLERVILLE YOUTH PROGRAM, Youth Centers**

**Objectives:** The purpose of the Schuylerville Youth Program is to provide safe, supervised, social recreational activities year-round, where youth have the opportunity to learn about themselves, broaden their experiences, and receive appropriate attention and guidance. Services at the drop-in youth center include a supervised game room for 15 hours per week where activities such as crafts, dances, contests and tournaments are scheduled. Trips to places of interest are provided during school recess. Instructional sports programs (boys' and girls' basketball, co-ed wrestling) use the school's facilities. The Youth Employment Service matches youth looking for work doing odd jobs for community residents requesting assistance.

**Eligibility:** Age 8 to 18.

**Intake Procedure:** Walk in

**Documents:** Parental permission is required for all services except the drop-in center.

**Fees/Payment Source:** Low cost and no cost. Donations accepted.

**Hours:** Mon, Tues, Thurs. 2:30 pm-5:30 pm Wed, Fri. 6 pm-9 pm

**HABITAT FOR HUMANITY OF NORTHERN SARATOGA, WARREN AND WASHINGTON COUNTIES**

4 Glens Falls Technical Park, Suite 4, Glens Falls, NY 12801

(518) 793-7484

[www.glensfallshabitat.org](http://www.glensfallshabitat.org)

[president@mail.glensfallshabitat.org](mailto:president@mail.glensfallshabitat.org)

*Public transportation accessible.*

**Services:**

**Intake Procedure:** [www.gensfallshabitat.org](http://www.gensfallshabitat.org) or call for information

**Documents:** Application form downloaded from the Internet, most recent W-2 forms from the last 2 years, pay stubs for the most recent 2 pay periods, copy of child support payments check if applicable, SSI income-copy of current award letter if applicable, HUD income copy of award letter if applicable, and lists of all assets if not listed on application.

**Services:**

**HABITAT FOR HUMANITY OF NORTHERN SARATOGA, WARREN AND WASHINGTON COUNTIES**

**Objectives:** Habitat for Humanity works with communities to provide simple, decent affordable housing in partnership with those in need. As an affiliate of Habitat for Humanity International, we coordinate all aspects of habitat home building in our local area—fundraising, building, site selection, partner family selection and support, house construction and mortgage servicing.

**Eligibility:** Demonstrated financial need (not able to obtain a mortgage through standard channels), residence and/or employment in Warren, Washington or Northern Saratoga Counties, present living quarters are substandard, meet Habitat financial guidelines, and exhibited willingness to participate in the program. Call for more information.

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**HEALTH LITERACY FOR ALL, INC.**  
1908 Jerome Ave, Schenectady, NY  
(518) 881-6405  
[info@healthliteracyforall.org](mailto:info@healthliteracyforall.org)

**Services:**

**Objectives:** To support healthy living through improved health literacy. To teach classes on health literacy skills to the 17 million New Yorkers who cannot navigate the healthcare system or make healthy decisions simply because they have never been taught the core skills to do so.

**Services:** Classes for patients, providers, employers and community agencies to teach what health literacy is, how low health literacy impacts lives as well as the actual skills needed. Private counseling is also available at request of the agency, employer, patient or provider.

**Eligibility:** The 88% of New Yorkers deemed to have low to moderate health literacy skills

**Fees/Payment Source:** Fee for service, sliding rates

**How to apply:** [info@healthliteracyforall.org](mailto:info@healthliteracyforall.org) or call 518-881-6405

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**HELPING HANDS SCHOOL**  
4 Fairchild Square, Clifton Park, NY  
12065 (518) 664-5066  
[www.helpinghands.org](http://www.helpinghands.org)  
[dburke@helpinghands.org](mailto:dburke@helpinghands.org)

**Services:** Special education services for preschool aged children

**Objectives:** Helping Hands Preschool provides specialized services to children with disabilities from 3 to 5 years of age.

**Eligibility:** Age 3 to 5 year olds approved through the Committee on Preschool Special Education.

**Intake Procedure:** Referrals Required. Contact school district's Committee on Preschool Special Education.

**Hours:** Mon.-Fri. 8:30 am-3:30 pm

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**HIGH PEAKS HOSPICE AND PALLIATIVE CARE (Administrative)**  
309 County Route 47, Suite 7, PO Box 840, Saranac Lake, NY 12983  
518-891-9631  
518-891-5379 Fax  
[ksauers1@hphpc.org](mailto:ksauers1@hphpc.org) e-mail  
[www.hphpc.org](http://www.hphpc.org)

**Sites:**

**1. ESSEX**

PO Box 192 Port Henry NY 12974, Office Location: 12 Tom Phelps Way, Mineville, NY  
12956  
(518) 942-6513  
Toll Free Phone: 800-639-  
8045 (518) 942-6516 Fax  
[awright@hphpc.org](mailto:awright@hphpc.org)

**2. QUEENSBURY**

79 Glenwood Avenue, 2nd Floor, Queensbury, NY 12804  
(518) 743-1672



**Toll Free Phone: 800-730-9477 (518) 743-0544 Fax**  
[mschwalbe@hphpc.org](mailto:mschwalbe@hphpc.org)

### **3. TRI-LAKES**

PO Box 840, 309 County Route 47, Suite 3, Saranac Lake, NY 12983  
(518) 891-0606

Toll Free Phone: 877-324-

1686 (518) 891-0657 Fax

[mvannortwick@hphpc.org](mailto:mvannortwick@hphpc.org)

#### **Services:**

##### ***HIGH PEAKS HOSPICE, Hospice Care***

**Objectives:** High Peaks Hospice and Palliative Care is a community-based health care organization which serves terminally ill individuals in over 30 communities in a 4600-square-mile area of the North Country. Hospice services include all medications related to terminal diagnosis, equipment such as wheelchairs, hospital beds, oxygen, and other necessary medical equipment, 24-hour access to registered nurses, hospice aides, licensed practical nurses and trained volunteers for a variety of needs, a social worker for in-home counseling with patients and loved ones, bereavement counseling and spiritual care, occupational and physical therapists, nutritional and respite care.

**Eligibility:** Any individual who has been diagnosed with any life-limiting illness.

**Intake Procedure:** Contact the office closest to the individual, arrange for a consultation with a nurse to determine eligibility. Hospice patients benefit from service as soon after a terminal diagnosis of six months or less as possible.

**Documents:** Insurance information

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### **HOME-HEALTH CARE PARTNERS CORP.**

1830 Riverfront Center, Amsterdam, NY 12010

(518) 842-6718

(518) 842-8357 Fax

(800) 342-1426 Toll Free

[www.newyorkhomehealthcare.com](http://www.newyorkhomehealthcare.com)

[info@newyorkhomehealthcare.com](mailto:info@newyorkhomehealthcare.com)

*Public transportation accessible.*

#### **Services:**

##### ***NURSING AND PERSONAL CARE, Home health Aide Services/Private Duty Nursing***

**Objectives:** This program provides personal care services, medication assistance, mobility safety, case management, medication monitoring, physician appointments and follow-ups, home safety assessment, diagnostic preparation, community resources, patient education, and skilled nursing services.

**Eligibility:** Serves All

**Intake Procedure:** Telephone, Walk in

**Fees/Payment Source:** Fixed Cost, cash, private insurance, personal check

**Hours:** 24 hours/day, 7 days/week available.

##### ***NON-MEDICAL COMPANION SERVICES, Personal Care***

**Objectives:** This program provides services that include errands, shopping, bill paying, housekeeping, travel arrangements, daily schedule, medication reminders, social activities, meal planning, escort to appointments/religious services, and companionship during hospital stays.

**Eligibility:** Serves All

**Intake Procedure:** Telephone, Walk in  
**Fees/Payment Source:** Fixed Cost, cash, private insurance, personal check  
**Hours:** 24 hours, 7 days.

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#### **HOME HELPERS AND DIRECT LINK**

**538 Maple Avenue, Suite 3, Saratoga Springs, NY 12866**

**(518) 584-5885**

**(518) 584-5886 Fax**

*Public transportation accessible.*

#### **Services:**

***ERRAND RUNNING/SHOPPING ASSISTANCE, Errand Running/Shopping Assistance***

**Objectives:** Home Helpers provide transportation, run errands and do shopping to help clients remain in their homes in a clean and safe environment.

**Eligibility:** No requirements

**Intake Procedure:** Call for information

**Fees/Payment Source:** Low cost. Cash or personal check.

**Hours:** 24 hour services.

#### ***HOUSEKEEPING ASSISTANCE, Housekeeping Assistance***

**Objectives:** Home Helpers provide meal preparation, light housekeeping, pet care and laundry services to help clients remain in their homes in a clean and safe environment.

**Eligibility:** No requirements

**Intake Procedure:** Call for information

**Fees/Payment Source:** Low cost. Credit card or personal check.

**Hours:** 24 hour services

#### ***EMERGENCY MONITORING UNITS, Personal Emergency Response Systems***

**Objectives:** Emergency Monitoring units give help at the touch of a button. Worn around the neck or wrist, they alert a call center who can send 911 services in an emergency and can contact family or a neighbor in a non-urgent situation.

**Eligibility:** No requirements

**Intake Procedure:** Call for information

**Fees/Payment Source:** Low cost. Credit card or personal check.

**Hours:** Mon.-Fri. 8:30 am-5 pm

#### **HOME INSTEAD SENIOR CARE, SARATOGASPRINGS**

**12 Mountain Ledge Drive Suite 3, Gansevoort, NY 12831**

**(518) 580-1042**

**(518) 429-9293 Emergency**

**(518) 580-1043 Fax**

[www.homeinstead.com/34](http://www.homeinstead.com/34)

[1hisc@nycap.rr.com](mailto:1hisc@nycap.rr.com)

*Public transportation accessible.*

#### **Services:**

***HOME INSTEAD SENIOR CARE, Adult In Home Respite Care, Errand Running/Shopping Assistance***

***Friendly Visiting, Homemaker Assistance In Home Meal Preparation***

**Objectives:** Home Instead provides affordable non-medical, companionship, and home helper services to the elderly to assist them in maintaining their independence. Services include companionship, light housekeeping, laundry, meal preparation, errands, incidental transportation including shopping and doctor appointments, outpatient/same day surgery companionship services, sleepover service, short term respite, hospital-sitter services, and will coordinate services

with other community service providers.

**Eligibility:** Adults in need of non-medical services.

**Intake Procedure:** Call or walk in for appointment.

**Fees/Payment Source:** Low cost, fees vary. Reimbursement through public agency. Donations accepted.

**Hours:** 24-hour services

**HUDSON RIVER FISH ADVISORY OUTREACH—DEPT. OF HEALTH OUTREACH & EDUCATION—CEH**

**ESP, Corning Tower, Room 1642, Albany, NY 12237**

**(518) 402-7530**

**(518) 402-7539 Fax**

**Regina Keenan**

[rmk05@health.state.ny.us](mailto:rmk05@health.state.ny.us)/[hrfa@health.state.ny.us](mailto:hrfa@health.state.ny.us)

[www.health.ny.gov/udsonriverfish](http://www.health.ny.gov/udsonriverfish)

**Services:**

**Objectives:** Fishing is fun and fish are an important part of a healthy diet. However fish in some waterbodies in New York contain chemicals at levels that may be harmful to health. To help people make healthier choices about which fish to eat, the New York State Department of Health (NYSDOH) issues advice about eating fish you catch. One of the water bodies for which NYSDOH has health advice, known as a fish advisory, is the Hudson River.

In 2008, the Hudson River Fish Advisory Outreach Project began a twenty-year initiative with a goal that all Hudson fish and crab consumers know about, understand and follow the NYSDOH Hudson fish advisories. The NYSDOH advice and an important project message is that women under 50 (of childbearing age) and children under 15 should not eat fish or crabs from the Hudson River south of Corinth in Saratoga County to the NYC Battery.

**Services:** NYSDOH communicates the health advice on eating Hudson River fish through the website and distribution of free outreach materials that target a number of audiences. Since 2009, contracts totaling up to \$60,000 have been awarded each year to local partners in fish advisory outreach. The program tries to reach both people who fish the Hudson River and families who may eat the fish and seeks more community partners. Program staff and partners attend community events and work with a wide variety of local groups: nutrition programs and perinatal networks, game and conservation associations, immigrant and food bank networks, faith organizations, social service and health providers, municipalities, government agencies, and not for-profit community-based organizations.

**Intake Procedure:** Contact Regina at [rmk05@health.state.ny.us](mailto:rmk05@health.state.ny.us) or by phone

**Hours:** 9:00 a.m. - 5:00 p.m.

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**INTERIM HEALTH CARE**

**1735 Central Avenue, Albany, NY 12205**

**(518) 452-3655**

**(518) 452-0765 Fax**

**(518) 452-3655**

**Service/Intake**

[www.interimhealthcare.com](http://www.interimhealthcare.com)

[levans@interimhealthcr.com](mailto:levans@interimhealthcr.com)

*Public transportation accessible.*

**Site:**

## 1. INTERIM HEALTHCARE

99 Ridge Street, Glens Falls, NY

12850 (518) 798-6811

(518) 798-6879 Fax

### Services:

#### **HOME HEALTH SERVICE, Home Health Aide Services**

**Objectives:** Interim Health Care offers home care services to maintain people of all ages in their home for short and long-term care. In home care provided by companions, aids and nurses 2-24 hours a day. Services include shopping, errands, light housekeeping, personal care, meal preparation, accompaniment to medical appointments, medication management, sitter, respite, treatments such as wound care and IV therapy. The goal of interim Health Care services is to assist individuals to maintain independence in their home for as long as possible.

**Intake Procedure:** Call for information. The intake process includes the request made by the client, family member or referral source as to the services they need. An in-home assessment by an RN is completed at the client's convenience, if staff is available. Payment responsibility and rates are discussed at intake, and reviewed at the assessment. If a third party payer is involved, interim will contact the payer and validate coverage, as well as obtain prior authorization if required.

**Documents:** Physician's statement

**Fees/Payment Source:** Fees vary. Reimbursement through County Office for Aging, Medicaid and private insurance accepted.

**Hours:** Mon.-Fri. 8am-5:00pm, 24/7 On Call

#### **LIVE IN COMPANIONS, Live In Companions**

**Objectives:** Live-in companions share the individual's home and are available on a continual basis for reading, talking, listening, and writing letters and other tasks.

**Intake Procedure:** Call for information. The intake process includes the request made by the client, family member or referral source as to the services they need. An in home assessment by an RN is completed at the client's convenience, if we feel we have available staff. Payment responsibility and rates are discussed at intake, and reviewed at the assessment. If a third party payer is involved Interim will contact the payer and validate coverage, as well as obtain prior authorization if required.

**Documents:** Physician statement

**Fees/Payment Source:** Fees vary. Reimbursement through County Office for Aging, Medicaid, and private insurance accepted.

**HOURS:** Mon.-Fri. 8am-5:00pm, 24/7 On call

**LEAGUE OF WOMEN VOTERS OF SARATOGA COUNTY**

PO Box 1029, Saratoga Springs, NY 12866

(518) 885-9769

[www.lwvsaratoga.org](http://www.lwvsaratoga.org)

[info@lwvsaratoga.org](mailto:info@lwvsaratoga.org)

**Services:**

**GET OUT THE VOTE DRIVES/VOTER REGISTRATION DRIVES, *Get Out the Vote Drives, Voter Registration Drives***

**Objectives:** The Saratoga County League of Women Voters encourages citizens to exercise their civil rights by encouraging them to register to vote and to vote.

**Eligibility:** U.S. citizens 18 and older.

**Intake Procedure:** Call for information

***PUBLIC INFORMATION MEETINGS, Subject Specific Public Awareness/Education***

**Objectives:** The League of Women Voters offers public information meetings on a variety of topics.

**Intake Procedure:** Call for information

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**LEGAL AID SOCIETY OF NORTHEASTERN NEW YORK**

55 Colvin Avenue, Albany, NY 12206

(518) 462-6765

(518) 427-8352 Fax

[www.lasnny.org](http://www.lasnny.org)

[info@lasnny.org](mailto:info@lasnny.org)

*Public transportation accessible.*

**Sites:**

**1. LEGAL AID SOCIETY OF NORTHEASTERN NEW YORK**

112 Spring Street, Saratoga Springs, NY 12866

(518) 587-5188

Service/Intake (800) 870-

8343 Toll Free

[www.lasnny.org](http://www.lasnny.org)

[info@lasnny.org](mailto:info@lasnny.org)

*Public transportation accessible.*

**Services:**

***HOMELESSNESS PREVENTION AND RAPID RE-HOUSING PROGRAM (HPRP), Eviction Assistance  
Rent Payment Assistance***

**Objectives:** Legal Aid Society of Northeastern New York is administering the Homelessness Prevention and Rapid Re-housing Program and will assist with rent payments, and evictions. It will also assist with utility arrears in Fulton, Montgomery, and Schoharie Counties and with rental deposits in Albany County.

**Intake Procedure:** Call for information.

***LEGAL AID, General Legal Aid, Legal Counseling, Legal Representation***

**Objectives:** The Legal Aid Society of Northeastern New York provides free civil legal services to low income people and has special projects for children, elders, victims of domestic violence, the homeless and those at risk of homelessness. The geographic area served includes Albany, Clinton,

Columbia, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Rensselaer, Saratoga, St. Lawrence, Schenectady, Schoharie, Warren and Washington Counties. Private Attorney Involvement (PAI) Program enlists a panel of private attorneys who volunteer to serve Legal Aid clients pro bono.

**Eligibility:** A client must reside in the area served by their branch office and must be financially eligible (125% of the Federal Poverty Guidelines FPG). Spenddowns can be applied to any applicant whose income is up to 200% of the FPG. There are also several programs - domestic violence, people aged 60 or over, or homeowners facing foreclosure with higher or no income guidelines.

**Intake Procedure:** Call for information Walk in for emergencies only

**Fees/Payment Source:** None/Not applicable

**Hours:** Mon.-Fri. 9am-5pm

***THE CHILDREN'S LAW PROJECT, General Legal Aid \* Children and Youth with Disabilities***

**Objectives:** The Children's Law Project offers free civil (not criminal) legal services to low income children with disabilities. Common cases include, but are not limited to, education matters (special education, school discipline, 504 Accommodations Plans, transportation, residency) and Supplemental Security Income (SSI).

**Eligibility:** Low-income children with disabilities

**Intake Procedure:** Call for information: Albany 518-462-6765, Saratoga Springs, 518-587-5188, Amsterdam 518-

842-9466. Open intake occurs throughout the day, but the best times to call are 11:00 a.m. to 12:00 noon and 1:00 p.m. to 5:00 p.m.

**Fees/Payment Source:** None/Not applicable Donation accepted,

**Hours:** Mon.-Fri. 9am-12pm, 1pm-5pm

***LAWYER REFERRAL SERVICES, Lawyer Referral Services***

**Objectives:** The Legal Aid Society maintains lists of private lawyers and link people who need legal assistance with lawyers who specialize in the required area of law.

**Eligibility:** Applicants must be financially eligible according to income and assets. Must meet other eligibility guidelines, assessed by telephone.

**Intake Procedure:** Call, walk in or apply via Internet.

**Fees/Payment Source:** Fixed cost or no cost.

**Hours:** Mon.-Fri. 9am-12pm, 1pm-5pm

***NUTRITION OUTREACH AND EDUCATION PROGRAM (NOEP), Nutrition Education Outreach Programs***

**Objectives:** The Nutrition Outreach and Education Program (NOEP) is administered under contract with the New York State Department of Health. The fundamental goal of NOEP is to increase the availability and utilization of federal nutrition assistance programs as a means to ensure better nutrition and reduce the incidence of hunger among low-income populations.

**Eligibility:** Call for details

**Intake Procedure:** Call for information

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**LEUKEMIA AND LYMPHOMA SOCIETY UPSTATE NEW YORK/VERMONT CHAPTER**  
5 Computer Drive West, Albany, NY 12205  
(518) 438-3583  
(518) 438-6431 Fax  
(866) 255-3583 Toll Free  
[www.lls.org/unyvt](http://www.lls.org/unyvt)

**Services:**

**LEUKEMIA AND LYMPHOMA SOCIETY, Health Related Advocacy Groups \* Leukemia Health Related Advocacy Groups \* Lymphoma**

**Objectives:** The Leukemia & Lymphoma Society's goal is to cure leukemia, lymphoma, Hodgkin's disease, and myeloma, and improve the quality of life of patients and their families. They offer free educational materials and programs about blood cancers, support groups, peer-to-peer phone support, and two financial assistance programs: a Patient Financial Aid program, which provides a \$150 stipend, and a Co-Pay Assistance program. The Co-Pay Assistance program is based on 500% of US Poverty Levels for certain blood cancer diagnoses only.

**FEES/PAYMENT SOURCE:** Services provided free of charge.

**HOURS:** Mon.-Thurs. 8:30am-4:30pm [www.lls.org/unyvt](http://www.lls.org/unyvt)

**PATIENT FINANCIAL AID/CO-PAY ASSISTANCE PROGRAMS, Medical Bill Payment Assistance \* Leukemia Medical Bill Payment Assistance \* Lymphoma**

**Objectives:** The Patient Financial Aid Program provides a \$150 stipend. The Co-Pay Assistance program is based on 500% of U.S. poverty levels for certain blood cancer diagnoses only.

**Eligibility:** Any patient with a blood cancer is eligible for the Patient Financial Aid Program. The Co-Pay Assistance program is based on 500% of U.S. poverty levels for certain blood cancer diagnoses only.

**Intake Procedure:** Call to apply: 877-557-2672. A one-page application needs to be completed by the patient and signed by a doctor, including the doctor's license number.

**Documents:** Completed application with physician's signature and license number.

**Fees/Payment Source:** No cost.

**Hours:** Mon.-Thurs. 8:30 am-4:30 pm Fri. 8 am-4 pm

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**LITERACY NEW YORK GREATER CAPITAL REGION**  
1450 Western Avenue, Suite 101, Albany, NY 12205  
(518) 452-3381  
(877) 774-7323 Toll Free—877-774-READ  
(518) 452-3384 Fax  
[www.literacynycap.org](http://www.literacynycap.org)  
*Public transportation accessible.*

**Sites:**

**1. LITERACY NEW YORK GREATER CAPITAL REGION**  
Saratoga Public Library  
49 Henry Street, Saratoga Springs, NY 12866  
(518) 583-1232  
(877) 774-7323 Toll Free—877-774-READ

**2. LITERACY NEW YORK GREATER CAPITAL REGION**  
380A Glen Street, Glens Falls, NY 12801  
(518) 583-7414  
(877) 774-7323 Toll Free—877-774-READ  
[www.lvamohawkhudson.org](http://www.lvamohawkhudson.org)

[info@lvamohawkhudson.org](mailto:info@lvamohawkhudson.org)

**Services:**

**LITERACY, Adult Literacy Programs, English as a Second Language**

**Objectives:** Free instruction to adults who need help with reading, writing and conversational skills in English. Tutoring in reading and writing (basic literacy) and in conversational skills in English to speakers of other languages.

**Eligibility:** Adults, aged 16 (out of school) or older

**Intake Procedure:** Call or walk in to apply. Adults should contact the office to arrange an interview to determine literacy level.

**Fees/Payment Source:** No cost.

**Hours:** Mon.-Fri. 9am - 4pm

**MAKE-A-WISH FOUNDATION**

**1 Mustang Drive, Cohoes, NY 12047**

**(518) 782-4673**

**(877) 455-9475 Toll Free**

**(518) 782-0618 Fax**

[www.neny.wish.org](http://www.neny.wish.org)

[neny@neny.wish.org](mailto:neny@neny.wish.org)

**Services:**

**WISH GRANTING, Wish Foundations**

**Objectives:** The Make-A-Wish Foundation grants the wishes of children with life-threatening medical conditions to enrich the human experience with hope, strength and joy.

**Eligibility:** Children and youth between the ages of 2 1/2 and 18 years of age with life-threatening medical conditions.

**Intake Procedure:** Call for information and to apply. Professional or physician referral required.

**Documents:** Proof of age, copy of driver's license or government-issued ID card, and a copy of birth certificate for each minor child. Referral required from physician or physician's assistant, and parent or guardian.

**Fees/Payment Source:** No cost.

**Hours:** Mon.-Fri. 9am-5pm

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**MECHANICVILLE AREA COMMUNITY SERVICES CENTER**

**6 South Main Street. PO Box 30, Mechanicville, NY12118 (518)**

**664-8322**

**(518) 664-9457 Fax**

[www.mechanicvillecsc.org](http://www.mechanicvillecsc.org)

[macscgeneral@mechanicvillecsc.org](mailto:macscgeneral@mechanicvillecsc.org)

*Public transportation accessible.*

**Services:** A Community Center enhancing the lives of area residents through Family Support, empowerment, recreation and education

**EMERGENCY FOOD PANTRY, Food Pantry**

**Hours:** Tuesday, 11:00 am - 1:00 pm, Thursday, 5:30 pm - 7:30 pm

**DOMESTIC VIOLENCE ADVOCACY PROGRAM, Advocacy \* Domestic Violence Issues, Domestic Violence Hotlines, Domestic Violence Support Groups, Lawyer Referral Services \* Domestic Violence Issues Legal Issues Education/Information \* Domestic Violence Issues**

**Objectives:** DVAP provides non-residential programming to victims of domestic violence and their children. Comprehensive supports to victims include legal advocacy, a domestic violence hotline, safety planning, legal clinics, counseling, emergency cell phones, support groups, children's counseling and support groups, court accompaniment, resource advocacy, direct access to



emergency assistance and transportation to victims of domestic violence and their children as well as educational presentations, trainings and workshops for schools and community groups.

**Eligibility:** Victims of domestic violence and their children.

**Intake Procedure:** Application Procedure, Telephone, Walk-in, Appointment Only.

**Fees/Payment Source:** None/Not applicable, Donation accepted.

**Hours:** 9 am-5 pm, Mon.-Fri.

***FAMILY DEVELOPMENT PROGRAM, Bankruptcy Assistance, Children's Play Groups, Credit Counseling Family Support Centers/Outreach, Financial Management Workshops, Personal Finances/Budget***

**Counseling Objectives:** Family Development seeks to involve and improve the whole community through strengthening of supports and raising awareness of resources for community families. This is done through one-on-one advocacy and support, goal setting, budget development and individual attention as well as larger community presentations, increased access to services and referrals to appropriate community resources.

**Eligibility:** No requirements

**Intake Procedure:** Telephone, Application Procedure, Walk-in, Appointment Only.

**Fees/Payment Source:** None/Not applicable, Donation accepted.

**Hours:** 9 am-5 pm, Mon.-Fri.

***ELDER CARE SERVICES PROGRAM, Case/Care Management Referrals \* Older Adults Financial Management Workshops \* Older Adults, Older Adult Social Clubs, Personal Finances/Budget Counseling \* Older Adults Senior Centers, VITA Programs***

**Objectives:** Elder Care Services Program, Providing a variety of programs designed to provide support and socialization opportunities for seniors living independently. Health and wellness workshops and speakers, socialization based groups (i.e. quilting, walking, computer classes, grief and loss groups etc.) one-on-one counseling and advocacy, information and referral, caregiver supports, lifeline, housecleaning, field trips, extra helpings food buying coop delivery -- available to residents of Mechanicville Public Housing

**Eligibility:** Anyone over age 60

**Intake Procedure:** Application Procedure, Telephone, Walk-in, Appointment Only, some services restricted to Mechanicville Public Housing Residents

**Fees/Payment Source:** Donation accepted, None/Not applicable,

**Hours:** Mon.-Fri. 9 am-5 pm, call for schedule regarding hours on site at Mechanicville Public Housing

***CARE (COMMUNITY ADVOCACY REFERRAL AND EDUCATION) HOLIDAY PROGRAMS, Christmas Baskets Holiday Gifts/Toys, Thanksgiving Baskets, Thanksgiving Meals***

**Objectives:** CARE (Community Advocacy Referral and Education) offers holiday programs including Christmas baskets, Christmas programs, holiday gifts and toys, Thanksgiving baskets and Thanksgiving meals. Holiday donations are accepted and welcome.

**Eligibility:** Call for details

**Intake Procedure:** Call for information

**Fees/Payment Source:** No cost.

**Hours:** Mon.-Fri. 9 am-5 pm

***YOUTH DEVELOPMENT PROGRAM, Day Camps, Recreation Centers \* Youth Recreational Activities/Sports\* Youth, Youth Enrichment Programs, Youth Job Development***

**Objectives:** MACASC youth development programs offer a range of safe, age appropriate self-esteem building programming for youth in the greater Mechanicville area. Current programs include open gym, Mechanicville After School Clubs, monthly dances, Summer Adventure Program, field trips, swim trips educational speakers and workshops and sports clinics. Access to computers and other services is provided.

**Intake Procedure:** Application procedure. Call for information or walk in Tuesday or Thursday.

**Fees/Payment Source:** Fees vary.

**COMMUNITY CENTERS, Neighborhood Multipurpose Centers**

**Objectives:** Mechanicville Area Community Services Center (MACSC) offers comprehensive health and human services to Southern Saratoga and Northern Rensselaer counties including: youth development programming, NYS licensed before and after school care, non-residential domestic violence advocacy program (DVAP), food pantry, emergency rent and utility assistance, satellite site for Saratoga county services, VITA Volunteer Income Tax Assistance, family development programming, health and wellness based senior programs, information and referral and more. All services beside childcare are free of charge and without residency restrictions. MACSC operates as a client and community driven agency constantly adjusting programs to directly serve the needs of the community at large.

**Eligibility:** No requirements

**Intake Procedure:** Application Procedure, Telephone, Walk-in, Appointment Only,

**Fees/Payment Source:** None/Not applicable, Donation accepted,

**Hours:** Mon.-Fri. 9 am-5 pm, other events are held during evening hours, please call for details

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**MEDIATION MATTERS/CAPITAL DISTRICT CASA**

10 Russell Road, Albany, NY 12206

(518) 446-0356

(518) 446-0379 Fax

[www.mediationmatters.org](http://www.mediationmatters.org)

[info@mediationmatter.org](mailto:info@mediationmatter.org)

*Public transportation accessible.*

**Sites:**

**1. MEDIATION MATTERS - SARATOGA, WARREN AND WASHINGTON COUNTIES**

480 Broadway, LL-32, Saratoga Springs, NY 12866

(518) 584-6361

(518) 583-9659 Fax

**2. MEDIATION MATTERS – ALBANY COUNTY**

10 N. Russell Road, 2nd floor, Albany, NY 12206

(518) 446-0356

(518) 446-0379 Fax

**Services:**

**CONFLICT RESOLUTION, Mediation**

**Objectives:** Mediation is a process in which parties come together to sit down with one or two trained neutral mediators to discuss ways of resolving issues between them. The mediators' goal is to make sure everyone's concerns are heard and addressed and potentially resolved through mutual agreement. This voluntary process provides an opportunity to work through issues between parties while attempting to preserve future relationships.

**Eligibility:** Residents of Albany, Rensselaer, Saratoga, Warren, and Washington Counties.

**Intake Procedure:** Call or walk in for intake.

**Fees/Payment Source:** \$25 administration fee (waived in case of financial need).

**Hours:** Sessions can be scheduled at your convenience.

**CONFLICT RESOLUTION, Mediation**

**Objectives:** Neutral mediators host conversations between two or more people who are having trouble

coming to an agreement on their own. The topics discussed are typically resolvable through conversation and potentially written down in the form of a balanced agreement.

**Eligibility:** Residents of Albany, Rensselaer, Saratoga, Warren, and Washington Counties.

**Intake Procedure:** Call or walk in for intake.

**Fees/Payment Source:** \$25 administration fee.

**Hours:** Sessions can be scheduled at your convenience.

#### **MOREAU COMMUNITY CENTER**

144 Main Street, South Glens Falls, NY 12803

(518) 792-6007

(518) 792-0837 Fax

[www.moreaucommunitycenter.org](http://www.moreaucommunitycenter.org)

#### **Services:**

**Objectives:** The mission of the Moreau Community Center is to meet the multi-generational needs of the community in a compassionate and inclusive environment.

**Services Provided:** Emergency Food Pantry, Back-To-School Program, Holiday Caring Program, Thrift Store, Dial- A-Bus, VITA & AARP Tax Preparation Service, Kids Korner Before and After School Program, Teen Summer Programs, Summer Camp, Senior Meal Site, Home delivered meals, referrals & follow-up as needed, assistance in completion of forms, and many volunteer opportunities.

**Hours:** Monday-Friday 8 AM-4 PM, Food pantry: 9:00 am – 11:30 am & 12:30 pm – 3:00 pm.

**Target Population:** All

**Eligibility Criteria:** Call for program information.

**How to Apply for Services:** Call for intake procedures.

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#### **MVP HEALTHCARE**

625 State Street, Schenectady, NY 12305

(518) 388-2437

(518) 388-2498 Fax

#### **Services:**

**MEDICARE INSURANCE SUPPLEMENTS, Medicare Insurance Supplements**

**Objectives:** MVP Healthcare has health insurance products available for those who are eligible for Medicare.

**Eligibility:** Medicare-eligible

**Intake Procedure:** Call or email for information

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#### **NATIONAL CENTER FOR MISSING & EXPLOITED CHILDREN/NY**

359 Ballston Ave, Saratoga Springs, NY

12866 (518) 587-8008 ext. 321

(518) 587-8241 Fax

#### **Services:**

**Objectives:** The National Center for Missing & Exploited Children's mission is to help prevent child abduction and sexual exploitation; help find missing children; and assist victims of abduction and sexual exploitation, their families, and the professionals who serve them.

**Intake Procedure:** If your child is missing call 9-1-1, then call us at 1-800-THE-LOST (1-800-843-5678)

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**NATIONAL CHURCH RESIDENCES OF BALLSTON SPA, WATERFORD AND CLIFTON PARK**

91 Church Avenue, Ballston Spa, NY 12020

(518) 743-1451 Fax

(518) 885-1900 Service/Intake

[www.ncr-home.org](http://www.ncr-home.org)

**Sites:**

**1. CASTLE HILL APARTMENTS**

114 Green Avenue

Castleton, NY 12033

(518) 732-4213

(518) 732-4213 Fax

**2. DOUBLEDAY WOODS**

91 Church Avenue, Ballston Spa, NY 12020

(518) 885-1900

(518) 884-2701 Fax

(800) 925-8689 TDD

*Public transportation accessible.*

**3. NATIONAL CHURCH RESIDENCES OF BALLSTON SPA, WATERFORD AND CLIFTONPARK**

91 Church Avenue, Ballston Spa, NY 12020 (614) 442-4390 Fax

(518) 743-1451 Fax

(518) 885-1900 Service/Intake

(518) 885-1900

Service/Intake

[www.ncr-home.org](http://www.ncr-home.org)

**4. SHENENDEHOWA VILLAGE**

300 Solomon Avenue, Clifton Park, NY 12065

(518) 373-1900

(518) 373-1998 Fax

**5. VAN SCHOONHOVEN SQUARE**

1 Van Schoonhoven Square, Waterford, NY 12188-2046

(518) 235-0514

(518) 237-8925 Fax

*Public transportation accessible*

**Services:**

***NATIONAL CHURCH RESIDENCES HUD Management Companies***

**Objectives:** National Church Residences provides safe, affordable housing for very low-income seniors and under aged disabled.

**Eligibility:** Low-income over age 62 or disabled

**Intake Procedure:** Call for information

**Hours:** Mon.-Fri. 9am-4pm

***DOUBLEDAY WOODS, Low Income/Subsidized Rental Housing \* Older Adults***

**Objectives:** Doubleday Woods offers 95 one-bedroom units, 9 of which are adapted for the disabled to seniors age 62 and up and the disabled, at 30% of adjusted gross income. There is a monthly doctor clinic and a hair salon.

**Eligibility:** Age 62 and older or disabled.

***SHENENDEHOWA VILLAGE, Low Income/Subsidized Rental Housing \* Older Adults***

**Objectives:** Shenendehowa Village offers 49 one-bedroom units at 30% of adjusted gross income to seniors age 62 and older. 3 units are adapted for the disabled. There is a community room and a computer room with high-speed access.

**Eligibility:** Age 62 and older

***VAN SCHOONHOVEN SQUARE, Low Income/Subsidized Rental Housing \* Older Adults***

**Objectives:** Van Schoonhoven Square offers 40 units, 4 of which are adapted for the disabled, to seniors age 62 and older or to the mobility impaired for 30% of adjusted gross income. Studios and one bedroom apartments are available.

**Eligibility:** Age 62 or older or mobility impaired

***CASTLE HILL APARTMENTS, Low Income/Subsidized Rental Housing \* Older Adults***

**Objectives:** Castle Hill Apartments offers 40 one-bedroom apartments, 4 of which are adapted for the disabled, to seniors age 62 and older or to the mobility impaired, for 30% of adjusted gross income. There is a laundry room, a community room with scheduled activities, and a computer resource center.

**Eligibility:** Age 62 and older or mobility impaired.

**NATIONAL GRID**

**1-800-642-4272 Customer Service**

**1-800-443-1837 Collection Services**

**1-800-867-5222 Power Outage/ Downed Lines**

[www.nationalgridus.com](http://www.nationalgridus.com)

**Sites:**

**1. NATIONAL GRID GLENS FALLS OFFICE**

**1 Apollo Road, Glens Falls, NY 12801**

**(518) 761-5942**

**Services:**

***CONSUMER ADVOCACY, Utility Bill Payment Plan Negotiation Assistance***

**Objectives:** National Grid's consumer advocates assist low-income and special-needs customers with bill paying management, outreach & education

**Eligibility:** National Grid Customer

**Intake Procedure:** Call for information

**Fees/Payment Source:** No cost

**Hours:** Glens Falls office: Mon.-Fri. 7:30 am - 4:30 pm

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## NATIONAL SUICIDE PREVENTION

LIFELINE (800) 273-8255 Hotline

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

**Services:**

**NATIONAL SUICIDE PREVENTION LIFELINE, General Crisis Intervention Hotlines, Suicide Prevention Hotlines**

**Objectives:** The National Suicide Prevention Lifeline at 1-800-273-TALK is a free 24-hour hotline available to anyone in suicidal crisis or emotional distress. Calls will be routed to the nearest of more than 140 crisis centers nationwide.

**Intake Procedure:** Call 1-800-273-8255.

**Hours:** 24 hours a day, 7 days a week.

## NEWMEADOW

100 Saratoga Village Blvd—Suite 35, Malta, NY 12020

(518) 899-9235

(518) 899-9315 Fax

[www.newmeadow.org](http://www.newmeadow.org)

**Services:** Full range preschool using the teaching methods of Bridges Applied Behavior Analysis in both self-contained and integrated classrooms. Special needs services include speech, physical and occupational therapies along with psychological and nursery services. Newmeadow is also a UPK site for the Ballston Spa School District.

**Objectives:** Prepare 3 and 4 year old children for kindergarten by creating environments that stress acquisition of academic, social and daily living skills. Focus is placed on social and language development opportunities through theme-based activities and teaching moments.

**Hours:** 9 am - 2 pm

**Target Population:** preschool ages, 2-

5 **Intake Procedures:** Registration

forms **Needed Documents:** See website.

**Fees/Payment Source:** See website.

## NEW YORK STATE COALITION AGAINST DOMESTIC VIOLENCE

350 New Scotland Avenue, Albany, NY

12208 (518) 482-5465

[www.nyscadv.org](http://www.nyscadv.org)

[www.ncr-](http://www.ncr-home.org)

[home.org](http://www.ncr-home.org)

**Services:**

**COALITION BUILDING AND NETWORKING, Coalition Building \* Domestic Violence Issues**

**Objectives:** The NYSCADV offers Coalition Building and Networking on domestic violence issues. Services include training and technical assistance, public policy making assistance, intensive focus projects and cultural competence.

**Eligibility:** No requirements

**Intake Procedure:** Call for information

**Fees/Payment Source:** Membership fee.

**Hours:** Mon.-Fri. 9am-5pm

**NEW YORK STATE DOMESTIC AND SEXUAL VIOLENCE HOTLINE, Domestic Violence Hotlines**

**Objectives:** The New York State Domestic and Sexual Violence Hotline is a 24-hour statewide hotline providing crisis intervention, counseling, technical assistance and information and referral, including a TTY service for callers who are deaf or hard of hearing.

**Intake Procedure:** Call for information

**Hours:** 24-hour services

**COMMUNITY OUTREACH AND RESOURCES, Outreach Programs \* Domestic Violence Issues**

**Objectives:** The Coalition Against Domestic Violence has a Community Outreach Program and resources to address the safety and concerns of women who are abused, and provide support and encouragement for the participation of women who are abused in the struggle to eradicate personal and institutional violence against them, and provide for a non- competitive atmosphere that fosters open communication, respect, and cooperation among advocates and women who are abused.

**Intake Procedure:** No intake. Call for information.

**Fees/Payment Source:** No cost

**Hours:** Mon.-Fri. 9am-5pm

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**NEW YORK STATE COMMISSION FOR THE BLIND - ALBANY DISTRICT OFFICE**

52 Washington Street, Rensselaer, NY 12144

(518) 473-7075

(518) 473-9255 Fax

[www.ocfs.state.ny.us/main/cbvh](http://www.ocfs.state.ny.us/main/cbvh)

**Services:**

**Objectives:** The New York State Commission for the Blind and Visually Handicapped (CBVH) provides vocational rehabilitation and other direct services to legally blind New York State residents, including children, adults, and elderly persons. One of CBVH's primary objectives is to assist consumers in achieving economic self-sufficiency and full integration into society. CBVH offers these services from seven district offices across the state.

**Hours:** Mon - Fri 10:00 a.m. - 4:30 p.m.

**Target Population:** Blind people of all ages

**Eligibility:** Must be legally blind in both eyes with best corrected vision

**Intake Procedure:** Fill out an application and/or call us

**District Office Locations District 1: Buffalo**

Ellicott Square Bldg., 295 Main Street, Room 590 (mail goes to room 545), Buffalo, NY 14203

(716) 847-3516

(716) 847-3500 TDD

**Serves Adults and Children in:** Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Livingston, Monroe, Niagara, Ontario, Orleans, Steuben, Wayne, Wyoming, and Yates Counties

**Serves Children only in:** Chemung, Schuyler, and Seneca Counties

**VR and ALP only:** Monroe, Ontario, and Wayne Counties.

**District 3: Syracuse**

The Atrium, 100 S. Salina Street, Suite 105, Syracuse, NY 13202

(315) 423-5417

(315) 423-5426 TDD

**Serves Adults and Children in:** Broome, Cayuga, Chenango, Cortland, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, Tioga, and Tompkins Counties

**Serves Adults only in:** Chemung, Seneca, Schuyler, and Yates Counties

**Serves Children only in:** St. Lawrence County

**District 4: Albany**

**40 North Pearl 15th Floor, Albany, NY 12210-2329** Telephone: (518) 473-1675 TDD: (518) 473-1698

**Serves:** Albany, Clinton, Columbia, Delaware, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Otsego, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington Counties

**VR only:** St. Lawrence County.

**District 5: White Plains**

**445 Hamilton Avenue, 5th Floor, Room 503, White Plains, NY**

**10601 (914) 993-5370**

**(914)993-5327 TDD**

**Serves:** Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, and Westchester Counties

**District 6: Manhattan**

**80 Maiden Lane 23rd Floor, NY, NY**

**10038 (212) 825-5710**

**(212)825-7367 TDD**

**VR only:** Bronx, Brooklyn, Manhattan, Staten Island

**District 7: Hempstead**

**50 Clinton Street, Suite 208, Hempstead, NY 11550** Telephone: (516) 564-4311 TDD: (516) 564-4325 Fax: (516) 292-7448

**Serves:** Nassau, Suffolk, Queens (VR and Independent Living Only) Counties

**District 8: Harlem**

**163 West 125th Street, Room 209, New York, NY**

**10027 (212) 961-4440**

**(212)961-4444 TDD**

**Serves:** Manhattan and the Bronx

**Services:*****VOCATIONAL REHABILITATION PROGRAM***

**Objectives:** The Vocational Rehabilitation (VR) Program offers guidance and counseling to assist consumers who are legally blind find or retain employment. Vocational counselors work with the consumer to develop an Individualized Plan for Employment (IPE). The IPE acts as a road map to guide the consumer toward their employment goals. Goals vary, and include preparing for and finding a job, continuing at a current workplace or maintaining a household independently.

**Intake Procedure:** Contact the District office nearest to you.

***CHILDREN'S PROGRAM***

**Objectives:** CBVH provides rehabilitation services to children who are legally blind. Early intervention, working with and empowering parents, arranging services to supplement educational activities and ensuring a smooth transition to adult services are all key to maximizing the future independence of each child. Working with the family, a CBVH Children's Consultant will help develop a plan to meet the child's needs. The plan may include services provided in the home, the community and/or private rehabilitation agencies. The consultant may provide counseling and guidance to the family, advocacy services, educational consultation and vocational coordination. CBVH also provides children with the opportunity to attend summer camps and year- round recreation programs that they might not otherwise be able to attend without the support of the Commission for the Blind and Visually Handicapped. The goal of the recreation programs is to provide children with opportunities that encourage independence and increase self- confidence.



**Intake Procedure:** For more information on the CBVH Children's Program, contact your nearest district office children's consultant:

**Buffalo:** **Syracuse:** Robert Barbera (716) 847-3533 Carol Hile (315) 423-5439 Richard Little (585)238-8112

**Albany:** **White Plains:** Lauren Corp (518) 473-4359 Joanne Russotti (914)993-5381

**Manhattan:** **Hempstead:** Paul Geraci (212) 825-7364 Arnold Chapman (516)564-4319

### **INDEPENDENT LIVING SERVICES PROGRAM**

**Objectives:** Individuals who are not eligible for vocational rehabilitation services and who are not receiving services through another CBVH Program may qualify to participate in the Independent Living Services Program. The program is designed to help individuals with low vision carry out day-to-day activities. This program provides services through not-for-profit private organizations and from ophthalmologists and optometrists who are certified as low vision specialists. These services are provided based on individual need and may include: orientation and mobility services, rehabilitation teaching, low vision services and devices, social casework and adaptive equipment.

**Intake Procedure:** Contact the district office nearest to you.

### **ADAPTIVE LIVING PROGRAM**

**Objectives:** The Adaptive Living Program (ALP) is for people who need training and services to assist them in living at home and in the community. In most cases, the consumer has to be over the age of 55, unless they have circumstances where they do not want to pursue employment. The ALP program provides Adjustment Counseling, Rehab Teaching, and Orientation & Mobility.

CBVH contracts with a number of

private agencies for the blind who go to consumer's homes to provide services. The primary benefit of this program is to allow senior citizens who are experiencing vision loss to function more independently in daily activities.

**Intake Procedure:** Contact your nearest local office.

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### **NEW YORK STATE DEPARTMENT OF TAXATION AND FINANCE**

**W.A. HARRIMAN CAMPUS, Bldg. 9, Room 200 Albany, NY 12203**

**(518) 530-4689**

**(518) 435-2945 Fax**

[www.tax.ny.gov](http://www.tax.ny.gov)

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### **NEW YORK STATE ENERGY RESEARCH AND DEVELOPMENT AUTHORITY**

**17 Columbia Circle, Albany NY 12203**

**(518) 862-1090**

**(518) 862-1091 Fax**

**(866) 697-3732 Service/Intake: Commercial/Institutional/Industrial**

**(877) 697-6278 Service/Intake: Residential**

**1-877-NY-SMART**

[www.nyserda.org](http://www.nyserda.org)

**Services:**

**NEW YORK ENERGY \$MART, *Energy Conservation***

**Objectives:** New York Energy \$mart programs are designed to lower electricity costs by encouraging energy efficiency as the state's electric utilities move to competition.

**Eligibility:** Electric distribution customers (residential, commercial, institutional and industrial) who pay

into the System Benefits Charge SBC.

**Intake Procedure:** Call for information or visit website.

Residential: (877) 697-6278 Service/Intake: Residential or visit

[www.getenergysmart.org](http://www.getenergysmart.org) All others: 1-866-NYSERDA (1-866-697-3732) or

visit [www.nyserda.org](http://www.nyserda.org)

**Hours:** Mon - Fri 8:30 am - 5:30 pm

**NEW YORK STATEWIDE SENIOR ACTION COUNCIL, INC.**

**275 State Street, Albany, NY 12210**

**1-800-333-4374**

**(518) 436-1006**

**(518) 436-7642 Fax**

[info@nysenior.org](mailto:info@nysenior.org)

**Services:**

**Objectives:** StateWide was organized in 1972 to achieve dignity, well-being and security for all senior citizens in New York State. We provide direct service through our helpline and counseling services and provide information to educate the community as well as state and federal policymakers on issues of importance to older New Yorkers.

**Eligibility:** Seniors

**Intake Procedure:** [info@nysenior.org](mailto:info@nysenior.org)

**Fees/Payment Source:** No cost.

**Hours:** Mon.-Fri. 8:30am-4pm

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**NORTHEAST CAREER PLANNING**

**16 Pearl Street, Glens Falls, NY 12801**

**(518) 465-5201**

**(518) 463-8051 Fax**

[www.northeastcareer.org](http://www.northeastcareer.org)

*Public transportation accessible.*

**Sites**

**1. NORTHEAST CAREER PLANNING- GLENS FALLS**

**65 Bay Street**

**Glens Falls, NY 12801**

**(518) 812-0280**

**(518) 812-0279 Fax**

[www.northeastcareer.org](http://www.northeastcareer.org)

*Public transportation accessible.*

**Services:**

**VOCATIONAL SERVICES, Prevocational Training \* Mental Illness/Emotional, Disabilities**

**Objectives:** The Vocational Services Program is a community mental health program serving persons over 18, with severe and persistent mental illness, who are seeking to enter the workforce. The goal of vocational services is to assist individuals in obtaining and maintaining employment in their chosen field via individual counseling and a job club model. Staff help prepare individuals to search for employment, assists them with the hiring process and provides ongoing support once employed. The program assists individuals with connecting with community resources for

benefits advisement, intensive job coaching, or obtaining work attire. In addition, staff coordinates employment concerns with clinical providers as well as employers to provide a continuity of care and to ensure the success of the individual.

**Eligibility:** Individuals are eligible who have a DSM IV diagnosis, are a resident of Rensselaer County, have medical and psychiatric stability sufficient to participate in a vocational program, are currently receiving mental health services, and who are Community Support Services eligible.

**Intake Procedure:** Referral required. Call for information and application procedure.

**Fees/Payment Source:** No cost.

**Hours:** Mon.-Fri. 8:30am-4pm

### ***JOB PLACEMENT SERVICES, Job Search/Placement***

**Objectives:** Job Placement Services facilitates and promotes effective job seeking and placement for individuals with disabilities for whom competitive employment is a realistic and immediate option, but due to the nature of their disability need some support to locate and secure a good job match. Services include tailored job seeking skills instruction, interview preparation, employment counseling, targeted job seeking, advocacy, job placement, and 90 day post-employment follow-up job counseling.

**Eligibility:** A person is eligible for services if the individual: has a physical or mental impairment that is a substantial impediment to employment; can benefit in terms of achieving an employment outcome consistent with the individual's strengths, resources, priorities, concerns, abilities, capabilities, interests and informed choice; and individuals who require vocational rehabilitation services to prepare for, secure, retain, or regain employment.

**Intake Procedure:** Referral Required, Application Procedure, Appointment Only

**Documents:** Documentation of disability, relevant background information and I-9 documentation for proof of legal employment eligibility.

**Fees/Payment Source:** None/Not applicable; Reimbursement through VESID, OMH, and/or CBVH

**Hours:** Mon.-Fri. 8:30am-4pm; Services can be provided during the evening and weekends by appointment.

### ***SCHOOL-TO-WORK TRANSITION SERVICES, School to Work Programs \* Young Adults***

**Objectives:** School-to-Work Transition Services provides assistance to students, families and school districts to evaluate and assist in making recommendations for developing and implementing effective transition services to meet student needs. Transition services include: assisting classroom instructional teams in the development of student's IEPs, providing technical assistance to ensure implementation of transition services of the IEP, presentation of workshops for school staff and students regarding transitional planning and issues regarding transitional planning, meeting with staff and students (and family) to provide support and assistance during the transition process, and providing information and referral assistance regarding the transition from school to adult community services.

**Eligibility:** Young adults ages 14-21 who have a disability or are at risk

**Intake Procedure:** Application by Authorized Provider, Appointment Only, Referral Required

**Document:** Documentation of disability, Relevant background information, Student IEP if applicable

**Fees/Payment Source:** Other; Reimbursement through VESID, School District, OMH, OMRDD, CBVH; Payment must be attached to some type of funding stream.

**Hours:** Mon.-Fri. 8:30am-4pm

### ***LIVES (LOCAL INTERAGENCY VESID EMPLOYMENT SERVICES), Supported Employment \* Vocational Assessment \* Diseases/Disabilities***

**Objectives:** LIVES (Local Interagency VESID Employment Services) is collaborative grant between Northeast Career Planning, TDA (Temporary Disability Assistance) and VESID (Vocational and Educational Services for individuals with Disabilities.) The grant provides services to TANF (Temporary Assistance to Needy Families) recipients with disabilities (i.e. physical, mental health, learning) from Albany, Rensselaer and Washington Counties in their quest to become more self-sufficient. NCP staff assists consumers with referral documentation for VESID services and completes a Vocational Assessment of consumers' skills and aptitudes. NCP staff assists the consumers with identifying goals and services which can be provided by VESID including Supported Employment, Traditional Employment Services or support for an Educational/Training goal. In addition to coordinating service providers and social services, NCP staff helps establish work activities - such as volunteerism or sheltered employment - for consumers to meet their TANF participation requirements.

**Eligibility:** Recipients of TANF assistance

**Intake Procedure:** Appointment only.

**Hours:** Mon.-Fri. 8:30am-4pm

***SUPPORTED EMPLOYMENT (VESID), Supported Employment***

**Objectives:** Supported Employment facilitates competitive work in integrated work settings for individuals with most severe disabilities for whom competitive employment has not traditionally occurred, and who, because of the nature and severity of their disability, need ongoing support services in order to perform their job. Supported employment provides assistance on and off the job site such as tailored job coaching, employment counseling, advocacy, specialized job training, ongoing extended support services and re- placement as needed. Supported employment provides an avenue to assist people in achieving greater independence and self-esteem through integrated competitive employment.

**Eligibility:** Eligible persons are those who are eligible for vocational rehabilitation services; who have a severe disability; who have not worked, have worked intermittently, in competitive employment due to the disability; and those who have a comprehensive assessment of rehabilitation needs which identifies supported employment as the appropriate rehabilitation objective for the individual.

**Intake Procedure:** Application by Authorized Provider, Referral Required, Appointment Only

**Documents:** Physician statement, Documentation of disability, relevant background information, and I-9 documentation for proof of legal employment eligibility.

**Fees/Payment Source:** None/Not applicable, Reimbursement through VESID, OMH, OMRDD, CBVH

**Hours:** Mon.-Fri. 8:30am-4pm

***DIAGNOSTIC VOCATIONAL EVALUATION, Vocational Assessment***

**Objectives:** Assessment services to assist individuals in vocational planning. Skills, interests, and aptitude testing to identify vocational strengths and weaknesses and develop job plans.

**Eligibility:** Individuals with disabilities or other barriers to employment

**Intake Procedure:** Application Procedure, Telephone, Appointment Only

**Documents:** Physician statement

**Fees/Payment Source:** None/Not

**Hours:** Mon.-Fri. 8:30am-4pm

***FASTTRACK SERVICES, Vocational Rehabilitation***

**Objectives:** FasTrack provides assistance for individuals with disabilities to apply for services from VESID (Vocational and Educational Services for Individuals with Disabilities). VESID sponsors

vocational rehabilitation services, which help individuals, prepare for suitable jobs.

**Eligibility:** Individuals with disabilities

**Intake Procedure:** Application by Authorized Provider, Telephone

**Documents:** Physician statement

**Fees/Payment Source:** None/Not

**Hours:** applicable Mon.-Fri. 8:30am-4pm

## **NORTHEAST HEALTH**

**2212 Burdett Avenue, Troy, NY 12180**

**(518) 274-3382**

[www.nehealth.com](http://www.nehealth.com)

*Public transportation accessible.*

### **Sites:**

#### **1. EDDY HOME CARE AND EDDY VISITING NURSE ASSOCIATION**

**430 River Street**

**Troy, NY 12180**

**(518) 274-3382**

**(518) 274-6200**

[www.nehealth.com](http://www.nehealth.com)

#### **2. NORTHEAST Health**

**2212 Burdett Avenue, Troy, NY 12180**

**(518) 274-3382**

[www.nehealth.com](http://www.nehealth.com)

Public transportation accessible

#### **3. THE TERRACE AT THE GLEN AT HILAND MEADOW**

**71 Longview Drive, Queensbury, NY 12804**

**(518) 832-7864 Service/Intake**

[www.nehealth.com](http://www.nehealth.com)

### **Services:**

#### ***THE TERRACE AT THE GLEN AT HILANDS, Assisted Living Facilities***

**Objectives:** The Terrace at the Glen at Hiland Meadows offers: Three restaurant-style meals daily, private studio apartment with kitchenette, assistance with bathing, dressing, medication management and activities of daily living, housekeeping, laundry and linen services, 24-hour security and emergency call system, licensed nursing staff and resident care assistants, social activities, cultural recreational and educational programs, and scheduled transportation. Services are provided for a reasonable monthly fee, including all utilities (heat, electric, air conditioning, telephone, cable TV, high-speed internet access.) For more information, or to schedule a tour, please call us at 832-7864.

**Eligibility:** Call for details.

**Intake Procedure:** Call for information.

**Fees/Payment Source:** Private Pay

**Hours:** 24 hours, 7 days

### **NORTHEAST HEALTH DIABETES CENTER: COMPREHENSIVE DIABETES EDUCATION PROGRAM**

**Objectives:** The Comprehensive Diabetes Education Program is a 10-hour program that educates an individual on diabetes management, including monitoring blood sugar, nutrition, preventing complications, activity, stress control and behavior modification.

**Eligibility:** Adults with Type 1, Type 2 or gestational diabetes who need diabetes education

**Intake Procedure:** Physician referral required. Patients are typically called within two or three days of receipt of referral.

**Documents:** Referral from physician. Call for details

**Fees/Payment Source:** Medicaid, Medicare, private insurance accepted. Everyone is advised to call insurance prior to visit to ensure that diabetes education is covered. Donations accepted.

**Hours:** Mon.-Fri. 8:30 am - 4:00 pm

### **COMMUNITY SERVICES, Home Health Aide Services, Home Nursing, Long Term Home Health Care Personal Emergency Response Systems**

**Objectives:** Eddy Home Care and Eddy Visiting Nurse Association, provides comprehensive healthcare services to help individuals remain independent and in their own homes. We offer: visiting nurses, private duty nurses, physical, occupational and speech therapists, certified home health aides and personal care aides, medical social workers, nutritionists, Our specialty nursing programs include wound care, home infusion therapy, diabetes management, pediatric nursing, maternal-infant health care, and care for individuals with HIV/AIDS. We are proud to offer anodyne therapy for the treatment of peripheral neuropathy, lymph edema and non-healing wounds, as well as state-of-the-art tele-homecare technology. For more information, please call The Eddy's home care division, (518) 274-6200.

**Eligibility:** Call for details

**Intake Procedure:** Telephone

**Fees/Payment Source:** Medicare, Medicaid, Insurance, Credit/Debit Card, Cash, check,

**Hours:** 24 Hours. 7 Days.

### **NORTHEASTERN ASSOCIATION FOR THE BLIND AT ALBANY (NABA)**

301 Washington Avenue, Albany, NY 12206

(518) 463-1211

(518) 463-3858 Fax

[www.naba-vision.org](http://www.naba-vision.org)

[clawyer@naba-](mailto:clawyer@naba-vision.org)

[vision.org](http://www.naba-vision.org)

Public transportation accessible.

#### **Services**

**SERVICES FOR THE BLIND AND VISUALLY IMPAIRED, Blind Mobility Aids \* Blindness Disability Associations \* Blindness Low Vision Aids \* Blindness Orientation and Mobility Training \* Blindness Vision Screening \* Blindness**

**Objectives:** Provides services to blind and visually impaired individuals through vision rehabilitation therapy, social work, orientation and mobility, low vision center, job development and placement, assistive technology, manufacturing facility employment, KidSight preschool vision screenings, and a summer youth camp.

**Eligibility:** Blind or visually impaired

**Intake Procedure:** Call for information

**Fees/Payment Source:** Free for legally blind

**Hours:** Mon.-Fri. 8 am-4 pm

**OAK HILL SCHOOL****39 Charlton Road, Scotia, NY 12302****(518) 399-5048****(518) 399-6140 Fax**

**Services:** Oak Hill School is a private, state-funded school that provides an individual education program for students. The program focuses on the well-being and development of the student.

**Objective:** Oak Hill's mission is to provide a safe, stimulating learning environment for students with Emotional Disabilities and Spectrum Related Disorders.

**Eligibility:** Students in grades K through 8

**Intake Procedure:** The home school district Committee of Special Education sends student referral packet to Oak Hill School (OHS). OHS staff reviews referral packet and arranges intake meeting. The child, parents/guardians, and home district representative visit OHS to discuss placement. Upon acceptance into the program, the home school district arranges transportation and pays the student's tuition. Contact David Mitchell, Director, at 399-5048 ext. 10 for further information.

**Hours:** School calendar - 8:10 am - 1:45 pm

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**OCCUPATIONAL & ENVIRONMENTAL HEALTH CENTER OF EASTERN NY****1873 Western Ave., Albany, NY 12203****(518) 690-4420 Ext. 220****(518) 690-4427 Fax**[www.occmgroup.emblemhealth.com](http://www.occmgroup.emblemhealth.com)**Services:**

**Objectives:** OEHC is a regional non-profit occupational health center dedicated to the diagnosis, treatment and prevention of occupational and environmental illness and injury. OEHC provides employers and employees with training and educational programs to reduce and prevent illness and injury.

**Services:** Geographic Area (s) Served: We serve the following counties; Albany, Columbia, Greene, Rensselaer, Saratoga, Schenectady, Washington, & Warren.

**Eligibility:** Open to anyone. Every effort will be made to prevent costs from being a barrier to our services. We can bill to insurances. A sliding scale is available to those without health insurance.

**Intake Procedure:** Call

**Hours:** 8:30 a.m. - 4:30 p.m. Monday - Friday

**ONE ROOF HOLISTIC HEALTH CENTER**  
58 Henry Street, Saratoga Springs, NY 12866-  
5185 (518) 581-3180  
(518) 581-3182 Fax  
[www.oneroofsaratoga.com](http://www.oneroofsaratoga.com)

**Services:**

**HOLISTIC HEALTH CENTER**

**Services Provided:** One Roof Holistic Health Center in downtown Saratoga Springs offers a range of services for the body and mind.

**Intake Procedure:** Vary

**Fees/Payment Source:** Vary

**Hours:** Vary, call for information.

**ONE-STOP OF WASHINGTON COUNTY**  
383 Broadway, Fort Edward, NY 12828  
(518) 746-2390  
(518) 746-2392 Fax

[www.thejoblink.org](http://www.thejoblink.org)

[jtarantino@co.washington.ny.us](mailto:jtarantino@co.washington.ny.us)

*Public transportation accessible.*

**Services:**

**ONE-STOP OF WASHINGTON COUNTY, Comprehensive Job Assistance Centers**

**Objectives:** The Warren County Employment and Training is a one-stop comprehensive job assistance center offering access to job listings, apprenticeship opportunities, career planning and counseling, civil service, financial aid information, informational workshops, job fairs, job search assistance, labor market information, a resource room for job search, opportunities for individuals with disabilities, reading and writing help, reemployment services, referral to community resources, and help with resume writing.

**Eligibility:** Call for details

**Intake Procedure:** Call for information, walk-in.

**Fees/Source Payment:** No cost

**Hours:** Mon.-Fri. 8am-4pm

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**PARENT NETWORK OF THE CAPITAL REGION**  
1190 Troy-Schenectady Road, Latham, NY 12065  
(518) 640-3320  
(518)640-3401

[www.pncrny.org](http://www.pncrny.org)

**Services:**

**Objectives:** The mission of the Parent Network of the Capital Region (PNCR) is to provide parents with the knowledge, skills and resources to facilitate productive relationships with their school districts ensuring an appropriate education for their child. All services are free of charge.

**Services:** Information on laws, regulations, special education process, understanding IEP's, evaluations. Training and workshops are provided on a wide variety of special education topics. Trainings are offered both during the day and in the evening.

**Eligibility:** Parents of school age children with disabilities or suspected disabilities.

**Intake Procedure:** Call us! 518-640-3320

**Fees/Payment Source:** No cost

**Hours:** Mon - Fri 8:30 am - 4:30 pm office/resource center

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**PARSONS CHILD AND FAMILY CENTER**  
**100 SARATOGA VILLAGE BLVD., SUITE 26, MALTA, NY 12020**  
**(518) 299-5433**  
**(518) 899-4930 Fax**  
[www.parsonscenter.org](http://www.parsonscenter.org)

**Services:** Individual and family therapy and medication management.

**Eligibility:** Children (0 – 21 y/o) and Families

**Intake Procedure:** Please call for appointment

**Fees/Source Payment:** Insurance information

**Hours:** variable

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**PINE KNOLLS ALLIANCE CHURCH**  
**614 Gansevoort Rd., South Glens Falls, NY 12803**  
**(518) 793-7101 Service/Intake**  
**(518) 306-4652 Service/Intake**

**Services:**

**PINE KNOLLS ALLIANCE CHURCH FOOD PANTRY**

**Objectives:** Food for the needy

**Eligibility:** Anyone can use this food pantry

**Intake Procedure:** Come in **Fees/Payment Source:** No cost

**Hours:** Sat. 8:30 am - 10

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**PLANNED PARENTHOOD MOHAWK HUDSON, INC.**

1040 State Street, Schenectady, NY 12307

(315) 724-5146

(518) 374-5353

(518) 347-1413 Fax

(866) 307-4086 Sexual Assault Hotline

[www.plannedparenthood.org](http://www.plannedparenthood.org)

*Public transportation accessible.*

**Sites:**

**1. PLANNED PARENTHOOD CLIFTON PARK 4. PLANNED PARENTHOOD SARATOGA SPRINGS**  
1673 Route 9, Clifton Park, NY 12065 236 Washington Street, Saratoga Springs, NY 12866

(518) 383-1783

(518) 581-2524 Fax

(518) 373-1786 Service/Intake (518) 584-0070 Service/Intake

(518) 383-1783 Service/Intake (518) 584-0041 Service/Intake

[www.plannedparenthood.org/ppmh](http://www.plannedparenthood.org/ppmh)

*PLANNED PARENTHOOD MOHAWK HUDSON, INC.*

**2. PLANNED PARENTHOOD GLENS FALLS 5. WARREN COUNTY SEXUAL ASSAULT**

135 Warren Street, Glens Falls, NY 12801

(518) 792-0994 Service/Intake 21 Bay Street, Suite 314, Glens Falls, NY 12801 (518)

792-4305

(518) 792-3791 Fax

(866) 307-4086 Hotline

[lahealy@nycap.rr.com](mailto:lahealy@nycap.rr.com)

*Public transportation accessible*

**3. PLANNED PARENTHOOD ROME**

111 East Chestnut Street, Ste. 205, Rome, NY 13440.

(315) 337-8641 Fax

(315) 337-8584 Service/Intake

[www.plannedparenthood.org/ppmh](http://www.plannedparenthood.org/ppmh) *Public*

*transportation accessible.*

**Services:**

**HIV COUNSELING AND TESTING AIDS/HIV, Prevention Counseling, HIV Testing**

**Objectives:** Planned Parenthood's Health Services offers HIV testing and counseling.

**Intake Procedure:** Call for appointment

**Hours:** Hours vary with location.

**FAMILY PLANNING, Birth Control Counseling, Contraception, Emergency Contraception**

**Objectives:** Planned Parenthood's Health Services offers birth control methods and birth control counseling.

Oral contraceptives, Norplant, Depo Provera, diaphragms, condoms, spermicide, IUDs and emergency contraception are available, as well as referrals for a tubal ligation or vasectomy.

**Eligibility:** Accept most insurance, can assist those who have no insurance

**Intake Procedure:** Call or visit online

**Fees/Payment Source:** Sliding fee scale, no cost or low cost.

**Hours:** Hours vary with location

**PREGNANCY TESTING/COUNSELING, Pregnancy Testing, Pro-Choice Counseling**

**Objectives:** Planned Parenthood offers free pregnancy testing and pro-choice

counseling. **Eligibility:** Accept most insurances, can assist those who have no insurance

**Intake Procedure:** Call or visit online

**Fees/Payment Source:** No cost

### **SEXUALITY AND HEALTH EDUCATION**

**Saratoga County (518) 584-0041 x220**

**Warren, Washington and Essex County (518) 792-0994 x219**

**Schenectady County (518) 374-5353 x217**

**Oneida County (315) 724 6146 x253**

**Fulton and Montgomery Country 518-842-0285 x604**

**Objectives:** PPMH Educators offer programs on a wide range of sexual health topics that are custom tailored to meet the needs of each group or individual they are offered to. Educators are also able to provide training to community professionals. Education and training topics include (but are not limited to): abstinence, parent-child communication, safer sex, pregnancy and birth, sexually transmitted infections, sexual orientation, gender identity, bullying, hygiene and anatomy.

**Eligibility:** Accept most insurances, can assist those who have no insurance

**Intake Procedure:** Call or visit online

**Fees/Payment Source:** Sliding fee scale, no cost or low cost

**Hours:** Hours vary with location

### **WARREN COUNTY SEXUAL ASSAULT SUPPORT SERVICES, Crime Victim Accompaniment Services Sexual Assault Counseling, Sexual Assault Hotlines, Sexual Assault Prevention**

**Objectives:** Warren County Sexual Assault Support Services provides advocacy accompaniment and crisis counseling to past and present victims of sexual trauma. Primary prevention and professional education programming is offered with topics on child sexual abuse, date rape, bullying, healthy relationships, sexual harassment. There is a 24-hour free and confidential hotline. All services are free and confidential.

**Eligibility:** Accept most insurances, can assist those who have no insurance

**Intake Procedure:** Call or visit online

**Fees/Payment Source:** No cost.

### **STD TESTING AND TREATMENT, Sexually Transmitted Disease Screening, Sexually Transmitted Disease Treatment**

**Objectives:** Planned Parenthood offers testing and treatment for sexually transmitted infections.

**Eligibility:** Accept most insurances, can assist those who have no insurance

**Intake Procedure:** Call or visit online

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**PRESTWICK CHASE**  
100 Saratoga Blvd., Saratoga Springs, NY 12866  
(518) 584-7766  
(518) 584-4740 Fax

[www.prestwickchase.com](http://www.prestwickchase.com)  
[info@prestwickchase.com](mailto:info@prestwickchase.com)

**Services:**

***RETIREMENT LIVING***

**Objectives:** Prestwick Chase is an active adult community that offers spacious suites and private cottages for independent living. Meals, medication administration, assistance with aspects of daily living, weekly laundry and linen service, daily housekeeping, 24hour supervision, transportation daily activities and an emergency response system are provided.

**Eligibility:** Call for details

**Hours:** 24 hours, 7 days.

**PREVENTION COUNCIL OF SARATOGA COUNTY**  
125 High Rock Avenue, Suite 200, Saratoga Springs, NY12866  
(518) 581-1230

[www.preventioncouncil.org](http://www.preventioncouncil.org)

[execdir@preventioncouncil.org](mailto:execdir@preventioncouncil.org)

*Public transportation accessible.*

**Services:** ALCOHOL AND SUBSTANCE ABUSE PREVENTION

**Objectives:** The Prevention Council offers school-based curricula, a student assistance program, parent education and support, a Problem Gambling Prevention Program, after-school and summer prevention services, coalition and community outreach services, information and referral services, offender programs for DWI and young adult alcohol or drug-related offenses, community education and professional training. The Council also supports recovery advocacy through RAIS (Recovery Advocacy in Saratoga), and is active on Facebook and Twitter. @PrevCouncil

**Eligibility:** Call for details, [raisourvoice@gmail.com](mailto:raisourvoice@gmail.com)

**Intake Procedure:** Call for information

**Fees/Payment Source:** Call for information

**Hours:** 9am-5pm

***UNDERAGE AND PROBLEM GAMBLING PREVENTION SERVICES, Gambling Addiction Prevention Programs***

**Objectives:** The Prevention Council offers an Underage and Problem Gambling Prevention Program to promote public awareness and healthy attitudes about gambling, to help youth and families develop the motivation and skills to avoid underage gambling, and to help those who are problem gamblers engage in treatment and recovery.

**Eligibility:** Call for details

**Intake Procedure:** Call for information

**Hours:** Mon.-Fri. 8am-4pm

***SARATOGA COUNTY YOUTH COURT, Youth Courts***

**Objectives:** The Saratoga County Youth Court is a restorative justice sentencing court for first-time school- age criminal offenders run entirely by trained high school age officers. Officers receive 18 hours of training. Offenders are sentenced to community service, jury duty and a variety of other sanctions.

**Eligibility:** Officers: High school age youth who live or go to school in Saratoga County. Offenders: First-time, non- violent criminal offenders who are school age youth between 8 and 19.

**Intake Procedure:** Offenders 15 or under are referred by the Saratoga County Family Court through the Saratoga County Probation Department. Offenders 16 and over are referred by municipal courts. Offender and a parent or guardian meet with youth court coordinator and if all agree that a hearing is appropriate, it is scheduled, usually within 3 weeks of meeting.

**Documents:** Referring documents are received by Youth Court directly from the referring court.

**Fees/Payment Source:** No cost.

**Hours:** Mon.-Fri. 8am-4pm. Court takes place weekday evenings. Community and other sanctions may take place on Saturdays as well as after school and evening.

**PROJECT SAFE POINT**  
100 Slingerlands Street  
Albany, NY 12202  
(518)449-3581  
(518)426-3662 Fax  
[www.projectsafepoint.org](http://www.projectsafepoint.org)

**Services Provided:** Syringe exchange, OPIOID overdose prevention, Care Coordination, Treatment Readiness and Counseling, HIV and Hepatitis C Screening, Syringe Disposal and Treatment Referral

**Objectives:** Our goals are to prevent disease and improve the lives of people who use drugs, including those who inject. We meet people where they are, preparing and assisting with entry into drug Rehab Programs when and if they are able to take this step.

**Target Population/Eligibility:** Opioid users, Injection drug users

**Intake Procedures:** Varies with service

**Fees/payment Source:** All services are free to participants

**Hours:** Monday – Friday 8:30 am – 4:30 pm. 24-hour emergency available.

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**REBUILDING TOGETHER SARATOGA COUNTY, INC.**  
267 Ballard Road, Suite 4, Wilton, NY 12831  
(518) 587-3315  
(518) 587-3314 Fax  
[www.rtsaratoga.org](http://www.rtsaratoga.org)

**Services:**

***HOME REPAIR SERVICES, Home Maintenance and Minor Repair Services***

**Objectives:** Our mission is to bring volunteers and communities together to improve the homes and lives of homeowners in need. Home repairs to keep homeowners warm, safe and dry.

**Eligibility:** Saratoga County homeowner who are elderly, disabled low-income or a veteran

**Intake Procedure:** Call office (518)587-3315 for application or download from website

**Hours:** Mon - Fri 9:00 a.m. - 4:00 p.m.

**RECOVERY ADVOCACY IN SARATOGA (RAIS)**  
59 Pyramid Pines Est., Saratoga Springs, NY 12866  
(518) 879-7480  
[raisourvoice@gmail.com](mailto:raisourvoice@gmail.com)

**Services:** Substance Abuse

**RESOURCE CENTER OF INDEPENDENT LIVING, INC.**

347 West Main Street Amsterdam, NY

12010 (518) 842-3561

(518) 842-0905 Fax

[www.rcil.com](http://www.rcil.com)

**Services:**

**Objectives:** We believe if you want to live independently, you don't need permission, you need resources.

At RCIL, we provide real solutions to the personal, social or governmental barriers that are stopping decisions from being respected and realized. We have four decades of experience in providing personally tailored advocacy, information and training services. Our goal is for people to live in their communities with only the support that they need and choose.

**Services:** Advocacy (individual and systemic), Consumer Directed Personal Assistance Program (CDPAP), Work Incentives Planning and Assistance (WIPA), Employment, Residential Habilitation, Individual Support Services, Nursing Home Transition and Diversion Waiver (NHTDW), Developmental Disabilities Medicaid Service Coordination (MSC), Developmental Disabilities Respite Program, Lion's Loan-Out Library- Assistive Technology.

\*Please call for more information about services/programs listed above and the counties that each individual service covers.

**Eligibility:** Call for details

**Intake Procedure:** Call for information about the intake procedure

**Documents:** Call for details

**Hours:** Monday through Friday, 8:30 am - 4:30 pm

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**SALVATION ARMY - GLENS FALLS**

13-15 Chester Street, Glens Falls, NY 12801

PO Box 326, Glens Falls, NY 12801

(518) 792-5127

(518) 761-0296 Fax

(518) 792-1960 Service/Intake

[David.dean@use.salvationarmy.org](mailto:David.dean@use.salvationarmy.org)

*Public transportation accessible.*

**Services:**

**HOLIDAY FOOD BASKETS, Christmas Baskets, Thanksgiving Baskets**

**Objectives:** The Glens Falls Salvation Army distributes holiday food baskets to needy families at Thanksgiving and Christmas.

**Eligibility:** Call for details

**Intake Procedure:** Walk in or call for information

**Documents:** Call for details

**Fees/Payment Source:** No cost or low cost.

**Hours:** Mon.-Fri. 8:30am-12noon, 1pm-3:30pm

**FOOD PANTRY, Food Pantries**

**Objectives:** The Glens Falls Salvation Army has a food pantry to assist people in need.

**Eligibility:** Call for details

**Intake Procedure:** Walk in or call for appointment.

**Documents:** Identification. Call for details.

**Fees/Payment Source:** No cost or low cost. Donations accepted.

**Hours:** Mon.-Fri. 8:30am-12noon, 1pm-3:30pm

### ***CLOTHING, General Clothing Provision***

**Objectives:** The Glens Falls Salvation Army provides assistance to people who are in need of clothing.

**Eligibility:** Call for details

**Intake Procedure:** Walk in or call for information.

**Documents:** Call for details

**Fees/Payment Source:** No cost or low cost. Donations accepted.

**Hours:** Mon.-Fri. 8:30am-12noon, 1pm-3:30pm

### ***FURNITURE, General Furniture Provision***

**Objectives:** The Glens Falls Salvation Army will provide needy people with assistance in obtaining furniture and household items.

**Eligibility:** Call for details

**Intake Procedure:** Walk in or call for appointment

**Fees/Payment Source:** No cost or low cost. Donations accepted.

**Hours:** Mon.-Fri. 8am-12noon, 1pm-3:30pm

### ***HOLIDAY GIFTS/TOYS, Holiday Gifts/Toys***

**Objectives:** Helps needy families find presents for their children for the Holiday Season.

**Eligibility:** Call for details.

**Intake Procedure:** Call for information.

### ***CRISIS INTERVENTION, In Person Crisis Intervention***

**Objectives:** The Salvation provides crisis intervention, problem solving, short-term case management and advocacy for persons in need.

**Eligibility:** Call for details.

**Intake Procedure:** Call for appointment or walk in.

**Fees/Payment Source:** No cost or low cost. Donations

accepted. **Hours:** Mon.-Fri. 8:30am-12noon, 1:00pm-3:30pm.

### ***SCHOOL SUPPLIES***

**Objectives:** The Salvation Army will provide a few school supplies to those in need (but no backpacks.)

**Intake Procedure:** Call for information.

### ***WEEKLY SOUP KITCHEN, Soup Kitchens***

**Objectives:** The Glens Falls Salvation Army provides a soup kitchen once a week for people in need.

**Eligibility:** Call for details

**Intake Procedure:** Walk in

**Fees/Payment Source:** No cost or low cost. Donations accepted.

**Hours:** Tues. 5:30pm

### ***EMERGENCY FINANCIAL ASSISTANCE, Undesignated Temporary Financial Assistance***

**Objectives:** The Salvation Army provides emergency financial and material assistance to address needs in the area of food, clothing, shelter, rent, utilities, medication, transportation, household and furniture items.

**Eligibility:** Those in need. Call for details.

**Intake Procedure:** Appointment only. Walk in for application and appointment.

**Fees/Payment Source:** No cost or low cost. Donations accepted.

**Hours:** Mon.-Fri. 8:30am-12noon, 1pm-3:30pm

### ***YOUTH ENRICHMENT PROGRAMS, Youth Enrichment Programs***

**Objectives:** The Glens Falls Salvation Army offers youth enrichment programs, which include summer camping trips and opportunities for social and spiritual development.

**Eligibility:** Call for details

**Intake Procedure:** Walk in or call for appointment.



**Fees/Payment Source:** No cost or low cost. Donations accepted.

**Hours:** Mon.-Fri. 8:30am-12noon, 1pm-3:30pm

**SALVATION ARMY - SARATOGA**

27 Woodlawn Avenue, Saratoga Springs, NY 12866  
(518) 584-1640

**Sites**

**1.SALVATION ARMY - SARATOGA**

27 Woodlawn Avenue, Saratoga Springs, NY 12866  
(518) 584-1640

**2.SALVATION ARMY FAMILY STORE**

29 Old Route 146, Clifton Park, NY 12065  
(518) 373-5880 Service/Intake

**Services:**

***FOOD PANTRIES***

**Objectives:** The food pantry provides food to people who are in emergency situations, and delivers food baskets to clients in need.

**Intake Procedure:** Walk-in

**Hours:** Mon., Wed., Fri. 9:30 AM - 12:00 PM

***HOLIDAY GIFTS/TOYS, Holiday Gifts/Toys***

**Objectives:** Helps needy families find presents for their children for the Holiday Season.

**Eligibility:** Call for details.

**Intake Procedure:** Call for information.

***SCHOOL SUPPLIES***

**Objectives:** The Salvation Army provides school supplies to those in need while supplies last.

**Intake Procedure:** Walk in.

**Hours:** Tues, Wed. Thurs. 9:30 am-11:30 am

***COLD BREAKFAST, Soup Kitchens***

**Objectives:** The Salvation Army provides a cold breakfast every day 8:45 a.m. to 10:00 a.m.

**Intake Procedure:** Walk in

**Fees/Payment Source:** No cost.

**Hours:** 8:45 am-10 am

***THRIFT STORE, Thrift Shops***

**Objectives:** The Salvation Army operates a thrift store where people may purchase secondhand clothing and household items for low rates.

**Eligibility:** No requirements

**Intake Procedure:** Walk in

**Fees/Payment Source:** Low cost. Donations accepted.

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## **SAMARITAN COUNSELING CENTER OF THE CAPITAL REGION**

**220 North Ballston Avenue, Scotia, NY 12302**

**(518) 374-3278 Voicemail**

**(518) 374-9193 Fax**

**(518) 374-3514 Service/Intake**

[www.samaritancounselingcenter.org](http://www.samaritancounselingcenter.org)

[office@samaritancounselingcenter.org](mailto:office@samaritancounselingcenter.org)

*Public transportation accessible.*

### **Sites**

#### **1. SAMARITAN COUNSELING CENTER OF THE CAPITAL REGION CLIFTON PARK OFFICE**

**971 Route 146, Clifton Park, NY 12065**

**(518) 374-3514 Service/Intake**

#### **2. CLIFTON PARK VILLAGE PLAZA, Medical Arts Building**

**5 Southside Drive, Clifton Park, NY 12065 (next to Jenny Craig)**

#### **3. SAMARITAN COUNSELING CENTER OF THE CAPITAL REGION JONESVILLE OFFICE**

**963 Main Street, Jonesville, NY 12065**

**(518) 374-3514 Service/Intake**

#### **4. SARATOGA SPRINGS**

**75 Railroad Place, Saratoga Springs, NY 12866**

**Services:** Individual, Couples, and Family Counseling

**Objectives:** To help individuals, couples, and families build strong, healthy relationships.

**Hours:** By appointment

**Target Populations:** Individuals, couples, and families

**Eligibility Criteria:** N/A

**Intake Procedure:** Call the main office at (518)374-3514

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#### **SARATOGA BRIDGES (NYSARC, Inc. Saratoga County Chapter)**

**16 Saratoga Bridges Boulevard, Ballston Spa, NY 12020**

**(518) 587-0723**

**(518) 871-9497 Fax**

[www.saratogabridges.org](http://www.saratogabridges.org)

[info@saratogabridges.org](mailto:info@saratogabridges.org)

**Services:** Saratoga Bridges is the 3rd largest non-profit human service agency and 1 of the top 15 largest employers in Saratoga County. The people who access our programs constitute every race and ethnicity and 1/3 use adaptive equipment for mobility. Presently, our 600 dedicated employees offer a full range of professional services to over 826 individuals and families including:

- Advocacy & Outreach to increase awareness
- Clinical – occupational, physical and speech therapies, nursing, nutrition, psychology and Program Coordination and social work
- Community Opportunities blend pre-vocational, Day Hab and Supported Employment Programs.
- Day Habilitation (Hab) – 450 people receive daily services at 12 Program sites.
- Employment – 119 people are employed in the community through Alpha Career Options, our Supported Work Pro-gram. 75 individuals work at Alpha Industries doing bench assembly, at the Corinth Pallet and Production Facility or Fire-Bag™ Woodshop.

- Family Support – 233 family members access Adult Social Club, Clinical Consultation, Community Habilitation, Community Outreach and Referral, Dinner & Discussion Group, Educational Advocate, Family Education and Trainings, Family Reimbursement, Guardianship, ‘McDonald Family Resource and Discovery Center’, Respite, Sibshops, Social/Recreation Program, Specialized Autism or Support Services for Individuals and their Families (SASSI).
- Legislative Advocacy
- Recreation and Social opportunities
- Residential – 120 people live in 18 homes, 7 people live in Family Care and 6 women and 1 man live in 4 supportive apartments
- Service Coordination – 289 persons are assisted
- Transportation – 500 individuals are transported daily to and from employment or program, accruing close to 1 million miles annually
- Volunteering hundreds of hours weekly at numerous venues

**Objectives:** Parents from Saratoga, Rensselaer, Warren & Washington Counties founded Saratoga Bridges (formerly Saratoga County ARC) in 1954 to create a rightful place in society for their children, develop educational opportunities, increase physical, verbal, communication and daily living skills and promote better personal and social opportunities. This life-planning process focuses on the gifts and talents of each individual and encourages staff to discover new ways to strategize future visions. Every person receives an individualized program designed to help them conquer everyday challenges and realize their dreams which are to work, learn, socialize, live independently, volunteer, recreate and participate in the community. Our aim is to enhance each person’s life by addressing their needs, while simultaneously encouraging understanding, acceptance, and inclusion. The ultimate goal is for our individuals to have full, active, integrated lives. As a voluntary human services provider, we feel that the care we give increases immeasurably the quality of life for every citizen. We truly believe that every day is full of possibilities! Our person-centered philosophy is addressed in our mission statement – ‘Saratoga Bridges is committed to advocacy for people with disabilities by providing resources that enable them to live enriching lives in the communities where they are valued for their abilities and contributions.

**Eligibility:** Saratoga Bridges does serve children, however most programs are designed for adults over 21 years old who have a developmental disability.

- Individuals who are interested in Saratoga Bridges Day, Residential or Family Support Services must submit documentation to New York State Office for Persons With
- Developmental Disabilities (OPWDD) to have their eligibility determined.
- Individuals who want to pursue community employment opportunities must have a documented disability.

**Hours:** Our offices and day programs are open 8 am - 4:30 pm. Our homes are open 24/7.

**Intake Procedure:** Once someone obtains eligibility, he/she needs to contact our Intake Coordinator, Julianne Furlong, at 587-0723 ext. 1227 or [jfurlong@saratogabridges.org](mailto:jfurlong@saratogabridges.org). Individuals who are interested in supportive employment must contact Access VR at 473-8097 or [www.access.nysed.gov/vr](http://www.access.nysed.gov/vr)

**SARATOGA CARE NURSING HOME**  
 211 Church Street, Saratoga Springs, NY 12866  
 (518) 583-8488  
 (518) 583-8414 Fax  
[www.saratogahospital.org](http://www.saratogahospital.org)  
[abalcolm@saratogacare.org](mailto:abalcolm@saratogacare.org)

**Services:**  
***NURSING HOME, Skilled Nursing Facilities***

**Objectives:** Saratoga Care Nursing Home is a skilled nursing facility and can take complex cases. Short-term rehab is

**Fees/Payment Source:** Private pay cost, Private Room \$254.40 Private pay cost, Semi-private Room\$243.80

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### **SARATOGA CENTER FOR THE FAMILY**

359 Ballston Avenue, Saratoga Springs, NY12866

(518) 587-8008

(518) 587-8241 Fax

[www.saratogacff.org](http://www.saratogacff.org)

[g.](mailto:scff@nycap.rr.com)

[scff@nycap.rr.com](mailto:scff@nycap.rr.com)

Public transportation accessible.

### **Services**

#### **MENTAL HEALTH COUNSELING, Family Counseling Agencies, General Counseling Services**

**Objectives:** The Center's mental health counseling service focuses on healing the effects of abuse and violence, but also includes counseling for family dysfunction, depression, anxiety, behavioral problems, anger and emotional issues related to ADHD and other learning challenges. The services are structured around a supportive crises intervention model and strengths-based solution-focused therapy. Clients are seen in individual, family and group treatment.

**Eligibility:** Children and adults in need of counseling

**Intake Procedure:** Call for information

**Fees/Payment Source:** No cost, low cost or sliding fee scale Cash, check, private insurance, credit/debit card, Medicaid accepted.

**Hours:** Mon.-Fri. 8am-5pm

#### **GRANDPARENTS AS PARENTS, Kinship Caregiver Support Groups \* Grandparents**

**Objectives:** Grandparents as Parents is a support group for grandparents who have custody of young children. The groups provide a forum in which to share concerns and assist one another in developing solutions to many difficult situations. Program content may include: What can I do to raise a child in this day and age? How can I maintain healthy relationships with family during this stressful time? How can I help us all cope with my grandchild's parents?

**Eligibility:** Grandparents who have custody of young children.

**Intake Procedure:** Telephone.

**Fees/Payment Source:** Application/registration fee Cash, Check, Credit/Debit Card

**Hours:** Last Tuesday of the month 10am-11:30am

#### **PARENTING, Parenting Skills Classes**

**Objectives:** Parenting groups focus on the various needs of caregivers in search of education and support during the challenging times of parenting. Groups are designed to meet the needs of caregivers interested in improving their parenting skills and developing child-rearing knowledge and skills. Program content may include: using love and limits, understanding family values and roles, encouraging good behavior and using consequences in a positive way.

**Eligibility:** Anyone who is a parent.

**Intake Procedure:** Telephone

**Fees/Payment Source:** Application/registration fee Medicaid, Cash, check, Credit/Debit Card

**Hours:** Vary, call office for schedule

#### **STRENGTHENING FAMILIES, Parenting/Family Support Groups**

**Objectives:** Strengthening Families is a program for parents and youth ages 10-14 years old. The program is

designed to improve family communication, improve family problem solving skills and prevent drug/alcohol use. In the first hour of each session, parents/caregivers and youth meet separately, in the second hour they come together to share and discuss what they've learned. The program includes a light family meal. This is an 8-week program that meets once a week.

**Eligibility:** Families with children ages 10-14

**Intake Procedure:** Telephone

**Fees/Payment Source:** Application/registration fee, Credit/Debit Card, Cash, check

**Hours:** vary

### ***CHILD CUSTODY STRESS PREVENTION, Separation/Divorce Support Groups***

**Objectives:** The Child Custody Stress Prevention Program works with separating/divorcing parents to focus attention on the needs and development of their children. Striving to prevent more serious social and emotional harm to children, the program attempts to reduce the conditions, which produce stress. The six-hour program is a NYS certified parent education awareness program that accepts court mandated referrals. Classes meet twice for 3 hours. This program is off-site and held at Skidmore College, Saratoga Springs, NY.

**Eligibility:** Divorcing/Separating parents with children

**Intake Procedure:** Telephone

**Fees/Payment Source:** Application/registration fee Cash, check, Credit/Debit Card

**Hours:** Thurs. 5:15pm-8:15pm, the program is offered every 7 weeks

### **SARATOGA COMMUNITY HEALTH CENTER**

24 Hamilton Street Saratoga Springs, NY 12866

(518) 886-5600

(518) 450-1018 Fax

[www.saratogahospital.org/schc](http://www.saratogahospital.org/schc)

#### **Services:**

**Objectives:** The Saratoga Community Health Center offers comprehensive health care for community members who are searching for quality affordable, healthcare.

***Our mission is: Service to our community of patients To practice mission based medicine To practice medicine with meaning***

We have a team of professionals who work together with the patient to help each patient get and stay healthy. The Saratoga Community Health Center makes it easy and affordable for patients to receive primary care, behavioral health, and dental and case management services, all in one convenient location. Services are billed on a sliding scale, based on ability to pay with every effort to support the patient's financial efforts.

**Target Population/Eligibility:** Underserved and un/underinsured community members or for patients who are seeking comprehensive health care services in one convenient location. Additionally we serve newly insured patients who are in need of establishing primary care.

**Intake Procedures:** Call (518) 886-5600 to make an appointment

**Hours:** Monday – Thursday, 7:30 a.m. – 7:00 p.m.

Friday – 8:00 a.m. – 4:30 p.m.

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**SARATOGA COUNTY CITIZENS COMMITTEE FOR MENTAL HEALTH**

PO Box 820, Saratoga Springs, NY 12866

(518) 583-8371

[www.scccmh-saratoga.org](http://www.scccmh-saratoga.org)

**Services:**

- Objectives:** ***Increase Awareness:*** Increase public awareness of the needs of individuals with mental illness, i.e., increase access to public transportation, decrease stigmas and stereotypes, etc.  
***Program Development and Enrichment:*** The SCCCMH awards grants, usually up to \$1,000, to agencies and programs in Saratoga County so they can enrich existing programs or expand services for people with mental illness.  
***Advocacy:*** Advocate for improved mental health care and services by lobbying government and elected officials.  
***Education:*** Provide affordable educational opportunities for mental health professionals as well as consumers of mental
- Services:** SCCCMH provides information to help people living with mental illness, their family and friends, and mental health professionals. This includes information to better understand and live with mental illness, practical advice on crisis management, individual and family rights, and tips on coping with stress, as well as resources, for mental health professionals. In addition, SCCCMH awards grants to local non-profit organizations and by recognizing individuals and organizations for their efforts on behalf of individuals with mental illness.
- Eligibility:** No prerequisites.
- Intake Procedure:** N/A
- Fees/Payment Source:** N/A
- Hours:** N/A
- 

**SARATOGA COUNTY ONE-STOP CAREER CENTER**

152 West High St., Ballston Spa, NY 12020

(518) 884-4170

(518) 884-4262 Fax

[www.saratogacountyny.gov](http://www.saratogacountyny.gov)

*Public Transportation Accessible.*

**Services:**

**EMPLOYMENT AND TRAINING, Comprehensive Job Assistance Centers**

- Objectives:** Personal assistance from professional staff to provide career guidance, resume workshops, job search workshop, job referrals, interview workshops, mock interviews and educational and training grants. Fax machine, phone access, copier and a library of employment materials and software.
- Eligibility:** Call for details.
- Intake Procedure:** Call for information or walk in
- Fees/Payment Source:** No cost
- Hours:** 8:30 a.m. - 5:00 p.m. Monday - Friday
-

**SARATOGA COUNTY DEPARTMENT OF SOCIAL SERVICES (DSS)**  
152 West High Street, Ballston Spa, NY 12020  
(518) 885-6761 After- Hours: Sheriff's Department  
(518) 884-4140  
(518) 884-4199 Fax  
(518) 884-4144 Service/Intake  
[www.saratogacountyny.gov/departments/social-services/](http://www.saratogacountyny.gov/departments/social-services/)

**Services:**

***ADOPTION, Adoption Evaluation/Placement***

**Objectives:** Saratoga County DSS places children who are freed for adoption in approved adoptive homes and finalizes adoptions through the Family Court system; arranges for judicial surrender for parents who want to surrender their parental rights and place children in permanent homes.

**Eligibility:** Call for details

**Intake Procedure:** Call for information

**Hours:** Mon.-Fri. 9am-5pm

***ADULT PROTECTIVE SERVICES, Adult Protective Intervention/Investigation***

**Objectives:** Saratoga County DSS Adult and Family Services provides protective services to at-risk adults as well as information and referral and preventive services.

**Eligibility:** 18 years of age or older; physical or mental impairment that places the individual at risk of harm, and has no one willing or able to assist.

**Intake Procedure:** Call for information

**Hours:** Mon.-Fri. 9am-5pm

***DAY CARE, Child Care Subsidies***

**Objectives:** Saratoga County DSS assists low-income families who need child care to become/remain employed.

Childcare information and referral and DSS subsidized childcare are provided as funds remain for eligible families.

**Eligibility:** Low-income childcare at/below 200% poverty level; transitional child care at/below 200% poverty level based on specific criteria for child care block funds. Additional child care funding through Workforce Development Institute (WDI) services families between 200-275% federal poverty level as funding is available.

**Intake Procedure:** Call for information

**Hours:** Mon.-Fri. 9am-5pm

***CHILD SUPPORT, Child Support Assistance/Enforcement***

**Objectives:** Saratoga County DSS will assist a custodial parent in location of an absent parent, prepare necessary paperwork to establish paternity and support orders through court, coordinate with the central collection agency and prepare paperwork for enforcement of court-ordered support.

**Eligibility:** Custodial parent in need of assistance in establishing paternity and/or obtaining child support for dependent children.

**Intake Procedure:** Phone 1-888 208-4485 and apply in office

**Hours:** Mon.-Fri. 9am-5pm



***CHILDREN'S SERVICES PROTECTIVE/PREVENTIVE, Child Abuse Reporting/Emergency Response, Family Maintenance/Reunification, Family Preservation Programs***

**Objectives:** Saratoga County Children's Protective Services investigates hotline reports and assesses the safety/risk to children in order to reduce the occurrence of abuse and maltreatment. Preventive services are those supportive and rehabilitative services provided to children and their families for the purpose of averting a disruption of a family which will or could result in the placement of a child in foster care, enabling a child who has been placed in foster care to return to his or her family at an earlier time than would otherwise be possible, or reducing the likelihood that a child who has been discharged from foster care will return to foster care.

**Eligibility:** Protective - families named on a hotline report Preventive - applicant must meet standards (both general and specific) to be eligible for mandated preventive services.

**Intake Procedure: Protective: Child Abuse Hotline 1-800-342-3720**

**Preventive: Call for information**

**Hours:** Protective: 24-hour services Preventive: Mon.-Fri. 9am-5pm

***DOMESTIC VIOLENCE, Domestic Violence Hotlines, General Crime Victim Assistance Domestic Violence Issues***

**Objectives:** Saratoga County provides emergency services for victims of domestic abuse and their children. Services include coordination of services, information and referral, and payment of residential and support services.

**Eligibility:** Call for details

**Intake Procedure:** Call for information

**Hours:** Mon.-Fri. 9am-5pm

***HOME ENERGY ASSISTANCE PROGRAM COOLING COMPONENT, Fans/Air Conditioners***

**Objectives:** HEAP may provide an air conditioning unit to low-income households where a member has a documented medical condition that is exacerbated by heat. A fan may be provided if an air conditioner cannot be safely installed.

**Eligibility:** HEAP-eligible-households with a family member who has a physician's documented medical condition that is exacerbated by heat.

**Intake Procedure:** Call for information.

**Hours:** Mon.-Fri. 9am-5pm when program is open.

***SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP), Food Stamps***

**Objectives:** The Saratoga County Department of Social Services assists low-income households in buying food by administering the federal Supplemental Nutrition Assistance Program(SNAP).

**Eligibility:** Must be income eligible.

**Intake Procedure:** Call for information, or application, walk in, or apply online at [www.mybenefits.ny.gov](http://www.mybenefits.ny.gov).

**Hours:** Mon.-Fri. 9am-5pm

***FOSTER CARE SERVICES, Foster Home Placement***

**Objectives:** Saratoga County DSS provides temporary safe shelter (foster home, group home, or residence) for Saratoga County children removed from their home, until they can be safely discharged according to their designated permanency plan (discharge to parent, relative, own responsibility, or adoption.) DSS also provides a certification program to Saratoga County individuals or families over the age of 21 who are interested in providing a loving, stable home to a child or children removed from their home.

**Eligibility:** Call for details

**Intake Procedure:** Call for information

**Hours:** 24 hours a day, 7 days a week



***ADULT AND FAMILY SERVICES RESIDENTIAL PLACEMENT, Housing Search Assistance***

**Objectives:** Adult Protective Services provides residential placement services for adults.

**Eligibility:** Medicaid, public assistance, SSI eligibility

**Intake Procedure:** Call for information

**Hours:** Mon.-Fri. 9am - 5 pm

***HOME CARE/HOMEMAKER SERVICES, In Home Supportive ServicesSubsidies***

**Objectives:** Saratoga County DSS will provide personal care services, long term home health care services, private duty nursing services, care at home I and II programs.

**Eligibility:** Applicant must be a Saratoga County resident who is Medicaid eligible. Physician orders are mandated

for each program. The individual must be seen within 30 days prior to the signing of the orders.

**Intake Procedure:** Call for information

**Hours:** Mon.-Fri. 9am-5pm

***EMPLOYMENT, Job Search/Placement \* Unemployed Individuals***

**Objectives:** Saratoga County DSS assists applicants and recipients of Temporary Assistance search for employment and job placement. Childcare, transportation and other supportive Services may be offered.

**Eligibility:** Eligibility is assessed on a case-by-case basis.

**Intake Procedure:** Call for information and an appointment.

**Hours:** Mon.-Fri. 9am-5pm

***MEDICAID, Medicaid Applications***

**Objectives:** Medicaid provides coverage for the medical needs of people of all ages who have insufficient income and/or resources to meet the cost of necessary medical care as determined by state standards.

**Eligibility:** Income and resource limits vary according to program.

**Intake Procedure:** Call to request information on how and where to apply. Depending on criteria, those who are eligible may apply at their local DSS or at the State, 1-855-355-5777, or [nystateofhealth.ny.gov](http://nystateofhealth.ny.gov).

**Hours:** Mon.-Fri. 9am-5pm

***MEDICAL TRANSPORTATION, Medical Transportation***

**Objectives:** Adult and Family Services will assist with medical transportation for Medicaid-eligible adults.

**Eligibility:** Medicaid-eligible

**Intake Procedure:** Call MAS at 1-855-852-

**3292 Hours:** Mon.-Fri. 9am-5pm

***MANAGED CARE, Case/Care Management Referrals \* Medicaid Recipients***

**Objectives:** Saratoga DSS will enhance access to and availability of cost-effective quality health care services for Medicaid recipients by giving them membership in a Health Maintenance Organization.

**Eligibility:** Medicaid eligible. Family Assistance, Safety Net categories are eligible for enrollment. Call for details.

**Intake Procedure:** Call for appointment

**Hours:** Mon.-Fri. 9am-5pm

**TEMPORARY AND DISABILITY ASSISTANCE/EMERGENCY ASSISTANCE, Burial/Cremation Expense Assistance, Undesignated Temporary Financial Assistance**

**Objectives:** Saratoga County DSS provides temporary financial support and emergency assistance to individuals and families who meet income and resource eligibility criteria. Assistance with burial or cremation expenses may also be provided.

**Eligibility:** Income and resource eligible.

**Intake Procedure:** Call for information

**Hours:** Mon.-Fri. 9am-5pm

**HOME ENERGY ASSISTANCE PROGRAM (HEAP), Utility Service Payment Assistance**

**Objectives:** The Home Energy Assistance Program (HEAP) provides energy assistance to families with low income by issuing regular and emergency grants to dealers for fuel for heating and utility-related costs.

**Eligibility:** Income and resource eligibility

**Intake Procedure:** Apply at Social Services office.

**Applicants over 60 years old can apply at The Office for the Aging (884-4111).**

Applications can also be completed online at [www.mybenefits.ny.gov](http://www.mybenefits.ny.gov).

**Hours:** Mon.-Fri. 9am-5pm when program is open.

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**SARATOGA COUNTY ECONOMIC OPPORTUNITY COUNCIL (EOC)**

39 Bath Street, PO Box 169, Ballston Spa, NY 12020 (518)

288-3206

(518) 288-3236 Fax

[www.saratogaeoc.org](http://www.saratogaeoc.org)

[info@saratogaeoc.org](mailto:info@saratogaeoc.org)

*Public transportation accessible*

**Services:**

**EOC**

**Objectives:** EOC is the state designated non-profit Community Action Agency for Saratoga County. EOC is the designated anti-poverty agency for Saratoga County, dedicated and determined to proving and promoting opportunities for individuals and families to achieve self-sufficiency.

**Services:** Head Start & Early Head Start, WIC (Women, Infants and Children Supplemental Food Program), Weatherization Assistance Program, Latino Community Advocacy Program, and Community Services Programs including family development, crisis intervention services, emergency food programs (Food Pantry & Soup Kitchen), Rural Food Delivery, Summer Youth Lunch Program, Dress for Work, VITA Tax Preparation

**Eligibility:** Differs with each program. (See below) Low to moderate income Saratoga County residents; Weatherization Assistance and Empower NY programs provided for Schenectady County residents as well.

**Intake Procedure:** Varies with each service. Please call for information or visit our website.

**Hours:** Monday – Friday 8:00 a.m. - 4:30 p.m.

**COMMUNITY SERVICES PROGRAM,**

**Objectives:** The EOC Community Services Department operates a variety of programs to assist families with essential programming to address the needs of low-income throughout the county. It provides opportunities for families to maintain safety, stability and self-sufficiency through direct services, education, support programs, and referrals.

**Services:** Emergency Food Pantry located at 39 Bath Street Ballston Spa. Soup Kitchen located at 24 Circular Street, the Presbyterian New England Congregational Church, in Saratoga Springs.

Summer Youth Lunch Program, Dress for Work, VITA Tax Preparation, Rural Food Delivery. Advocacy services for housing, health, education, and safety problems, supportive counseling; educational and self-help; case management, crisis intervention and referrals. Also, Thanksgiving baskets and dinner.

**Food Pantry Hours: Need proof of income**

**Monday** 12:30-5:00 p.m.

**Tuesday** 9:00 a.m.-12:00 p.m.

**Wednesday** 9:00-11:30 a.m. & 12:30-4:00 pm

**Thursday:** Closed

**Friday** – 12:30 pm – 4:00 pm

**Soup Kitchen:** Monday – Saturday 11:45 a.m. – 1:00 p.m., Sunday 3:00 p.m. - 4:00 p.m.

**Eligibility:** Low-income and in need of assistance.

***LATINO COMMUNITY ADVOCACY PROGRAM (LCAP), (518)937-7240***

**Objectives:** The Latino Community Advocacy Program provides English as a second language classes, translation for Spanish speaking individuals, and consultation and referral for immigrants with regard to medical attention, immigration, legal rights, obligations and processes, assistance with taxes, education programs and other services in the community.

**Services:** English as a Second Language classes, advocacy, interpretation, referrals

**Eligibility:** Saratoga County Low income, Limited English Proficient individuals and families in need of assistance.

**Intake Procedure:** Call (518)937-7240

**Hours:** By appointment Monday through Friday 8:00 a.m.-4:30 p.m.

***WIC - THE SPECIAL SUPPLEMENTAL NUTRITION PROGRAM FOR WOMEN, INFANTS AND CHILDREN (518) 288- 3232 or (518) 288-3232, FAX: 518-288-3233***

**Objectives:** To improve the health and nutritional status of women, infants and children (to age 5).

**Services:** WIC provides nutritious foods, nutrition education (including breastfeeding promotion and support), and referrals to health care and other human services. WIC serves income eligible pregnant, postpartum and breastfeeding women, and infants and children up to age 5. “WIC clinics” are held at various locations throughout Saratoga County. WIC goals are to improve pregnancy outcomes, support and encourage breastfeeding, reduce the number of low birth weight infants and support the growth and development of infants and children. The foods provided through WIC are a good source of essential nutrients that are often missing from the diets of women and young children. WIC participants have longer, healthier pregnancies and fewer premature births.

**Target Population:** Pregnant, postpartum, or breast-feeding women; infants and children up to age 5 who are income eligible.

**Eligibility:** Income eligible women, infants and children up to age 5 (must be New York State resident). Applicant must prove that their total household income is at or below 185% of the federal poverty level.

**Intake Procedure:** Call 288-3232 for prescreening.

**Hours:** **Monday:** 8:30 AM – 4:30 PM

**Tuesday and Wednesday:** 9:00 AM – 4:30 PM

**Thursday:** 9:00 AM – 7:00 PM

**Friday:** 8:00 AM – 2:30 PM

**Saturday** (1 Saturday/month): 9:00 AM – 12:00 PM (call for dates)

***WE TRAVEL! Temporary Site locations: Clifton Park - King of Kings Lutheran Church, 1st and 4th***

Wednesday of the month 9:30 AM - 3:30 PM

**Corinth - Corinth Town Hall, 3rd Wednesday of the month 9:30 AM - 3:30PM**

**Mechanicville - Mechanicville Community Center, 2nd and 4th Tuesday of the month 9:30AM - 3:30**  
**Saratoga Springs - Saratoga Community Health Center, 1st Thursday of the month 1:00 PM - 5:30 PM, and the 3rd Tuesday of the month from 9:30 AM - 3:30PM**

**South Glens Falls - Moreau Community Center, 2nd Wednesday of the month**  
from 9:30 AM - 3:30 PM

**HEAD START/ EARLY HEAD START**

**(518) 288-3226 or (518) 288-3206, FAX: 518-288-3236**

- Objectives:** To assist families in breaking the cycle of poverty by encouraging children and empowering adults to commit to learning and personal growth. Through the provision of educational, health, and social services to enrolled children and families, we aim to develop social competency and economic self-sufficiency.
- Services:** Center based classrooms for infants, toddlers and preschool children. Many integrated classrooms are available. Home based weekly visits for pregnant women and children birth to 5 years. Family support, health, nutrition, mental health and some transportation services available.
- Hours:** 8:00 a.m. – 4:00 p.m. Call Head Start Program Administrative Office (518) 288-3206 for more information.  
Classroom schedules vary by location.
- Target Population:** Low income pregnant women, children birth to 5 years and children with disabilities are welcome.
- Eligibility:** 1. Low income, must meet federal income guidelines.  
2. Reside in Saratoga County within school district served by SCEOC Head Start.
- Intake Procedure:** For information, call one of the following Head Start Centers:  
**Ballston Spa, Burnt Hills/Ballston Lake** 50 Wood Road (Saratoga City Only), **Clifton Park, Galway Ballston Spa, NY 12020 and Waterford Areas** (518) 884-7210 ext. 3484 Fax: (518) 884-2899  
**Corinth and South Glens Falls Areas** P.O. Box 159, 5 Saratoga Avenue, Corinth, NY 12822 (518)654-7090 Fax: (518) 654-2710  
**Mechanicville** (Saratoga County Only) P.O. Box 536 and **Stillwater Areas** 19 Palmer Street Stillwater, NY 12170 (518) 664-2515 ext. 32 Fax: (518) 664-4874  
**Saratoga and Schuylerville Areas** 3 Blue Streak Blvd. Saratoga Springs, NY 12866 (518) 583-584 Fax: (518) 583-4718

**WEATHERIZATION ASSISTANCE PROGRAM, (518)288-3206**

**Serving Schenectady and Saratoga Counties**

- Objectives:** The Weatherization Assistance program is funded through the New York State Homes and Community Renewal (HCR) to serve residents of Schenectady and Saratoga Counties. Weatherization improves energy efficiency to produce fuel savings in the home.
- Services:** The Weatherization Assistance Program and NYSERDA Empower NY Program: Energy Service Technicians apply state of the art conservation techniques to dwellings, thus reducing energy consumption.
- Eligibility:** Households must have categorically (LIHEAP, SSI or Food Stamps) or financially eligible applicants to receive Weatherization services. (call for details)
- Documents:** Proof of income, Proof of categorically eligible documentation, copy of utility and/or fuel bills, proof of ownership
- Intake Procedure:** Come to EOC office or call 288-3206
- Hours:** Monday – Friday 8:30 a.m. – 4:00 p.m.  
SCAP Hours: Tues. /Thurs. 9:30 a.m. - 3:00 p.m. (518-374-1702)

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**SARATOGA HOUSING COMMITTEE**

474 Broadway, City Hall, Saratoga Springs, NY 12866

(518) 587-3550

(518) 580-9480 Fax

[cindy.phillips@saratoga-springs.org](mailto:cindy.phillips@saratoga-springs.org)

**Services:**

**Objectives:** Decreasing homeless by increasing participation inclusive collaborative effort committed to reducing homelessness in Saratoga County. All Saratoga County, NYS and local government community leaders, not-for-profit organizations, housing developers, service providers and formerly homeless persons are part of the alliance or invited to join.

**Services Provided:** The Committee meets one time per month for opportunities of networking with other agencies and attend quarterly presentations on prevention of homelessness and serving these clients. Also, be able to apply for Continuum of Care funds for permanent supportive housing.

**Hours:** Meet on the 2nd Tuesday of each month @ Nolan House, 24 Circular Street, Saratoga Springs

**Target Population:** Homeless

**Eligibility Criteria:** Homeless or in danger of losing housing

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**SARATOGA COUNTY MENTAL HEALTH CENTER**

135 South Broadway, Saratoga Springs, NY

12866

(518) 584-9030 Service/Intake

(518) 581-1709 Fax

[www.saratogacountyny.gov](http://www.saratogacountyny.gov)

[mentlahealth@saratogacountyny.gov](mailto:mentlahealth@saratogacountyny.gov)

*Public transportation accessible.*

**Services:** Adult, children and family outpatient mental health, PROS and Alcohol and substance abuse services outpatient.

**Target Population:** Call for insurance/eligibility requirements

**Intake Procedures:** Varies, please call

**Fees/Payment Source:** Varies, please call

**Hours:** Monday - Friday

**Sites**

**1. FRIENDSHIP HOUSE CONTINUING DAY TREATMENT PROGRAM 228**

Church Street, Saratoga Springs, NY 12866

(518) 587-7190 Service/Intake

**2. SARATOGA COUNTY ALCOHOL AND SUBSTANCE ABUSE SERVICES 254**

Church Street, Saratoga Springs, NY 12866

(518) 587-8800 Service/Intake

*Public transportation accessible.*

**AREA SERVED:** Saratoga County

**3. SARATOGA COUNTY MENTAL HEALTH CENTER**

211 Church Street, Cramer House, Saratoga Springs, NY 12866 (518)

581-1709 Fax

(518) 584-9030 Service/Intake

[mentalhealth@saratogacountyny.gov](mailto:mentalhealth@saratogacountyny.gov) *Public*

*transportation accessible.*

## **SARATOGA COUNTY MENTAL HEALTH CLINIC, Community Mental Health Agencies**

### **General Crisis Intervention Hotlines**

**Objectives:** The Saratoga County Mental Health Clinic provides outpatient treatment designed to reduce symptoms of mental illness and emotional disturbance, to improve daily functioning, and to provide ongoing support.

Treatment includes emergency and crisis intervention, screening and referral, individual, family and group counseling medication education and management, symptom management, and case management. In addition to the main clinic in Saratoga Springs, the Clinic maintains two satellites in Clifton Park and Mechanicville. Youth Services provides treatment for emotionally and behaviorally disturbed children and adolescents up to the age of eighteen, who, together with their parents, often require intensive and community-based interventions.

Youth Services provides treatment for emotionally and behaviorally disturbed children and adolescents up to the age of eighteen, who, together with their parents, often require intensive and community-based interventions. Youth Services provides community-oriented consultative activities in conjunction with community-based interventions.

Adult Services provides treatment for mentally ill adults, particularly those who are seriously and persistently mentally ill. For the seriously and persistently mentally ill, a long-term disease management approach to medication management and supportive therapy is utilized. In addition, outreach services in the community are provided on an exception basis.

**Eligibility:** Saratoga County residents who are on Medicaid, Medicare, or managed Medicaid, or who are uninsured.

**Intake Procedure:** Call for appointment. Ask for Intake worker. If eligible, a screening appointment will be made. An application is to be filled out, financial information provided, as well as Medicaid/Medicare cards.

**Documents:** Proof of income, W-2 or 1099, bank statement.

**Fees/Payment Source:** Sliding fee scale. Medicaid, Medicare, cash and personal check accepted.

**Hours:** Mon, Wed, Thurs, Fri. 9am-5pm, Tues. 9am-9pm, Crisis hotline 24/7

### **ALCOHOL AND SUBSTANCE ABUSE SERVICES, Comprehensive Outpatient Substance Abuse Treatment**

**Objectives:** Saratoga County Alcohol and Substance Abuse Services is a medically supervised outpatient program providing treatment for individuals with an alcohol or drug problem and for family members trying to cope with the presence of alcohol or drug problems within the family. Treatment is designed to promote abstinence, to improve community integration, and to improve daily functioning. Services include screening, referral, assessment, and individual and group counseling.

**Eligibility:** Saratoga County residents who are on Medicaid or who are uninsured.

**Intake Procedure:** Call and ask for Intake worker. If eligible to receive services, a screening appointment will be made. An application is to be filled out, financial information must be provided, and Medicaid/Medicare cards presented.

**Documents:** Proof of income, W-2 or 1099, bank statement and Medicare/Medicaid cards if applicable.

**Fees/Payment Source:** Sliding fee scale. Medicaid, Medicare, cash or personal check accepted.

**Hours:** Mon, Wed, Thurs, Fri. 9am-5pm Tues. 9am-9pm

**CONTINUING DAY TREATMENT PROGRAM, Psychiatric Day Treatment \* Medicaid Recipients**

**Objectives:** Friendship House provides treatment for mentally ill patients who require more structure and more intensive clinical interventions than can be provided in a clinic setting. Services are designed to support continued living in the community, to enhance and maintain functioning, and to develop increased capacities to cope with the requirements of daily living. Services include medication education and therapy, supportive therapy, symptom management, skills training, individual and group counseling, and case management. Three treatment tracks are offered: One for emotional and behavioral disorders, another for thought disorders, and one for co-occurring mental illness and alcohol/drug dependence.

**Eligibility:** Saratoga County residents on Medicaid.

**Intake Procedure:** Call and ask for Intake worker. If eligible to receive services, a screening appointment will be made. An application is to be filled out, financial information provided, and Medicaid/Medicare cards presented.

**Documents:** Proof of income, W-2 or 1099, bank statement.

**Fees/Payment Source:** Sliding fee scale. Medicaid, Medicare, cash and personal check accepted.

**Hours:** Mon, Wed, Thurs, Fri. 9am-5pm Tues. 9am-9pm

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**SARATOGA COUNTY OFFICE FOR THE AGING**  
152 West High Street, Ballston Spa, NY 12020  
(518) 884-4100  
(518) 884-4104 Fax  
(518) 714-4826 Service/Intake - NY Connects

[www.co.saratoga.ny.us](http://www.co.saratoga.ny.us)

[scross@saratogacounty.ny.gov](mailto:scross@saratogacounty.ny.gov)

**Services:**

**HEALTH CARE SCREENING, Blood Pressure Screening \* Older Adults Cholesterol/Triglycerides Tests \* Older Adults Diabetes Screening \* Older Adults**

**Objectives:** Through a contract with Saratoga County Public Health, screenings for blood cholesterol, glucose, and blood pressure are provided at senior centers and nutrition sites.

**Eligibility:** Age 60 and older

**Intake Procedure:** Call for information. Walk-in.

**Fees/Payment Source:** None/Not applicable

**Hours:** 9am-5pm, Mon.-Fri.

**CAREGIVER SUPPORT PROGRAM, Caregiver Counseling, Caregiver/Care Receiver Support Groups Respite Care**

**Objectives:** The Caregiver Support Program assists caregivers by giving them relief from the burdens of care giving via counseling, support group meetings, and respite care services.

**Eligibility:** Caregivers of people over 60 years of age who reside in Saratoga County and have deficiencies in at least two activities of daily living.

**Intake Procedure:** Telephone. Referral Required.

**Fees/Payment Source:** None/Not applicable Donation accepted

**Hours:** 9am-5pm, Mon.-Fri.

***SENIOR NUTRITION PROGRAM, Congregate Meals/Nutrition Sites \* Older Adults***

**Objectives:** A hot, nutritious noontime meal is served to seniors Monday through Friday at the following locations: Shenendehowa Senior Center Galway Town Hall Malta Meadows 6 Clifton Common Court 5910 Sacandaga Road (Route 147) 5 Applewood Drive Clifton Park, NY 12065 Galway, NY 12074 Ballston Lake, NY 12019 Corinth Senior Center Greenfield Community Center Mechanicville Senior Center 22 Hamilton Avenue Wilton Road 178 North Main Street Corinth, NY 12822 Greenfield Center, NY 12833 Mechanicville, NY 12118 Doubleday Woods Halfmoon Senior Center Senior Citizens Center of Saratoga Springs 91 Church Avenue 285 Lower New Town Road 5 William Street Ballston Spa, NY 12020 Waterford, NY 12188 Saratoga Springs, NY 12866 Edinburg Town Hall Malta Community Center Saratoga Town Hall Military Road 1 Bayberry Drive 30 Ferry Street Edinburg, NY 12134 Malta, NY 12020 Schuylerville, NY 12871 Moreau Community Center Grace Church 144 Main Street 26 Third Street South Glens Falls, NY 12803 Waterford, NY 12188

**Eligibility:** Saratoga County residents age 60 and older

**Intake Procedure:** Call for a reservation one day in advance.

**Fees/Payment Source:** The suggested contribution is \$2.00 per meal, but all persons age 60 and over is served regardless of their ability to contribute.

**Hours:** 9 am-5 pm Monday through Friday.

***IDENTIFICATION CARDS, Discount Transit Passes \* Older Adults Identification Cards \* Older Adults***

**Objectives:** The Saratoga Office for the Aging issues half-fare cards for the CDTA bus service to those over the age of 65 for a fee of \$3.00 and senior ID cards for those over the age of 60 for \$2.00.

**Eligibility:** Age 65 and over for half fare CDTA cares, age 60 and over for senior ID cards.

**Intake Procedure:** Walk-in

**Documents:** Proof of age Proof of residency

**Fees/Payment Source:** \$3.00 for half-fare CDTA cards. \$2.00 for senior ID cards.

**Hours:** Tuesdays 2:00 p.m. to 4:00 p.m.

***WEATHERIZATION REFERRAL AND ASSISTANCE PROGRAM (WRAP), Fans/Air Conditioners Weatherization Programs***

**Objectives:** The Weatherization Referral and Assistance Program (WRAP) assists HEAP-eligible homeowners with energy conservation home repairs. Air conditioners may also be provided to those who need them for health reasons.

**Eligibility:** Seniors over the age of 60 who are eligible for HEAP.

**Intake Procedure:** Telephone, Application Procedure

**DOCUMENTS:** Proof of income, Driver's License, Proof of age

**Fees/Payment Source:** None/Not applicable

**Hours:** 9am-5pm, Mon.-Fri.



***LEGAL SERVICES, General Legal Aid***

**Objectives:** Legal advice and representation is available to seniors through a contract with a private attorney.

**Eligibility:** Saratoga County residents age 60 and older.

**Intake Procedure:** Telephone, Appointment Only

**Fees/Payment Source:** None/Not applicable, Donation accepted.

**Hours:** Mon.-Fri. 9 am-5 pm.

***HEALTH INSURANCE INFORMATION, COUNSELING AND ASSISTANCE PROGRAM (HIICAP)***

***Health Insurance Information/Counseling, Long Term Care Insurance***

***Information/Counseling Medicare Information/Counseling***

**Objectives:** HIICAP counselors provide information about Medicare, Medicare Supplemental Insurance, Managed Care, Medicaid and QMB, EPIC, the low income subsidy and Long Term Care Insurance.

**Eligibility:** Saratoga County residents age 60 and older

**Intake Procedure:** Telephone, Appointment Only.

**Fees/Payment Source:** None/Not applicable

**Hours:** 9 am-5 pm, Mon.-Fri.

***SENIOR NUTRITION PROGRAM, Home Delivered Meals \* Older Adults***

**Objectives:** A hot noontime meal is delivered to homebound seniors throughout the county.

**Eligibility:** Homebound seniors age 60 and up.

**Intake Procedure:** Application Procedure

**Documents:** Proof of age

**Fees/Payment Source:** None/Not applicable, Donation accepted

**Hours:** Noon, Monday through Friday.

***LONG TERM CARE OMBUDSMAN PROGRAMS***

**Objectives:** The Ombudsman Program assists residents of long term care facilities in resolving complaints and securing their right to quality care.

**Eligibility:** Seniors over the age of 60.

**Intake Procedure:** Telephone, appointment only.

**Fees/Payment Source:** None/Not applicable

***EXPANDED IN-HOME SERVICES FOR THE ELDERLY PROGRAM (EISEP), Personal Care***

**Objectives:** The Expanded In Home Services for the Elderly (EISEP) offers non-medical in-home services (housekeeper/chore and/or personal care) and case management to individuals meeting eligibility requirements.

**Eligibility:** Clients must be at least 60 years of age, reside in Saratoga County and have deficiencies in at least two activities of daily living.

**Intake Procedure:** Call for information, referral required.

**Documents:** Proof of income, Proof of age.

**Fees/Payment Source:** Sliding fee scale, cash, check, donations accepted.

**Hours:** Mon.-Fri. 9am-5pm

### ***SENIOR RIDE PROGRAMS***

**Objectives:** The Office for the Aging offers transportation through a subcontractor for the Saratoga Springs area, Ballston, Malta, Milton, Wilton, Greenfield, Northumberland, Providence, Galway, Charlton, Edinburg and Town of Saratoga.

**Eligibility:** Seniors over the age of 60.

**Intake Procedure:** Telephone

**Documents:** Proof of age

**Fees/Payment Source:** None/Not applicable Donation accepted

**Hours:** 9am-5pm, Mon.-Fri.

### ***NY CONNECTS, Specialized Information and Referral \* Long Term Care Issues \* Specialized Information and Referral \* Older Adults***

**Objectives:** NY Connects provides specialized information and referral regarding long term care issues and services for older adults.

**Eligibility:** Age 60 or older.

**Intake Procedure:** Call for information.

**Hours:** Mon.-Fri. 9am-5pm

### ***HOME ENERGY ASSISTANCE PROGRAM (HEAP), Utility Service Payment Assistance \* Older Adults***

**Objectives:** The Home Energy Assistance Program is a federally funded program which can help low-income people contend with the high cost of heating their homes during the winter months.

**Eligibility:** Low-income people 60 years of age or older.

**Intake Procedure:** May apply by mail. Emergency benefits are available by applying in person.

**Documents:** Proof of income, Birth Certificate, Driver's License, Proof of age, Proof of residency, W-2 or 1099, Utility bill with address.

**Fees/Payment Source:** None/Not applicable

**Hours:** 9am-5pm, Mon.-Fri.

### ***INCOME TAX PREPARATION, VITA Programs***

**Objectives:** Volunteers from the AARP assist seniors in the preparation of income tax returns.

**Eligibility:** Saratoga County residents aged 60 and older.

**Intake Procedure:** Appointment only.

**Fees/Payment Source:** No cost

**Hours:** Mon. 9am-5pm from February to April 15 only.

### ***RETIRED SENIOR VOLUNTEER PROGRAM (RSVP), Volunteer Recruitment/Coordination Volunteer Opportunities \* Retired People***

**Objectives:** The Retired Senior Volunteer Program (RSVP) offers diverse opportunities for volunteers 55 years of age or older to volunteer their services. Volunteer assignments are a match between the specific interests of the volunteer and the particular needs of an organization. Volunteers are covered by liability insurance while volunteering and mileage reimbursement is available.

**Eligibility:** Age 55 and older.

**Intake Procedure:** Application Procedure, Telephone.

**Hours:** 9am-5pm, Mon.-Fri.

**SARATOGA COUNTY PROBATION DEPARTMENT**  
152 West High Street, Ballston Spa, NY  
12020 (518) 884-4120  
(518) 884-4258 Fax  
[saratogaprob@yahoo.com](mailto:saratogaprob@yahoo.com) [www.saratogacountyny.gov](http://www.saratogacountyny.gov)

**Services:**

**SARATOGA COUNTY PROBATION DEPARTMENT, Adult Probation, Juvenile Probation**

**Objectives:** This agency services include the preparation of pre-sentence investigation and reports for the criminal courts and the supervision of criminals sentenced to probation. Investigation and supervision functions are also provided for criminals released from jail by the local Conditional release Commission. Intake, investigation and supervision services are provided for Family Court. Many discretionary services for pretrial and alternative sentencing are also provided.

**Hours:** 9:00 a.m. – 5:00 p.m. Monday through Friday.

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**SARATOGA COUNTY PUBLIC HEALTH NURSING SERVICES**

31 Woodlawn Avenue, Saratoga Springs, NY 12866

(518) 584-7460 Service/Intake

(518) 693-7389 Fax

[www.saratogacountyny.gov](http://www.saratogacountyny.gov)

[klevisione@saratogacountyny.gov](mailto:klevisione@saratogacountyny.gov)

*Public transportation accessible.*

**Services:**

**WELL CHILD SERVICES**

**Objectives:** Well child services.

**Eligibility:** Saratoga County residents.

**Intake Procedure:** Call for appointment. Referral Required.

**Fees/Payment Source:** No cost or sliding fee scale. Medicaid, Medicare, private insurance, personal check or cash

**Hours:** Mon - Fri 8 am - 5 am, On call 24 hours, 7 days.

**COMMUNICABLE DISEASE INVESTIGATION**

**Objectives:** Communicable disease investigation services

**Eligibility:** Saratoga County residents.

**Intake Procedure:** Telephone, Call for appointment. Referral Required.

**Fees/Payment Source:** No cost or sliding fee scale. Medicaid, Medicare, private insurance, personal check or cash

**Hours:** Mon - Fri 8 am - 5 am, On call 24 hours, 7 days.

**EARLY INTERVENTION PROGRAM**

**Objectives:** Early intervention services

**Eligibility:** Saratoga County residents.

**Intake Procedure:** Telephone, Call for appointment. Referral Required.

**Fees/Payment Source:** No cost or sliding fee scale. Medicaid, Medicare, private insurance, personal check or cash

**Hours:** Mon - Fri 8 am - 5 am, On call 24 hours, 7 days.

**FLU CLINIC**

**Objectives:** Flu clinic

**Eligibility:** Saratoga County residents.

**Intake Procedure:** Telephone, Call for appointment. Referral Required.

**Fees/Payment Source:** No cost or sliding fee scale. Medicaid, Medicare, private insurance, personal check or cash

**Hours:** Mon - Fri 8 am - 5 am, On call 24 hours, 7 days.

### **HOME HEALTH AIDES**

**Objectives:** Home health aides services  
**Eligibility:** Saratoga County residents.  
**Intake Procedure:** Telephone, Call for appointment. Referral Required.  
**Fees/Payment Source:** No cost or sliding fee scale. Medicaid, Medicare, private insurance, personal check or cash  
**Hours:** Mon - Fri 8 am - 5 am, On call 24 hours, 7 days.

### **LONG TERM HOME HEALTH CARE PROGRAM**

**Objectives:** Long-term home health care  
**Eligibility:** Saratoga County residents.  
**Intake Procedure:** Call for appointment. Referral Required.  
**Fees/Payment Source:** No cost or sliding fee scale. Medicaid, Medicare, private insurance, personal check or cash  
**Hours:** Mon - Fri 8 am - 5 am, On call 24 hours, 7 days.

### **NUTRITION EDUCATION**

**Objectives:** Nutrition education services  
**Eligibility:** Saratoga County residents.  
**Intake Procedure:** Call for appointment. Referral Required.  
**Fees/Payment Source:** No cost or sliding fee scale. Medicaid, Medicare, private insurance, personal check or cash  
**Hours:** Mon - Fri 8 am - 5 am, On call 24 hours, 7 days.

### **OCCUPATIONAL THERAPY**

**Objectives:** Occupational therapy services.  
**Eligibility:** Saratoga County residents.  
**Intake Procedure:** Call for appointment. Referral Required.  
**Fees/Payment Source:** No cost or sliding fee scale. Medicaid, Medicare, private insurance, personal check or cash  
**Hours:** Mon - Fri 8 am - 5 am, On call 24 hours, 7 days.

### **PHYSICAL THERAPY**

**Objectives:** Physical therapy services  
**Eligibility:** Saratoga County residents.  
**Intake Procedure:** Call for appointment. Referral Required.  
**Fees/Payment Source:** No cost or sliding fee scale. Medicaid, Medicare, private insurance, personal check or cash  
**Hours:** Mon - Fri 8 am - 5 am, On call 24 hours, 7 days.

### **SKILLED NURSING SERVICES**

**Objectives:** Skilled Nursing services  
**Eligibility:** Saratoga County residents.  
**Intake Procedure:** Call for appointment. Referral Required.  
**Fees/Payment Source:** No cost or sliding fee scale. Medicaid, Medicare, private insurance, personal check or cash  
**Hours:** Mon - Fri 8 am - 5 am, On call 24 hours, 7 days.

### **SPEECH THERAPY**

**Objectives:** Speech Therapy services.  
**Eligibility:** Saratoga County residents.  
**Intake Procedure:** Call for appointment. Referral Required.  
**Fees/Payment Source:** No cost or sliding fee scale. Medicaid, Medicare, private insurance, personal check or cash  
**Hours:** Mon - Fri 8 am - 5 am, On call 24 hours, 7 days.

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## **SARATOGA COUNTY VETERANS & PEER TO PEER MENTORING PROGRAM**

152 West High Street, Ballston Spa, NY

12020 (518) 884-4115

(518) 884-4290 Fax

[veteranpeers@gmail.com](mailto:veteranpeers@gmail.com)

[www.saratogacountyny.gov](http://www.saratogacountyny.gov)

[www.facebook.com/pages/Saratoga-County-Veterans-Peer-to-Peer](https://www.facebook.com/pages/Saratoga-County-Veterans-Peer-to-Peer)

*Public transportation accessible*

**Services:** This program pairs established veterans with returning veterans who are experiencing post-traumatic stress disorder (PTSD) or other re-acclimation challenges. Personalized and informal, these pairings yield relationships intended to ease the transition from combat to civilian life. We will assist any Veteran, regardless of time served or discharge. All are eligible to receive mentorship. Mentors are trained to assist with: Job hunting/resume writing, Family life, Academic pursuits, Life skills, Acclimation to civilian life

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## **SARATOGA HOSPITAL CHILD AND FAMILY HEALTH PLUS**

211 Church Street, Saratoga Springs, NY 12866

(518) 580-2021

(888)242-1418 toll free

(518) 885-9490 Fax

*Public transportation accessible.*

**Services:** Free bilingual enrollment services available at one of 27 locations in Fulton, Hamilton, Montgomery, Saratoga and Washington Counties, for New York State's Child Health Plus, Family Health Plus and Medicaid public health insurance programs.

### **CHILD AND FAMILY HEALTH PLUS**

**Adult State/Local Health Insurance Programs, Children's State/Local Health Insurance Programs Medicaid**

**Objectives:** New York State offers free and low-cost health insurance for children, teens and adults through Child Health Plus, Family Health Plus, and Medicaid public health insurance programs. Saratoga Hospital offers free help (enrollment services) with applying for these public health insurance programs.

Enrollment services are available to residents of Fulton, Hamilton, Montgomery, Saratoga and Washington Counties and are available at one of 27 sites throughout the 5-county service area. Clients do not need to receive care from Saratoga Hospital to take advantage of this free program.

**Eligibility:** Fulton, Hamilton, Montgomery, Saratoga and Washington County residents who meet certain income guidelines.

**Intake Procedure:** Call 518-580-2012 to be screened for New York State's Child Health Plus, Family Health Plus and Medicaid public health insurance programs, or to ask questions.

**Documents:** Proof of income, driver's license, physician's statement, proof of age, proof of residency, utility bill with address.

**Fees/Payment Source:** No cost. Donations accepted.

**Hours:** Mon.-Fri. 9 am-5 pm

**SARATOGA HOSPITAL MENTAL HEALTH UNIT**

211 Church Street, Saratoga Springs, NY

12866 (518) 583-8405

(518) 583-8463 Fax

*Public transportation accessible.*

**Services:**

**Objectives:** To provide short term mental health treatment for acute psychiatric crisis. Treatment is focused on rapid stabilization and connecting clients with ongoing treatment and resources to provide continuity of care in the community when ready for discharge from the hospital.

**Services Provided:** 16 bed inpatient mental health unit. Comprehensive treatment with a multidisciplinary treatment team, consisting of Psychiatrists, R.N.'s, social workers, and case management. Psychiatric Evaluation, medications management, discharge planning and coordination of care. Individual and group therapy, family education, referrals to appropriately indicated treatment and services.

**Hours:** 24 hours a day, 365 days a year.

**Intake Procedure:** Evaluations for admissions are done through the Saratoga Hospital Emergency Room

**Eligibility:** In need of/meeting criteria for inpatient mental health admissions

**Target Population:** 18 years old and older

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**SARATOGA MENTORING PROGRAM**

368 Broadway, Saratoga Springs, NY 12866

(518) 581-1487

(518) 580-0415 Fax

[www.saratogamentoring.org](http://www.saratogamentoring.org)

[info@saratogamentoring.org](mailto:info@saratogamentoring.org)

**Services:**

**MENTORING PROGRAM, Adult/Child Mentoring Programs**

**Objectives:** The Saratoga Mentoring Program matches children ages 6-14 with adult mentors to help build strong bonds and friendships.

**Eligibility:** Children 6-14 and volunteers interested in being mentors

**Intake Procedure:** Call for information

**Hours:** M - F Day 9 a.m. - 5 p.m. Skidmore College Saturday from 12-3

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**SARATOGA NATIONAL BANK & TRUST COMPANY**

171 South Broadway

Saratoga Springs, NY 12866

(518) 415-2035

[www.saratoganational.com](http://www.saratoganational.com)

**Services:** Online and mobile banking, consumer and commercial loans, trust and retirement services. Money market and deposit accounts, asset management and insurance services

**Objectives:** Saratoga National Bank and Trust Company has been serving residents and businesses in the Capital Region since 1988. We offer exceptional service and outstanding products, and we're proud of our commitment to the community through both charitable giving and volunteerism.

**Hours:** Call for specific branch hours.

**SARATOGA NATIONAL HISTORICAL PARK**

648 Route 32, Stillwater, NY 12170

(518) 664-9821 ext. 227

(518) 664-3349 Fax

[www.nps.gov/sara](http://www.nps.gov/sara)**Services:**

**Objectives:** Keeping in line with the National Park Service mission to “conserve the scenery and the natural and historic objects and the wildlife therein and to provide for the enjoyment of the same in such a manner and by such means as will leave them unimpaired for the enjoyment of future generations,” Saratoga NHP seeks to raise awareness about the need to conserve and preserve both natural and historical culture within park boundaries.

**Services Provided:** Saratoga NHP offers a wide range of special events and activities throughout the year.

Some of these include:

- Natural History Hikes
- Children’s Programs (Junior ranger Programs)
- Encampments and Living History Demonstrations
- Self-guiding tours of the Battlefield

A detailed list of events, dates, times and locations can be found on our website

**Hours:** Mon - Sun 9:00 a.m. - 5:00 p.m.

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**SARATOGA REGIONAL YMCA**

290 West Avenue, Saratoga Springs, NY 12866, Saratoga Springs, NY 12866

(518) 583-9622

(518) 581-7598 Fax

[www.srymca.org](http://www.srymca.org)

The YMCA has 5 branches- Saratoga Springs, Malta, Corinth, Wilton and Battenkill.

**Services****AQUATICS AND SWIM LESSONS, Aquatic Centers, Swimming/Swimming Lessons**

**Objectives:** The YMCA offers swimming lessons for infants 6-36 months, preschoolers 3-5 years of age, and youth 6 years and up. Adult swim instruction, aqua jogging, lifeguard Instruction and aquatic after-therapy exercise are offered for a fee.

Pool available for recreational swimming, lap swimming and aquatic exercise. Sauna, steam room and whirlpool on pool deck. Pool located at Saratoga Springs Branch

**Eligibility:** 6 months and older

**Intake Procedure:** Call or walk in to apply.

**Fees/Payment Source:** Fixed cost.

**Hours:** Monday- Sunday, pool hours coincide generally with building hours

**E.P.I.C., Camps**

**Objectives:** Have an E.P.I.C. experience with us at our Saratoga Springs Branch! E.P.I.C. runs for 9 one-week sessions. Campers will participate in games, sports, archery, projects, team building, nature activities, trips, swimming and more! You may choose to attend day camp for one week or any combination of weeks. Experienced counselors will supervise children and a ratio of 1:10 ensures a safe, quality camping experience. All camp staff are CPR and First Aid certified. Campers bring a nourishing nut-free lunch and drink each day, as well as a swimsuit, towel and knapsack. Scholarships are available for camp for those with demonstrated need.

**Eligibility:** This camp is for children entering 1st grade through entering 5th grade.

**Intake Procedure:** Application Procedure, Telephone, Walk-in,

**Fees/Payment Source:** \$278 or \$306 per week depending on length of camp day (2015 rates)

## **TRAVEL CAMP**

**Objectives:** Join us for an adventure-packed summer. Travel Camp provides campers entering fifth grade through tenth grade an opportunity to travel every day to fun-filled locations. Campers have a chance to explore different summer activities: amusement and water parks, outdoor sports, fairs, and horsebackriding. Travel Camp conducts 9 one-week sessions. Join us for one week or for all; this is your choice. Located at the Saratoga Springs Branch, most day trips depart at 9:00 am and return by 4:30 pm. Campers will be grouped according to age and supervised by experienced adult staff. A 1:10 ratio ensures a safe, fun, and quality camping experience. This program is popular, so register early. Scholarships are available for camp for those with demonstrated need.

**Eligibility:** This camp is for youth entering fifth grade through tenth grade.

**Fees:** \$250/week (2015 rate)

## **PRE-SCHOOL, Community Based Preschools**

**Objectives:** The character values of caring, honesty, respect, and responsibility are at the heart of everything we do. At our Preschool, children are inspired to develop an excitement and joy for learning. Caring, qualified teachers offer a theme based, developmental curriculum that enhances a child's total development and nurtures their potential. In the classroom, children engage in activities that develop their fine and gross motor skills as well as strengthen their self-esteem, communication, reading, science, math and literacy skills. We welcome parents and guardians to be a part of your child's school experience and participate in our program. Students in Saratoga Springs' 3 & 4 year olds classes swim weekly while the Wilton students enjoy a weekly tumbling class. Spanish lessons are also provided for these 3 & 4 year old students. Children at our unique intergenerational program held at The Wesley Community learn while they interact with the residents as part of their preschool activities. An exciting Kids' Fit program, monthly swim class, and Spanish lessons enhance The Wesley Preschool. Our Preschool is a school year/school schedule program. Scholarships are available for preschool for those with demonstrated need.

**Fees:** Contact Preschool Director for information. Payable in 10 installments.

**Eligibility:** Age 2 by December 1, up to age 5.

**Hours:** ½ day, morning or afternoon, one to five days per week

## **GROUP HEALTH AND WELLNESS CLASSES, Exercise Classes/Groups**

**Objectives:** The Y offers drop-in group health and wellness classes including but not limited to cardiovascular and strength training, yoga, Pilates, Zumba, Gravity, cycle, kickboxing, tai chi, interval classes, meditation, and running for those 14 and older. In addition, some branches offer group exercise classes for children. Schedules are available at the member service desk of any branch, or on our website or mobile app.

**Fees/Payment Source:** free for YMCA member; day fee for guest

## **SILVER SNEAKERS FITNESS PROGRAM, Exercise Classes for all and membership benefits for some**

**Objectives:** SilverSneakers® is the nation's leading exercise program designed exclusively for older adults and is offered through Healthways. Healthways partners with many insurance programs to offer SilverSneakers® at various locations. SilverSneakers® offers physical activity, health education and social events for people who are Medicare eligible and Group Retiree members. SilverSneakers® Program Members have a complimentary membership with access to all of the Saratoga Regional YMCA branches. Participants do not have to be covered by Silver Sneakers to take part in the Silver Sneakers classes offered at the Y. Have fun and move through a variety of exercises designed to increase muscle strength, range of movement and activity for daily living skills.



**Eligibility:** Please contact your insurance company directly to determine if you are eligible for Silver Sneakers. In addition, the member service desk at any of our branches can assist you in determining your eligibility.

**Intake Procedure:** Application Procedure, Telephone, Walk-in

### ***Other Programs and Offerings***

*Gymnastics/Tumbling (Wilton Branch)*

*Sports Tennis (Wilton Branch)*

*Field House (Wilton Branch) Weightlifting*

*Personal Training*

*Massage*

*Livestrong at the YMCA Basketball*

*Karate*

*Indoor track (Saratoga Springs Branch)*

*Inquire at any branch for schedules, fees and eligibility.*

**Malta Childcare, 100 Saratoga Village Blvd. #28. Malta, NY 12020 Phone: 583-4342 Fax: 587-2256**

**Objective:** This NYS licensed full-day developmental program fits the needs of the children according to their ages and individual progress. It uses a thematic approach to reading readiness, language, math, science, art, music, social studies, multi-cultural activities, health and nutrition, fitness, and social-emotional growth for children ages 6 weeks through 5 years old. • Individualized infant care • Fundamental learning experiences for infants (6 weeks-18 months) and toddlers (24-36 months) • Developmentally-appropriate activities • Creative Curriculum themed activities, including arts and crafts, letter introduction, science, math and social skills • Safe and nurturing learning environment for Kindergarten readiness and peer interactions • Seasonal field trips and in-house learning experiences • Swim lessons for 4 and 5 year olds • Gym program for 3, 4 and 5 year olds • Large Motor Play Areas: inside and outside • NYS funded Universal Pre-Kindergarten program with NYS Certified Teachers • Certified staff with CPR and first aid training • Breakfast, lunch and snack served. Scholarships are available for Malta Childcare for those with demonstrated need.

**Eligibility:** 6 weeks through 5 years old

**Intake Procedure:** Application Procedure, Telephone

**Fees:** Contact Director for fees. Vary based on age of child.

**Hours:** Year round, Monday- Friday, 6:30 am – 6:00 pm

### ***BASE (Before and After School Enrichment) and PREP (Pre-teen Recreational and Enrichment Program)***

**Objectives:** BASE is a morning and/or afternoon program for children to learn, grow and thrive. This NYS licensed program engages Kindergarten through Seventh grade students in fun, social play. Children are empowered through indoor/outdoor activities, creative arts, homework help, and large and small group games. This program provides the working parent with a sense of comfort and security. Eight locations in the Saratoga Springs, Ballston Spa, Greenwich and Corinth school districts. Snow day and vacation day care available for Y members and BASE and PREP members, with limitations. Scholarships are available for BASE and PREP for those with demonstrated need.

**Eligibility:** Kindergarten through Seventh grade students; eligible grades vary by location

**Intake Procedure:** Application Procedure, Telephone, Walk-in

**Fees:** Contact Director for fees

**Hours:** 7:00 am for morning care; until 6 pm for afternoon care

**SARATOGA RURAL PRESERVATION COMPANY**  
1214 Saratoga Road, Ballston Spa, NY12020  
(518) 885-0091 Service/Intake Housing Services  
(518) 885-0998 Fax  
(518) 885-0673 Service/Intake – VetHelp  
(518) 490-2246 Fax

[www.vethelpny.org](http://www.vethelpny.org)  
[chp@saratogarpc.org](mailto:chp@saratogarpc.org)

*Public transportation accessible*

**Services:** Transitional housing for homeless male and female veterans, permanent housing for veterans and their families, rental assistance programs for low-income individuals and support services for veterans and veteran families

**Objectives:** Assistance is provided for veterans who want to improve their understanding of the consumer credit lending and collections systems and maximize their skill in utilizing the credit that is available to them. Services may include help in completing credit application forms; and information and guidance about a variety of topics such as understanding how credit information is analyzed, choosing the best credit cards and/or interest rates available, determining how many credit cards can be managed, protecting one's credit information and credit rating, communicating with creditors, repairing poor credit ratings and eliminating credit card debt.

**Eligibility:** Veterans, Veteran families, low-income families

**Intake Procedure:** Contact 885-0673 for Vet Services, Contact 885-0091 for housing services

**Documents:** DD214 for veterans, ID card

**Fees/Payment Source:** No cost

**Hours:** Mon - Fri 8:30 a.m. - 4:30 p.m.

#### ***SECTION 8 HOUSING ASSISTANCE, HUD Management Companies***

**Objectives:** The Saratoga County Rural Preservation Company administers Section 8 Rental Assistance programs and manages low income/subsidized housing for veterans and other low-income people.

**Eligibility:** Veterans and their families.

**Intake Procedure:** Call for information

**Hours:** Mon - Fri 8:30 a.m. - 4:30 p.m.

#### ***LOW INCOME/SUBSIDIZED HOUSING/VETERANS, Low Income/Subsidized Rental Housing***

**Objectives:** The Saratoga Rural Preservation Society assists veterans in obtaining housing and Section 8 vouchers, and manages subsidized housing for low-income veterans

**Intake Procedure:** Visit website

**Documents:** Proof of income

**Fees/Payment Source:** No cost

**Hours:** Mon - Fri 8:30 a.m. - 4:30 p.m.

***CURR-AHEE, Low Income/Subsidized Rental Housing \*Veterans***

**Objectives:** This is a twelve-unit apartment complex for veterans in the Town of Wilton. Veterans and their families have been living in this housing since 1991. The program is named Curr-Ahee. This is an American Indian slogan meaning “we stand together.” The slogan has been used by the 101st Airborne since World War II. The program targets veterans and their families that are homeless, about to be homeless or living in substandard shelters, at the time of making application to SCRPC for placement.

**Intake Procedure:** Website or walk-in application procedure

**Documents:** DD214, proof of income

**Fees/Payment Source:** No cost. Donations

accepted. **Hours:** Mon - Fri 8:30 a.m. - 4:30 p.m.

***THE HOMELESS VETERANS SHELTERS***

**Objectives:** There are two transitional shelters for homeless veterans - one for males and one for females.

The first requirement of both houses is that the veteran must be clean and sober for a minimum of 30 days before they will be invited to stay at the house. There is a strict zero tolerance policy regarding drinking and/or drug abuse. The houses are kept clean by the residents individually and as a group. Every resident is assigned chores and attendance at the evening meal is mandatory.

**Intake Procedure:** Walk-in to apply or fill out application on the front page of our Website. [www.vethelp.org](http://www.vethelp.org)

**Documents:** DD214, proof of income and birth certificate

**Fees/Payment Source:** Donation accepted, other

**Hours:** Mon - Fri 8:30 a.m. - 4:30 p.m.

***SUPPORTIVE SERVICES FOR VETERAN FAMILIES***

**Objectives:** Helping homeless or at risk of becoming homeless veterans and their families

**Services Provided:** Temporary Financial Assistance, rental assistance, security, moving costs, childcare, utility fee, utility deposit, emergency supplies, transportation, case management & referral services, Healthcare, daily living activities, financial planning, income support, legal assistance, rep payee/fiduciary

**Hours:** Monday through Friday, 8:30 am - 4:30 pm

**Intake Procedure:** Call (855) 233-1117

**Eligibility:** Homeless or at risk of becoming homeless veterans and their families.  
\*If you were dishonorably discharged from military service you will not qualify.

**Target Population:** Any person who has served in any branch of the U.S. Armed Forces

**Fees/Payment Source:** Other than the above mentioned charges, everything else remains the same.

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**SARATOGA SPRINGS CITY SCHOOL DISTRICT**

**3 Blue Streak Blvd., Saratoga Springs, NY**

**12866 (518) 693-1439**

**(518) 5834490**

[www.saratogaschools.org](http://www.saratogaschools.org)

[public\\_information@saratogaschools.org](mailto:public_information@saratogaschools.org)

**Services:**

**Objectives:** Saratoga Springs City School District serves students grades K through 12

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**SARATOGA SPRINGS HOUSING AUTHORITY**  
1 South Federal Street, Saratoga Springs, NY  
12866 (518) 584-6600  
(518) 583-3006 Fax  
[www.saratogaspringspha.org](http://www.saratogaspringspha.org)  
[ksicko@sspha.org](mailto:ksicko@sspha.org)

**Services:**

**HOUSING AUTHORITY, Housing Authorities**

**Objectives:** The Saratoga Springs Housing Authority has a total of 339 units of conventional housing and 90 units of Section 8 housing.

**Eligibility:** Call for details

**Intake Procedure:** Call for information

**Documents:** All applications require copies of birth certificates for all applicants. Social Security cards for all applicants and photo ID for any applicant over 18. Once application is submitted, it becomes the property of the Housing Authority.

**AFFORDABLE HOUSING, Low Income/Subsidized Rental Housing**

**Objectives:** The Saratoga Springs Housing Authority provides public housing, Section 8 vouchers, and manages Saratoga Affordable Housing Group LLC.

**Eligibility:** Call for details

**Intake Procedure:** Call or walk in to apply.

**Documents:** Proof of income, birth certificate, driver's license, utility bill with address.

**Hours:** Mon.-Fri. 8 am-Noon, 12:30 pm – 4 pm

**SARATOGA SPRINGS OFFICE OF COMMUNITY DEVELOPMENT**  
474 Broadway, Saratoga Springs, NY 12866  
(518) 587-3550 Ext. 2575  
(518) 580-9480 Fax  
[www.saratoga-springs.org](http://www.saratoga-springs.org)

**Services:**

**Objectives:** Administer Community Development Block Grant funds from HUD for a variety of projects that benefit low to moderate-income City residents, including housing rehabilitation grant and loan programs.

**Services:** Housing rehabilitation grant and loan programs. Information and referral services.

**Hours:** Monday - Friday 9:00 a.m. - 4:30 p.m.;

**Target Population:** Low and moderate-income persons

**Eligibility:** US Department of Housing & Urban Development Income Guidelines.

**Intake Procedure:** Call 587-3550, Ext. 2575 for guidelines and applications

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**SARATOGA SPRINGS POLICE DEPARTMENT**  
5 Lake Avenue City Hall, Saratoga Springs, NY  
12866 (518) 584-1800

**Services:**

**SARATOGA SPRINGS POLICE DEPARTMENT, Municipal Police**

**Objectives:** The Saratoga Springs Police Department provides police and emergency services.

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**SARATOGA SPRINGS PUBLIC LIBRARY**

49 Henry Street, Saratoga Springs NY

12866 (518) 584-7860

518) 584-7866 Fax

[www.sspl.org](http://www.sspl.org)

**Services:**

**Objectives:** The mission of the Saratoga Springs Public Library is to inform, to inspire, and to entertain. It must provide access to the universe of knowledge through a variety of materials, programs, and services. As a publicly supported institution, the library should make primary services available without charge. Special emphasis should be given to areas of local interest. The mission of the library implies that the Library's primary goal is to provide information resources that foster personal, family and community growth for the residents of the Saratoga Springs City School District.

**Services Provided:** Saratoga Springs Public Library provides a variety of library materials for adults, children, and teens including fiction and non-fiction books, large print books, DVDs, audiobooks, Music CDs, magazines, and newspapers. There are 40 computers available for public use and a wireless network for those who prefer to work on their own laptop within the library. For community members that are unable to get to the library due to a disability or illness, they may apply to the library's Homebound Service. The program is available to Saratoga Springs City School District residents of any age. This service is for residents with either a temporary or permanent disability, and it is free of charge. A library staff member will bring requested library materials to patrons who qualify for Homebound Service. For consideration, please fill out an application which can be downloaded from the library's website or by calling Jeannine Jeter at 518-584- 7860 ext. 228 for assistance.

Each year the library offers more than 500 programs for children, teens, families, and adults including: computer education classes, parenting workshops, after school programs, preschool story time, music, and art; local history lectures, author talks, live musical performances, gardening programs, cinema series, book and short story book discussions, tax assistance programs, and a variety of teen programs. The library also participates in the Collaborative Summer Library Program for children and teens, also known as Summer Reading.

**Hours:** Monday–Thursday: 9 a.m.–9 p.m.  
Friday: 9 a.m.–6 p.m. Saturday: 9 a.m.–5 p.m. Sunday: Noon–5 p.m.

**Teen Room Hours:** Monday–Thursday: 2–7 p.m. Friday: 2–6p.m.

**Book Bag Shop Hours:** 518-584-7860 ext.233  
Monday–Thursday: 10 a.m.–8p.m.  
Friday: 10 a.m.–5 p.m.  
Saturday: 10 a.m.–4p.m.  
Sunday: 1–4 p.m.

**Target Population:** The library is chartered to serve the residents of the Saratoga Springs Enlarged City School District.

**Eligibility Criteria:** The library and its programs are open to the public. Residents of any of the following New York Counties are eligible to register for a Saratoga Springs Public Library Card: Saratoga, Fulton, Hamilton, Montgomery, Schenectady, Schoharie, Warren and Washington. Visitors may be eligible for a temporary card. A parent or guardian's signature is required for children under the sixth grade.

**Borrowing privileges:** Residents and property owners of the Saratoga Springs Public Library Service Area (the library's chartered service area is identical to the Saratoga Springs Enlarged City School District) with cards in good standing may borrow every item in the circulating collection. Out-of-District Residents may borrow any item in the circulating collection, however, placing hold requests on high-demand materials such as books and feature films on DVD from the "New & Popular" collection is reserved for the residents of the library's chartered service area, and loans of high-demand materials to nonresidents may be limited.

**Intake Procedure:** Library Card Applications are available at the library's Circulation Desk. Your library card may be used to borrow three items on the day it is issued to you. It may take several business days for a new registration to be completed. Once complete, the borrowing limit will increase to 50 items.

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#### **SARATOGA SPRINGS RECREATION DEPARTMENT**

15 Vanderbilt Avenue, Saratoga Springs, NY 12866

(518) 587-3550 Ext. 2300

(518) 580-1748 Fax

[recreservations@saratoga-](mailto:recreservations@saratoga-springs.org)

[springs.org www.saratoga-](http://www.saratoga-springs.org)

[springs.org](http://www.saratoga-springs.org)

<http://m.facebook.com/profile.php?id=139310812868304>

#### **Services:**

**Objectives:** The Saratoga Springs Recreation Department is a municipal agency offering recreational opportunities through programs and facilities for all ages. The mission of the Saratoga Springs Recreation Commission is to create fun, safe, affordable activities, and to enrich the community's quality of life through outstanding recreation programs, resources, and facilities for all individuals.

**Services Provided:** We provide many recreation programs for youth and adults including but not limited to soccer, ice skating, skateboarding/in-line skating, lacrosse, basketball, cheerleading, field hockey, volleyball, baseball, softball, summer camp and Zumba. Our facilities, including the Recreation center, Ice Rinks, Skate Park, playgrounds and parks provide the opportunities for individuals and their families to enjoy recreation.

**Hours:** Monday - Saturday 9 am - 8 pm, Sunday 11 am - 7

pm Holiday Hours when open 11 am—7 pm

Summer Hours (Memorial Day – Columbus Day) Monday – Saturday 9:00 am – 8:00 pm

Saturday 11:30 am – 5:00 pm

**Eligibility Criteria:** Varies

**Intake Procedure:** Call (518)587-3550 Ext. 2300 for information, download registration forms from our website [www.saratogarec.org](http://www.saratogarec.org) and mail to or register at the Saratoga Springs Recreation Center, 15 Vanderbilt Avenue, Saratoga Springs, NY 12866-4914

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#### **SCHUYLER RIDGE RESIDENTIAL AND ADULT DAY HEALTHCARE**

1 Abele Boulevard, Clifton Park, NY 12065

(518) 371-1400

(518) 371-1240 Fax

[www.schuylerridge.org](http://www.schuylerridge.org)

**Services:**

**SCHUYLER RIDGE RESIDENTIAL HEALTHCARE**

**Objectives:** A skilled nursing facility with 120 beds that offers a range of comprehensive medical services. Dementia care and sub-acute, short-term rehabilitative services are available. The Rehabilitation Center offers a progressive short-term program designed to assist patients with maximizing their independence with a primary goal of returning to the community. Our team works with patients and families to establish the safest, most functional level of discharge possible, in addition, we provide patients and their families with ongoing support and resources to ensure that return to the community is as successful as possible.

**SCHUYLER RIDGE ADULT DAY HEALTH CARE**

**Objectives:** Schuyler Ridge Adult Day Health Care is a medical model program staffed by a fulltime Registered Nurse and Certified Nursing Assistants. Our program is designed for adults in need of supervision and health services during the day. We are able to provide a comprehensive range of services from medication administration, assistance with activities of daily living, case management, clinical management, and social, recreational and rehabilitative services. Under the direction of a registered dietician, a well- balanced lunch is served and morning and afternoon snacks are provided, all tailored to meet the needs of the participant. We offer peace of mind for the caregiver, while providing an enriched safe and appealing environment for the participant.

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**SENIOR CITIZENS CENTER OF SARATOGA SPRINGS**

5 William Street, Saratoga Springs, NY

12866 (518) 584-1621 ESI

(518) 581-8606 Fax

[www.saratogaseniorcenter.org](http://www.saratogaseniorcenter.org)

**Services:**

**SENIOR CENTERS**

**Objectives:** The Senior Citizens Center of Saratoga Springs offers programs for older adults.

**Hours:**

Mon-Wed.	8am-2:30pm
Thurs.	8am-3pm
Fri.	8am-1:30pm

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**SENIOR SOLUTIONS**

77 VAN DAM STREET, SUITE 4, SARATOGA SPRINGS, NY

12866 (518) 584-1200

(518) 584-8862 Fax

[www.seniorsolutionsny.com](http://www.seniorsolutionsny.com)

**Services:** Home Health Care, Memory Care, Companionship, Housekeeping, Meal preparation, linen changes.

Care provided up to 24 hours.

**Hours:** Office Monday through Friday 8:30 am – 4:30 pm.

**Intake Procedures:** RN- In Home Assessment

**Fees/Payment Source:** Private Pay

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**SETON HEALTH HOME CARE**

**1 Ross Tech Park, Troy, NY 12180**

**(518) 233-1802**

**(518) 233-1808 Fax**

**Sites:**

**1. SETON HEALTH HOME CARE**

**77 Van Dam Street, Saratoga Springs, NY**

**12866 (518) 583-7076**

**Services:**

***HOME HEALTH CARE SERVICES, Home Health Aide Services, Home Nursing***

**Objectives:** Seton Health Home Care offers home health care services including registered nursing, physical therapy, occupational therapy, speech/language therapy, home health aides, prenatal care, pediatric nursing, social work, and registered dietitians.

**Intake Procedure:** Call for information.

**Fees/Payment Source:** Sliding fee, other various fixed costs. Medicaid, Medicare and private insurance are accepted.

**Hours:** 24-hour services.

**SEFCU**

**575 BROADWAY, ALBANY, NY 12207**

**(518) 452-8183**

**(800) 727-3328 Toll Free**

**(518) 464-5252 TTY**

[www.sefcu.com](http://www.sefcu.com)

**Services:**

**Personal Banking:** Take advantage of our free checking account, online banking, high yield savings, low loan rates, and insurance and investment products to make managing your money and your life much easier!

**Loans & Lines of Credit:** Buying a home? Sending kids to college? Thinking of buying a new car? See how SEFCU's home, auto, and education loans can make it all happen.

**Investing:** SEFCU Wealth Management Services provides comprehensive financial planning and wealth management advice to help you pursue your financial goals — from paying for college to retirement planning. We understand that today's markets are more complicated than ever and it's increasingly difficult to plan for retirement or to find income in today's low yield environment. Our professional LPL Financial Advisors will work with you to develop a customized plan that takes into consideration your unique situation and long-term goals. If you are located in the Capital Region and would like to schedule a free, no-obligation meeting with a LPL Financial Advisor, e-mail [sefcu@lpl.com](mailto:sefcu@lpl.com) or call 518-862-1955.

**Planning and Education Center:** SEFCU is committed to helping members become financially literate. We conduct seminars, provide personalized financial coaching, and a wealth of online resources to help members and the communities we serve achieve their purpose.



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**SEXUAL TRAUMA AND RECOVERY SERVICES(S.T.A.R.S.)**

421 Lower Main St., Hudson Falls, NY

12839 (518) 747-8849

(518) 746-1457 Fax

(800) 225-7114

Emergency

[www.tcuwny.org](http://www.tcuwny.org)

[revansky@medserv.net](mailto:revansky@medserv.net)

**Services:**

**S.T.A.R.S. (SEXUAL TRAUMA AND RECOVERY SERVICES)**

**Objectives:** Sexual Trauma and Recovery Services provides a range of free and confidential services to all victims of sexual assault in Washington County - past or present, children or adults, friends or family. S.T.A.R.S. has a 24/7 hotline, and provides crisis intervention, short-term counseling, information and referrals. Support is available whether the assault occurred several hours ago or many years ago.

**Eligibility:** Washington County Residents

**Intake Procedure:** Call for information or walk-in. The intake procedure consists of a one-page intake form, release of information and OVS application if applicable.

**Fees/Payment Source:** No cost. Donations Accepted.

**Hours:** Mon - Thurs 8:00 a.m. - 6:00 p.m., Fri 8:00 a.m. - 5:00 p.m.  
24-hour emergency service

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**SHELTERS OF SARATOGA**

14 Walworth Street, Saratoga Springs, NY

12866 (518) 581-1097

(518) 581-8735 Fax

[www.sheltersofsaratoga.org](http://www.sheltersofsaratoga.org)

*Public transportation  
accessible.*

**Services:**

**Homeless Outreach Program** Connections made through the outreach program are important first steps to building trust with adults, youth and families in need. Through direct outreach we meet critical needs of those living on the streets and those temporarily lodged in motels by increasing awareness of resources and helping individuals move toward stability and self-determination.

**Drop-In Centers** The year-round programs offer a safe environment to do laundry, take a shower, get a meal and connect with critical resources at the SOS 20 Walworth Street, Saratoga Springs location. Various other community agencies provide additional support to ensure that individuals utilizing the program receive the full spectrum of services available to them. Adult Drop-In Tuesdays 11 a.m. - 3 p.m. Youth Drop-In Thursdays 11 a.m. - 3 p.m.

**Code Blue Emergency Shelter** This program offers individuals the basic needs of food and shelter during hazardous winter weather and opens the door for potential stabilization.

**Case Managed Shelter -** Male and female adult guests are provided with safe shelter, hot meals and a structured environment. Houseguests gain self-sustainability by working collectively with case managers to identify employment and housing

opportunities.  
**Affordable Housing -** Affordable housing tenants receive ongoing support through a wide range of programs and services that promote housing stability.  
**Eligibility:** Call for information.  
**Intake Procedure:** Call for information.  
**Fees/Payment Source:** No cost or low cost, reimbursement through public agency.  
**Hours:** 24 hours a day, 7 days a week.

**SHENENDEHOWA SENIOR CITIZENS CENTER**  
6 Clifton Common Court, Clifton Park, NY  
12065 (518) 383-1343  
(518) 383-5942 Fax  
(518) 371-5179 Care Line  
jmckinn@nycap.rr.com  
*Public transportation accessible.*

**Services:**

**SENIOR CENTERS**

**Objectives:** Shenendehowa Senior Citizens Center provides healthy, supportive, recreational and educational programs that focus on preserving and promoting independence, quality of life, and lifelong learning opportunities for senior adults and other members of the community

**ELIGIBILITY:** Membership is open to anyone regardless of place of residence.

**HOURS:** Mon.-Fri. 9am-4pm

**SOCIAL SECURITY ADMINISTRATION**  
8<sup>TH</sup> FLOOR, ONE BROADWAY CENTER, SCHENECTADY, NY 12305  
(866) 964-0018 EXT 21228  
(518) 382-7847 Fax  
[www.socialsecurity.gov](http://www.socialsecurity.gov)  
*Public transportation accessible.*

**Services:** Administer Social Security Programs

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**SOUTHERN ADIRONDACK CHILD CARE NETWORK**

88 Broad Street, Glens Falls, NY 12801

(518) 798-7972

(518) 812-0799 Fax

[www.saccn.org](http://www.saccn.org)

[info@saccn.org](mailto:info@saccn.org)

Public transportation accessible.

**Services:*****SOUTHERN ADIRONDACK CHILD CARE NETWORK, Child Care Provider Referrals***

**Objectives:** The Southern Adirondack Child Care Network assists parents in Warren, Washington and Hamilton counties in their search for child care by providing referrals to area childcare providers, subsidy information and information on choosing quality childcare.

**Eligibility:** No requirements

**Intake Procedure:** Call, visit or email for information

**Fees/Payment Source:** No cost.

**Hours:** Mon.-Fri. 9 am - 4 pm; after business hours, leave a message on the voicemail. Calls will be returned the next business day.

***SOUTHERN ADIRONDACK CHILD CARE NETWORK, Child Care Provider Training***

**Objectives:** The Southern Adirondack Child Care Network:

- Offers training and technical assistance to childcare providers in Warren, Washington, and Hamilton and Northern Saratoga counties.
- Helps develop quality childcare programs by recruiting and assisting persons or organizations interested in the business of providing childcare.
- Helps to maintain the quality of childcare in the community by offering on-going training in health, safety, nutrition, child related and business topics.
- Administrative sponsor of the federally funded Child and Adult Care Food Program.

**Eligibility:** No requirements

**Intake Procedure:** Call, visit or email for information

**Fees/payment Source:** No or low cost registration fee. Scholarship/Financial Aid may be available.

**Hours:** Mon.-Fri. 9 am - 4 pm; after business hours, leave a message on the voicemail. Calls will be returned the next business day.

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## **SOUTHERN ADIRONDACK INDEPENDENT LIVING**

**71 Glenwood Avenue, Queensbury, NY 12804**

**418 Geysers Road, Ballston Spa, NY 12020**

**(518) 792-3537**

**(518) 792-0979 Fax**

**(518) 792-0505 TDD**

[www.sailhelps.org](http://www.sailhelps.org)

*We are now available on Facebook*

*Public transportation accessible.*

**Services Provided:** Advocacy, medical equipment loans, navigators/NYS Marketplace Assistance, NHTD & TBI Waiver, CHA (Community Health Advocate), ICAN (Independent Consumer Advocacy Network), ABD (Aged, Blind & Disabled) State and Federally funded Independent Living Center (ILC) - Information and referral, independent living skills training, peer counseling and individual and systems advocacy are ILC core services. This includes advisement and guidance through benefit and entitlement programs such as housing, options for long-term care supports for individuals of any age, education, DSS programs, and Social Security Administration. Additional ILC services include communication services (braille transcription, sign language including Sorenson Video Relay, moderating communication between people with disabilities and community organizations) mobility training, architectural barrier consultation (for businesses and individuals), community education, and support business/industry/agency with ADA consultation and implantation. SAIL's Queensbury office also offers free, basic computer classes for individuals with and without disabilities.

**Objective:** Independent Living means controlling and directing your own life. It means taking risks and being allowed to succeed and fail on your own terms. It means participating in community life and pursuing activities of your own choosing. It is knowing what choices are available, selecting what is right for you, and taking responsibility for your own actions. Independent living means being as self-sufficient as possible. Peer counseling, information and referral, individual and systems advocacy, and Independent Living Skills Training comprise our core services.

### **TECHNOLOGY RELATED ASSISTANCE FOR INDIVIDUALS WITH DISABILITIES/EARLY INTERVENTION**

**(TRAID/EI):** This free, 30 day loan program meets the needs of individuals and families facing disability, illness, recovery, aging challenges, or businesses in need of exploring accommodations for employees or consumers. Early Intervention adaptive and medical equipment is also available to families and professionals through this program.

**MONEY FOLLOWS THE PERSON (MFP)** - Provides advocacy support for residents of institutional settings (Nursing Homes, OPWDD housing) who have expressed an interest in returning to their homes and/or communities.

### **NURSING HOME TRANSITION AND DIVERSION AND TRAUMATIC BRAIN INJURY MEDICAID WAIVER REGIONAL**

**RESOURCE CENTERS (NHTD AND TBI RRDC):** On behalf of NYS Department of Health, SAIL provides entry services, waiver oversight and program management for individuals to receive home and community based long term care supports as an alternative to institutional living.

**NAVIGATOR PROGRAM-** SAIL provides local, in person assistance to explore and enroll individuals and small businesses in Qualified Health Insurance Plans, including Medicaid, Child Health Plus, utilizing the NYS of Health Marketplace.

**COMMUNITY HEALTH ADVOCATES (CHA):** Provides assistance to individuals to help people get, keep and use health insurance. This includes assistance with Medicare, Long Term Care Medicaid applications, appealing claims, prescription savings, non-marketplace health insurance enrollment, pre-authorization and any other health related questions, concerns or challenges.

**Target Population/Eligibility:** Individuals with disabilities

**Intake Procedures:** Paperwork/Intake Packet, Scheduled appointment

**Documents:** None unless specified upon scheduling appointments

**Fees/Payment Source:** N/A, Grant

**Hours:** Monday-Friday, 8am-4pm

**S.T.A.Y. AT HOME PROGRAM (SERVICES TO ACCESS YOUR HOME)-** An annual fee based membership program available to people with disabilities and/or age 55+ who struggle with yard and housework, errands and basic repairs due to compromised health/disability. STAY at Home members receive discounted rates for services throughout the year.

**PLEASE NOTE:** This is currently the only fee-for-service program SAIL offers. All other SAIL services are at no cost.

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### **SOUTHERN ADIRONDACK TOBACCO FREE COALITION (SATFC)**

36 Phila Street, Saratoga Springs NY

12866 (518) 581-1230

(518) 581-1240 FAX

(866) NY-QUITS (866) 697-8487

[www.tobaccofreeadirondacks.org](http://www.tobaccofreeadirondacks.org)

#### **Services:**

**Objectives:** The Southern Adirondack Tobacco-Free Coalition (SATFC) is a grassroots coalition of local agencies and individuals committed to creating a tobacco-free communities. SATFC has been serving the Adirondack region for ten plus years while focusing on three main initiatives, de-creasing tobacco marketing and advertising aimed at youth, increasing tobacco-free outdoors policies, and working with landlords and property owners on smoke free housing. SATFC serves a 3 county region of the Adirondacks: Saratoga, Warren and Washington counties and is a program of The Prevention Council of Saratoga County.

SATFC is located in Sara-toga Springs, New York. The Coalition is funded by the New York State Department of Health, Tobacco Control Program.

**Intake Procedure:** Call for information

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### **STILLWATER AREA COMMUNITY CENTER & ROOM TO BLOOM PRESCHOOL LEARNING CENTER**

19 Palmer Street, PO Box 536, Stillwater, NY 12170

(518) 664-2515

(518) 664-3590 Fax

[www.stillwaterareacommunitycenter.org](http://www.stillwaterareacommunitycenter.org)

**Objectives:** Our goal at SACC is to enhance the quality of life in our community. We accomplish this by providing community service

**Programs** (such as Elder Care transportation and before and after school child care), recreation & activities for young and old (our gym is constantly filled), and entertainment. These programs are offered to the residents of our beautiful and historic town always in the spirit of bettering our community. We also host many public forums for Town Government to better inform our residents of changes taking shape throughout the region. Our vision is to maximize the

educational and community service benefit of the Center by providing a range of programs that share resources, integrate activities where possible, and meet varying needs of the community as a whole.

**Hours:** Office hours: 9am-5:30pm; Room to Bloom: 6:30am-6pm

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**SUNY ADIRONDACK**

640 Bay Road, Queensbury, NY 12804

(518) 743-2264 Admissions Office

(518) 832-7604 Continuing Education

(518) 743-2282 Special Service

(518) 584-3959 Wilton Extension

Center (518) 743-2318 Fax

<http://www.sunyacc.edu/>

[info@sunyacc.edu](mailto:info@sunyacc.edu)

**Eligibility:** SUNY Adirondack participates in the full opportunity program of the State University of New York (SUNY). Under this program, SUNY Adirondack generally grants admission to students who are high school graduates or receive a general equivalency diploma (GED)

**Intake Procedure:** Call for application and information, Walk-ins **Hours:** Mon.-Fri. 8am-4pm, Wilton Extension Center Mon.-Thurs. 8:00 a.m. to 10:00 p.m.

**COMMUNITY COLLEGE, Community Colleges Objectives:** SUNY Adirondack is a two-year college, accredited by the Middle States Association of Colleges and Schools and offers a wide variety of Associate degrees and Certificate programs. In addition to credit-bearing courses, SUNY Adirondack offers business and industry training Programs as well as non-credit courses taught through the Department of Continuing Education.

**ACADEMIC COUNSELING, Academic Counseling Objectives:** Programs that assist students in selecting a course of study that is suited to their abilities, interests, future-plans and general circumstances.

**CAREER COUNSELING, Career Counseling Objectives:** Programs that provide information and guidance for people who need to evaluate their aptitude, abilities and interests in order to choose a vocation or career and select the type of training that will enable them to obtain and progress in positions in the public or private sector that are productive and fulfilling.

**COLLEGE/UNIVERSITY ENTRANCE SUPPORT, College/University Entrance Support Objectives:** Programs that provide information and guidance for high school students and others who are preparing for or in the process of choosing and applying for admission to a college, university or other postsecondary institution. Assistance may include information about various college/university programs and their requirements, advice on college/university selection, suggestions regarding high school classes students should take to best qualify for the school of their choice, information and counseling regarding financial aid, assistance in completing necessary application forms and supporting materials such as application essays, and advice regarding the scheduling of SATs/ACTs. The objective of most college/university entrance support programs is to help students select the most appropriate institution and present their credentials in a way that heightens their chances of having their application accepted. Included are programs that sponsor fairs where representatives from a broad range of postsecondary institutions are available to meet with prospective students and discuss course offerings, admission and financial aid requirements, college/university life in general and other information that is pertinent to the selection process.

## **CONTINUING EDUCATION,**

**Objectives:** Continuing Education at SUNY Adirondack offers high quality educational experiences for every member of our community, from children to adults, from business and career training to personal enrichment to youth programming. Courses are offered at our Queensbury campus, Wilton Center, off campus and online.

**Services Provided:** Professional Development & Training Services \*Workforce and Career Preparation Courses \*Non- Credit Certificate courses \* Online, on-site, face to face training \* Personal and youth enrichment programming

**Intake Procedure:** Registration can be done in-person, by phone, mail, Fax or email.

**Hours:** Mon - Fri 8:00 a.m. - 4:00 p.m.

**Target Population:** All community members 8 – 80.

**Fees/Payment Source:** Courses vary in price. Payment is due at the time of registration.

## **DISABLED STUDENT SERVICES, Accessibility Services**

**Objectives:** Programs that provide special assistance for students with visual, hearing, physical, emotional, learning or other disabilities who might prevented from obtaining an education without access to support services.

## **SUMMER ENRICHMENT PROGRAM, Youth Enrichment Programs**

**Objectives:** SUNY Adirondack's Youth Enrichment Program is a three week program for children completing grades 3-9 and is designed to enrich and complement the learning that each student experiences at the home school. Eligibility criteria and a course listing are available by contacting the college.

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## **SUSTAINABLE SARATOGA**

**PO Box 454 Saratoga Springs, NY 12866**

[info@sustainablesaratoga.org](mailto:info@sustainablesaratoga.org)

### **Services:**

**Objectives:** Sustainable Saratoga is a not-for-profit organization that promotes sustainable practices and the protection of natural resources, through education, advocacy and action, for the benefit of current and future generations in the Saratoga Springs area.

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**TEEN AWARENESS GROUP OF HUDSON HEADWATERS HEALTH NETWORK (A COMMUNITY ADOLESCENT PREGNANCY PREVENTION GRANT)**

**Contact Person: Phyllis Morreale**

**Physical: 45 Hudson Avenue, Glens Falls, NY**

**12801 Mailing: 9 Carey Road, Queensbury, NY**

**12804**

**(518) 761-0300 ext. 31107**

**(518) 745-1378 Fax**

[www.teenawareness.net](http://www.teenawareness.net)

**FACEBOOK:** Teen Awareness of Warren & Washington Counties

**Services:**

**Objectives:** The Teen Awareness Group of Hudson Headwaters Health Network is focused on improving health outcomes for teens living in Warren and Washington counties through education, improved access to reproductive/sexual healthcare services, and youth development to reduce the incidence of unplanned teen pregnancy and STI/HIV infection. The Teen Awareness Group works both independently as well as through collaborative efforts with other community agencies.

**EDUCATIONAL PROGRAMS AND RESOURCES AVAILABLE**

***For Youth:***

**TAKE 5 Teen Health Workshop** – Utilizes a comprehensive, medically accurate, evidence-based curricula that provides adolescents with the knowledge, motivation, and skills necessary to encourage behaviors that reduce their risk of unplanned pregnancy and STDs. Upcoming workshop dates and registration available on line at [www.teenawareness.net](http://www.teenawareness.net) (Registration & parental permission are required)

**Various workshops and classroom resources available on** - Sexting, Pregnancy & STD/HIV Prevention, Abstinence, Teen Dating Violence and Youth Development topics. Please contact our office for further information.

***For Parents/Caregivers and Educators:***

**What We Wish Our Parents Had Taught Us** – A parent/caregiver workshop on family communication, discussing sexual health and responsibility with our youth and an overview of sexual health education topics and resources. Information and resources for parents and caregivers on a variety of adolescent development topics Educational programming and access to a lending library for groups, organizations and schools on adolescent focused topics and risk behaviors.

**Other Available Services**

Transportation assistance for teens living in Warren or Washington counties to access reproductive/sexual healthcare services. Free personal protection (condoms/safer sex supplies) and information for individuals to utilize and protect their health.

**Hours:** Monday – Friday, 8:00 a.m. – 4:30 p.m.

**Target Population:** Youth age 13 and up

**Eligibility Criteria:** Services provided Free of Charge, but limited to Warren and Washington counties.

**How to Apply for Services:** Interested persons may contact us either by phone or email using the "Contact Us" form on our website.



**TO LIFE!**

**410 KENWOOD AVE, DELMAR, NY 12054**

**(518) 439-5975**

**(518) 475-9141 Fax**

[www.tolife.org](http://www.tolife.org)

**Services:** Health education related to Breast Health awareness, Breast Cancer risk and support for Breast Cancer treatment.

**Objectives:** Boutiques offering Breast prostheses, bras and post-surgical undergarments for breast cancer patients; also wigs, hats and scarves for women with any medically indicate hair loss.

Accredited facility through the American Board for Certification in Orthotics, Prosthetics and Pedorthics. Many insurance plans accepted.

**Eligibility:** Greater Capital District including: Albany, Rensselaer, Saratoga, Washing, Warren, Schenectady, Montgomery, Columbia and Greene County

**Intake Procedure:** Contact by telephone, email or in person

**Documents:** Prescription, insurance care and photo ID for insurance coverage if using to cover wig or prosthesis related items only, none needed for other services

**Hours:** Delmar Office Monday – Friday 9 am – 5 pm; Saratoga Office Wednesday 6 – 9 pm, Thursday and Friday 10 am – 3pm

**Fee/Payment Source:** Insurance coverage or cash for purchases only. Support services are free of charge

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**TRANSITIONAL SERVICES ASSOCIATION, INC.**

**127 Union Street, Saratoga Springs, NY**

**12866 (518) 587-6193**

**(518) 587-8703 Fax**

<http://www.tsa-inc.org>

[lnelson@tsamail.org](mailto:lnelson@tsamail.org)

**Sites:**

**1. EDGEWOOD HOUSE**

**112 Cramer Road, Ballston Spa, NY 12020**

**(518) 584-6743**

**(518) 584-8336 Fax**

**2. HAMMOND HOUSE**

**162 Circular Street, Saratoga Springs, NY 12866**

**(518) 584-6688**

**(518) 581-9811 Fax**

**3. HEDGEROW HOUSE**

**994 Rte. 67, Ballston Spa, NY 12020**

**(518) 885-3872**

**(518) 885-0267 Fax**

*Public transportation accessible.*

**4. ICM/SCM**

**77 Van Dam Street Saratoga Springs, NY 12866**

**(518) 583-3640**

**(518) 583-3681 Fax**

**5. KAYDEROSS HOUSE**

**57 Kirby Road, Saratoga Springs, NY 12866 (518) 587-4277**

**(518) 583-1196 Fax**

*Public transportation accessible.*

**6. MICA**

**46 Jefferson Street, Saratoga Springs, NY 12866 (518) 584-1205**

**(518) 450-0279 Fax**

*Public transportation accessible.*

**7. PROGRESSIVE STEPS APARTMENT PROGRAM 127 Union Street, Saratoga Springs, NY 12866 (518) 587-2115**

**(518) 587-2157 Fax**

*Public transportation accessible.*

**8. SARATOGA COUNTY SINGLE POINT OF ACCESS 127 Union Street, Saratoga Springs, NY 12866 (518) 691-0492**

**(518) 587-8703 Fax**

*Public transportation accessible.*

**9. STONEBRIDGE**

**95 Van Dam Street, Saratoga Springs, NY 12866 (518) 584-2746**

**(518) 584-9715 Fax**

**10. SUPPORTED HOUSING**

**127 Union Street, Saratoga Springs, NY 12866 (518) 587-2115**

**(518) 587-2157 Fax**

*Public transportation accessible.*

**Services:**

***GROUP HOME/ADOLESCENT/YOUTH COUNSELING, Adolescent/Youth Counseling \* Group Home Residents***

**Objectives:** Kaydeross House works closely with children and their families through mutually agreed-upon goals to facilitate the child's successful return to home or to transition to more independent living. Individual, group, family and crisis counseling is provided in a safe, structured, therapeutic environment, incorporating local school and community experiences.

***INDEPENDENT LIVING SKILLS INSTRUCTION***

**Objectives:** Progressive Steps Apartment Program provides counseling, supervision and instruction in skills necessary for independent living through individualized service planning on-site visitation, on-call service, social/recreational activities and case coordination.

**Eligibility:** Call for information

**Intake Procedure:** Call for information

***MICA COMPREHENSIVE SERVICES, Comprehensive Outpatient Substance Abuse Treatment \* Dual Diagnosis  
Psychiatric/Mental Health Support Services \* Dual Diagnosis***

**Objectives:** MICA (Mentally Ill Chemical Abusers) Program is an outpatient service intended to enhance the substance abuse and mental health treatment services offered in Saratoga County. The program assists in the development and implementation of a comprehensive service package and promotes an integrated system approach to treatment. Staff works closely with other service providers from both the mental health and substance abuse communities in order to provide seamless services to dually diagnosed clients.

**Eligibility:** Call for information

**Intake Procedure:** Call for information

***MENTAL HEALTH HALFWAY/SUPPORTIVE HOUSES***

**Objectives:** Supported Housing offers 43 beds to clients with psychiatric disabilities. These residents are seen on an as needed basis, and most of these individuals ultimately assume the leases on their own apartments after an appropriate period of time. A small number of the Supported Housing beds are specifically designated for single parents who have mental illnesses and have children residing with them. Eight beds are available for the specific needs of ICM clients.

**Eligibility:** Call for information

**Intake Procedure:** Call for information

***MENTAL HEALTH HALFWAY HOUSES***

**Objectives:** This is a safe, structural environment that provides supportive counseling, goal planning, crisis intervention, recreation, and training in money management, conflict resolution and other daily living skills as needed.

**Eligibility:** Call for information

**Intake Procedure:** Call for information

***MENTAL HEALTH SCREENING/CASE MANAGEMENT***

**Objectives:** Saratoga County Youth SPOA is designed to identify, screen and assign Care Coordination and Wraparound Services to eligible high-need/ high-risk children and youth with a serious emotional disturbance (SED) and/or behavioral disorder and their families. Saratoga County Adult SPOA expedites access to case management and residential services for adults diagnosed with serious and persistent mental illness (ages 18+) who require these intensive services in order to remain healthy and stable in the community.

**Eligibility:** Call for information

**Intake Procedure:** Call for information

***PSYCHIATRIC CASE MANAGEMENT***

**Objectives:** Intensive Case Management (ICM) caseloads meet the criteria for serious and persistent mental illness and whose treatment needs have not been met by traditional mental health services. The Supportive Case Management (SCM) caseloads are individuals who have serious and persistent illness, but require less support in the community or who live in supervised residential settings. Assisted Outpatient Treatment (AOT of Kendra's Law) clients are mandated to mental health services and the ICM Program assists these individuals in being compliant with their court order. The program utilizes a Holistic Approach philosophy of helping all individuals in every aspect of their lives including, but not limited to, medical care, parenting, education, work programs, housing, mental health care, substance abuse issues, legal assistance and general daily living skills.

**Eligibility:** Call for information. A referral to the Saratoga SPOA Coordinator is necessary in order to receive case management services.

**Intake Procedure:** Call for information

***HEDGEROW HOUSE: Recovery Homes/Halfway Houses***

**Objectives:** Hedgerow is a Chemical Dependency Community Residence (Halfway House). Our focus is on Relapse Prevention Planning which includes; individual and group counseling, tobacco recovery counseling, vocational planning, social/recreational activities, enhancement of communication and life skills and intense involvement with the recovery community (AA, NA, SLAA, CODA, OA, etc.).

**Eligibility:** Call for information

**Intake Procedure:** Call for information

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**TRI-COUNTY UNITED WAY**

696 Upper Glen Street, Queensbury, NY 12084

(518) 798-0170

(518) 798-0533 Fax

[www.tcuwny.org](http://www.tcuwny.org)

[info@tcuwny.org](mailto:info@tcuwny.org)

**Services:**

***TRI-COUNTY UNITED WAY, Federated Giving Programs***

**Objectives:** The United Way collects donations of funds through payroll deductions, their website and individual gifts. These funds are then distributed to community agencies to provide services to those in need.

**Intake Procedure:** Call for information

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**UMBRELLA OF THE CAPITAL DISTRICT**

9 North Broadway, Schenectady, NY 12305

(518) 346-5249

(518) 346-3564 Fax

[www.theumbrella.org](http://www.theumbrella.org)

[info@theumbrella.org](mailto:info@theumbrella.org)

*Public transportation accessible.*

**Services:**

***Errand Running/Shopping Assistance \* Older Adults Home Maintenance and Minor Repair Services \* Older Adults Homemaker Assistance Housekeeping Assistance \* Older Adults Senior Ride Programs Yard Work***

**Work Objectives:** Umbrella of the Capital District helps senior citizens and persons with disabilities live comfortably and safely in their own homes. By providing low-cost maintenance and a wide variety of personal services, Umbrella helps members keep their homes and their independence.

**Eligibility:** Senior citizens and persons with disabilities.

**Intake Procedure:** Call for information

**Fees/Payment Source:** Clients pay a yearly sliding scale membership fee, and then pay a low-cost fee for service

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**UNITED WAY OF THE GREATER CAPITAL REGION**  
**One United Way, PO Box 13865, Albany, NY 12205**  
**(518) 456-2200**  
**(518) 456-2839 Fax**  
[www.unitedwaygcr.org](http://www.unitedwaygcr.org)  
[info@unitedwaygcr.org](mailto:info@unitedwaygcr.org)  
*Public transportation accessible.*

**Services:** United Way issues grants to local health & human service programs through its Community Care Fund in the areas of Basic Needs, Education, Income and Health. United Way also leads and participates in multi-partner initiatives that create lasting solutions. These initiatives include Family and Neighborhood Resource Centers, United Against Hunger, Bright Starts for Brilliant Futures, Creating Assets, Savings and Hope (CA\$H) Coalition, and 2-1-1 information and referral line.

**Objectives:** United Way's 2-1-1 is an easy to remember, 3-digit number, that is the leading information and referral system for the public to connect with community services. Dialing 2-1-1 connects callers with the help they need to solve non-emergency health, crisis and human services issues.

In partnership with the CA\$H Coalition, the United Way provides Volunteer Income Tax Assistance (VITA) to help taxpayers receive the credits and refunds they are entitled to. Family and Neighborhood Resource Centers provide one-stop coordinated services to individuals and families-in-crisis at five locations across the Capital Region.

United Against Hunger brings funding, expertise and partner organizations together to help individuals and families in the Capital Region access enough affordable and nutritious food to live an active and health lifestyle.

Bright Starts for Brilliant Futures brings funding, expertise and partner organizations together to tackle the issue of early-grade academic success.

**Eligibility:** Call for details

**Intake Procedure:** Call for information

**Hours:** Mon.-Fri. 8:30 am-4:30 pm

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**UNLIMITED POTENTIAL**  
**36 Cady Hill Boulevard, P.O. Box 4656, Saratoga Springs, NY12866**  
**(518) 587-2851 Service/Intake**  
**(518) 587-4367 Fax**  
[www.unlimitedpotentialonline.com](http://www.unlimitedpotentialonline.com)  
*Public transportation accessible.*

**Services:**

**VOCATIONAL REHABILITATION, Vocational Rehabilitation \* Intellectual Disabilities**

**Objectives:** Unlimited Potential is a vocational rehabilitation center for the mentally ill population.

Provided person centered employment support services from resume writing, application assistance to job development and job coaching.

**Eligibility:** Mentally ill in Saratoga County.

**Intake Procedure:** Call for information

**Hours:** Mon, Fri. 8am-3:30pm Tues, Wed, Thurs. 8am-4pm

**UPPER HUDSON PRIMARY CARE CONSORTIUM**

9 Carey Road, Queensbury, NY 12804

(518) 761-0300 ext. 31501 - Service/Intake

(518) 480-0100 Fax

[nharrell@medserv.net](mailto:nharrell@medserv.net)

Public transportation accessible.

**Services:**

**STATE/LOCAL HEALTH INSURANCE PROGRAMS/MEDICAID, Adult State/Local Health Insurance Programs  
Children's State/Local Health Insurance Programs, Medicaid**

**Objectives:** The Upper Hudson Primary Care Consortium is a facilitated enroller for Family Health Plus, Child Health Plus and Medicaid, and will assist people in applying for these subsidized health insurance plans.

**Eligibility:** Income-eligible

**Intake Procedure:** Call for information

**Documents:** Proof of income, proof of citizenship, proof of identity, proof of residency. Other documentation depending on individual situation

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**USDA – RURAL DEVELOPMENT**

2530 NYS Route 40, Greenwich, NY 12834

(518) 692-9940 Ext. 4 service/intake

(518) 889-1631 Fax

[www.rurdev.usda.gov/ny](http://www.rurdev.usda.gov/ny)

[mariann.cavanaugh@ny.usda.gov](mailto:mariann.cavanaugh@ny.usda.gov)

**Services:**

**GREENWICH SERVICING CENTER, Home Rehabilitation Programs, Rural Economic Development**

**Objectives:** The Greenwich Servicing Center offers single family homeownership loans, home repair loans and grants, multi-family housing, community facilities loans, business and industry guaranteed loans, water and sewer loans, renewable energy loans and grants, and value-added programs. The goal of USDA Rural Development is to increase economic opportunity and improve the quality of life for rural residents.

**Eligibility:** Call for details

**Intake Procedure:** Call for information

**Hours:** Mon.-Fri. 8am-4:30pm

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**VANDERHEYDEN HALL, INC.**

614 Cooper Hill Road, Wynantskill, NY

12198 (518) 283-6500 Ext. 210

(518) 286-1335 Fax

[www.vanderheydenhall.org](http://www.vanderheydenhall.org)

**Services:**

**Objectives:** Empowering children, adults and families to build brighter futures

**Services:** Residential treatment, community services, education, secondary school, emergency - crisis respite, diagnostic assessment, Medicaid service coordination, exceptional group home and supportive services, home based family services, supervised independent living program.

**Target Population:** Youth - Adults - Families with emotional or developmental challenges, or experienced family disruption; or at risk at school

**Eligibility:** Need, referral by county or other source.

**Intake Procedure:** Contact Mary Beth Carmen, Associate Executive Director at 518- 283-6500 Ext. 272

**Hours:** 24 hours/365 days/year. Office/Administration: 8:30 a.m. – 4:30 p.m.

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**VISITING NURSES HOME CARE/VNA HOME HEALTH**

**35 Colvin Ave, Albany, NY 12206**

**(518) 489-2681 Main**

**(518) 458-2630 Fax**

**(518) 489-1430 Intake**

**(518) 489-2532 Intake Fax**

**VISITING NURSES HOME HEALTH**

**Main Office: 35 Colvin Avenue, Albany, NY 12206**

**(518) 489-2681 Main Office**

**(518) 458-2630 Main Office Fax**

**(518) 489-1430 Intake**

**(518) 489-2532 Intake Fax**

[www.vnaalbany.org](http://www.vnaalbany.org)

**(Satellite Office) 517 Broadway, Suite 203 Saratoga Springs, NY 12866**

**(518) 371-0890**

**(518) 373-1934 Fax**

**Services:** Home Nursing, Rehabilitative Services, Medical Social Work.

**Objectives:** VNA Home Health is a Certified Home Health Agency (CHHA) providing short-term, intermittent skilled nursing as well as physical, occupational and speech therapies, medical social workers, and home health aide services to qualified patients in their homes in Albany, Columbia, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren and Washington counties.

**Intake Procedure:** Referral required from patient's doctor, hospital discharge departments, community agencies or family/caregiver. Patient's physician must sign orders for home care. VNA does assessment, insurance provider(s) approval needed. Family/caregivers are also involved. Initial point of contact is VNA Intake department. Call for information.

**Eligibility:** Individuals are qualified through physicians, hospitals, facilities, VNA and health insurance assessments, in concern with family/caregiver input.

**Sites:**

**VISITING NURSES HOME CARE**

**(Satellite Office) 71 Glenwood Avenue, Queensbury, NY 12804**

**(518) 798-1450**

**(518) 798-7233 Fax**

[www.vnhc.com](http://www.vnhc.com)

**Services:** Visiting Nurses Home Care (VNHC) is a licensed service home care agency and is an affiliate of VNA Home Health. VNHC provides supportive services including certified home health and personal care, homemakers, licensed practical nursing, and registered professional nursing. Services also include Consumer Directed Personal Assistant Program, and NHTD/TBI Waiver Program.

**Objectives:** VNHC provides services in 18 counties in the greater capital region. In addition to its main office in Menands, VNHC has satellite offices in Queensbury, Catskill, Cobleskill and Johnstown.

**Intake Procedure:** Call Main 518-694-9907 for information

**Documents:** Signed Physician's statement

**Fees/Payment Source:** Insurance including Medicaid, Medicare and commercial insurance

**Hours:** Mon-Fri 7:30am-5pm, Sat 7:30 am-3pm, Sun 7:30am-12pm, 24 hour, 7 day/week, 365 days/year, on-call service for VNA patients

### **CONSUMER DIRECTED PERSONAL ASSISTANT PROGRAM(CDPAP)**

**Objectives:** Consumer Directed Personal Assistant Program is designed to aid individuals with disabilities with everyday tasks as defined by the individual with the disability. CDPAP is an alternative homecare program, which empowers individuals with disabilities in regards to the care they receive and the individuals who provide it.

**Intake Procedure:** Call for information 518-694-9907

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### **VISITING NURSE SERVICE OF NORTHEASTERN NEW YORK**

108 Erie Boulevard, Schenectady, NY 12305

(518) 382-7932

(518) 377-1089 Fax

[www.vnshomecare.org](http://www.vnshomecare.org)

[info@vnshomecare.org](mailto:info@vnshomecare.org)

**Services:**

**Emergency voice care-Medical Alert Service, Telehealth, MCH, CMHN, Palliative Care, MLTC (long-term)**

**Objectives:** The Visiting Nurse Service provides comprehensive care for adults and children in the comfort of their own homes. Services are provided by skilled nurses, physical, occupational and speech therapists, Medical Social Workers, Registered Dieticians and Home Health Aides. VNS Home Care programs include: Certified Home Health Care, Care Choices (Palliative Care), Care Central (Health Home), Managed Long Term Care (MLTC) Benefit, Maternal Child Health, Telehealth and Emergency Voice Care.

**Eligibility:** Seniors and people of all ages.

**Intake Procedure:** Call Central Intake 518-382-8050 ext. 230

**Documents:** Call for information.

**Hours:** 24 hours-7 days a week

**Fee/Payment Source:** Medicare, Medicaid, Commercial Insurance, private pay, Charity Care

### **HOME HEALTH AIDES, Home Health Aide Services**

**Objectives:** The Visiting Nurse Service offers home health aide services as well as homemaker and personal care aide services to help patients with the requirements of daily living.

**Eligibility:** No requirements

**Intake Procedure:** A referral is required from a hospital or nursing facility or physician. Call for application and information.

**Documents:** Physician's statement and insurance authorization.

**Hours:** Mon.-Fri. 8am-4:30pm. Saturdays and Sundays by appointment.

### **SKILLED NURSING, Home Nursing**

**Objectives:** The Visiting Nurse Service's clinical nursing staff provide home evaluations, case management and direct care to patients in all of our programs. Nurses monitor all levels of health and well-being and allow patients the freedom to stay in the comfort and safety of home while retaining vital health care services.

**Eligibility:** No requirements

**Intake Procedure:** Referral required from hospital, nursing facility or physician. Call for information.

**Documents:** Physician's statement and insurance authorization.

**Fees/Payment Source:** Medicaid, Medicare, cash, credit cards, private insurance, or personal check.

**Hours:** Mon.-Fri. 8am-4:30pm. Sat. and Sun. by appointment.

### **LONG TERM CARE PROGRAM, Long Term Home Health Care**

**Objectives:** The Long Term Care Program offers ongoing services to enable Medicaid-eligible patients to stay in their homes and prevent premature nursing home placement.

**Eligibility:** Medicaid eligible patients. Call for details.

**Intake Procedure:** Central Intake 518-382-8050 Ext. 234 or 285vnsci@vnshomecare.org



**MEDICAL SOCIAL WORK, Medical Social Work**

**Objectives:** The Medical Social Work team provides assistance with long-term planning, housing, financial concerns/budgets and helps resolve insurance reimbursement issues.

**Eligibility:** No requirements

**Intake Procedure:** Referral required from hospital, nursing facility or physician. Call for information.

**Fees/Payment Source:** Medicaid, Medicare, cash, credit cards, insurance, personal check. Donations accepted.

**Hours:** Mon.-Fri. 8am-4:30pm Saturdays and Sundays by appointment.

**PHYSICAL, OCCUPATIONAL AND RESPIRATORY THERAPY, Occupational Therapy, Physical Therapy  
Pulmonary Rehabilitation**

**Objectives:** Certified therapists from the Visiting Nurse Service provide in-home assessments, case management and direct rehab services to patients in the Home Health and Long Term Care Programs. Therapists develop care plans according to health needs and work with patients toward recovery from injury, surgery or for general wellness.

**Eligibility:** No requirements

**Intake Procedure:** Referral required from hospital, nursing facility, or physician. Call for information.

**Documents:** Physician's statement and insurance authorization.

**PALLIATIVE CARE**

**Objectives:** The Visiting Nurse Service can assist patients with advanced chronic illnesses or progressive diseases in their homes with support services geared toward comfort and symptom control.

**Eligibility:** No requirements

**Intake Procedure:** Call for information

**Fees/Payment Source:** Insurance: MVP or Blue Cross/Blue Shield coverage.

**Hours:** Mon.-Fri. 8am-4:30pm

**SPEECH PATHOLOGY, Speech Therapy**

**Objectives:** Visiting Nurse Services works with a contract speech pathologist to provide in-home services for patients in need. In addition to speech therapy, the speech pathologist monitors several related health functions including breathing and ingestion.

**Intake Procedure:** Referral required from hospital, nursing facility or physician. Call for information.

**Documents:** Physician's statement and insurance authorization.

**Hours:** Mon.-Fri. 8am-4:30pm. Saturdays and Sundays by appointment.

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**VOCATIONAL AND EDUCATIONAL SERVICES FOR INDIVIDUALS WITH DISABILITIES**

99 Washington Avenue 16th Floor, Albany, NY 12234

Albany District Office, 80 Wolf Road Suite 200 Second Floor, Albany, NY 12205-

2644 (518) 457-2318 TTY

(518) 473-8097

(518) 457-4562 Fax

(800) 272-5448 Toll Free

[www.vesid.nysed.gov](http://www.vesid.nysed.gov)

*Public transportation accessible.*

**Sites:**

**1. VOCATIONAL AND EDUCATIONAL SERVICES FOR INDIVIDUALS WITH DISABILITIES**

99 Washington Avenue 16th Floor, Albany, NY 12234

(518) 457-2318 TTY

(518) 473-8097

(518) 457-4562 Fax

(800) 272-5448 Toll Free

[www.vesid.nysed.gov](http://www.vesid.nysed.gov)

*Public transportation accessible.*

## 2. VOCATIONAL AND EDUCATIONAL SERVICES FOR INDIVIDUALS WITH DISABILITIES NY STATE EDUCATION DEPARTMENT

199 South Main Street Gloversville, NY

12078 (518) 773-2884

[tguiffre@mail.nysed.gov](mailto:tguiffre@mail.nysed.gov)

### Services:

#### **JOB ASSISTANCE, Comprehensive Job Assistance Centers \* Disabilities Issues**

**Objectives:** VESID provides assistance to eligible persons to help them obtain and maintain employment. Services and training funds are provided to employers to assist in hiring or retaining persons with disabilities.

Evaluations, assessment of skills/aptitudes/interests, vocational guidance and counseling, VOC exploration, Training-college, VOTEC, trade schools, on site job development assistance- On Job Training, job coaching, job search skills training, follow up services for retention.

**Eligibility:** Those having a physical, mental or emotional disability which interferes with their ability to be gainfully employed. Disabled individuals interested in working.

**Fees/Payment Source:** No cost.

**Hours:** Mon.-Fri. 8:30am - 5pm

### **VOCATIONAL REHABILITATION**

**Objectives:** VESID offers vocational rehabilitation services for individuals with disabilities. Services include counseling guidance, educational training and assessment services for those whose disability is a barrier to employment. Agency efforts are to increase access to the range of services within the Department of Education and other agencies.

**Eligibility:** Disabled individuals age 16 and older who want to work.

**Intake Procedure:** Call for information or walk in to apply.

**Documents:** Physician's

statement **Fees/Payment Source:**

No cost **Hours:** Mon.-Fri. 8am-5pm

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### WAIT HOUSE

10-12 Wait St., Glens Falls, NY

12801 (518) 798-4384

(518) 531-3054 Fax

[www.hycwaithouse.org](http://www.hycwaithouse.org)

### Services:

**Objectives:** Connect Youth to needed services and help find permanent housing. Emergency shelter is a 30 day stay. Our Transitional Living Program (TLP) offers females 16-20 either pregnant or parenting up to 12 month stay. TLP also provides case management, parenting skills, referrals and planning for long term housing and independent living.

**Services:** Emergency Shelter Program for youth ages 16 to 21. Transitioned living program for girls 16 to 21 who may be pregnant or parenting.

**Hours:** 24/7

**Eligibility:** Homeless youth/pregnant or parenting homeless youth 16 up to 21 years old

**Intake Procedure:** Call shelter or TLP application on website

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**WARREN COUNTY EMPLOYMENT AND TRAINING**  
Northway Plaza Suite 13C, Queensbury, NY 12804  
(518) 743-0925  
(518) 743-0828 Fax  
[www.thejoblink.org](http://www.thejoblink.org)  
[ressew@co.warren.ny.us](mailto:ressew@co.warren.ny.us)

**Services:**

**EMPLOYMENT AND TRAINING, Comprehensive Job Assistance Centers**

**Objectives:** The Warren County Employment and Training is a one-stop comprehensive job assistance center offering access to job listings, apprenticeship opportunities, career planning and counseling, civil service, financial aid information, informational workshops, job fairs, job search assistance, labor market information, a resource room for job search, opportunities for individuals with disabilities, reading and writing help, reemployment services, referral to community resources, and help with resume writing.

**Eligibility:** Call for details

**Intake Procedure:** Call for information or walk in.

**Fees/Payment Source:** No cost

**Hours:** Mon.-Fri. 8:30am-5pm

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**WARREN COUNTY PROBATION DEPARTMENT**  
1340 State Route 9, Lake George, NY 12845  
(518) 761-6444  
(518) 761-6566 FAX  
[www.co.warren.ny.us](http://www.co.warren.ny.us)

**Services:**

**WARREN COUNTY PROBATION DEPARTMENT, Adult Probation, Juvenile Probation**

**Objectives:** This agency services include the preparation of pre-sentence investigations and reports for the criminal courts and the supervision of criminals sentenced to probation. Investigation and supervision functions are also provided for criminals released from jail by the local Conditional release Commission. Intake, investigation and supervision services are provided by Family Court. many discretionary services for pretrial and alternative sentencing are also provided

**Hours:** 9:00 a.m. – 5:00 p.m. Monday – Friday.

**WARREN HAMILTON COUNTIES OFFICE FOR THE AGING**  
333 Glen Street Suite 306, Glens Falls, NY 12801  
(518) 352-7719 Service/Intake - Hamilton County  
(518) 761-6347  
Service/Intake  
(518) 745-7643 Fax  
[www.co.warren.ny.us/ofa](http://www.co.warren.ny.us/ofa) [warrhamofa@co.warren.ny.us](mailto:warrhamofa@co.warren.ny.us)  
*Public transportation accessible.*

**Services:**

**CAREGIVERS RESOURCE CENTER, Adult In Home Respite Care, Caregiver Counseling, Caregiver/Care Receiver Support Groups**

**Objectives:** The Title III E Caregivers Support Program assists caregivers in the community with support groups, counseling, information and in-home respite care for caregivers.  
**Eligibility:** Warren/Hamilton County caregivers age 18 and older.  
**Intake Procedure:** Call or walk in for information  
**Fees/Payment Source:** No cost or fixed cost. Reimbursement through public agency and donations accepted.  
**Hours:** Mon.-Fri. 8am-5pm

***ADVOCACY/CASE MANAGEMENT, Advocacy \* Older Adults Case/Care Management \* Older Adults***

**Objectives:** The Warren/Hamilton Counties Office for the Aging advocates on behalf of seniors with legislative bodies and other agencies.  
**Eligibility:** Warren/Hamilton County residents age 60 and older.  
**Intake procedure:** Walk in or call for information, or apply via internet.  
**Fees/Payment Source:** No cost. Donations accepted.  
**Hours:** Mon.-Fri. 8am-5pm

***LEGAL ASSISTANCE, General Legal Aid \* Older Adults***

**Objectives:** The Warren/Hamilton County Office for Aging provides assistance with non-fee generating legal problems.  
**Eligibility:** Warren/Hamilton County residents age 60 and older.  
**Intake Procedure:** Call or walk in to apply.  
**Documents:** Proof of age, proof of residency.  
**Fees/Payment Source:** No cost or low cost. Donations accepted.  
**Hours:** Mon.-Fri. 8am-5pm

***HEALTH INSURANCE INFORMATION COUNSELING AND ASSISTANCE PROGRAM (HIICAP)***

***Health Insurance Information/Counseling \* Older Adults***

**Objectives:** The Health Insurance Information Counseling and Assistance Program (HIICAP) supplies people over 60 with counseling regarding Medicare A, B and D, QMB, SLMB, retiree health plans, other health insurance, medigap policies, long term care insurance, claim processing, EPIC, etc.  
**Eligibility:** Warren and Hamilton County residents age 60 and older.  
**Intake Procedure:** Call or walk in to apply or apply via internet.  
**Fees/Payment Source:** No cost  
**Hours:** Mon.-Fri. 8am-5pm

***EXPANDED IN HOME SERVICES FOR THE ELDERLY PROGRAM (EISEP), In Home Supportive Services Subsidies***

***Personal Care \* Older Adults***

**Objectives:** EISEP (Expanded In Home services for the Elderly Program) provides non-medical in-home services to elderly persons who have one or more disabling conditions which prevent them from performing activities of daily living. Services provided include case management, homemaker/personal care, housekeeper/chore, non-institutional respite, and ancillary services.  
**Eligibility:** Warren/Hamilton County residents age 60 and older who meet health and income guidelines. Call for details.  
**Intake Procedure:** Application procedure. Referral required.  
**Documents:** Proof of income, physician's statement.  
**Fees/Payment Source:** Sliding fee scale. Personal check, donations accepted.  
**Hours:** Mon.-Fri. 8am-5pm

***NUTRITION COUNSELING, Nutrition Assessment Services***

**Objectives:** The Warren/Hamilton Office for Aging has a Registered Dietician available to evaluate, counsel and plan for an adequate diet.  
**Eligibility:** Warren/Hamilton County residents age 60 and older.  
**Intake Procedure:** Call for information and appointment.  
**Fees/Payment Source:** Tues, Thurs. 8am-3pm

### **TRANSPORTATION, Senior Ride Programs**

**Objectives:** The Warren/Hamilton Office for the Aging coordinates transportation for senior citizens via Town services and volunteers

**Eligibility:** Warren and Hamilton County residents age 60 and older.

**Intake Procedure:** Call for information

**Fees/Payment Source:** Donations

**Hours:** Mon.-Fri. 8am-5pm

### **NY CONNECTS, Specialized Information and Referral \* Long Term Care Issues**

**Objectives:** NY Connects provides specialized information and referral services to assist older adults and the disabled in maintaining long term care.

**Eligibility:** Older adult and disabled residents of Warren and Hamilton Counties.

### **HOME ENERGY ASSISTANCE PROGRAM (HEAP), Utility Service Payment Assistance \* Older Adults**

**Objectives:** The Warren/Hamilton Office for Aging assists seniors in filing for the Home Energy Assistance Program (HEAP) to obtain assistance in paying their utility bills.

**Eligibility:** Warren and Hamilton County residents age 60 or older.

**Intake Procedure:** Call or walk in for application.

**Documents:** Proof of income, birth certificate, driver's license, proof of age, proof of residency, W-2 or 1099, and utility bill with address.

**Hours:** Mon.-Fri. 8am-5pm

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### **WARREN, WASHINGTON & ALBANY COUNTIES NYSARC, INC.**

436 Quaker Rd. Queensbury, NY 12804 and 334 Krumkill Rd, Slingerlands, NY 12159

(518) 935-4303

(518) 459-0725

[www.wwaarc.org](http://www.wwaarc.org)

[info@caparcny.org](mailto:info@caparcny.org)

[g](#)

#### **Services:**

**Residential** Operating over 70 residential homes and apartments in three counties as well as a free standing respite center.

**Day Habilitation** Opportunities are presented to explore different venues for community involvement through numerous volunteer and recreational programs focusing on the development of individualized interests.

**Family Support Services** - Respite services, recreation and community habilitation programs

**Clinical Services** Highly skilled nursing, rehabilitative (PT, OT, ST) and behavioral support staff  
Medicaid Service

**Coordination** navigate families through the Medicaid services available and assist with the individual's life plan.

**Guardianship** Our trained professionals assist with this process if an individual is determined unable to manage his or her own personal affairs.

**Transportation** Includes trips to and from our programs, services and outings

#### **Programs:**

**Employment Programs** - for individuals with disabilities using a person centered approach, community based assessments and comprehensive placement services to provide optimum support for those seeking to obtain and maintain employment. We offer career counseling, job

coaching and intensive job training and development with on-going support.

**Crossroads Industries and Mailing** - Full service contract manufacturing, assembly and bulk mailing business employing over 125 individuals with disabilities at Krumkill Rd.

**Food Service Program** – Offering training and employment opportunities in catering and food preparation at our Krumkill location.

**Janitorial Service Program** – Provides training and employment opportunities to individuals with disabilities with several janitorial contract throughout the capital district.

**Eligibility:** Determined by the Office of Persons with Developmental Disabilities (OPWDD) Our Medicaid Service Coordinators (MSC) can assist with this process.

**Office Hours:** Monday through Friday 8am – 5pm

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## **WARREN WASHINGTON COUNTIES HOMELESS YOUTH COALITION**

12 Wait Street, PO Box 3252, Glens Falls, NY 12801

(518) 798-4384

(518) 798-7593 Fax

[www.hycwaithouse.org](http://www.hycwaithouse.org)

[dvaughn@hycwaithouse.org](mailto:dvaughn@hycwaithouse.org)

Public transportation accessible.

### **Services:**

**CASE MANAGEMENT/REFERRALS AND ASSESSMENTS, Case/Care Management \* Homeless Youth**

**Objectives:** The Homeless Youth Coalition WAIT House assesses needs of individuals and links them to necessary services (medical, mental health, substance abuse treatment.) Wait House also offers case management for youth, including goal planning.

**Hours:** 24/7

**TUTORING/GED PREPARATION GED Instruction \* Homeless Youth**

**Objectives:** Instruction is provided to prepare students to take the GED exam.

**HYC AFTERCARE PROGRAM, Home Management Instruction**

**Objectives:** The Homeless Youth Coalition Aftercare Program helps: create a household budget based on current income; determines what can be paid for rent, utilities, and other housing expenses; find safe, affordable housing in the community; pay part of the security deposit for an apartment that fits a budget; connect with other services such as transportation, continuing education, child care, job training, and goal planning for the future.

**Eligibility:** Qualified individuals ages 18-25 and families with head of household 18 years old and up.

**REUNIFICATION, Homeless Family Reunification Services \* Homeless Youth**

**Objectives:** HYC WAIT House helps facilitate reunification with family/linkage to a stable living environment and supports the reconnection with school and/or employment.

**CRISIS INTERVENTION, In Person Crisis Intervention \* Homeless Youth**

**Objectives:** Programs that provide an opportunity for people who are emotionally distressed and/or for their significant others to talk with someone who has been trained to assess and resolve the immediate crisis, if possible, and to link the person with appropriate resources for ongoing assistance.

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**WARREN-HAMILTON COUNTIES COMMUNITY ACTION**

190 Maple Street, Glens Falls, NY 12801

(518) 793-0636 Service/Intake

(800) 339-7159 Toll Free

(518) 793-2910 Fax

[WAHACAA@aol.com](mailto:WAHACAA@aol.com)

**Services:**

**FOOD, CLOTHING, HOUSEHOLD ITEMS, COOPERATIVE GLEANING, Food Pantries, General Clothing Provision**

**Objectives:** The Warren Hamilton Community Action Agency provides food, clothing and household items as well as a cooperative gleaning program and case management to those in need.

**Eligibility:** Individuals and families with low incomes.

**Intake Procedure:** Walk in for service.

**Fees/Payment Source:** No cost

**Hours:** Glens Falls: Mon.-Fri. 8am-4:30pm Indian Lake: Mon.-Fri. 7am-3pm

**WEATHERIZATION, EMERGENCY FURNACE REPAIR/REPLACEMENT, Furnace Maintenance/Repair  
Furnaces Home Maintenance and Minor Repair Services \* Older Adults, Weatherization Programs**

**Objectives:** Warren-Hamilton Counties ACEO offers weatherization and emergency furnace repair or replacement, as well as a senior handyman.

**Eligibility:** Individuals and families with low incomes

**Intake Procedure:** Walk in for service

**Documents:** Weatherization requires a completed application and documentation.

**Fees/Payment Source:** No cost.

**Hours:** Glens Falls: 8am-4:30pm Indian Lake: 7am-3pm

**TRANSPORTATION, Indigent Transportation**

**Objectives:** The Warren-Hamilton Counties ACEO provides transportation and case management.

**Eligibility:** Individuals and families with low incomes

**Intake Procedure:** Walk in for service.

**Hours:** Glens Falls: 8am-4:30pm Indian Lake: 7am-3pm

**EMERGENCY RENTAL, SECURITY, UTILITY ASSISTANCE, Rent Payment Assistance, Rental Deposit Assistance  
Utility Service Payment Assistance**

**Objectives:** Warren-Hamilton Counties ACEO provides emergency rental, security, utility assistance and case management.

**Intake Procedure:** Walk in for service

**Hours:** Glens Falls: 8am-4:30pm Indian Lake: 7pm-3pm

**SCHOOL SUPPLIES**

**Objectives:** Warren-Hamilton ACEO provides some school supplies for those in need ONLY the week before school as a last-minute resort.

**Intake Procedure:** Call for information.

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**WARREN WASHINGTON CARE CENTER**

24 Dix Avenue, Glens Falls,

NY 12801 (518) 792-2731

(518) 792-6803 Fax

[www.wwcarecenter.org](http://www.wwcarecenter.org)

**Services:**

**WARREN WASHINGTON CARE CENTER**

**Objectives:** Provide a child friendly environment for the purpose of forensic interviews. Limit the number of interviews reduce trauma to child victims of sexual and physical abuse. Reduce trauma to victims and non-offending family members. Provide forensic medical exams at nocost.

**Services:** Forensic interviews of child victims of sexual and physical abuse, forensic medical exams, follow up and track progress of cases, child abuse prevention education. Appropriate referrals to mental health medical and crisis intervention programs.

**Intake Procedure:** Contact center

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**WASHINGTON COUNTY ECONOMIC OPPORTUNITY COUNCIL**

383 Broadway, Fort Edward, NY 12828

(518) 746-2390

(518) 746-2392 Fax

*Public transportation accessible.*

**Services:**

**EMERGENCY ASSISTANCE**

**Objectives:** The Emergency Assistance grant is a limited fund available to help with utility disconnect notices and with eviction/foreclosure.

**Eligibility:** Washington County residents.

**Intake Procedure:** Call for appointment

**Documents:** Applicants must have a denial from the Department of Social Services in order to apply for emergency assistance funds. If applying for utility assistance, applicant must have a disconnect notice. If applying for rent assistance, applicant must have a legal eviction notice.

**Hours:** Mon.-Fri. 8 am-4 pm

**EMERGENCY FOOD PANTRY, Food Pantries**

**Objectives:** The Washington County Economic Opportunity Council offers a food pantry.

**Eligibility:** Washington County Resident/ Once every 3

months **Intake Procedure:** Please bring valid Washington

County identification **Hours:** Monday, Tuesday, and Friday

1:30 - 3:30

**WASHINGTON COUNTY COMMUNITY ACTION ANGELS - School Supplies, Winter Clothing, Professional Clothing**



**Objectives:** Washington County Community Action Angels volunteers organize community services projects and raise unrestricted funds to help Washington County residents in need. Annual projects include an annual coat drive. They also provide school supplies to school districts for children in need.

**Eligibility:** Depends on project. Call for details.

**Intake Procedure:** Call for information. People in need of school supplies should contact their local school district.

**Fees/Payment Source:** No cost, donation accepted.

**Hours:** Mon.-Fri. 8 am-4 pm

### **WASHINGTON COUNTY TRANSPORTATION**

**Objectives:** To provide transportation to and from doctors and other necessary appointments

**Eligibility:** Washington County Resident, 60 years of age or older, ability to get in/out of car on your own. \*\* If on Medicaid the only eligibility is Washington County Resident and ability to get in/out of car.

**Intake Procedure:** Call for appointment

**Fees/Payment:** No Cost, Donations Accepted

**Hours:** Mon - Fri 8 am-4 pm

### **WASHINGTON COUNTY HEAD START/EARLY HEAD START AND CHILD CARE PROGRAMS**

18 River Street, Hudson

Falls, NY 12839 (518)

747-2816 Ext 201

(518) 747-8445 Fax

[www.washcohs.org](http://www.washcohs.org)

[info@washcohs.org](mailto:info@washcohs.org)

*Public transportation accessible.*

#### **Services:**

#### ***DISABILITIES, Development Assessment \* Children and youth with Disabilities***

**Objectives:** Children with disabilities participate in the full range of activities provided for all children in the Head Start/Early Head Start program. In order to receive related services such as speech therapy, occupational therapy, or physical therapy, each qualified child will have a complete assessment by an evaluator approved by the New York state Department of Education. Once it has been determined that a child is eligible, additional assistance and services is provided in the classroom or at another location within the center. Younger children, birth to three, generally have services provided at home.

**Eligibility:** Children with disabilities age 0 to 5.

**Hours:** 8:00 a.m. – 4:00 p.m. Monday—Friday.

#### **EARLY HEAD START**

**Objectives:** Early Head Start is a federally funded child development and family support program that provides early education, health, mental health, nutrition and social services for low income pregnant women and families with children from birth to age three

**Eligibility:** Low-income pregnant women and families with children from birth to age 3

**Intake Procedure:** Call for information

**Hours:** 8:00 a.m. – 4:00 p.m. Monday—Friday

***FAMILY DEVELOPMENT TEAMS, Family Based Services***

**Objectives:** Family and community partnership services are provided by four family workers and six family worker/site managers. Family workers recruit, enroll and maintain relationships with families, encourage parent involvement, and provide referral, advocacy and follow-up for needed family services. They are supervised by the Family Services Coordinator.

**Eligibility:** Families with children age 0 to 5.

**Hours:** 8:00 a.m. – 4:00 p.m. Monday—Friday.

***HEAD START***

**Objectives:** Head Start is a federally funded child development program that provides educational experiences, medical and dental services, nutritional meals, counseling and opportunities for parental involvement to help prepare low-income children with disabilities age three to five to enter and succeed in school.

**Eligibility:** Families with children 3 to 5.

**Intake Procedure:** Call for information.

**Hours:** Mon. - Fri. 8 am to 4 pm

***HOME BASED SERVICES, Home Based Parenting Education***

**Objectives:** The Home Visitor and parent create an ongoing relationship to support the bond between the parent and child. The parent and the Home Visitor work together to create and sustain a warm, nurturing environment for the young child. The Home Visitor builds on the principles of adult learning to support parent as they foster the growth and development of their child.

**Eligibility:** Families with children age 0 to 5.

**Hours:** Mon. - Thurs. 8 am - 4 pm

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**WASHINGTON-SARATOGA-WARREN-HAMILTON ESSEX BOARD OF COOPERATIVE EDUCATIONAL SERVICES (BOCES)**

**1153 Burgoyne Avenue Suite 2, Fort Edward, NY 12828**

**(518) 746-3310 or 581-3310**

**(518) 746-3560 or 581- 3560 Adult Education Program**

[www.wswheboces.org](http://www.wswheboces.org)

**Sites:**

**1. GLENS FALLS ADULT EDUCATION OFFICE**

11 South Street, Glens Falls, NY 12801

(518) 746-3560 Intake/Classes

**2. SARATOGA ADULT EDUCATION CENTER**

27 Gick Road, Saratoga Springs, NY 12866

(518) 581-3560 Intake/Classes

**3. WASHINGTON-SARATOGA-WARREN-HAMILTON ESSEX BOARD OF COOPERATIVE EDUCATIONAL SERVICES (BOCES)**

1153 Burgoyne Avenue Suite 2, Fort Edward, NY 12828

(518) 746-3310 Administrative

(518) 581-3310 Administrative

(518) 746-3510 Service/Intake - Adult Education Program

Sites can be set up in areas based on demand and availability of space; call to arrange a class.

**Services:**

**ADULT EDUCATION: *Adult Literacy Programs, & High School Equivalency Diploma Program.***

**Objectives:** The BOCES Adult Education program provides classes and home study options for adult students wanting to improve their literacy skills and preparing for the TASC (formerly GED) exam.

**Eligibility:** No requirements

**Intake Procedure:** Call to sign up for one of the monthly orientations.

**Fees/Payment Source:** Low cost. \$65 fee.

**Hours:** Day and Evening Sessions; and Home Study Programs

**WELLCARE HEALTH PLANS, INC.**

**For the State of New York, please call:**

**Prospective Members call:** 1-866-765-4385 Monday - Friday, 8 am to 9 pm Eastern

**Current Members call:** WellCare (Medicare - HMO Plans): 1-800-278-5155 **WellCare Access:** 1-866-482-3363 **WellCare Advocate Complete:** 1-866-661-1232 **WellCare Liberty:** 1-866-491-5746

**TTY/TDD (All Plans) call: 1-877-247-6272**

**Monday - Sunday, 8 a.m. to 9 p.m. Nurse Advice Line call: 1-800-919-8807 Nurse Advice Line**

**- TTY/TDD call: 711 24 hours a day, 7 days a week**

**Services:**

**WellCare Health Plans, Inc.** provides managed care services targeted to government- sponsored health care programs, focusing on Medicaid and Medicare. Headquartered in Tampa, Fla., WellCare offers a variety of health plans for families, children, and the aged, blind and disabled, as well as prescription drug plans. The company serves approximately 2.7 million members nationwide as of Dec. 31, 2012.

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**WELLSPRING**

480 Broadway LL20, Saratoga  
Springs, NY 12866 (518) 583-0280  
(518) 583-2215 Fax  
(518) 584-8188 Hotline Domestic Violence  
(518) 587-2336 Hotline Rape

[dvcsaratoga.org](http://dvcsaratoga.org)

Public transportation accessible.

**Services:** Rape Crisis-Domestic Violence-Prevention and Education Abuse/Violence Related Support Groups, Adult Sexual Assault Counseling, Assertiveness Training, Dating Violence Prevention, Domestic Violence Hotlines, Domestic Violence Intervention Programs, Domestic/Family Violence Legal Services, Financial Management Workshops, General Crisis Intervention Hotlines, Legal Counseling \* Sexual Assault Issues, Self Esteem Workshops, Sexual Assault Counseling Sexual Assault Hotlines, Sexual Assault Prevention

**Objectives:** Domestic Violence and Rape Crisis Services of Saratoga County offers 24-hour domestic violence and rape crisis hotlines, 24-hour crisis intervention and accompaniment, counseling, comprehensive case management, legal advocacy, legal clinics, specialized children's and youth counseling and support groups, financial literacy training, support groups for adult domestic violence/sexual assault survivors, Safe Pet Partnership, transitional and permanent supportive housing programs, prevention programs for youth and adults.

**Eligibility:** Sexual assault victims and domestic violence victims.

**Intake Procedure:** Call or walk in.

**Fees:** None/Not applicable

**Hours:** 9am-6pm, Mon.-Thurs 8-5 Friday.

***EMERGENCY DOMESTIC VIOLENCE SHELTER, Domestic Violence Shelters***

**Objectives:** Emergency shelter for individuals and families fleeing abuse.

**Eligibility:** Domestic violence victim residing in Saratoga County with a current safety issue.

**Intake Procedure:** Contact 24 hour hotline

**Hours:** 24/7

***LEGAL ADVOCACY AND LEGAL CLINICS, Domestic/Family Violence Legal Services***

**Objectives:** Legal advocacy, court accompaniment, and legal clinics for victims of domestic violence and sexual assault.

**Eligibility:** Current abuse victim

**Intake Procedure:** Call for appointment

***HOUSING AND EMPLOYMENT ASSISTANCE FOR VICTIMS OF DOMESTIC VIOLENCE***

***Housing Search Assistance \* Domestic Violence Issues, Job Search/Placement \* Domestic Violence Issues***

**Objectives:** Case management assistance with employment, housing, child care, transportation, and other self-sufficiency needs.

**Eligibility:** Current victim of domestic violence

**Intake Procedure:** Call for appointment

***HOMELESSNESS PREVENTION AND RAPID RE-HOUSING PROGRAM (HPRP)***

***Moving Expense Assistance \* Domestic Violence Issues \* Rental Deposit***

**Assistance Domestic Violence Issues \* Utility Service Payment Assistance \***

**Domestic Violence Issues**

**Objectives:** Domestic Violence and Rape Crisis Services of Saratoga County is administering some of the Homelessness Prevention and Rapid Re-housing Program for Saratoga County residents who are suffering due to domestic violence, and will assist with rental deposits, moving expenses, and utility arrears.

**Eligibility:** Saratoga County residents suffering from domestic violence.

**Intake Procedure:** Call for information

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**THE WESLEY COMMUNITY**

**131 Lawrence Street, Saratoga**

**Springs, NY 12866 (518) 691-**

**1563**

**(518) 587-1773 Fax**

[www.TheWesleyhealth.com](http://www.TheWesleyhealth.com)

[www.facebook.com/TheWesleyCommunity](http://www.facebook.com/TheWesleyCommunity)

*Public transportation accessible.*

**Sites:**

**1. THE WESLEY HEALTH CARE CENTER**

**131 Lawrence Street Saratoga Springs,**

**NY 12866 (518) 587-3600**

**2. EMBURY APARTMENTS**

**133 Lawrence Street Saratoga Springs, NY 12866**

**(518) 587-3300 Administrative**

*Public transportation accessible.*

**3. WOODLAWN OMMONS**

**156 Lawrence Street Saratoga Springs,**

**NY 12866 (518) 587-4100**

*Public transportation accessible*

**4. THE WESLEY EVERGREEN ADULT**

**DAYSERVICES 357 Milton Avenue**

**Ballston Spa, NY 12020 (518) 691-**

**1443**

**5. THE WESLEY OUTPATIENT THERAPY**

**131 Lawrence Street Saratoga Springs,**

**NY 12866 (518) 691-1451**

**Services:**

***THE WESLEY HEALTH CARE CENTER, Long Term Care, Short-Term Rehabilitation, Inpatient Rehabilitation***

**Objectives:** The Wesley provides long term skilled care for those individuals who are unable to live independently, and who require medical management and supervision as well as assistance with daily living needs.

**Intake Procedure:** Referral required. Application Procedure, Patient Review Instrument (PRI), provided by hospital if hospitalized, provided by accredited agency if in the community—

**Financial Application:** Physician order for rehabilitation or nursing home placement. Provided by hospital physician or personal physician.

**Documents:** Physician's order required.

**Fees/Payment Source:** Medicaid, Medicare, Credit/Debit Card, Insurance, Cash, Check.

**Hours:** 7 Days, 24 hours

### **ALZHEIMER'S/DEMENTIA, *Special Care Inpatients Units***

**Objectives:** The Wesley Health Care Center has committed one of our units to residents in the two earlier stages of chronic dementia. By providing a therapeutic environment to sustain a resident with a dementia diagnosis, these folks benefit from proactive programming designed to keep them stimulated and alert through all aspects of life as their ability allows.

### **EMBURY APARTMENTS, *Independent Living Communities/Complexes for Older Adults, Low Income/Subsidized Rental Housing***

**Objectives:** Embury Apartments is a 192-unit apartment complex opened in 1972 to serve low to middle income independent seniors. 125 units are subsidized. It is a 14-story building with elevators. Pets are allowed.

Studios, one-bedroom and two-bedroom apartments are available. Each apartment has an emergency pull cord. There are resident lounges, laundry facilities, vegetable and flower gardens, and a library of books and DVD's and educational and cultural programs. It is on the bus line and a shopping bus is available. There is a security staff and there are no steps or stairs.

**Eligibility:** Age 62 and older

**Intake Procedure:** Contact the office for information/tour. Submit an application. Provide financial and other information as required.

**Documents:** Proof of income, birth certificate or other proof of age.

**Fees/Payment Source:** 125 units subsidized at 40% of adjusted income.

Studio: \$720 - \$811

One bedroom:

\$782 - \$899 Two

bedroom: \$942 -

\$1079

**Hours:** Mon.-Fri. 8am- 4pm

### **WOODLAWN COMMONS, *Independent Living and Enriched Living apartments for seniors***

**Objectives:** For seniors who want to continue their active lifestyles without the worries of maintaining their own homes, Woodlawn Commons offers one-bedroom and two-bedroom apartments. In addition to 60 independent apartments, there are a total of 40 enriched living apartments, which provide various levels of health care services.

**Eligibility:** Age 62 and older

**Intake Procedure:** Contact the office for information/tour. Submit an application.

**Documents:** Application with refundable deposit.

**Fees/Payment Source:** Private pay. Long-term insurance with Enriched Living apartments.

40 Enriched Living apartments

One-bedroom \$3,390 + 60 Independent Living apartments

One-bedroom \$1,910 - \$2,150 Two-bedroom \$2,580 - \$2950

### ***EVERGREEN ADULT DAY SERVICES, Adult Day Programs***

**Objectives:** Evergreen Adult Day Services serves the needs of the elderly through a comprehensive and supervised day program while they enjoy social activities throughout the day. The program offers on-site therapies such as physical, occupational and speech therapy.

Arrangements can be made for lab work.

**Intake Procedure:** Application procedure. Call for information.

**Documents:** Proof of income, proof of residency, W-2 or 1099.

**Fees/Payment Source:** Sliding fee scale, Medicaid, private insurance. Funded in part by the Saratoga County Office of the Aging.

### ***THE WESLEY OUTPATIENT THERAPY, Occupational Therapy, Physical Therapy, Speech Therapy***

**Objectives:** The Wesley Outpatient Therapies combines physical, occupational and speech therapy to meet the needs of individuals of all ages. Therapists provide personal hands-on therapy required for maximal results. The clinic includes state-of-the-art equipment, including a therapeutic pool and Primus. Physical therapy includes: Orthopedics, Sports Medicine, Pediatrics, work Injuries, Stroke, Multiple Sclerosis, Parkinson's Disease, Back, Neck Pain. Occupational Therapy includes: Repetitive Motion Injuries, Arthritis, Hand Therapy, Custom Splint Fabrication, Pediatrics, Carpal Tunnel, Trigger Finger. Speech Therapy includes: Articulation Disorders, ALS, Delayed Speech and Language, Stroke, Parkinson's Disease, Multiple Sclerosis, Swallowing Disorders, Voice Disorders.

**Eligibility:** Everyone

**Intake Procedure:** Referral Required, Telephone, Appointment Only.

**Documents:** Physician order required.

**Fees/Payment Source:** Cash, Check, Credit/Debit Card, Insurance, Temporary Assistance, Medicaid, Medicare

**Hours:** Mon.-Fri. 7am-6:30pm

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### **WILDWOOD PROGRAMS, INC.**

2995C Curry Road Extension, Schenectady, NY 12303 (518) 356-6410 ext. 4419

(518)785-9670 Fax

[www.wildwood.edu](http://www.wildwood.edu)

### **1. WILDWOOD FAMILY AND COMMUNITY SERVICES**

1190 Troy-Schenectady Road Building #1, Latham, NY 12110

(518) 783-3421

(518) 785-9670 Fax

[www.wildwood.edu](http://www.wildwood.edu)

Public transportation accessible

**Services:**

**MEDICAID SERVICE COORDINATION, *Case/Care Management, Medicaid Recipients, Developmental Disabilities***

**Objectives:** Wildwood Programs Medicaid Service Coordination assists individuals with developmental disabilities to gain access to the full array of services and supports available to them in the community, while promoting the concepts of choice, individualized services and supports and consumer satisfaction. The services coordinator works collaboratively with the individual, family and other service providers to develop and implement an individualized service plan, which outlines a person's goals, desires and dreams.

**Intake Procedure:** Call for Information

**PARENT NETWORK OF THE CAPITAL REGION, *Parenting Skills Classes, Parents of Children with Disabilities***

**Objectives:** The Parent Network of the Capital region is one of thirteen parent centers in the State funded by the State Education Department. It provides training and support to families who have school age children with disabilities. The mission is to provide parents with the knowledge, skills, and resources to facilitate productive relationships with their school districts ensuring an appropriate education for their child. These services are offered free of charge.

**Intake Procedure:** Call for information or go to website.

**FAMILY AND COMMUNITY SERVICES, *Specialized Information and Referral, Developmental Disabilities***

**Objectives:** Wildwood can provide information about a variety of developmental disabilities, such as autism, Asperger's Syndrome, learning disabilities, attention deficit disorder and other neurologically based disabilities and can also make referrals to professionals expert in working with people with developmental disabilities, including doctors, psychologists, lawyers and other human service agencies. Family and Community Services provides advertisement on the issues of medical and psychological evaluations, service provider locations and understanding of the special education system. The department also facilitates advocacy and support groups and guidance in financial assistance.

**Intake Procedure:** Call for information

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**WILTON WILDLIFE PRESERVE AND PARK**

**80 Scout Road, Gansevoort, NY 12831**

**(518) 450-0321**

[www.wiltonpreserve.org](http://www.wiltonpreserve.org)

**Services:**

**Objectives:** The Wilton Wildlife Preserve and Park's mission is to conserve ecological systems and natural settings while providing opportunities for environmental education and outdoor recreation. The Wilton Wildlife Preserve and Park is a non-profit organization that partners with the Town of Wilton, Saratoga County, the NYS Department of Environmental Conservation and the Nature Conservancy to conserve ecological systems and natural settings while providing opportunities for environmental education and recreation. The Wilton Wildlife Preserve and Park is part of the geologically significant Saratoga Sand plains. This area of ancient sand dunes, small but important wetlands and diverse ecological communities is home to



the federally endangered Karner blue butterfly, the threatened Frosted elfin, and the Hognose snake species of special concern. While the Karner blue butterfly was the catalyst behind the effort to conserve this increasingly rare landscape, within just a few years of the establishment of the Preserve and Park, other extremely rare species, the Eastern spadefoot toad and the Blanding's turtle were discovered on its protected lands. Today, almost 2,400 acres of protected land and 14 miles of trails protect significant habitats and provide a wonderfully fun, healthy and educational place for children and their families.

Educational programming and recreational opportunities are at the heart of the organization. We provide a full range of educational programs for the public throughout the year and work with local schools, scout groups and others to present programs at the Preserve and Park and off-site. We have several events during the year including our Moonlight and Ski and Snowshoe, Lupine Festival, a 5K Fun Run series in the summer, and a 8K Snowshoe Race in the winter.

**Hours:** Open year round

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#### **WORKFORCE DEVELOPMENT INSTITUTE (WDI)**

**433 River Street, Troy, NY 12180**

**(518) 272-3530**

**(518) 272-3501 Fax**

[www.wdiny.org](http://www.wdiny.org)

**Services:**

**Objectives:** To financially assist qualified working families with childcare.

**Services:** WDI promotes affordable, accessible and quality childcare through its Child Care Subsidy Facilitated Enrollment Program. Funded through the NYS Office of Children & Family Services (OCFS), childcare subsidies are provided to working families with incomes up to 275% of the federal poverty level (FPL) in the Capital Region, Oneida, Monroe and Onondaga Counties.

**Hours:** 8:00 am – 4:00 pm

**Target Population/Eligibility:** Working families with children under 13 years of age

**Documents:** Application and supporting documents are required

**Intake Procedure:** Call for prescreening

# Thanks to Our Sponsors

**The Adirondack Trust Company**

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For more information regarding this directory, or to have your organization added,  
please contact Saratoga County Economic Opportunity Council, Inc. at (518) 288-3206**



**Note: The listing of an organization in this directory does not necessarily imply an endorsement of its purpose or quality, nor does omission signify disapproval.**



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Touch Of A Button™



**WELLSPRING**

Ending relationship and sexual abuse in our community

Wellspring Helps Victims  
of Relationship Abuse  
**BEFORE there is a Crisis.**

**Services We Offer:**

- Counseling
- Legal Advocacy
- Case Management
- Self-Sufficiency Training

**Relationship Abuse  
Includes:**

- Economic & Financial
- Emotional & Psychological
- Isolation from Loved Ones
- Threatening Pets and Family

[www.wellspringcares.org](http://www.wellspringcares.org)  
518.583.0280



# *Home- Health Care Partners*

*your home... your care... your choice.*



**THE  
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*We take banking to heart.*®



## WE KNOW THE MOMENTS...

The ones that define us  
and give meaning to our lives.  
The moments that make us breathe deeply  
and then take our breath away...  
the ones when having our health  
makes everything possible.

## This is what we're made of.

At Fidelis Care, we provide quality, affordable  
health coverage for children and adults of all  
ages and at all stages of life.

### Compassion. Commitment. Community.

And a mission to always care for you  
and the ones you love –  
moment by moment.



**FIDELIS CARE®**

Quality health coverage. It's Our Mission.

### Estimate Costs:

It only takes a minute to view product choices and estimate costs with the Fidelis Affordable Care Advisor at [fideliscare.org/enroll](http://fideliscare.org/enroll)

### Meet with a Representative:

Call 1-888-FIDELIS to meet with a Representative or visit [fideliscare.org/offices](http://fideliscare.org/offices) to find a community office close to you

**1-888-FIDELIS (1-888-343-3547)**

TTY: 1-800-421-1220

**[fideliscare.org](http://fideliscare.org)**



To learn more about applying for health insurance, including Child Health Plus and Medicaid through NY State of Health: The Official Health Plan Marketplace, visit [www.nystateofhealth.ny.gov](http://www.nystateofhealth.ny.gov) or call 1-855-355-5777.

# FREE PRESCHOOL

## SARATOGA COUNTY EOC HEAD START

**Free Preschool Programs for Children 6 weeks—5  
years Free Programs for Pregnant Women**

### **Head Start Is For Limited Income Families**

- .NYS Day Care Licensed Classrooms**
- .NYS Certified Pre-Kindergarten Teachers**
- .Breakfast and Lunch Daily**
- .Programs for Children with Disabilities**
- .Home-Based Programs for Pregnant  
Women, Infants, Toddlers, Pres-  
Schoolers**

### **Head Start Locations:**

**Ballston Spa, Burnt Hills/Ballston Lake,  
Clifton Park, Corinth, South Glens Falls,  
Stillwater, Schuylerville, Waterford**



**Call 288-3206  
For information**

