



# **Schoharie County Resource Directory**

**2015**

***Resources and Services in  
Schoharie County***



*Section 1.*

## **Numbers You Need to Know**

*Section 2.*

## **Human Services**

*Section 3.*

## **Long Term Care Services**

*Section 4.*

## **Medical and Mental Health Services**

**Please note that some services may be listed under more than one section.**

# Numbers You Need to Know

## Hotlines

<u>Alzheimer's 24/7 Helpline</u>	<u>1-800-272-3900</u>
<u>Capital District Psych Center</u>	<u>(518)447-9611 Ext 6640</u>
<u>Child Abuse Hotline</u>	<u>1-800-342-3720</u>
<u>Domestic Violence</u>	<u>(518) 234-2231</u>
<u>Mobile Crisis Assessment Team (MCAT)</u>	<u>1-844-732-6228</u>
<u>National Suicide Prevention Hotline</u>	<u>1-800-273-TALK</u>
<u>Rape Crisis Hotline</u>	<u>(518) 234-4949</u>
<u>Samaritans</u>	<u>(518) 689-HOPE (4673)</u>
<u>SPARC</u>	<u>(518) 452-6700</u>
<u>Suicide Hotline</u>	<u>1-877-369-6699</u>
<u>Vulnerable Persons Hotline</u>	<u>1-855-373-2122</u>

## Emergency Services

<u>Cobleskill Police</u>	<u>(518) 234-2923</u>
<u>Cobleskill Regional Hospital</u>	<u>(518) 254-3456</u>
<u>County Animal Response Team</u>	<u>(518) 295-2276</u>
<u>Department of Social Services</u>	<u>(518) 295-8334</u>
<u>Dispatch or After Hours</u>	<u>(518) 295-8114</u>
<u>Emergency Management Office</u>	<u>(518) 295-2276</u>
<u>Poison Control</u>	<u>1-800-222-1222</u>
<u>Schoharie County Mental Health</u>	<u>(518) 295-8336</u>
<u>Sheriff (911)</u>	<u>(518) 295-8114</u>
<u>State Police</u>	<u>(518) 234-3131</u>

## Crisis Intervention

<u>Cobleskill Regional Hospital</u>	<u>(518) 254-3456</u>
<u>Department of Social Services</u>	<u>(518) 295-8334</u>
<u>Domestic Violence – Catholic Charities</u>	<u>(518) 234-3581</u>
<u>Mobile Crisis Assessment Team (MCAT)</u>	<u>1-844-732-6228</u>
<u>Planned Parenthood</u>	<u>(518) 234-3325</u>
<u>Rape Crisis</u>	<u>(518) 234-4844</u>
<u>Schoharie County Mental Health</u>	<u>(518) 295-8336</u>

## **Food Pantries**

<u>Catholic Charities</u>	<u>(518) 234-3581</u>
<u>First Baptist Church – Cobleskill</u>	<u>(518) 234-2729</u>
<u>Lutheran Church – Central Bridge</u>	<u>(518) 868-2868</u>
<u>Methodist Church – Blenheim</u>	<u>(518) 827-6677</u>
<u>United Methodist –Cobleskill</u>	<u>(518) 234-3671</u>
<u>Methodist Church – Jefferson</u>	<u>(607) 652-7824</u>
<u>Methodist Church – Sharon Springs</u>	<u>(518) 284-2200</u>
<u>Methodist Church – Summit</u>	<u>(607) 588-7998</u>
<u>Presbyterian Church – Breakabeen</u>	<u>(518) 827-4499</u>
<u>Presbyterian Church – Schoharie</u>	<u>(518) 295-8931</u>
<u>Reformed Church – Middleburgh</u>	<u>(518) 827-5134</u>
<u>St. Mark’s Church- Middleburgh</u>	<u>(518) 827-5318</u>
<u>St. Paul’s Church – Richmondville</u>	<u>(518) 294-6656</u>
<u>Zion Evangelical Church – Cobleskill</u>	<u>(518) 234-3381</u>

## **Disaster Services**

<u>American Red Cross</u>	<u>(518) 410-7805</u>
<u>County Animal Response Team</u>	<u>(518) 295-2276</u>
<u>Emergency Management Office</u>	<u>(518) 295-2276</u>
<u>Office for the Aging</u>	<u>(518) 295-2001</u>
<u>SALT</u>	<u>(518) 702-5017</u>

## **Support Groups**

<u>Cancer Support</u>	<u>(518) 254-3424</u>
<u>Chemical Dependency Clinic</u>	<u>(518) 295-2031</u>
<u>Family Support</u>	<u>(518) 234-0261</u>
<u>Grief Support</u>	<u>(518) 234-7611</u>
<u>Stroke Support</u>	<u>(518) 254-3267</u>

## **Recovery/Sobriety Groups**

<u>Alcoholics Anonymous</u>	<u>1-888-2B-SOBER</u>
<u>Alateen</u>	<u>(518) 234-8705</u>
<u>Al-Anon</u>	<u>(518) 234-8705</u>
<u>Narcotics Anonymous</u>	<u>(518) 234-8705</u>

# Human Services

## **Adult/Aging Services**

<u>Alzheimer's Association</u>	<u>(607) 547-1650</u>
<u>Department of Social Services</u>	<u>(518) 295-8334</u>
<u>Health Department</u>	<u>(518) 295-8365</u>
<u>The Joshua Project</u>	<u>(518) 937-2422</u>
<u>NY Connects</u>	<u>(518) 295-2001</u>
<u>Office for the Aging</u>	<u>(518) 295-2001</u>
<u>RSS Case Management</u>	<u>(518) 295-2016</u>
<u>United Way of the Greater Capital Region</u>	<u>(518) 456-2200</u>

## **Agriculture**

<u>Cornell Cooperative Extension</u>	<u>(518) 234-4303</u>
<u>Planning &amp; Development Agency</u>	<u>(518) 295-8770</u>
<u>Schoharie Fresh</u>	<u>(518) 255-5294</u>

## **Business**

<u>Catskill Center for Independence</u>	<u>(607) 432-8000</u>
<u>Chamber of Commerce</u>	<u>(518) 296-8826</u>
<u>Planning and Development</u>	<u>(518) 295-8770</u>
<u>Tourist Information</u>	<u>1-800-41-VISIT</u>

## **Children and Youth Services**

<u>4H – Cornell Cooperative Extension</u>	<u>(518) 234-4303</u>
<u>Berkshire Farm Center and Services For Youth</u>	<u>(518) 295-8806</u>
<u>Boy Scouts</u>	<u>(607) 432-6491</u>
<u>Catskill Center for Independence</u>	<u>(607) 432-8000</u>
<u>Child Advocacy Center (CARRT)</u>	<u>(518) 702-4118</u>
<u>Childcare Resource Center</u>	<u>(518) 234-2568</u>
<u>Children's Coordinated Services (CCSI)</u>	<u>(518) 295-2016</u>
<u>Department of Social Services</u>	<u>(518) 295-8334</u>
<u>Family Support/Resource Center</u>	<u>(518) 234-0261</u>
<u>Girl Scouts</u>	<u>(518) 489-8110</u>
<u>Head Start</u>	<u>(518) 234-7521</u>

<u>Health Department</u>	<u>(518) 295-8365</u>
<u>The Joshua Project</u>	<u>(518) 937-2422</u>
<u>Liberty Partnerships – SUNY</u>	<u>(518) 255-5366</u>
<u>Probation Department</u>	<u>(518) 295-2274</u>
<u>Reality Check</u>	<u>(518) 255-5395</u>
<u>Rehabilitation Support Services</u>	<u>(518) 234-8291</u>
<u>Schoharie County ARC</u>	<u>(518) 295-8130</u>
<u>Workforce Solutions Center - GED</u>	<u>(518) 234-4254</u>
<u>Youth Bureau</u>	<u>(518) 295-2057</u>

### **Clothing & Home Furnishings**

<u>Catholic Charities Thrift Shop</u>	<u>(518) 234-3581</u>
<u>Everything Shoppe Cobleskill</u>	<u>(518) 254-0181</u>
<u>Everything Shoppe Middleburgh</u>	<u>(518) 827-4548</u>

### **Disability Advocacy Services**

<u>Catskill Center for Independence</u>	<u>(607) 432-8000</u>
<u>Health Department</u>	<u>(518) 295-8365</u>
<u>Rehabilitation Support Services</u>	<u>(518) 234-8291</u>
<u>Schoharie County ARC</u>	<u>(518) 295-8130</u>
<u>Workforce Solutions Center</u>	<u>(518) 234-4254</u>
<u>Office for People with Developmental Disabilities</u>	<u>(518) 370-7429</u>
<u>Whispering Pines</u>	<u>(518) 875-6141</u>

### **Educational Services**

<u>Alzheimer’s Association</u>	<u>(607) 547-1650</u>
<u>Catskill Center for Independence</u>	<u>(607) 432-8000</u>
<u>Cobleskill-Richmondville CS</u>	<u>(518) 234-4032</u>
<u>Cornell Cooperative Extension</u>	<u>(518) 234-4303</u>
<u>Council on Alcoholism &amp; Substance Abuse</u>	<u>(518) 234-8705</u>
<u>Gilboa-Conesville Central School</u>	<u>(607) 588-7541</u>
<u>Head Start</u>	<u>(518) 234-7521</u>
<u>Health Department</u>	<u>(518) 295-8365</u>
<u>Jefferson Central School</u>	<u>(607) 652-7821</u>
<u>Liberty Partnerships</u>	<u>(518) 255-5366</u>
<u>Literacy New York</u>	<u>(518) 234-2576</u>

<u>Middleburgh Central School</u>	<u>(518) 827-3600</u>
<u>Reality Check</u>	<u>(518) 255-5395</u>
<u>Schoharie Central School</u>	<u>(518) 295-6600</u>
<u>Sharon Springs Central School</u>	<u>(518) 284-2266</u>
<u>SUNY Cobleskill Research Foundation</u>	<u>(518) 255-5395</u>
<u>Workforce Solutions Center</u>	<u>(518) 234-4254</u>

**Employment Placement & Training**

<u>Catskill Center for Independence</u>	<u>(607) 432-8000</u>
<u>Community Action Program (SCCAP)</u>	<u>(518) 234-2568</u>
<u>Department of Social Services</u>	<u>(518) 295-8334</u>
<u>Rehabilitation Support Services</u>	<u>(518) 234-8291</u>
<u>Schoharie County ARC</u>	<u>(518) 295-8130</u>
<u>Workforce Solutions Center</u>	<u>(518) 234-4254</u>

**Energy Assistance**

<u>Catholic Charities</u>	<u>(518) 234-3581</u>
<u>Community Action Program (SCCAP)</u>	<u>(518) 234-2568</u>
<u>Department of Social Services</u>	<u>(518) 295-8334</u>
<u>Office for the Aging</u>	<u>(518) 295-2001</u>

**Evaluations/Examinations**

<u>Literacy New York</u>	<u>(518) 234-2576</u>
<u>Mobile Crisis Assessment Team (MCAT)</u>	<u>1-844-732-6228</u>
<u>Schoharie County Mental Health</u>	<u>(518) 295-8336</u>

**Family Planning**

<u>Planned Parenthood</u>	<u>(518) 234-3325</u>
<u>Women’s Health Center</u>	<u>(518) 254-3307</u>
<u>(at Cobleskill Regional Hospital)</u>	

**Financial Literacy**

<u>Community Action Program (SCCAP)</u>	<u>(518) 234-2568</u>
<u>Cornell Cooperative Extension</u>	<u>(518) 234-4303</u>
<u>Office for the Aging</u>	<u>(518) 295-2001</u>



Schoharie County Rural Preservation (518) 234-7604  
(518) 234-4254

**Food/SNAP**

Community Action Program (SCCAP) (518) 234-2568  
Department of Social Services (518) 295-8334  
Home Delivered Meals (518) 295-2001  
Schoharie Fresh (518) 255-5294

**Home & Consumer Services**

Catskill Center for Independence (607) 432-8000  
The Joshua Project (518) 937-2422  
Scho. Co. Rural Preservation Corp. (518) 234-7604  
Schoharie County ARC (518) 295-8130  
Rehabilitation Support Services (518) 234-8291  
Cornell Cooperative Extension (518) 234-4303  
Schoharie County Rural Preservation (518) 234-7604

**Justice/Legal/Mediation**

Catskill Center for Independence (607) 432-8000  
Dispute Resolution Center (518) 842-4202  
(Ext. 3133)  
District Attorney’s Office (518) 295-2272  
Family Court (518) 295-8383  
Legal Aid Society of Northeastern 1-800-821-8347  
Probation Department (518) 295-2274

**Libraries**

Community Library of Cobleskill (518) 234-7897  
Middleburgh Library (518) 827-5142  
Sharon Springs Free Library (518) 284-3126  
Schoharie Free Library (518) 295-7127

**Parenting Support**

Community Maternity Services (518) 295-6100

<u>Family Support/Resource Center</u>	<u>(518) 234-0261</u>
<u>Head Start</u>	<u>(518) 234-7521</u>
<u>Healthy Families Schoharie County</u>	<u>(518) 295-8365</u>
<u>Schoharie County ARC/Respite</u>	<u>(518) 295-8130</u>
<u>Planned Parenthood of Mohawk Hudson</u>	<u>(518) 234-3325</u>

### **Transportation**

<u>Coby Cab Company</u>	<u>(518) 231-1090</u>
<u>Marty's Transportation</u>	<u>(518) 330-5840</u>
<u>Schoharie County Public Transportation</u>	<u>(518) 234-0952</u>
<u>Schoharie County Office For the Aging</u>	<u>(518) 295-2001</u>
Medical Appointment Transportation	
<u>Rural Metro Medical Services</u>	<u>(518) 234-0911</u>
24 Hours/Day Medical Transportation/Ambulance	
<u>Medical Answering Services</u>	<u>1-855-852-3290</u>
Medicaid Transportation	

### **Veterans Services**

<u>VETHELP</u>	<u>1-855-233-1117</u>
(Homeless, risk of homelessness veterans assistance)	
<u>Veterans Affairs, NYS Division of</u>	<u>(518) 295-8360</u>
<u>Schoharie County Veterans Service Office</u>	<u>(518) 295-2053</u>

### **Volunteer Opportunities**

<u>County Animal Response Team</u>	<u>(518) 295-2276</u>
<u>Literacy New York</u>	<u>(518) 234-2576</u>
<u>Mentoring</u>	<u>(518) 234-2568</u>
<u>SALT</u>	<u>(518) 702-5017</u>

Unsure of who to call? Dial 211 for resource assistance!  
 (United Way 211 Helpline)

# Long Term Care Providers

## In Home Care Providers and Service Providers

### Certified Home Health Agencies

Community Health Center (518) 762-8215

At Home Care-Bassett Healthcare Network (518) 823-4484

1-800-783-0613

Visiting Nurse Service of Northeastern New York (518)382-7932

HCR Home Care (518) 254-7092

VNA of Albany, Saratoga, and Rensselear (518) 489-2681

### Other Services

Lifeline (518) 254-3275

Medicaid Personal Care Program (518) 295-8356

Visiting Nurses Home Care (518) 234-4516

Catskill Area Hospice and Palliative Care (518) 234-7611

Regional Resources Development Center (518) 382-4559

Nursing Home Transition and Diversion Prog. (518) 382-4559

TBI Medicaid Waiver Program (518) 382-4559

Veterans Affairs, NYS Division of (518) 295-8360

Schoharie County Office For the Aging (518) 295-2001

Caregiver Program, Expanded In Home Care for the Elderly  
Program, Home Delivered Meals

### Support Services

Alzheimer's Association (607) 547-1650

Catskill Area Hospice and Palliative Care (518) 234-7611

Long Term Care Ombudsman Program (518) 295-2001

Veterans Affairs, NYS Division of (518) 295-8360

Children's Coordinated Services Initiative (518) 295-2016

Rehabilitation Support Services (518) 234-8291

Schoharie County ARC (518) 295-8130

Schoharie County Office For the Aging (518) 295-2001

Scho. Co. Multiple Sclerosis Self Help Group (518) 827-4105

Marathon for Better Life-Cancer Support (518) 291-9238

Nursing Home Transition and Diversion Prog. (518) 382-4559

TBI Medicaid Waiver Program (518) 382-4559

Cancer Support Group (518) 254-3424  
Alzheimer's Support Group (518) 254-3424  
Schoharie County Health Department (518) 295-8365

**Children with Special Health Care Needs**

Child at Risk Response Team of Scho. Co. (518) 231-2360  
Office for People with Developmental (518) 370-7400  
Disabilities  
Schoharie County Child Development Council (518) 234-7521  
Schoharie County Veterans Service Officer (518) 295-2053

**Insurance and Medicaid**

Navigator Services for the Affordable Care Act Plans  
(607) 432-8000 office; (607) 725-7256 cell  
Schoharie County Office For the Aging (518) 295-2001  
Insurance Information, Counseling, and Assistance Program  
Schoharie County Medicaid Office, DSS (518) 295-8334  
Scho. County Community Action Program, Inc (518) 234-2568  
Fidelis Care New York 1-888-343-3547

**Adult Homes, Assisted Living Program-Schoharie County**

Marchand Manor for Adults/Assisted Living (518) 284-2357  
Van Aller's Family Style Adult Home (518) 827-4347  
Emma Guy Family Style Adult Home (518) 868-4597

## Medical and Mental Health

### Emergency Care Hospitals (24HR)

<u>Cobleskill Regional Hospital</u>	<u>(518) 254-3456</u>
<u>Bassett Hospital in Cooperstown</u>	<u>(607) 547-3456</u>
<u>Ellis in Schenectady</u>	<u>(518) 243-4000</u>
<u>AO Fox in Oneonta</u>	<u>(607) 432-2000</u>
<u>St. Mary's in Amsterdam</u>	<u>(518) 841-7237</u>

### Dental Care

<u>Bush &amp; Howard Dental Office</u>	<u>(518) 295-7232</u>
<u>The Smile Lodge</u>	<u>(518) 373-1181</u>

### Mental Health Service Hospitals (24HR)

#### Adults:

<u>Bassett Hospital in Cooperstown</u>	<u>(607) 547-3456</u>
<u>Ellis in Schenectady</u>	<u>(518) 243-4000</u>
<u>AO Fox in Oneonta</u>	
<u>St. Mary's in Amsterdam</u>	<u>(518) 841-7237</u>
<u>Samaritan Hospital in Troy</u>	<u>(518) 274-4345</u>

#### Adolescents and children:

<u>Ellis in Schenectady</u>	<u>(518) 243-4000</u>
<u>Four Winds Saratoga (limited access)</u>	<u>1-800-959-1287</u>

**Daytime and Evening Mental Health Help Numbers  
(M-F 8:30am-5pm)**

Schoharie Co Day Crisis Services (518) 295-8336

Mobile Crisis Assessment Team (MCAT) Crisis Line  
(toll free) 1-844-732-6228

Clinician at Chemical Dependency Clinic (518) 295-2031

Conifer Park 1-800-989-6446

RSS, Cobleskill Support Line: 4 pm-8pm 1-888-WARMLIN

If you are receiving care coordination and are at risk of losing your housing, or have serious problems with food or daily living, call 518-295-8336

**Confidential Support and On-line information**

The Samaritans: National Website offering confidential support by email <http://www.samaritan.org>

-NYS Chapter, NAMI: Families helping Families in NYS <http://www.naminys.org>

National Alliance on Mental Illness: National website <http://www.nami.org>

## Resource Descriptions

### **AMERICAN RED CROSS OF NORTHEASTERN NEW YORK**

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33 Everett Road, Albany NY.....Volunteers everywhere

**518-458-8111**

**518-410-7805** (Schoharie County Disaster Program Manager –  
Angela Klapputh)

Serving Albany, Columbia, Greene, Fulton, Montgomery,  
Rensselaer, Schenectady, and Schoharie

Disaster Services: Provide for immediate emergency needs such  
as lodging, food, clothing, mental and physical health assistance to  
those that are affected by a disaster. Disasters do not include  
landlord tenant or maintenance issues.

Disaster Preparedness Education: Provide on-site disaster  
preparedness training for all age groups for community groups or  
businesses.

Services to Armed Forces: Provide services to families of deployed  
service members. Provide Reconnection Workshops for veterans  
and active duty military to provide skills for reintegration with  
their families

Health and Safety Services: Provide training for life saving skills  
such as CPR, First Aid and AED training. Provide other trainings  
such as babysitter training, wilderness first aid and aquatics  
courses such as swimming lessons, lifeguarding and water safety  
instruction.

### **ALZHEIMER'S ASSOCIATION**

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The Meadows, Suite 2, 140 County Highway 33 W., Cooperstown,  
NY 13326

**607-547-1650**

Serving anyone with Alzheimer's disease, their family, friends,  
caregivers, and professionals. Anyone requesting information.  
Adult aging services, educational services, health services, support  
groups, consultations.

The local Alzheimer's Association staff member is available by  
appointment at the Schoharie County Office for the Aging on  
Fridays.

## **BASSETT HEALTHCARE – AT HOME CARE, INC.**

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121 Legion Drive Cobleskill, NY 12043

**518-823-4484** or **1-800-783-0613**

Business Hours: Mon-Fri: 8 AM-7PM; Sat-Sun: 9-1 PM

After hours: 24/7: 800-783-0613

Serving Schoharie County. In addition: Delaware, Otsego, Herkimer, and Chenango Counties

Services Offered: Professional nursing; physical therapy; Occupational therapy; Home Health Aide – Personal Care; Medical Social Worker; Clinical Dietician; Daily Remote Patient Monitoring Technology

In coordination with your physician, At Home Care provides comprehensive and high quality health care to individuals in the comfort and security of your own home.

Participating with Medicare, NYS Medicaid, and all major regional health care plans.

## **BASSETT HEALTHCARE – COBLESKILL**

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136 Parkway Drive Cobleskill, NY 12043

**518-234-2555** Fax: 518-234-3415

Business Hours: M-Th 8am - 8pm; Fri: 8am-5pm; Sat: 8am-12pm

Serving established and new patients

Services include Internal Medicine; Family Medicine; Pediatrics; and Geriatrics

Providers include:

- o Frederic Atkins, RPA-C (Physician Assistant – Certified)
- o Joyce Bitran, D.O. (Doctor of Osteopathy); Family Medicine
- o Berenice Dooley, FNP (Family Nurse Practitioner)
- o Caroline Gomez-DeCesare, M.D. (Medical Doctor); Board Certified, Internal Medicine and Pediatrics
- o Roy Korn, M.D. Board Certified, Internal Medicine and Geriatrics
- o John Novak, M.D. (Medical Doctor); Board Certified, Internal Medicine and Pediatrics
- o Laurie Pracher, FNP (Family Nurse Practitioner)
- o Gregory P. Rys, FNP (Family Nurse Practitioner)
- o Joseph Sellers, M.D. Medical Director, Board Certified, Internal Medicine and Pediatrics



- o Stephen Strasser, M.D. Board Certified, Internal Medicine and Pediatrics
- o Darah Wright, M.D. Family Medicine
- o Laura Caserta, FNP (Family Nurse Practitioner)
- o Joyce Burton, M.D.

Accepts all insurances including Medicaid  
Currently accepting new patients

## **BASSETT HEALTHCARE - MIDDLEBURGH**

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109 Baker Avenue Middleburgh, NY 12122

**518-827-7730** Fax: 518-827-7731

Business Hours: Monday to Friday, 8am- 5pm

Serving Established and new patients

Services include Family Medicine; Mobile Mammography

Providers include:

- o Aaron Harrison, D.O. (Doctor of Osteopathy), Family Medicine
- o Peter Bennett, M.D. Board-certified, Family Medicine
- o Shannon Knapp, FNP – Family Nurse Practitioner

Accepts major insurances including Medicaid

Currently accepting new patients

## **BASSETT HEALTHCARE – SCHOHARIE**

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111 Barton Hill Road Schoharie, NY 12157

**518-295-8521** Fax: 518-295-7911

Business Hours: M, T, & W: 8am-8 pm; Th & Fri: 8am- 5pm

Serving established and new patients

Services Family Medicine

Providers include:

- o Kristin Keyser, RPA-C (Registered Physician Assistant – Certified):  
National Commission on Physician Assistants (through the end of May 2014)
- o Joseph Luz, M.D. Family Medicine
- o Patrick O’Hanlon, RPA (Registered Physician Assistant) in Family Medicine

Accepts major insurances including Medicaid

Currently accepting new patients

## **BASSETT HEALTHCARE – SHARON SPRINGS**

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591-1 State Route 20 Sharon Springs, NY 13459

**518-284-2223** Fax: 518-284-2245

Business Hours: M-Fr, 8am-5pm

Serving Established and new patients

Services include Family Medicine; Internal Medicine; and Pediatrics

Providers include:

- o Dale L. Binkley, RPA-C (Registered Physician Assistant, Certified);  
Family Medicine
- o Joseph Sellers, M.D. Board Certified, Internal Medicine & Pediatrics
- o Stephen Strasser, M.D. Board Certified, Internal Medicine &  
Pediatrics
- o Darah Wright, M.D. Family Medicine
- o Accepts major insurances including Medicaid
- o Always accepting new patients

## **BUSH & HOWARD DENTAL OFFICE**

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109 Johnson Avenue/P.O. Box 649, Schoharie, NY 12157

**518-295-7232**

Website: [www.schohariedental.com](http://www.schohariedental.com)

Business Hours: M-Fr, 8am-5pm

Serving: All Ages

Offering Comprehensive Dental Services: Offering the best of modern dental care in a comfortable, small-town atmosphere.

New patients welcome. We accept most insurance plans.

## **CATSKILL AREA HOSPICE AND PALLIATIVE CARE**

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795 East Main Street, Cobleskill, NY 12043

**518-234-7611**

Hospice services, home care, hospital and nursing home care, bereavement services, Palliative Care Services, Palliative Care Home Services.

## **CATSKILL CENTER FOR INDEPENDENCE**

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6104 New York 23 Oneonta, NY 13820

**(607) 432-8000**

Peer Counseling, benefits advisement, information and referral, advocacy, independent living skills training, personal care attendant referral, architectural barrier consultation, employment services, adaptive equipment information.

## **CHILD AT RISK RESPONSE TEAM OF SCHOHARIE COUNTY, INC.**

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107 Prospect Street, Schoharie, NY 12157

**518-702-4118**

Serving Child victims of sexual and severe physical abuse. Forensic Interviewing (DSS and law enforcement), Victim Advocacy services, linkage to medical services and mental health treatment, non-offending caregiver support, community outreach and prevention education.

## **CHILDREN'S COORDINATED SERVICES INITIATIVE**

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113 Park Place Schoharie, NY 12157

**518-295-2016**

Business Hours: 8:30-5; however, will adjust for family needs  
Child and Adult Case Management Services through the Single Point of Access (SPOA) process for individuals.  
Serving All youth ages 0-18 who are at risk due to social, emotional, behavioral challenges through a multi-system approach using a family-focused, strengths-based approach.  
Services include Family Team Conferencing, linkage of youth to services, coordination of services and supports, advocacy. This system of care approach helps children, youth and families function better at home, in school, in the community and throughout life

**CASE MANAGEMENT/HEALTH HOME CARE  
COORDINATION**

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**518-295-2016**

Children and adults who have social, emotional, and behavioral challenges in the community, school, or home. Through the Single Point of Access process (SPOA) process, youth and adults will be linked with the appropriate level of support on a continuum based on need. Supports can include advocacy, care management, supportive care management, intensive case management and non-Medicaid care management.

**CATHOLIC CHARITIES OF DELAWARE, OTSEGO, AND  
SCHOHARIE COUNTIES**

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489 West Main Street Cobleskill, NY 12043

**518-234-3581**

Serving Individuals, couples, and families in Schoharie County. Catholic Charities serves all persons regardless of race, creed, or lifestyle, with special emphasis on the economically poor and vulnerable.

Services include: An Alternatives to Incarceration Program which placed non-violent offenders, sentenced by courts, to perform community service in lieu of jail time; A Caring Connections/ Emergency Assistance Program which assists individuals and families to meet their basic needs; Child At Risk Response Team which provides a centralized, non-threatening, child-friendly setting where services can be coordinated for child victims of sexual assault; a domestic violence program that includes a 9-bed safe dwelling, non-residential services, and a 24-hour hotline; food pantry; thrift shop; a Family Support Services Program which assists families, youth, and children with accessing and using resources to obtain mental health supports; and a Clinical Support Services Program which offers counseling to adults, children, and couples.

Does not accept insurance, but offers a sliding fee scale (lowest sliding scale fee: \$30.00)

## **COBLESKILL REGIONAL HOSPITAL**

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178 Grandview Drive, Cobleskill, NY 12043

**518-254-3456**

Not for profit community hospital affiliated with Bassett Healthcare Network. Emergency services 24/7; inpatient short-term rehabilitation program; inpatient care for medical conditions; outpatient rehab (physical therapy, occupational therapy, speech therapy); comprehensive, fully accredited laboratory and medical imaging services (low-dose CT, MRI, accredited digital mammography program, X-ray, ultrasound, bone density scanning); medical specialists in approximately 20 areas, including cardiology, orthopedics, cancer care, gastroenterology, hearing and eye care, foot care, women’s health, and more; outpatient surgery; pain management; stroke support group; cancer support group, and Alzheimer’s support group, diabetes education and support; Lifeline personal emergency response system; Senior Lunch & Learns -- free educational health and wellness programs for seniors

## **COMMUNITY HEALTH CENTER**

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2-8 West Main Street, Johnstown, NY 12095

**518-762-8215**

Certified Home Care Agency, skilled nursing, physical therapy, occupational therapy, speech therapy, respiratory therapy, home health aide, Tele-health, case management, palliative care, mental health nursing offered in your home with the highest level of care and compassion.

## **THE COMMUNITY LIBRARY OF COBLESKILL**

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110 Union Street/P.O. Box 219, Cobleskill, NY 12043

**518-234-7897**

Business Hours: Sun.: Closed; Mon.: Closed; Tues.: 10:30 AM- 8 PM; Wed.:10:30 AM – 6 PM; Thurs.: 10:30 AM- 8 PM; Fri.: 10:30 AM – 6 PM; Sat.: 10 AM – 1 PM

Serving the general public, borrowing for Cobleskill-Richmondville School District residents

Services: lending collections, public interest programs, computer and internet access including wireless internet, public meeting rooms, facilities and grounds.

The Community Library is dedicated to providing information, technology, and personal enrichment to everyone in our communities.

## **COMMUNITY MATERNITY SERVICES OF SCHOHARIE AND OTSEGO COUNTIES**

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322 Main Street/P.O. Box 753 Schoharie, NY 12157

**518-295-6100**

Business Hours: Monday-Friday, 8:30 AM – 4:30 PM

Serving: Pregnant and parenting adolescents and young adults

Maternity Outreach Program: Our Outreach Program is designed for pregnant and parenting teens and young adults. We offer help with decision making, goal setting and provide support and information about pregnancy and parenting. Our services can help or assist with: Finding Medical Care, Material Assistance, Childbirth Preparation, Parent Education Skills, Budgeting Money, Finding Affordable Housing, Obtaining Job Skills and Employment, Obtaining Educational Goals and Understanding Your Rights and Responsibilities as a Parent.

## **FAMILY MEDICAL CARE ASSOCIATES**

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132 McArthur Avenue Cobleskill, NY 12043

**518-234-8745** Fax: 518-234-8753

Business Hours: M–Th: 7am – 5:30 pm; Fri: 7am –4:30pm

Serving Established patients

Services Family Medicine

Providers include:

- Dr. Rebecca Eckel, M.D. (Medical Doctor)
- Dr. Chester R. Burton, D.O. (Doctor of Osteopathy)

Not accepting new patients at this time (May 2014)

Accepts most insurances; call for further inquiry

## **FAMILY SUPPORT/RESOURCE CENTER**

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795 East Main Street Cobleskill, NY 12043

**518-234-0261** Fax: 518-234-2457

Serving At risk youth and families (with social, emotional and/or behavioral challenges) from Schoharie County

Services: include Family Partners and Peer Advocacy ; Supervised visitation; Family Team Conferences; Skill Building for families; Creative Connections for Youth.

No fee for service; Referrals are made by: self, probation, DSS (Department of Social Services), and/or SPOA (Single Point of Access); Eligibility requirements: Child/children reside in the home and services are offered to family for as long as they are needed

## **FIDELIS CARE NEW YORK**

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**1-888-343-3547**

fidiscare.org facebook.com/fidiscare.org  
twitter.com/fidiscare

Fidelis Care is the New York State Catholic Health Plan, providing quality, affordable health coverage to children and adults in 59 counties statewide. The mission of Fidelis Care is to ensure that every resident, regardless of income, age, religion, gender, or ethnic background, has access to quality health care, provided with dignity and respect.

## **GILBOA-CONESVILLE CENTRAL SCHOOL DISTRICT**

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132 Wyckoff Rd. Gilboa, NY 12076

**607-588-7541** Fax: 607-588-6820

Serving All K-12 students within the Gilboa-Conesville Central School District

Services include Individual Counseling; Career Counseling; Group Counseling (as needed; group availability may vary based on need); Banana Splits for grades 1-6 (ages 7-12 as needed); Problem Solving sessions for students as needed; Gilboa-Conesville Central School (GCCS) offers the Home Run Program for families and children. Offers services from a Licensed Social Worker from Schoharie County Mental Health. Please contact the school or Schoharie County Mental Health (518-295-8336) for more details.

**HCR HOME CARE**

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795 East Main Street Cobleskill, NY 12043

**518-254-7092**

Certified Home care agency providing the full complement of in-home services: Skilled Nursing, Physical Therapy, Occupational Therapy, Speech Therapy, Medical Social Work, Respiratory Therapy, Registered Dietician, Home Health Aides.

**JEFFERSON CENTRAL SCHOOL DISTRICT**

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1332 State Route 10 Jefferson, NY 12093

**607-652-7821** Fax: 607-652-7806

Serving Students (grades kindergarten-12) within the Jefferson Central School District

Services include Individual services for students; Groups for students based on need

No fee associated with services for students

**THE JOSHUA PROJECT**

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111 Wells Avenue/P.O. Box 311, Middleburgh, NY 12122

**518-937-2422**

Business Hours: 9:00-5:00

Serving the Schoharie Valley and Capital Region

The Joshua Project focuses on the neediest in our communities working to making the common good a reality. Located throughout the Schoharie Valley/Capital Region, we are rooted in neighborhood parishes and ecumenical groups working together on projects such as: Summer Lunch Program; Backpack Program; Furniture Program; Clothing Program; Home Visits for the Elderly, Home Visits for Families in Need; Emergency Food Program; Meals on Wheels; Christmas Giving.

The Joshua Project is a non-profit group of faith-based volunteers working for social justice in our communities by improving the lives of those who are most vulnerable. Through education, guidance, support, and existing services, our goal is to be the heart and hands of Christ building self-reliance, dignity, and self sufficiency in our brothers and sisters, thereby creating hope for generations to come.



## **LIBERTY PARTNERSHIP**

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219 Warner Hall, 192 Albany Avenue Cobleskill, NY 12043  
**518-255-5366**

Serving 250 students in grades 6-12 within six school districts: Cobleskill-Richmondville, Jefferson, Middleburgh, Schoharie, Sharon Springs, and South Kortright

Services include Academic Support: One on one tutoring, PSAT (Preliminary Scholastic Aptitude Test) and SAT/ACT (Scholastic Aptitude Test/American College Test) preparation, homework assistance, test preparation, study skills development, curriculum enrichment activities, advocacy on student's behalf

Personal Development and Counseling: Goal setting, mentoring, educational and cultural field trips, volunteer opportunities, motivational counseling, leadership skill building activities

College Exploration and Preparation: College tours, admissions and financial aid workshops, FAFSA (Free Application for Federal Student Aid) assistance, college class experience, college student shadowing opportunities

Career Exploration and Preparation: Access to Career Zone and Career Cruising websites, tours of local businesses, in-school career presentations, job shadowing opportunities

No fee for services

Referrals to program are made by school counselors and staff  
Summer opportunities include day trips and overnight trips that allow for college exploration and cultural enrichment

Youth can be referred at any time between grades 6-12 and are encouraged to remain in the program through graduation

Program also makes efforts to follow students up to one year after graduation

## **LIFELINE (PROVIDED THROUGH COBLESKILL REGIONAL HOSPITAL)**

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178 Grandview Drive Cobleskill, NY 12043  
**518-254-3275**

Personal emergency response system that ensures that older adults living at home get quick emergency assistance, 24 hours a day, 365 days a year. Personal help button worn as a pendant or wristband activates response system when pressed

## **LONG TERM CARE OMBUDSMAN PROGRAM**

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At Schoharie County Office For the Aging

**518-295-2001**

Advocate and protect clients in Long Term Care facilities. NYS Department of Health website for information about long term care facilities.

## **MATCH (MERCYCARE ADDICTION TREATMENT CENTER HORNELL) MENTAL HEALTH**

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1 Bethesda Drive, Hornell, NY 14843

**607-324-6931**

Fax: 607-324-6930

Serving Individuals with substance use disorders/concerns, specialized for a rural population, and individuals with dual diagnosis (mental health, substance use disorders)

Services include Inpatient treatment (adults only); Outpatient treatment (ages 16+); Outpatient suboxone treatment (addiction medication); and Group counseling – day and evening groups are available

Connected with St. James Mercy Health System

Located 55 miles south of Rochester, NY in Steuben County (not local to Schoharie County); Accepts multiple types of insurance

Does not offer a sliding fee scale; however, do offer financial assistance for individuals who qualify; OASAS (Office of Alcoholism and Substance Abuse Services) certified facility

## **MIDDLEBURGH CENTRAL SCHOOL DISTRICT**

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District Office and Elementary School: 245-1 Main Street

Middle School and High School: 291 Main Street

**518-827-3600**

Fax: Elementary School: 518-827-5321 Middle School: 518-827-9533 (High School): 518-827-5192

Serving Students within the Middleburgh Central School District.

Elementary School includes grades Kindergarten-5, Middle School includes grades 6-8, and High School includes grades 9-12.

Services include Individual Counseling through school counselor and/or partnership with Bassett Healthcare PA/Nurse (on-site); Group

Counseling at Elementary and Middle Schools including: Banana Splits Group (for students that have experienced parental separation, divorce, or loss), Anti-Bullying Group, Friendship Group, Organizational/Study Skills Groups, additional groups as needed; IEP (Individualized Education Plan) Services and After-school program at the Elementary level through St. Marks (not on school campus) School also has guidance department

**MOBILE CRISIS ASSESSMENT TEAM (MCAT); THE NEIGHBORHOOD CENTER, INC.**

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113 Park Place Schoharie, NY 12157

**1-844-732-6228**

Business Hours: 24-hour, 7-days/week

Serving children and adults

Services: Intervention; Mental health assessment; Crisis de-escalation; Linkage to services; Follow-up services; Alerts to identify and assist those who are at increased risk; Crisis debriefing; Coordination with schools, medical and mental health providers, and other agencies to provide crisis interventions and to help monitor clients who are at risk.

MCAT seeks to de-escalate a crisis situation, preventing possible harm, keeping the problem outside of the legal system and avoiding hospitalizations when appropriate. Concerns which are causing a person a *serious* problem in functioning is reason to call. We take referrals from individuals in crisis, their families, law enforcement, school personnel or the general community.

**NURSING HOME TRANSITION AND DIVERSION MEDICAID WAIVER PROGRAM**

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**518-382-4559**

A Home and Community Based Service Program available to New Yorkers who are Senior and /or disabled and wish to live in the community an alternative to Nursing Home placement.

## **NAVIGATOR SERVICES FOR THE AFFORDABLE CARE ACT PLANS**

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Catskill Center for Independence

**607-432-8000 office or 607-725-7256 cell**

Debra Martin IPA/Lead Navigator

Web Site: [www.ccfi.us](http://www.ccfi.us)

Web site has the list of current site locations and hours. Contact Debra Martin or the main office to make an appointment or find a site location. Offering free assistance to Schoharie County residents who want to enroll in a Qualified Health Plan, Child Health Plus, or Medicaid Plan on the NY State of Health Marketplace web site.

Appointments are required for the in-person assistance we provide.

Note: Residents currently on Medicare are not eligible to enroll through the NY State of Health Marketplace.

## **NY CONNECTS**

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113 Park Place, Suite 3, Schoharie, NY 12157

**518-295-2001**

Serving all ages with information and assistance about Long Term Care services, options, and resources.

Also available: Private Hire List for in home assistance.

## **OFFICE FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES**

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500 Balltown Road, Bldg 12-D, Schenectady, NY 12304

**518-370-7400**

Serving individuals with developmental disabilities in a 9 county region. Assisting individuals and families in determining eligibility and access to services. If eligibility criteria is met service options may include: self-directed service plans, in home supports such as respite, job supports, case management. Also housing, day/vocational supports, environmental modifications and adaptive technology. Most services are Medicaid funded. Please call for more information.

## PLANNED PARENTHOOD OF MOHAWK HUDSON

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109 Legion Drive Cobleskill, NY 12043

**518-234-3325 or 800-230-PLAN (7526)**

Web Site: [www.plannedparenthood.org/ppmh](http://www.plannedparenthood.org/ppmh)

Business Hours: Monday 9-5:30, Tuesday 11-7, Wednesday – closed, Thursday, 8:30-4:30, Friday, 8-3:30. Ask about same-day appointments!

Serving women, men, and youth

Confidentiality: New York State law allows anyone to consent to confidential sexual health services. This means that you do not need your partner's or parent's permission. They will not be told about the care you received or that you are a patient.

LGBT: Planned Parenthood celebrates the diversity of our patients and is committed to service the lesbian, gay, bisexual, transgender community.

Planned Parenthood specializes in insurance navigation, reproductive medical care and information. Services include: Abortion care; Adoption services; Birth control (all contraceptive methods); Emergency contraception; Cancer screening (breast, cervical, testicular), HPV vaccination, HIV testing, Hormone services for transgender patients 18 and older; Pregnancy tests/options counseling; Sexual assault and crime victims services; STI tests/treatment (sexually transmitted infections) Planned Parenthood will work with you to make your healthcare as affordable as possible. Income levels for Medicaid and other insurances are much higher than in the past. Call us to see if you might be eligible for coverage.

Need insurance? You can sign up for insurance at our health center. Get commercial insurance, Medicaid, or Child Health Plus. We can help you complete the application and compare plans. High Co-Pay or Deductible? Many of our patients also qualify for the free Family Planning Benefit Program. It is insurance that covers birth control, yearly exams, STI testing/treatment and other services – at no cost. You can use the Family Planning Benefit Program WITH your commercial insurance. It will cover your co-pays or deductibles so your visit is free. Confidential health care you can trust.

## PRIVATE PHYSICIANS

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Dr. Lorraine Davis, M.D.

132 MacArthur Avenue, Suite 2 Cobleskill, NY 12043

**518-234-8690**

Business Hours: M/ W/F 9am – 3:30pm; Tu: 1pm – 5pm; Closed Thurs.

Serving Established patients

Family Medicine

Insurances accepted include: CDPHP, MVP, Blue Shield Northeastern NY, United Health Care

Dr. Ze'ev Weitz, M.D.

270 Main Street Middleburgh, NY 12122

**518-827-7090** Fax: 518-827-7022

Business Hours: M-Fri, 9am-5 pm

Serving Established and new patients

Internal Medicine

Currently accepting new patients

Accepts most major insurances (with the exception of non-managed Medicaid)

## PRIVATE PRACTITIONERS/COUNSELORS

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Kimberlee M. Culver, LCSW, & Diane DiGiovine, LCSW

P.O. Box 664 5060-2 State Route 30 Schoharie, NY 12157

**518-295-8090**

Business Hours: M/W/Th 8am – 8pm; T/F 9am–5pm; Sat 8am-1pm

Serving Individuals, couples, and families

Services include Individual counseling (all ages); Relationship counseling; Family counseling; EEG Neurofeedback training

Do NOT accept MVP insurance; accepts most other insurances

May be possibility of cash fee services

Currently accepting new clients

May be a short waiting list for new clients

Jane Becker, LCSW-R

P.O. Box 664 5060-2 State Route 30 Schoharie, NY 12157

**518-545-0491**

Business Hours: Wed: 1pm – 7pm; Fri: 9am– 7pm; Sat: as needed

Serving Adults, children, families and couples  
Services include Adult counseling services; Children's counseling services (over age 5); Couple's counseling services; Family counseling services; Possible group services  
Accepts most insurances  
Currently accepting new patients  
No waiting list at this time  
Currently accepting new clients  
Currently (as of 06/2014) a two week waiting list for adult clients; waiting list may be longer for children  
Individuals can be self-referred or referred by other providers

Pleasantview Counseling – Joseph D. Irish, LCSW-R

146 Campus Drive Cobleskill, NY 12043

**518-234-0053**

Business Hours: Evening appointments as scheduled  
Serving Adults and couples  
General counseling (adults, couples)  
Accepts most insurances  
Currently accepting new clients

Jeffrey Luria, Ph.D. – Clinical Psychologist

Grovenors Corners Road Carlisle, NY 12031

**518-296-8524**

Business Hours: M/ W/Th 9am – 8pm; Tu, 11am- 7pm  
Serving Adults, adolescents, and families  
Services include Individual Psychotherapy (adults and adolescents); Family Psychotherapy; and Couple's psychotherapy  
Accepts most insurances  
Currently accepting new patients (no waiting list) 6-10-14

Richard Mulliken, Psychologist

Harpersfield Road Jefferson, NY 12093

**607-652-9790**

Business Hours: M – Fri 9am- 5pm  
Serving Adults, adolescents, and families  
Services include Individual counseling (adults and adolescents); Family counseling; and Marital counseling  
Does not accept insurance

Offers a sliding fee scale  
Currently accepting new clients (no waiting list)

Reflective Counseling - Sharon Rivlin, LCSW

2707 Creek Road Esperance, NY 12066

**518-868-9734**

Business Hours: M– Fri 3pm- 9pm; Sat 8am–12pm

Serving Adults, adolescents, and families

Services include Individual counseling (adults and adolescents); Family counseling; and Marital counseling

Does NOT accept Fidelis, CIGNA or Medicaid insurances; accepts most other insurances

SUNY (State University of New York) Cobleskill Wellness Center

Beard Health Center (SUNY Cobleskill) Cobleskill, NY 12043

**518-255-5225**

Business Hours: M – Fri, 8am – 4:15pm;

Summer hours: M-F, 7:30-3:30 (summer & intersession hours vary)

Serving Enrolled students of SUNY Cobleskill ONLY

Short-term mental health counseling

**REALITY CHECK & ADVANCING TOBACCO FREE  
COMMUNITIES DELAWARE, OTSEGO AND SCHOHARIE  
COUNTIES**

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SUNY Cobleskill Campus – Old Gym Cobleskill, NY 12043

**518-255-5395/5387**

Business Hours: Monday-Friday, 8 AM – 4 PM

Serving Delaware, Otsego, and Schoharie Counties

The New York State Department of Health, Bureau of Tobacco

Control funds “Reality Check & Advancing Tobacco Free

Communities Delaware, Otsego, & Schoharie Counties” to increase

support for New York State’s tobacco-free norm through youth

action and community engagement. Efforts are evidence-based,

policy-driven, and cost-effective approaches that decrease youth

tobacco use, motivate adult smokers to quit, and eliminate

exposure to secondhand smoke. “Reality Check & Advancing

Tobacco Free Communities Delaware, Otsego, & Schoharie

Counties” is part of the SUNY Cobleskill Research Foundation.



## **REGIONAL RESOURCES DEVELOPMENT CENTER**

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1270 Belmont Ave., Schenectady, NY

**518-382-4559**

TBI Waiver: SC, ILST, CIC, HCSS, PBIS, A.T, SDP, SAP, E-MOD, Respite Services, CTS and Waiver Transportation/NHTD Waiver: SC, ILST, PBIS, Nutritional Counseling, Wellness Counseling, CIC, Peer Mentoring, HCSS, Respite Services, Home Visiting by Medical Personnel, Respiratory Therapy, SDP, Congregate and Home Delivered Meals, A.T, Moving Assistance and CTS

## **REHABILITATION SUPPORT SERVICES (RSS)**

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P.O. Box 758 , 121 Burgin Drive, 2<sup>nd</sup> Floor Cobleskill, NY 12043

**518-234-8291**

Serving Individuals with psychiatric disabilities  
Supportive Case Management, Community Residence Treatment Program, Treatment Apartment Program, Supported Housing, Vocational Services, Social Club, Peer Support, Warm-Line, Respite Bed. Supportive Case Management and Intensive Case Management for children with emotional disturbances and community Residence Treatment Program for Adolescents which serves a four county area. Personalized Recovery Oriented Services (PROS) Over the Rainbow Coffee House (Social Club)and Peer advocacy

No fee for eligible services. Eligibility criteria: Medicaid status, diagnosis of a Mental Health condition (Axis I). Referrals can be from any source, often from mental health providers, medical providers and/or hospitals. Voluntary program

## **RURAL/METRO MEDICAL SERVICES**

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McArthur Avenue, Cobleskill, NY 12043

**518-234-0911 or 1-800-991-8898**

Ambulance service. 24 hour emergency and non-emergency ambulance transportation

## **SCHOHARIE CENTRAL SCHOOL DISTRICT**

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136 Academy Drive Schoharie, NY 12157

Elementary School: **518-295-6651** High School: **518-295-6601**

Serving Students within the Schoharie Central School District

Services include Individual Counseling for students (Elementary and High Schools); Group Counseling for students (Elementary and High Schools) as needed; Peer Mediation; Mentoring Services; After-school Program at the Elementary Level through Cornell Cooperative Extension; and IEP (Individualized Education Plan) Services  
No fee associated with services for students

## **SCHOHARIE COUNTY ARC**

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121 Opportunity Drive, Schoharie NY 12157

**518-295-8130**

Serving children and adults with intellectual and other developmental disabilities. Family Support services, Day Habilitation services, vocational services, residential services, Supportive Employment, Toe Path Industries, specialized transportation, clinical services, Medicaid Service Coordination and At Home and Out of Home Respite Care.

## **SCHOHARIE COUNTY CHEMICAL DEPENDENCY CLINIC**

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113 Park Place, Suite 1 Schoharie, NY 12157

**518-295-2031**

Serving Adults, adolescents, and children with either a) substance use disorders/concerns or b) a family history of addiction/substance use concerns. No residence requirements. Services include Individual counseling (adult, adolescent, or child), Group counseling (groups available include: Early Recovery, Emotional Regulation, Women's Recovery, Women's Skill Building, Education, Addictive Thinking, Stages of Change, Dual Recovery – men's and women's, Relapse Prevention), Psychiatric services including medication management, Addiction medication (excluding buprenorphine), Family therapy, Couple's Therapy, Court-ordered substance evaluations (including Family Court, Drug Court, criminal court, and/or probation)  
Additional Notes: Clinic accepts all major insurances including Medicaid/Medicare. Clients without insurance, or those whose insurance will not cover all behavioral health services, are eligible for a sliding fee scale. Self-help meetings are NOT directly affiliated with the clinic; however, two AA meetings are available on-site and open to the public. A Women's AA (Alcoholics Anonymous) meeting is held every Monday evening at 5 PM, and a general AA meeting is held on

Wednesday evenings at 7 PM. Both meetings are held in the main annex conference room (directly across from main entrance).

**SCHOHARIE COUNTY CHILD DEVELOPMENT COUNCIL**

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114 Lark Street, Cobleskill NY 12043

**518-234-7521**

SCCDC offers Head Start and Early Head Start early childhood education and day care services to pregnant mothers and children from birth to five. Services provided in 16 center based classrooms and a home base program at 6 sites throughout Schoharie County.

[www.sccdcny.org](http://www.sccdcny.org) and [www.sccdcparents.org](http://www.sccdcparents.org)

**SCHOHARIE CO. COMMUNITY ACTION PROGRAM, INC.**

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795 East Main Street, Cobleskill, NY 12043

**518-234-2568**

Serving Schoharie County residents with WIC, Breastfeeding Peer Counselor, Childbirth Education, Child Care Resource & Referral, Child and Adult Care Food Program, Emergency Services (utility, shelter, food), HEAP applications, Coats for Kids, SNAP(food stamp) applications, Financial Literacy, Income Tax Preparation, Family Partners, Supervised Visitation, Anger Management, Youth Mentoring, Youth Adventure, Youth Camps, Time Dollar Banking, Employment Support Services-resumes, job search, work readiness skills, Computer/Software Training-Microsoft Office products, Quick Books, Energy Services- Weatherization, Energy Audits

**SCHOHARIE COUNTY COMMUNITY MENTAL HEALTH CLINIC**

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P.O Box 160; 113 Park Place Suite 1 Schoharie, NY 12157

**518-295-8336**

Fax: 518-295-8724

Services include Individual counseling (adult, adolescent, or child); Group counseling: groups available include: Women’s Support, Anxiety Skill Building, Forensic (Sexual Offender), Dialectical Behavior Therapy (DBT), Parenting, Child Anxiety; Psychiatric services including medication management; Family therapy; Couple’s Therapy; Services

for sexually reactive behavior in children and adolescents; Forensic (sexual offender) assessment and treatment and Crisis services Clinic accepts all major insurances including Medicaid/Medicare. Clients without insurance, or those whose insurance will not cover all behavioral health services, are eligible for a sliding fee scale. Residence within Schoharie County required for services Crisis services are available during business hours by contacting the clinic (518-295-8336). After hours, on holidays, and on weekends, crisis services are available 24-hours a day by calling 1-844-732-6228; this number is toll-free from any location.

### **SCHOHARIE COUNTY DEPARTMENT OF HEALTH**

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284 Main Street, Schoharie, NY 12157

**518-295-8365**

Business Hours: M-F, 8:30-4:30

Serving residents of Schoharie County

Services include: Communicable Disease; Immunization Clinics; Lead Testing; Maternal/Child Home Visits; Car seat distribution to qualifying families; bike helmet distribution, Preschool and Grade School dental health education, Tobacco Cessation education, Childhood obesity, Early Intervention, Preschool Special Needs, drinking water regulation, Rabies Immunization clinics, rabies testing, Radon, ATUPA (adolescent Tobacco Use Prevention Act), restaurant inspections, children’s camp inspections, temporary food service inspections, fairgrounds, campgrounds, swimming facilities, temporary residences, nuisance complaint investigations, hearing and fine regulation, septic design plan review, mobile food services, mobile home parks, regulation of Weights and Measures, Public Health Emergency Preparedness.

### **SCHOHARIE CO. COUNCIL ON ALCOHOLISM AND SUBSTANCE ABUSE, INC.**

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349 Mineral Springs Road, Cobleskill, NY 12043

**518-234-8705** Fax: 518-514-1481

Business Hours: M-F, 8:00-4:30

Serving all community members

Children receive LifeSkills prevention programming from kindergarten through high school. Children at risk receive resiliency

skill building, screening, and brief interventions. Adults receive screening, brief intervention, and/or referral to treatment. Drug Court attendees receive self-help orientation programming. Youth and adults who are convicted of a DUI or DUAL are monitored for their ignition interlock requirements. For adults, new parents, and youth, we provide tobacco cessation support and counseling.

## **SCHOHARIE CO. DEPARTMENT OF SOCIAL SERVICES**

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Schoharie County Office Building  
Main Street, Schoharie, NY 12157

**518-295-8334**

M-F, 8:30 to 5, after hours, holiday on call through Schoharie Sheriff Department 518-295-8114.

SNAP-Food Stamps, Medicaid, HEAP, Temporary Assistance, Employment, Child Protective Services, Child Foster Care-Adoption, Foster parent recruitment, Adult Protective Services, Day Care Assistance, Medicaid, and Child Support Enforcement and paternity establishment.

## **SCHOHARIE COUNTY OFFICE FOR THE AGING**

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113 Park Place, Suite 3, Schoharie, NY 12157

**518-295-2001**

Serving over 60 and all with Medicare. Assisting and advocating for over 60, and their caregivers through programs and services designed to promote health, safety, dignity, and independence.

Caregiver support, Energy Assistance, Legal Aid, Medicare information and assistance, Home delivered meals, congregate meals, case management, loan closet for medical equipment, loan closet for hearing devices, Medical appointment transportation, In home care assistance through the Caregiver Program and EISEP. Also available: Private Hire List for in home assistance.

## **SCHOHARIE COUNTY PROBATION DEPARTMENT**

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Public Safety Facility-157 Depot Lane, Suite 3 Schoharie, NY 12157

**518-295-2274** Fax: 518-295-2275

Serving Individuals under probation or intake supervision

Services include Adult probation supervision; Adjudicated and intake juvenile probation supervision; Persons in Need of Supervision (PINS) complaints; Groups for adults under probation supervision as needed; possible groups include Offender Workforce Development Program and Thinking for Change (cognitive-behavioral group); Stepping Stones Program (Berkshire Farms) – for juveniles

Adults can only be placed on supervision through the court system PINS petitions can be filed by any individual/agency with required documentation; often filed by parent/guardian and/or school system

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### **SCHOHARIE COUNTY PUBLIC TRANSPORTATION**

114 Rock Road, Cobleskill, NY 12043

**518-234-0952**

Passengers of all ages served by nine bus routes within county. Five in-county routes, two commuter routes to tri-city area, one demand route to Cooperstown and one demand route to Tri-city area. Bus route information brochures can be found all around the county.

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### **SCHOHARIE CO. RURAL PRESERVATION CORPORATION**

349 Mineral Springs Road, Cobleskill, NY 12043

**518-234-7604**

Not for Profit Rural Preservation Company providing housing assistance to the individuals and families of Schoharie County. Offering subsidized and conventional rental housing, home purchase assistance, homeowner repair assistance, education classes for home purchase, and foreclosure counseling

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### **SCHOHARIE COUNTY VETERANS SERVICE OFFICE**

PO Box 429/ Schoharie County Building, 3<sup>rd</sup> Floor, Schoharie, NY

**518-295-2053 (Office); 518-225-9762 (Cell); 518-295-2052 (Fax)**

Business Hours: Part Tim – Tuesday, Wednesday, and Thursday 9:30-2:30; Additional meetings with veterans and families on evenings and weekends as needed.

Serving: Veterans, widows, and families.

Services: Working with veterans to navigate the VA in filing claims for disability, pension, aid, and attendance, and any other benefit the VA

may offer. Also, working with widows to file claims for DIC, pension, burial allowance, and headstones. Advocate for veterans' issues

### **SCHOHARIE COUNTY YOUTH BUREAU**

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284 Main Street, 3rd Floor, Schoharie, NY 12157

**(518) 295-2057**

Serving youth ages 0-21 and youth serving agencies by promoting, advocating and implementing positive youth development prevention programs and services.

Services include: leadership programs, adventure experiences, family programs, traveling arts and crafts programs, coordination of recreation services, staff development for youth workers, cultural/educational enrichment, and technical assistance.

### **SHARON SPRINGS CENTRAL SCHOOL DISTRICT**

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514 State Highway 20 Sharon Springs, NY 13459

**518-284-2266** Fax: 518-284-9033

Serving Students within the Sharon Springs Central School District

Services include a full-time school social worker on site; Individual counseling for students and Group counseling for students (some evening meetings) including: Grief Group, Self-Esteem Group, Banana Splits Group (for students that have experienced parental separation, divorce, or loss), Anti-Bullying Group

No fee associated with services for students

### **SHARON SPRINGS FREE LIBRARY**

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P.O. Box 268/129 Main Street Sharon Springs, NY 13459

**518-284-3126**

Business Hours: M: 10-4 and 6-9 PM; W: 4-9 PM; Th: 7-9 PM; Fri: 12-6PM; Sat: 9-2PM; Closed Tuesdays and Sundays

Service residents of the Village and Town of Sharon Springs and immediately adjacent area

Services: Public library with computer access and free wi-fi.

## **THE SMILE LODGE**

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713 Pierce Road, Clifton Park, NY 12065

**518-373-1181**

Business Hours: Monday – Friday, 7:00 AM-5:30 PM

Serving children from 18 months to 18 years

Services provided: Pediatric Dental Care

We proudly provide pediatric dental services for infants, children, and teens in Clifton Park, the surrounding areas, as well as beyond the Capital Region.

Office participates in Medicaid dental plans, as well as Child Health Plus and many other commercial insurance plans. If there is any question regarding insurance, we have a wonderful team answering the phones that are happy to provide further information. Any questions can also be directed to [info@buildinghealthysmiles.com](mailto:info@buildinghealthysmiles.com), and our Operations Team will respond as soon as possible.

Our Mission is to exceed the expectations of every parent who entrusts us to care for their child’s oral health. We strive to do ordinary things extraordinarily well each and every time.

## **SUNY COBLESKILL RESEARCH FOUNDATION: ADVANCING TOBACCO FREE COMMUNITIES**

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134 Schenectady Avenue, Ryder Hall 103, Cobleskill, NY 12043

**518-382-4559**

## **TBI MEDICAID WAIVER PROGRAM**

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**518-255-5395 (office); 845-821-2061 (Cell); 518-255-5365 (Fax)**

Business Hours: Monday-Friday, 8AM-4PM

Serving Delaware, Otsego, and Schoharie Counties

Services: Youth Advocacy and Tobacco Control/Prevention Policy Implementation

Community Awareness and Motivation

## **UNITED WAY OF THE GREATER CAPITAL REGION**

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One United Way, Albany, NY 12122

**518-456-2200**

Business Hours: Monday – Friday 8:30-4:30 (Office); 2-1-1 information/referral line is seven days per week, 9 AM – 7 PM



The Northeast Region 2-1-1 serves 12 counties in the capital region (Albany, Columbia, Fulton, Greene, Hamilton, Montgomery, Rensselaer, Schenectady, Schoharie, Saratoga, Warren, and Washington counties)

CA\$H Coalition of the Greater Capital Region and VITA (Volunteer Income Tax Assistance) serves eight counties in the capital region (Albany, Columbia, Greene, Hamilton, Rensselaer, Schenectady, Schoharie, and Saratoga)

Northeast Region 2-1-1 is an easy number to call for free confidential information and referrals to health and human service agencies. VITA is a volunteer driven program that provides free tax preparation for income eligible individuals

## **VETERANS AFFAIRS, NYS DIVISION OF**

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### **518-295-8360**

Services for Veterans, Veterans spouses and dependents including; Compensation, non-service related pension, education benefits, VA health care, real property tax exemption, benefits for widows and dependents, burial benefits, and vocational rehabilitation.

Tuesday and Thursday, 9:30-2:30.

## **VETHELP**

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36 Church Street, Ballston Spa, NY **855-233-1117**

**Serving:** Homeless veterans or those at risk of becoming homeless (couch surfing, living with friends or family) or due to loss of income. Those with **NO PERMANENT RESIDENCE**.

### **Services:**

Temporary Financial Assistance, for example: rental assistance, utility fee, security deposit, moving cost, emergency supplies, child care, limited transportation, case management, financial planning, legal assistance.

**Additional Notes:** You will need to have your **DD-214** along with **photo ID**. If you do not have DD-214 we can request one for you. Our normal response to a contact is within a 24 hour window. VETHELP serves 7 counties Schoharie, Montgomery, Fulton, Schenectady, Saratoga, Warren and Washington.

**VNA OF ALBANY, SARATOGA AND RENSSSELEAR**

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518-489-2681

35 Colvin Ave. Albany, NY 12206

The Visiting Nurse Association of Albany, Saratoga and Rensselaer (VNA) is a Medicare and Medicaid certified non-profit health care agency. The VNA provides skilled nursing, rehabilitative services, (physical therapy, occupational therapy, speech pathology), medical social work and home health aides. VNA Clinical specialists include: WOCN, Certified Diabetic Educator and Cardio-Pulmonary RN.

**VISITING NURSES HOME CARE**

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173 South Grand Street, Suite 12

Cobleskill, NY 12043

**518-234-4516**

Residents of Schoharie County and bordering counties who need assistance with personal care or level 1 care, in home care. NYS licensed agency. Approved for Nursing Home Transition and Service Coordination. Authorized CDPAP vendor.

**VISITING NURSE SERVICE OF NORTHEASTERN NEW YORK**

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**518-382-7932**

Comprehensive care for adults and children. Providing care to patients with a wide variety of problems in the home. This may be after an acute hospitalization or after an acute or sudden change in medical or functional status, which can be treated in the home setting, helping to prevent an acute hospitalization. Available 24 hours a day to help patients get back on their feet again.

# NOTES:

***This directory was developed by the  
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Mental Health Subcommittee  
of the Community Services Board  
Published for you through a partnership with the  
Bassett Healthcare Network's  
Cobleskill Regional Hospital***



**Bassett Healthcare Network  
Cobleskill Regional Hospital**

Questions about this directory, please contact:

*Schoharie County OFA  
NY Connects Coordinator  
113 Park Place Suite 3  
Schoharie, NY 12157  
518-295-2001*